

### Principal's Message

#### **National Volunteers Week**

Yesterday morning we welcomed our parent volunteers for breakfast at Gary's Café. We rely on volunteers in many areas across the school including working in the canteen, providing administration support for the music program and the provision of parent representation on Merit Selection Panels at School.

### National Road Safety Week and Walk Safely to School Week

This week is recognised this year form 14-21 May and the theme is "Everyone has a right to get home safe, every day – no exceptions". All students were reminded in assembly on Monday morning of the importance of being safe and vigilant when travelling to and from school.

We have recently been contacted by the Northern Beaches Council Road Safety Officer as the council are trying to combat the increasing road safety issue of E-Bikes/E-Scooters and bicycle offences in the Northern Beaches.

No students are permitted to rides bikes, including E-Bikes/E-Scooters on school grounds. All riders must wear a helmet.

#### **COVID-19 Advice**

Covid cases in the school community are on the rise. From Friday 14 October 2022, people who test positive to COVID-19 do not need to self-isolate. We request that students, staff and visitors only attend school when symptom free. We will continue to send students home who are displaying symptoms of COVID-19. We also request that parents notify the school if their child has tested positive. We strongly recommend that anyone who believes they have been exposed to COVID-19 monitors for symptoms, test and wears a mask. Rat tests can be collected from reception during office hours.

We acknowledge the Traditional Custodians of the lands on which we work today, and pay respect to Elders past, present and emerging. We extend that respect to all Aboriginal and Torres Strait Islander people.

Website: www.pittwater-h.schools.nsw.edu

Email: Pittwater-h.school@det.nsw.edu.au

### Phones Off and Away all Day

Mobile phones will be banned in High Schools from term 4 2023. The ban applies during all breaks and in class. Students are permitted to carry phones while traveling to and from school.

The Pittwater High School Phones Off and Away All Day policy requires all students to turn their phones off and leave them in their bags before entering the school grounds. Phones are to remain turned off in the student's bag throughout the day and accessed only when the students leave the school grounds at the end of the day. Thank you to all parents for your support of the Phones Off and Away All Day policy. We are currently looking at measures to monitor students in the playground where we find the largest issue with non-compliance with the policy. Should parents need to message their child during the day, please call the school office and the message will be delivered to your child.

### **Staff Changes**

We welcomed the new Head Teacher English, Ms Michelle Phipps, in Week 3. Ms Phipps was previously Head Teacher English at Arthur Phillip High School. I would like to take this opportunity to thank Ms Samantha Keen for her work in the role in a relieving capacity throughout 2022 and this year. Ms Hannah Walker is the new assistant Year Advisor who will work with Ms Murphy in supporting Year 8 students.

### **P&C Meeting**

A meeting of the P&C was due to be held next week (week 5), unfortunately this will not go ahead due to the availability of key members of the P&C committee. We will update our website and social media as soon as a new date has been agreed for the AGM.

We are seeking volunteers to join our P&C Committee, new members are always welcomed. If you are interested, please contact Mat Butterworth on 0421 560 544.

Until next time, Alison Gambino

Principal's Message



## ANZAC SERVICES PITTWATER & NEWPORT



Email: Pittwater-h.school@det.nsw.edu.au

#### **Success Stories**

Students are over half way through their semester 1 SMART goal cycle. Now is a good time for students and parents to revisit goals created in Term 1, reflect on feedback from teachers, parent teacher nights and re-evaluate their application and attitude towards learning. As a school community, we value the student at the centre with parents and teachers working together to help each child achieve their goals.

On Monday, Ms Lockhart Head Teacher Secondary Studies shared the Term 2 assessment schedules for Years 7 - 10. Parents were asked how this information has helped their family - many parents state d the assessment schedule is on their fridge so everyone in the family can see it, some parents stated they used the information to assist with scaffolding dinnertime conversations or to help with creating family excursions to places of relevancy to topics being covered in class. We look forward to hearing from more parents and students on how the assessment schedule for each term helps their child and family set up for success.

In Week 2 of this term teachers awarded over 1048 Good Vibes to students. Students whose attendance has been over 95% were given three GoodVibes. Year 7 is out in front with 398 Good Vibes sent out last week closely followed by Year 10 on 207, Year 11 on 161. The Deputies are looking forward to finding out which Year Group will have the most Good Vibes and best attendance record by the end of term 2.

### What's on at School?

Did you know that Pittwater High School has an extensive number of opportunities for students to explore their interests. Each day in Sentral, teachers post opportunities for students to engage with. These are read out at the start of Period 2 each day in class. Students can read these notices in the student portal. There are a number of music ensembles, dance groups, sports teams, Aiming High Challenge, and clubs. Students can check out the notice boards in the library or outside the Deputies office for information on what clubs are happening and where they meet or read the notices in the student portal. There really is something for everyone.

#### **Homework Club**

Don't forget from 2:30 pm each day the library is open for students. Students can meet up with friends to study collaboratively or work on assessments or homework. There are teachers available to help.

