

PITTWATER HIGH SCHOOL

BE RESPECTFUL

ASPIRE

BE RESPONSIBLE

31 March 2023

Term 1

WEEK 10A

Principal's Message

Thank You for Term 1

This is the final edition of the Pittwater Press for Term 1 and I would like to begin by thanking our staff for all their hard work over this term. In this last week we have held Parent Teacher Nights for Years 7, 9, 11 and 12, Sydney North Swimming Carnival, the Athletics Carnival, Knock-out sports, Hospitality Work Placement and Cross Country. The success of all these events depends on the goodwill of our staff, and Pittwater High School is so fortunate to have such an amazing team. This term we also farewell Ms Tabatha-Jane Brownrigg who has gained a permanent teaching position with the Department of Education, and Ms Viv Gordon and Ms Lauren Fitzgerald who will both be taking leave.

Please follow us on Facebook and Instagram at *pittwater_high_school* for information about events inside and outside the classroom.

Animal Research Institution Accreditation

On Tuesday 28 March Schools Animal Care and Ethics Committee (SACEC) conducted a school visit. Schools with an Agriculture program are accredited with the NSW Department of Primary Industries as animal research institutions on behalf of their schools and the accreditation allows schools to use animals for educational purposes. The purpose of the visit is to monitor compliance with the Animal Welfare Policy, provide support and guidance to the school and assist the SACEC to develop appropriate strategies to monitor the proper use of animals in NSW schools. I would like to acknowledge the arduous work of Dr Lara Griffin and her team comprising Ms Lauren Fitzgerald, Ms Tamara Cole and Mr Joel Burdon for all the hard work they put into both providing an outstanding Agriculture program and preparing for the visit.

Strings Workshop and Concert with our Partner Primary Schools

Last Monday afternoon Pittwater High School hosted our partner primary schools Strings ensembles for a music workshop and concert. Students from Mona Vale Public School and Newport Public School were mentored in small group workshops by Pittwater High School students and celebrated with a concert for their parents that included a massed performance. Many thanks to Dr Martin Hardy who coordinated the event and the ensemble directors who assisted with the afternoon.

Thank you to the parents in the **Music Committee who raised over \$1000** selling democracy sausages and cakes on Election Day. This was the first of these events in seven years and was very well received by the community.

Principal's Message Cont.

Attendance

Attendance is a continuing conversation. Early next term all students in Years 7-10 will be looking at their current attendance pattern and setting goals to improve their attendance as part of their Education Plan review with their Year Advisors. Every day counts at school and a student that misses on average one day per fortnight misses the equivalent to 4 weeks per year. Over the 13 years of schooling this equates to one year of school missed. We ask that students and parents consider this and students are only absent from school for illness. We also request that if you are unwell, you stay home to avoid making others sick.

Mobile Phones

Phones Off and Away All Day is what we do here at Pittwater. We appreciate that for safety reasons, many students may need to travel to and from school with a phone. Phones will need to be turned off and in bags when students arrive at school and should not be accessed until they leave the school grounds at the end of the day. We thank parents for their support and request that should they need to message their child, they call the school and the message will be delivered.

Uniform

We also request support from parents in ensuring that their child is in full school uniform every day (students in **Years 8-10** are permitted to wear school sports uniform on Wednesdays). The Uniform Shop opening hours can be found on our school website and **\$150 back to school vouchers are accepted.**

I would like to take this opportunity to wish all students, families, and staff a happy and safe holiday.

Until next term, Alison Gambino

We acknowledge the Traditional Custodians of the lands on which we work today, and pay respect to Elders past, present and emerging. We extend that respect to all Aboriginal and Torres Strait Islander people.

Principal's Message

Strings Ensemble Workshops & Concert with our Partner Primary Schools



FOCUS ON...