#### **Student Safety At School**

Riding to school. The Police have been in communication with the school regarding bike and e-bike safety. There is growing concern around the state that students are riding bikes without helmets - and that there are many e-bikes which are not within the legal specifications. The Police from the Northern Beaches have indicated they will be visiting all schools to talk to students in regards to safety riding to school. For more information on E Bike Specifications and Laws regarding wearing helmets please see below;

https://roadsafety.transport.nsw.gov.au/stayingsafe/bicycle-riders/petrol-powered-bicycles.html

Ms Bromley - Deputy Years 7, 9 & 11

Ms Purvis - Deputy Years 8, 10 & 12

#### Who can I talk to?

Pittwater High School has an extensive support system for all students. We have updated our contact list which is included in this newsletter.

• All students in High School can self-refer to School Counsellors and/or Youth Support Officer found in A block downstairs.

• If your child is sick or injured at school they should <u>let their teacher know</u> and then <u>report to our First Aid Officer, Lain, in Student Services A block</u>. Lain will attempt to contact you using the contact details we have on record to discuss next steps.

• For safety reasons and duty of care, if your child is sick or injured, a parent or caregiver will need to collect your child from school.

\*Students are not allowed to leave school without signing out through Student Services\*

| Principal                          | Alison Gambino  |  |
|------------------------------------|---|--|
| Deputy Principals                  | Sophia Bromley (7, 9 & 11)(Cabrananga)                  |  |
|                                    | Katrina Purvis (8, 10 & 12)                             |  |
|                                    | Carolyn Samojlowicz (Stage 5 Learning & Engagement)     |  |
| Counsellors                        | Nicole Castle, Emma Whitelaw and Emma Smith             |  |
| Youth Officer                      | Lynda Roberge   |  |
| HT Student Wellbeing               | Andrew Fairley (English)                                |  |
| HT Cabrananga                      | Taysha Fogwill  |  |
| Boys Adviser                       | David Little (Science)                                  |  |
| Girls Adviser                      | Jasmin Wanschers (HSIE)                                 |  |
| LAST (Learning support)            | Michaela Flood and Penny Waters                         |  |
| Prefect Coordinator                | Electra Silk (HSIE)                                     |  |
| SRC Coordinator                    | Jarna More (Science)                                    |  |
| Peer Support                       | Therese Frangos (TAS) and Lara Giddings (English)       |  |
| House Coordinator                  | Kate Millson (PD/H/PE)                                  |  |
| Attendance Coordinator             | Andrew Fairly (English)                                 |  |
| Careers Advisor                    | Debbie Rixon  |  |
| Anti-Racism Contact Officer (ARCO) | ontact Officer (ARCO) Colleen Lustig (Lang)             |  |
| Good Vibes Coordinator             | Dave Gleeson (CAPA) and George Morton-Ramwell (Science) |  |
| International Student Coordinator  | Colleen Lustig (Lang)                                   |  |
| Aboriginal Liaison Officer (ALO)   | Kirsty Payne (PDHPE)                                    |  |
| Equity Officer                     | Colleen Lustig (Lang)                                   |  |
|                                    |   |  |

### Pittwater High School Wellbeing Team—Term 2 2023

Ms Bromley - Deputy Years 7, 9 & 11

Ms Purvis - Deputy Years 8, 10 & 12

Ms Samojlowicz - Deputy Learning & Engagement

| Year | Year Adviser                                    | Assistant Year Adviser                      | Head Teacher(s)   | Deputy Principal |
|------|---|---|---|------------------|
| 7    | Kate Millson (PDHPE)                            | Elizabeth Seares (TAS)                      | Phoebe Savage (Science)<br>George Morton-Ramwell (Science)                                    | Sophie Bromley   |
| 8    | Juliana Murphy<br>(English)                     | Hannah Walker (LS)                          | Michelle Phipps (English)<br>Electra Silk (HSIE: Mon-Wed)<br>Jasmin Wanschers (HSIE: Wed-Fri) | Katrina Purvis   |
| 9    | Gemma Michael<br>(PDHPE)<br>Alison Mumford Tues | Alison Mumford (HSIE)                       | Emily Lockhart (Mon-Wed, Fri)<br>Elizabeth Seares (Thu)<br>Andrew Fairley (English)           | Sophie Bromley   |
| 10   | Paris Excell (English)                          | Jarna More (Science)<br>Gary Quince (PDHPE) | Amanda Sechi (Maths: Mon-Wed)<br>Martin Huynh (Maths: Thu-Fri)<br>Martin Hardy (CAPA)         | Katrina Purvis   |
| 11   | Mel Gregan (English)                            | Martin Huynh (Maths)                        | Ahmed Hamed (TAS)<br>Taysha Fogwill (Cabrananga)  | Sophie Bromley   |
| 12   | Ann-Maree Greene<br>(HSIE)                      | Lara Giddings (English)                     | Meg Winter (Science)<br>Trent Schmutter (PD/H/PE)   | Katrina Purvis   |

#### Who can I talk to?

#### **Attendance Matters**

When your child misses school they miss important opportunities to learn, make friends and build skills through fun. PHS is supporting students in year 7-10 to improve their attendance. Students will initially be participating in self-reflection interviews with key personnel from the school. From this they will set goals to improve their attendance and engagement at school. Missing a day here or there may not seem like much, but absences add up. Every day matters and we are here to support all students in attending and engaging with their learning every day of the term.

education.nsw.gov.au

Every day counts, as regular attendance helps students to:

- develop a sense of belonging
- develop and maintain friendships
- be more engaged at school
- progress with their learning



• be more aware of career and life options.

Website: www.pittwater-h.schools.nsw.edu

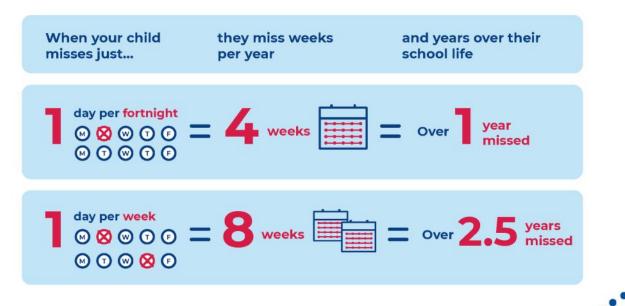
# Why attendance matters

When your child misses school they miss important opportunities to:

Learn Of through fun

### Days missed = years lost

A day here and there doesn't seem like much, but...



When your child misses school they miss important opportunities to...



Learn





**Build friendships** 



Develop life skills



# FOCUS ON... H.S.I.E.

### Year 8 HSIE Excursions

On Thursday 11th May Year 8 students enjoyed an excursion to support their learning in either History or Geography.

**History students visited the Australian Museum** with Ms Jones, Ms Walker, Ms Wanschers and Ms Purvis to see artifacts related to their study in the Contact and Colonisation unit. They explored a range of exhibitions including the Wild Planet (Dinosaurs!!!), the Westpac Long Gallery and two exhibitions focusing on the rich cultures of Aboriginal and Torres Strait Islander Peoples - Garrigarrang: Sea Country and Barka: The Forgotten River.

**Geography students visited Manly Dam** with Ms Mumford, Ms Neil, Mr Mitcherson, Mr McWhinney and Mr Hudson to participate in fieldwork related to their study of the Water in the World unit. They were able to examine the availability and flow of water in our Manly Dam catchment area, discuss the impacts of human activities on our water resources and conduct water quality testing.

Both groups of students had a great day, taking their learning outside the classroom!









### H.S.I.E. FORENSIC ARCHAEOLOGY

This year the Science and HSIE faculty have collaborated to develop a new subject, Forensic Archaeology. In term one, archaeology students learned about the importance of analysing historical artefacts to be able to reach conclusions about prehistoric crimes. Students created artefacts from the crime scene of Otzi and then used these artefacts to develop theories of his death. This term, students are studying burial customs in ancient Egypt and spent their lesson this week mapping out the layout of different Old Kingdom tombs.





# ANZAC Day Assembly 2023

On Wednesday 26th April, the first day of Term 2, Pittwater High School commemorated ANZAC Day with a whole school assembly. We gathered to commemorate the roles played by Australian service men and women in theatres of conflict and the consequences of war for returned servicemen and women. This was an opportunity for us to remember all those who have served for Australia and particularly those who made the ultimate sacrifice in defending Australia, its culture and values and defending those who are powerless to defend themselves from their oppressors. Students and teachers were able to hear from Dr Griffin about her family's connection to ANZAC Day through her grandmother's service in the Australian Army Medical Women's Service, as well as from Petty Officer Andrew Small, a serviceman from the Royal Australian Navy and a Pittwater parent on his own experiences. Thank you to our School Captians Abbey and Linus, student speakers Tyler, Ray and Pia and our talented musicians Nichloas and Keisha for their contributions on the day.



Dr Griffin's Grandmother, Elva Batt

### ANZAC Day 2023 Commemorative Speech

Ray Haythornthwaite, Year 11 History Student

I find that Anzac Day is often overlooked by the younger generations, a commemorative day that is lost to history, our history, at least. After all, it has been 108 years since our brave Australian and New Zealand soldiers first landed at Gallipoli peninsula in Türkiye during World War I. For me, such turmoil and hardship seems so far removed from the Australia I know today. Which is why it is so important we do not forget the sacrifices, bravery and courage that played upon the Turkish battlefield over 100 years ago.