PD/H/PE @ PHS

PITTLWATER HIGH SCHOOL SWIMMING AGE CHAMPS

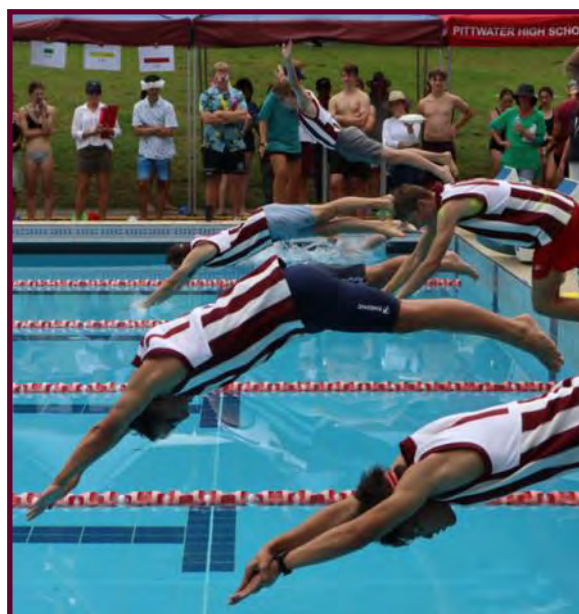
Congratulations to all students that attended the **Pittwater High School 2023 swimming carnival** at Ku-ring-gai Fitness and Aquatic Centre. Thursday of Week 5 witnessed a large proportion of the school body attend the carnival despite the underwhelming weather. It was particularly pleasing to see so many senior students creating a level of school spirit that the younger students can aspire to in the future. One of the many highlights of the day was seeing teachers and students contend the new ironwoman and ironman events which really tested the competitors' physical and mental strength whilst being put through a range of challenges. The day was a huge success, thank you to everyone for being involved and a special congratulations to our 2023 Age Champions

Age	Girls	Boys
12	Ebony Davies	Bow Sullman
13	Caitlin Rich	James Boyd
14	Alannah Paul	Samuel Horsley
15	Natasha Boss	Sam Chaffer
16	Emily Symonds	Zach Paul
17+	Olivia Sims	Luke Chaffer

IRONWOMAN 2023 = ELISSA RICH

IRONMAN 2023 = LUKE CHAFFER

WINNING HOUSE = BARRENJOEY ON 460 POINTS!



SWIMMING CARNIVAL 2023



PITTLWATER HIGH SCHOOL ATHLETICS CARNIVAL

In Week 7, Term 1, the Pittwater High School Athletics Carnival was held at the Sydney Academy of Sport in Narrabeen. There were 539 students in attendance, a record-breaking number not witnessed in several years. The house spirit displayed by students was admirable, with many sporting a touch of colour to represent their respective houses. **HOUSE LION WAS THE VICTOR FOR 2023**, leading the Athletics Carnival with a total of 1,034 points. Warringah (921) trailed, followed by Barrenjoey (785) and Scotland (703). There were many highlights from the day, including the illustrious 'Staff and Student House Relays'.

SCHOOL RECORDS WERE BROKEN, INCLUDING:

Boys 14yrs 200m dash, 23.63s - Lachlan Byrnes (Year 8)

Girls 15yrs shot put, 10.13m - Meredith Shaw (Year 9)

Girls 17+yrs long jump, 4.80m - Abigail Hamilton (Year 12)



	Boys	Girls
12yrs	Luke Wicks (Warringah - 62 points)	Lily Bray (Barrenjoey - 47 points)
13yrs	Lucas Nuttall (Scotland - 72 points)	Indianna Matthews (Scotland - 30 points)
14yrs	Kai Sadler (Warringah - 51 points)	Alannah Paul (Scotland - 38 points)
15yrs	Mate Eles (Lion - 44 points)	Imogen Trout (Warringah - 46 points)
16yrs	Zachary Aitken (Barrenjoey - 33 points)	Tara Tai (Warringah - 39 points)
17+yrs	Marley Cattell (Barrenjoey - 31 points)	Andie Hayes (Lion - 55 points)

ATHLETICS CARNIVAL AGE CHAMPIONS 2023

Congratulations to all track and field participants, the top 2 athletes in each event will attend the Warringah Zone Athletics Carnival, to be held on Friday 31 March (Week 10, Term 1) at the Sydney Academy of Sport in Narrabeen.

Mr Quince, Athletics Carnival Coordinator

ATHLETICS CARNIVAL 2023



WOOHOO FOR SPORT @ PHS

Pittwater High School has entered a considerably strong team for this year's **OPEN BOYS KNOCKOUT TOUCH FOOTBALL COMPETITION**. In Week 8, Term 1 they came up against St Ives High School in their first match of the competition. They put on a dominant display of expertise and skill, securing the victory with a 17-1 scoreline. Players included Max Davies and Tyrone Fender from Year 10, Abel Brown, Jackson Glass, Harry Gordon, Jacob Harder, Isaiah Macri, Noah Shaw, Taj Thompson and Oliver Turner from Year 11 and Marley Cattell and Jake Fairless from Year 12. Their next opponent is Brisbane Water Secondary College, Woy Woy Campus, to be played at home before the 12th of May, 2023.