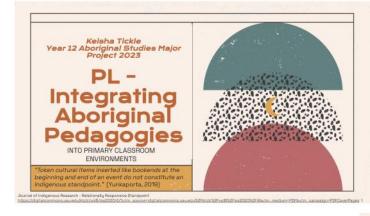
Australians all over the nation, and the world, celebrate Anzac Day each year on the 25th of April. This date marks the anniversary of the landing of the soldiers at Gallipoli on this very date in 1915. The Australia and New Zealand Army Corps (or as they bonded together into the acronym ANZACs) set out to storm Gallipoli, to open the Dardanelles to the Allied navies. Though when they landed, they faced fierce opposition from the Ottoman Turkish defenders. Over 8000 lives were lost over the 8 month campaign, and the storm of Gallipoli had a profound impact on Australians at home. The 25th of April soon became the day of mourning, of remembrance, and bravery for everyone.

So what does this mean for *us* over a century later? How are people remembering their parents, grandparents and the courageous soldiers that fought over 100 years ago? Well...more than 1000 people turned out at the site of the Gallipoli assault, now known as Anzac Cove, to camp for the dawn ceremony. 20,000 people turned out yesterday morning to pay their respects at Currumbin on the Gold Coast as the ashes of veterans who have passed in the last year were scattered into the ocean as a part of a sea burial. WWII veterans were present to commemorate the hardships of the battlefield. In Townsville, the Torres Strait Light Infantry Battalion participated in the Anzac Day march for the first time, marking the 80th anniversary of its wartime inception. Elizabeth street and Martin Place were alive with marches, demonstrations and commemorative speeches, with the return of crowds a warm welcome due to previous years of rain and Covid.

At all services around the nation, people have been wearing their families' pins and awards with pride, showing respect to the fallen soldiers of the war, numerous unnamed. For many, the wounds of war do not appear as scars upon the body, but upon the mind. The duality of Anzac Day is acknowledged, as we commemorate the simultaneously historic and tragic stories of the war. "If we are to truly honour our veterans, we owe them something more than just gratitude. Just as they stepped up for us, we must step up for them," said Anthony Albanese yesterday in his first Anzac Day address since becoming PM. Anzac Day must not be forgotten, and must not slip into history as new generations emerge. This is the reason we commemorate our fallen comrades each year, and why we must acknowledge the hardships of WW1. We must remember, 'Lest we forget'. Thank you.

### Keisha Tickle Year 11 Accelerated Aboriginal Studies 'Major Project Example'

C



#### The current limitations of Western learning systems

social and political changes necessary to improve Aboriginal and other Indigenous peoples education opportunities and outcomes

I think right now the Indigenous education and the representation that's in schools, the ing behind it. It will just be something from the Department or a poster or a fractier who agrees. But if you have fascience making leasons that are about Advirginal outputs hat rele-goesentation, then gas, it makes so much of a difference." - Kate Puchey (Primary Research consentation, then gas, it makes so much of a difference."

A large majority of the existing resources and teachings evailable in schools is majority tokenistic and/or does not holistically and accurately reflect Aboriginal peoples and culture. Currently, many teachers are unaware or have not been taujoit how to encompass indigenous perspectives into their classrooms, and indigenous teachers only make up just over 2% of the teaching population. The lack of indigenous peoples within the environment also contributes to the issue of representation, furthering the gap in educational outcomes for indigenous students.

"For the Aboriginal kids to know that they are valued in their outfure is valued for them. It's massive, ould have opportunities to learn about their outfure and also share their knowledge with their peers. Wright (Primary Research: Interview)

ta the impact of aboriginal and forres strait islander educators

#### Story Sharing

'Approaching learning through narrative' Story Sharing' could be referred to and includes yarning, story telling, personal perspectives, narrative as pedagogy and narrative as ethics/values. This framework strives to improve memory and cognitive ability for students.

'This way of learning harnesses well-documented Indigenous teaching methods that make use of personal narratives in knowledge transmission and transformation' - Stairs, 1994

'It has long been observed that Elders teach using stories, drawing lessons from narratives to actively involve learners in introspection and analysis' -Involve learners Wheaton, 2000



#### aus.online/aboriginal-per



#### **Story Sharing in Practice**

- Teacher begins lesson by having students sit in a circle on the floor, with them amongst them. Recounts of previous day, weekend, morning etc are shared, and then the focus for the session is outlined. ->

- session is outlined. Students to input ideas and make suggestions. Students and teacher discuss methods of work completion. Develop shared focus for learning. Ensure all students are engaged and contributing to yarn.
- Benefits of yarning/story sharing:

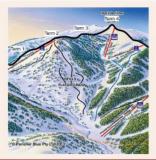
Students feel heard and supported Students are able to and encouraged to input opinion and personal perspective Removes authoritative sense, allows room for open communication

on, people can become curious. And the more that pe

### How to ensure community links are maintained Continuous reference to local communities Continuous reference to local communities Acknowledgement of Country Working with local organisations such as the AECG (Aboriginal Education Consultative Group) artwork produced by local community integrated and displayed in classrooms bring in Elders or other First Nations peoples from the area into schools work on Country (also land links) volar link between bread community and presentation and protection of the land -> clear link between local community and preservation and protection of the land

Community links can also include students family. Include parents, siblings and other family members in processes - bring families in to see student work, encourage students to display what they have learnt at home. This provides purpose to learning and encourages student engagement.