GIRLS OPEN TOUCH FOOTBALL

Pittwater High Schools Girls open Touch team defeated Narara Valley High School 5 tries to 4 in round two of the state knock-out. The next game will be against Mackellar Girls High School. The team is made up of Brooke Flynn, Taylah Flynn, Abigail Hamilton, Indi Harris, Scarlett Hurley, Beth Maguire, Kiah Saunders, Ella Thoroughgood, Breana Walmsley, Jade Wandl and Lily Watt.

Coach Payne

KNOCKOUT SPORT RESULTS 2023

Match	Team 1	Score	Team 2	Score	Next Opponent
OPEN BOYS TOUCH	PITTWATER HS	17	VS	1	ST IVES HS
OPEN GIRLS TOUCH	PITTWATER HS	5	VS	4	NARARA VALLEY HS
OPEN GIRLS BASKETBALL	PITTWATER HS	16	VS	12	WADALBA CS
OPEN BOYS TENNIS	PITTWATER HS	48	VS	4	BARRENJOEY HS

This year the **OPEN GIRLS BASKETBALL TEAM** has had an influx of new players, some even taking up basketball for the first time. However, they haven't let this stop them. They won their first game against Wadalba Community School, with some impressive play from a number of the girls.

This win has enabled the girls to progress to the quarter final of the Sydney North Knockout competition. The team will be playing a day tournament on the 6th April in Terrigal to progress in the competition.

I am so proud of all the girls and how they have stepped up to play for their school!

Coach Michael

PHS has engaged the **SYDNEY YOUTH BASKETBALL GROUP**, with fabulous coaches Mai and Dom, to train a group of School Sport boys in Years 8, 9 and 10. The program includes skill development in passing, shielding, throwing, shooting and teamwork through round robin games. The boys have worked really well and the improvement in their basketball playing is fantastic! Well done to the coaches and participants.

Ms Dana R Bultitude



Year 9 **PHYSICAL ACTIVITY AND SPORTS STUDIES (PASS)** have been learning about the four different body systems and how we require them to move. In preparation for their upcoming assessment task, students revised the circulatory system through labelling the flow of blood through the heart

UPCOMING WEDNESDAY SPORT FOR TERM 2

The NSW Department of Education and Communities state that all students in K-10 are required to participate in a minimum of 150 minutes of planned moderate activity with some vigorous physical activity across the school week. This time includes planned weekly “**WEDNESDAY SPORT**”.

Term 1 sport involved a combination of recreational and structured sporting activities, some off school grounds and requiring a cost. Each term students selected the sport they wish to participate in for that term. Some sports on offer included: Skateboarding/Scootering, Yoga, Surfing, Fishing, Female Fitness, Crossfit and Stand Up Paddle Boarding and Kayaking.

Term 2 is when our competitive Grade Sport season should start. Unfortunately this year, Grade Sport won't be going ahead due to accessibility difficulties. Grade Sport will not be running for the Warringah Zone Area in 2023. We are in the process of organising competitive gala days for Term 3 with other schools in the Warringah Zone.

Therefore, Sport will look and run slightly differently for Terms 2 & 3 in 2023.

Recreational Sport options for Term 2 will be similar to those in Term 1, with a few different, new and exciting options for our students to choose. We encourage all students to choose a sport based on their preferences and likes. Some exciting options may include: Golf, Fitness at school, Kitchener Park Tennis, Futsal at Pittwater RSL and Reformer Pilates.

To ensure fairness, maximise participation and encourage variety, we have made the following changes to the school sport structure and options:

Term 2

Years 9 and 10 will choose recreational sports.

Year 8 will choose a sport and select their team to participate in an organised inter school competition.

Term 3

Years 8 & 10 will choose recreational sports.

Year 9 will choose a sport and select their team to participate in an organised inter school competition.

Term 4

Years 8 & 9 will choose recreational sports.

Year 10 will choose a sport and select their team to participate in an organised inter school competition.

More information will be provided early next term.

PHS Sport Carnivals

Aspire Attendance

LUCKY PRIZE DRAW



Every student that attended the Pittwater HS Swimming or Athletics Carnival went into the draw to win a range of sporting equipment or Gary's Place café vouchers. The sporting equipment exhibited artwork designed by students from Worawa Aboriginal College, a boarding school for young indigenous girls. The winning students got a real kick out of the prizes and it's great seeing students active during their breaks at school. Additionally, our support of the Indigenous range of sporting equipment saw donations back to the Worawa College to assist in running school programs. Just remember, it's not all about winning.

WEDNESDAY 5 APRIL IS OUR ALL-SCHOOL CROSS COUNTRY, A RUN TAKING IN THE SCHOOL GROUNDS AND THE BEAUTIFUL PITTWATER AREA.

WE CAN'T WAIT TO SHARE NEWS AND PHOTOS WITH YOU EARLY NEXT TERM.

REMEMBER TO KEEP ON MOVING DURING THE HOLIDAYS.

TRENT SCHMUTTER, HEAD TEACHER PD/H/PE

PHS OPEN BOYS' TENNIS

STAN JONES' TROPHY

Hello, what's all this? On Friday 3 March, the Boys Open Tennis team enjoyed a jolly good spot of lawn tennis against their dastardly counterparts, the Barrenjoey High School scallywags.

The team consisting of Minh Vu (Year 10), Danijel Danilovic (Year 9), Austin Gibbes (Year 9) Sam Horsley (Year 8) and James Beveridge (Year 7) were victorious, wouldn't you know it! Tremendously, the PHS ballyhoos came out with a 48-4 advantage in the game score.

These five Pittwater scoundrels represented the school with a frightfully good attitude and were rather splendid in their sportsmanship. They all had a whopping great time and, gracious me, if they weren't complimented by the opposition on their mature approach to the competition.

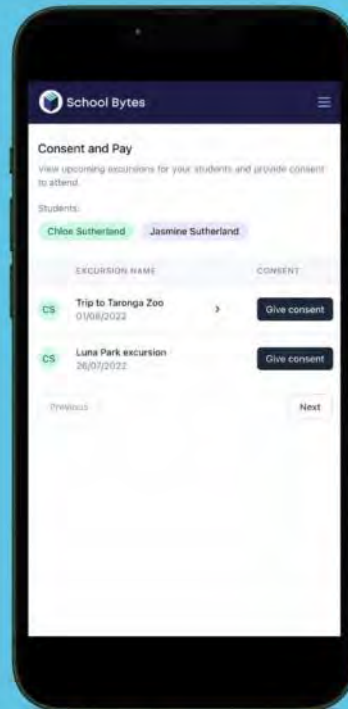
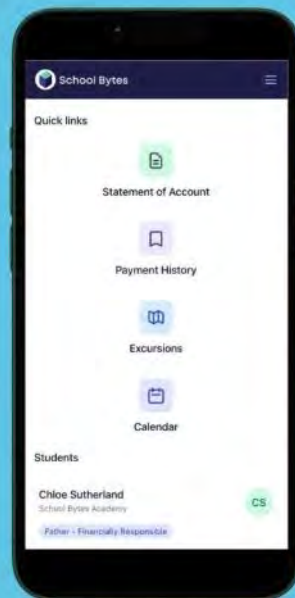
Good show lads!

Sports Master Gleeson



COMING SOON!

We are excited to announce our school will be transitioning to a more flexible and simplified way parent/carers can make payments



The Parent Portal

- Easily make a payment online
- Download your receipt
- Sign and return permission notes digitally
- Use any credits on your account to make payment
- View your complete payment history
- Request a refund



School Bytes

AVAILABLE
NOW

Register for the Parent Portal via the QR Code or visit

<https://portal.schoolbytes.education>



NOTE : this new School Bytes 'The Parent Portal' is a payment and permission note portal for parents.

The Sentral 'Parent and Student Portal' is a different product where you can continue to see your child's timetable, book parent/teacher interviews, view attendance data and school reports/NAPLAN results.

If you have any questions about this, please contact the school.



WHITE CARD

*cpcw1001 Prepare to work safely
in the construction industry*

APPROX \$100*

**Conditions Apply*

Suitable for:
*Construction
Drama
Set Design
Woodwork
Agriculture*

**SAFETY
is a
LIFE SKILL**



**White Card Training for students in years 9 and 10 2023
(aged 15 years and over).**

A White Card, also known as a General Construction Induction Card, is a necessary certification for operating in the construction industry.

Students who complete the course get a Statement of Attainment and SafeWork NSW Statement of Training.

The approximate course costs will be \$100.

If you are interested in joining the list of students, please email Ms Seares

Elizabeth.Seares1@det.nsw.edu.au

Give life. Give blood in Mona Vale.