Utilise and clearly reference community knowledge



Utilising land links as a metaphor for the syllabus

### Jamila Selby Year 11

### Accelerated Aboriginal Studies Major Project 'Educational Resource for an Early Childhood Setting'



### Upcoming Competitions in H.S.I.E.



Year 7 students and students currently studying Geography in Years 8-10 this semester will be competing in the Australian Geography Competition. To practice for the competition at home use the following link: <u>https://geographycompetition.org.au/practice-questions/</u>



Students in Years 8-10 who are currently studying History this semester will be competing in the Australia History Competition. Use the following link to see past examples of the competition and prepare yourself for the challenge! <u>https://australianhistorycompetition.org.au/</u>

### Year 7 Technology (Mandatory)

As part of the current Technology Mandatory course, Year 7 complete a unit of work on Food and Agriculture. Each class are asked to grow a variety of edible herbs, flowers or vegetables that they then use in a dish of their choice later in the term. This forms part of their assignment which centres around minimising food waste. You can see Ms Frangos' class in action below, checking the growth of their plants in the school vege pod. The students will measure the plant growth each week, check the soil, record the weather for that week and then harvest their plants to use in a simple dish focusing on minimising food waste. If you look closely, you might be able to identify cherry tomatoes, Thai basil, spinach and parsley which seem to have grown the fastest.

**Ms Frangos** 

TAS and VET Teacher



## Agriculture

Our Agriculture teacher and Librarian Dr Lara Griffin celebrated a very proud moment in her career. Two of her former Agriculture students, Jett Visser and Pippa Pryor from the class of 2018 invited Lara to their graduation ceremony at the University of New England (Armidale). They have just completed their Bachelor of Agriculture (Jett) and Bachelor of Rural Science (Pippa) degrees and Pip also earned first class honours and vice chancellor's award. Agriculture is about so much more than 'farming'. It is about food security, food safety, animal welfare, environmental sustainability, research and so much more that is critical to our society. Pippa has commenced work on her PhD into animal welfare in the beef industry and Jett is looking to move north and get some more practical experience working on extensive beef properties. These two PHS graduates have done us proud, and it was an absolute honour to be invited to witness their wonderful achievements!



### Year 12 Hospitality Work Placement

Recently, Year 12 Hospitality Students, both Kitchen Operations and Food and Beverage streams, completed their final 35 hours of mandatory work placement in a number of quality restaurants, cafes and function centres across the Northern Beaches and Northern Sydney. This work placement differs from work experience as it forms part of the eligibility criteria for their Certificate II.

There were many varied experiences, which included plating dishes, serving customers, making desserts, taking orders and using the POS system for electronic payments.

Congratulations to all students who had to juggle the week working in Industry with school work expectations. I was very proud of their participation and dedication during the week.

Well done to all the students who also were offered part time jobs after their work placement. This demonstrated your commitment and efforts which were clearly valued by your employers.

We would like to thank the following venues which included, but were not limited to Nine Yards café Brookvale, Palm beach RSL, Hugo's at Manly, Garfish at Manly, Bright Side café Mona Vale, De Assis café at Collaroy and Narrabeen, Jonah's Restaurant Whale beach and Amici Di Toni Mona Vale.

Ms Therese Frangos, Hospitality Teacher



### PHS Cross Country 2023

The annual Pittwater High School Cross Country Carnival was a huge success on the final Wednesday of Term 1. A picturesque course and a stunning day of weather had students and staff alike, excited to be outside and active. Congratulations to the 108 students that have qualified to represent PHS at the zone carnival at Rat Park in Week 6. Please see Mr Morton-Ramwell if you would like some training tips.

| Girls           | Age | Boys            |
|-----------------|-----|-----------------|
| Eliza Hamilton  | 12  | Will Blackband  |
| Kasha Johnson   | 13  | Ewan Kindlen    |
| Scarlett Hurley | 14  | Rhonin Dyrmaier |
| Harper Lovett   | 15  | Josh Lucchese   |
| Amelia Brindle  | 16  | Oliver Menzies  |
| Anna Leblang    | 17+ | Will Hooghuis   |

### **PHS Cross Country Age Champions**









### **Buckley Shield Rugby League Gala Day**

On Monday 1st May, 2023, 16 students represented Pittwater High School in the Buckley Shield (U14s) Rugby League Gala Day at Keirle Park, Manly. The first of three opponents were Barrenjoey High School, a match in which star-fullback Kai Sadler excelled, securing two tries and one conversion which led the team to a 10-0 victory. Our second opponent was NBSC Balgowlah Boys Campus, they were a threatening force with a sizeable forward pack. Injury struck early for Kai Sadler when defending our own line, ruling him out for the remainder of the competition. The team put in a valiant effort considering the positional shifts, however went down, losing 30-0. In the third and final match of the Gala Day, we came up against Narrabeen Sports High School. Similarly to the previous team, they had a dominant pack of forwards which kept our boys on their toes with back-to-back defensive sets throughout the match. Although succumbing to a 22-0 loss, the boys showed plenty of grit and determination. Dual MVP's were awarded to Julian Paul for his powerful carries through the middle, and Lachlan Jones for his relentless defensive efforts. Players included: Harry Geraghty, Astin Smith, Koby Thoroughgood, Julian Paul, Billy Stuart, Thomas Goodall, Casey Logan, Kai Sadler, Jordan Scicluna, Zane Malone, Luke Wicks, Chisel Hunter, Duke Stubington, Lachlan Jones, Harvey Horty and Emanuel Chard.





### **University Shield Rugby League Gala Day**

On Thursday 4th May, 2023, 15 students represented Pittwater High School in the University Shield (Opens) Rugby League Gala Day at Cliff Oval, North Wahroonga. Turramurra High School were scheduled to be our first opponent however they were a late withdrawal in the morning, converting the match into a bye round. The first official opponent was Tuggerah Lakes Secondary College, they were an impressive side that showcased an outstanding display of skill. In the dying minutes of the match, Isaiah Macri executed an early kick behind the opposing fullback, with Marley Cattell swooping in to collect the loose ball to score a valiant try. Although our boys demonstrated resilience throughout the match, they were on the wrong side of an 18-6 scoreline. Our second and final pool match was against Wadalba Community School. In the first half, Marley Cattell linked up with the right edge, making a line break out wide and stepping the opposing fullback to open up the scoring. In the second half, we unfortunately suffered injuries to our key prop Cody Grant and starting hooker Jacob Dinter, which was a contributing factor to our side's 14-6 loss. The team did not achieve the result they desired but the spirit and camaraderie they displayed on the day was second to none. The MVP for the Gala Day was awarded to Marley Cattell who was a dominant force in both offense and defense, supporting each attacking play and acting as the last line of defense as our dependable fullback. Players included: Marley Cattell, Blake Soames, Harrison Shipton, Hamish Graham, Owen McNicol, Dylan Edmonds, Cody Grant, Jacob Dinter, Abel Brown, Isaiah Macri, Jackson Glass, Robert Wall, Joshua Batchelor, Oliver Turner and Ryan Holmes.

Coaches included: Mr Quince and Mr Lloyd.

### Warringah Zone and Sydney North Swimming Championships Results

**Warringah Zone Swimming Carnival** was held on Tuesday 14th March and Pittwater High had 50 strong, fast swimmers competing for a chance to represent Warringah at the Sydney North Championships.

### Notable swimmers on the day:

Alannah Paul, Natasha Boss and Emily Symonds placed in the top 2 for 4 individual events in their age groups (14s, 15s, 16s.

These 3 girls, joined by Elissa Rich came together for the open girls medley relay and smashed the field placing first in this event.

Ebony Davies and Caitlin Rich were also stars of the carnival placing 2nd in 100m Freestyle and Backstroke and joined the 4 girls in the 6x50m relay and placed 2nd.

Zach Paul placed 1st in the 200m, 100m and 50m freestyle.

Luke Chaffer placed 2nd in 100m Breaststroke, Backstroke and Butterfly. Congratulations to all our talented swimmers.



Year 7 Boys Warringah Zone

**Sydney North Championship** saw 10 students attend SOPAC to represent the Warringah Zone. Notable team performances on the day saw our strong open girls medley (Elissa Rich, Alannah Paul, Emily Symonds and Natasha Boss) and Girls 6x50m (Ebony Davies, Caitlin Rich, Alannah Paul, Natasha Boss, Emily Symonds and Elissa Rich) relays place 2nd to advance through to the NSW CHS Swimming championships.

Alannah Paul had a successful meet placing 1st and 2nd in the 50m and 100m freestyle respectively.

Emily Symonds had some impressive performances placing 2nd in Breaststroke and Freestyle and 3rd in Backstroke.

Natasha Boss placed 3rd in the 100m Breaststroke earning her a spot in the Sydney North team. These 6 students will compete at the NSW CHS Swimming championships in May. We wish them all the best.



### Working with Northern Beaches Library

We have been working with <u>Northern Beaches Library Service</u> to make it even easier for our students to become members and take advantage of all their free resources.

In addition to being able to borrow from any of the six Northern Beaches Libraries, membership gives our students free, easy, online access to <u>eBooks</u>, <u>eAudiobooks</u> and some excellent resources including:

- Research databases for Legal Studies, Social Studies, History and Science and general re sources such as Brittanica
- \* <u>Online Tutorials</u> including the Studiosity tutoring service offering just-in-time homework and study help, including CV feedback
- \* <u>Career resources</u> including LinkedIn Learning with thousands of courses by industry ex perts.

If your child is not already a member of the Northern Beaches Library Service, please complete the webform <u>Here</u> and we will arrange with the Library for your child's membership card to be delivered to the school. After this date students are still welcome to join via the Library's <u>Website</u> but will need to go into a library branch to collect their card and those under 16 years of age will need to be accompanied by a parent/guardian.

If you have any questions, please contact Lara Griffin in the Pittwater High School library.



Library

### School Photographs

Printing has been delayed this year due to an issue with many students with 'not for publication' status on their enrolment. Advancedlife have assured us that they will arrive before the end of this term.

You can still order photos that were taken in school <u>www.advancedlife.com.au</u> using the code **LKG N7T P83** 



advancedlife School Photography and Print Specialists

advancedlife specialises in primary and high school photography, sports team photos and professional design and printing services for the education sector. advancedlife is the leader in school photography.

### **\*JOSEPH AND THE AMAZING TECHNICOLOUR DREAMCOAT\***

### PHS Drama Excursion – 29 March 2023

#### Review by Ambrine Dray D'Hautefeuille (Year 9 Drama)



*Joseph and the Amazing Technicolour Dreamcoat* is a fantastically lively sung-through musical written by Tim Rice (lyrics) and Andrew Lloyd Webber (music), who have written some of the most memorable and well-known productions together, including *Phantom of the Opera* (1988) and *Cats* (1982). I saw *Joseph* performed at the Capitol Theatre, directed by Laurence Connor on 29 of March, 2023, and found myself enraptured by the boldness and uigorous energy of the thespians.

The tale is drawn from the story of Joseph, from the Bible. The story of Joseph takes place in the Book of Genesis and tells the story of how the twelve tribes of Israel came to be in Egypt until the Exodus. Rice and Webber's *Joseph* follows the same plot, but contains scarce biblical references, making it a performance for everyone. It is presented like a fable or a fairy-tale, with a simple moral of redemption and forgiveness.

The spirited and catchy music is sure to keep you engaged, and if you know the words, you're welcome to sing along! What's really remarkable about the soundtrack is the many different musical styles included; from cowboy ballads to French cabaret to Calypso. Each thespian enthusiastically showcases their uersatility and adopts the accents and mannerisms associated with the current musical style. There is a live orchestra below the stage that plays all the music, and the children, brothers, and wives onstage act as the choir and provide songs with a harmony.

Each performer is sincere and natural in their role; Euan Doidge's performance of Joseph is emotional and relatable, which makes his character into a likeable protagonist, while Trevor Ashley skilfully orchestrates the audience into finding his Pharoah irritating and abrasive through a deliberate lack of articulation and waffling while remaining a convincing character.



**Paulini's** performance as the Narrator is outstanding and absolutely key to the production. She guides the storyline, not just by furthering the plot, but also by playing side characters such as Jacob and Potiphar's wife. She is introduced at the uery beginning by ushering a group of children to sit so that she can tell a story, a scene of uerisimilitude that had me, and the rest of the audience leaning forward in our seats, eager to hear her tale. Each element of her performance adds unique personality to euery character she plays, making her an exciting and unpredictable uariable onstage.

Laurence Connor's direction of *Joseph* is highly creative and thoughtful. The decision to cast specific actors—the Narrator, the children, and the wives—in dual or multiple roles fabricates a sense of surreality throughout the performance.

Dreams are a driving theme of *Joseph and the Amazing Technicolour Dreamcoat*, not only is Joseph a dream interpreter who experiences prophetic dreams, but the Narrator continuously references dreams all throughout *Joseph*. The children themselues are addressed as 'dreamers' in the exposition, which is set at night with constellations overhead and gentle blue lights illuminating the stage, endowing it with a dreamlike, sleepy feel. The children here are dressed in ordinary and modern clothes, but when the scene moves on to Joseph's story, the children take on adult roles, which creates a juxtaposition between the 'real life' scene and the plot—so much that it might be considered a metadrama, a play within a play.

Colour is also a major theme and is linked with that of dreams; Joseph's coat is composed of 29 colours to symbolise his dreams of the future and the possibilities ahead of him, similar to the way the children are cast into multiple adult roles in the main story to portray their malleability. The colour blue in particular is used to represent dreams and their fulfilment; it is also the uery last colour to be sung in the song 'Joseph's Coat (the Coat of Many Colours)', which gives it a notable emphasis.

My fauourite song, and one of the most thematically potent, is one Joseph sings when he is imprisoned: "Close Euery Door To Me.' The stage design is beautiful; the prison cell, positioned downstage, is bathed in dim blue light, forming a contrast between upstage, which is lit in warm gold light and separated from the cell by ragged bars. Joseph is kneeling centre downstage, back to the audience, and facing three of the children, who wear modern clothes, on the other side of the bars, standing in the light, which represent Joseph's imprisonment and inability to reach the future. The song is a haunting, resolute piece that conveys how Joseph regains determination and hope. Starting off as a solo, Joseph's uoice is melancholic and weak, then strengthens as the children join in and start climbing the bars, trying to give him hope even though they are centuries apart. It has a slight religious undertone, with the phrase 'children of Israel' and the lyric of 'we have been promised / a land of our own' referencing not only Joseph's father, but also the land of Israel, which had been promised to Abraham's descendants in the Bible. I find this an interesting detail that adds more depth to the conflict. As a whole, 'Close Every Door To Me' is a turning point in the narrative that explores Joseph's character most thoroughly, skilfully displaying his growth and resilience.

An intriguing feature of the storyline is the lack of clear conflict. Potiphar, his wife, Pharaoh, even Joseph's brothers are presented as antagonists at one point, then supporting characters at another. These non-traditional archetypes likely originate from *Joseph*'s biblical origin, as biblical stories do not use our modern-day character roles, due to being several thousand years old. *Joseph*'s plot also features two climaxes, which creates a rollercoaster of emotions and experiences that I found absolutely thrilling.

As a whole, *Joseph and the Amazing Technicolour Dreamcoat* is a wholesome performance for all audiences, with dazzling costumes, and a happy ending that is sure to leave you satisfied.

# p&c NEWS

### UNIFORM SHOP

Our Uniform Shop is open every Tuesday and Thursday 8:15am - 11.15am, no appointment required. Service NSW 'Back to School' vouchers are accepted in person.

If you can't make the shop in person, you can order online through our school's website. Online orders will be filled the following Tuesday or Thursday after the order has been placed. Once filled, you will receive our confirmation by email (check your junk folder), your order can then be collected from the Uniform Shop or the Canteen (if the uniform shop isn't open) any morning of the week.

\*All returns/exchanges must be completed within **30 days** of date of purchase, unmarked and in original condition.

More information can be found on our school website: about-our-school/uniform-canteen

We are also seeking donations of any second-hand uniforms in clean, stain free, wearable condition; please drop these into the school office.

Kate MacGregor, Uniform Shop Manager

email: phsuniformshop2103@gmail.com

### CANTEEN CATCH UP

Here at the canteen we have tried our very best to ride out the current economic climate, increasing our prices gradually and only when absolutely necessary.

Well, this has caught up with us...

As of May 22 (week 5) all hot foods, muffins & slices will be increased by 50 cents. The large flavoured milks will also increase by 50 cents.

Our students and school staff are buying more from the Canteen and many parents are unable to volunteer anymore, adding further cost to our outgoings.

We remain very grateful for the few parents, currently only 7 in total, who are able to come in on a regular basis.

We have tried our best to keep the prices reasonable whilst maintaining the standard our canteen has become known for.

Did you know? our tomato sauce for the pasta, the Bolognese, the Nachos, Garlic Butter, Muffins, Chocolate Slice, Salad Rolls, Wraps & Salads are all made here at the canteen by Samantha, Shigeko, Felicity, Diana, Danielle, Giovanna & Sabrina.

#### Order via Flexischools App before 8:30 or in person before 9am daily

If you're able to volunteer your time, please contact Sam via email: phscanteen@gmail.com

## **CANTEEN - Beautiful Salads Daily**

Term 2 2023 SALADS, freshly made each day \$8.50, \$9.50 with Chicken Limited Availbility - Order via Flexischools App by 8:30 - or in Person by 9am

### Monday: Baja (Southern California) Salad w/ Chicken or Mixed Beans

Shredded Cabbage Radish, Cherry Toms, Carrot Pickled Onions, Pepita Seeds, Feta Cheese Coriander & Lime Dressing Topped with Corn Chips

### Tuesday: Poke Bowl w/ Chicken or Silken Tofu

Red & Savoy Cabbage Capsicum, Cherry Toms Edamame Beans Brown Rice With Sesame Dressing

### Wednesday: Greek Salad w/Chicken or Lentils

Lettuce Red Onion, Tomatoes, Red Capsicum Olives & Feta Cheese Greek Dressing Coriander & Parsley

### Thursday: Roast Vege Salad (Veg only or w/Chicken)

Roasted Potato, Sweet Potato, Beetroot Capsicum, Cherry Toms Couscous, Herbs Pomegranate Dressing & Pomegranate Pips

### Friday: Mexi Rice Salad

Brown Rice Shredded Lettuce, Tomatoes, Corn Avocado, Grated Cheese Taco Seasoned Chicken or Bean Mix Topped with Salsa & Coriander













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\*Conditions Apply

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### White Card Training for students in years 9 and 10 2023 (aged 15 years and over).

A White Card, also known as a General Construction Induction Card, is a necessary certification for operating in the construction industry. Students who complete the course get a Statement of Attainment and SafeWork NSW Statement of Training. The approximate course costs will be \$100. If you are interested in joining the list of students, please email Ms Seares <u>Elizabeth.Seares1@det.nsw.edu.au</u>