Surfview Road
10 to 16 April



Monday 10 April
Tuesday 11 April
Wednesday 12 April
Thursday 13 April
Friday 14 April
Saturday 15 April
Sunday 16 April

9 am – 2 pm
1 pm – 6 pm
1 pm – 6 pm
9 am – 2 pm
9 am – 2 pm
9 am – 2 pm
9 am – 2 pm



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access to amazing databases,
journals, ebooks, audiobooks,
fiction and non fiction.**

<https://northernbeaches.sphttps://northernbeaches.spydus.com/cgi-bin/spydus.exe/MSGTRNGEN/WPAC/SCHOOLS>

Dear parents, guardians and carers

Re: Nationally Consistent Collection of Data on School Students with Disability (NCCD)

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the *Disability Discrimination Act 1992* and the Disability Standards for Education 2005, in line with the *NCCD guidelines* (2019).

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- formally recognise the supports and adjustments provided to students with disability in schools
- consider how they can strengthen the support of students with disability in schools
- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability.

The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the [Australian Government's Privacy Policy](https://www.education.gov.au/privacy-policy) (<https://www.education.gov.au/privacy-policy>).

Further information about the NCCD can be found on the [NCCD Portal](https://www.nccd.edu.au) (<https://www.nccd.edu.au>).

If you have any questions about the NCCD, please contact the school.

Kind regards

Michaela Flood & Penny Waters

Learning Support Teachers, Pittwater High School



Narrabeen Lakes Sailing Club

NLSC Sailing School - April School holidays 17th - 21st April.

Come learn to sail in the safety of Narrabeen Lakes with our experienced instructors. For more information including cost and to register follow this link - <https://narrabeenlakessailingclub.com/contact-us>



FREE HOLIDAY CLINIC

NORTHERN BEACHES

📅 Friday, April 21st

📍 Kikoff Harbord

⚽ Boys and Girls

🕒 U5/6 & U7/8; 9-10:30am

🕒 U9/10 & U11/12; 10:30am-12pm

👤 Professional coaches

[facebook.com/narrabeenlakessailingclub](https://www.facebook.com/narrabeenlakessailingclub)

<https://narrabeenlakessailingclub.com>








<https://form.jotform.com/213318247242854>
info@footballrevolutionproject.com.au





SESSIONS INCLUDE

-  A behind-the-scenes tour of our shelters
-  Making enrichment toys
-  Meeting a variety of shelter animals
-  Talks from various roles at the RSPCA
-  Exploring how our Inspectors perform rescues and enforce the law

PROGRAMS



**LOWER
PRIMARY**
(5-7 years)



**UPPER
PRIMARY**
(8-11 years)



SECONDARY
(12-15 years)

Sydney Adoption and Education Centre

201 Rookwood Road, Yagoona NSW 2199

To express your interest, please visit our website:

rspcansw.org.au/what-we-do/education/school-holiday-program/

Are you aged 5-15 years?
Do you have a passion for animals?
Want to make some new furry friends?

Then join the RSPCA NSW Education Team
for the upcoming School Holiday Program!

If you would like more information,
contact the Education Team on:



(02) 9782 4478



education@rspcansw.org.au



rspcansw.org.au

RSPCA
New South Wales

MOTORISED WHEELED DEVICES



NSW Police Force

Devices such as electric scooters, skateboards, and hoverboards are **ILLEGAL** in NSW.

Although a motorised scooter, skateboard, or hoverboard (electric or petrol powered) are considered motor vehicles, they do not satisfy the Australian Design Rules and for this reason, cannot be registered in NSW and are unable to be insured.

These devices cannot be ridden on roads, or road related areas (such as footpaths shared paths and cycleways) in NSW, except on private land.



Anyone caught riding a motorised device on a road or road related area in NSW can face fines starting from \$723

Further information is available at roadsafety.transport.nsw.gov.au



MOTORISED BICYCLES



NSW Police Force

'E-Bikes'

Some electric motorised bicycles known as 'e-bikes' are **LEGAL** to ride in public in NSW if they comply with certain **CONDITIONS**.



There are only two types of **permitted e-bikes**:

- **Power-assisted pedal cycles**
- **Electric power-assisted cycles**

BUT they must be designed to be propelled primarily by the rider. They **cannot be propelled exclusively by the motor** and **cannot exceed 25km/h**.

Bicycles powered by electric motors are intended only to assist when riding uphill or into a headwind, NOT to be the primary source of propulsion.

Electric powered bicycles which don't comply with these conditions **cannot be ridden on roads, or road related areas (such as footpaths shared paths and cycleways) in NSW, except on private land**.

Anyone caught riding an illegal electric powered bicycle on a road or road-related area in NSW can face fines starting from \$723

Further information is available at roadsafety.transport.nsw.gov.au

