

# PITTWATER HIGH SCHOOL

BE RESPECTFUL

ASPIRE

BE RESPONSIBLE

6 November 2018

## QUALITY TEACHING AND LEARNING AT PITTWATER HIGH

Jane Ferris: Principal's Report

Last week the School Director of Educational Leadership, Andrew Stevenson, visited our school to observe some of the classrooms and gain an insight into our educational programs. He was very impressed by our innovative and sound practices which enable all students to excel. In Science, he observed 7T with Mr Morton-Ramwell who set out explicit objectives for the lesson, pre-tested and post-tested the students, having them rotate through activities and create a summary gallery. All levels of student ability were catered for, including challenges that engaged the most capable learners. Thanks 7T! Also Mr Stevenson visited the Learning Centre to meet with Mr Kovacs and see our HSC students busily studying. Mr Kovacs was able to explain his visions for the Learning Centre, the work done around mentoring seniors and study skills, plus explain the Connected Learning program for Year 7.



### Inspirational speaker on mental health issues

One of the best speakers you'll ever hear on mental health and suicide prevention is Nic Newling. Nic is always in high demand but we have managed, as a Peninsular Community of Schools, to secure his services to present to students from Year 10-11 at our school and also at Narrabeen High School and Barrenjoey High School. The session for Pittwater students will take place on Tuesday morning during periods one and two. We really believe his story will inspire our young people and assist them in their own wellbeing and in supporting their friends. In addition we have partnered with the Northern Beaches Council to host a parent night on Wednesday 28 November from 6.30 at **Barrenjoey High School**. It is a free event (as the Council has agreed to pay for it) however, people need to register with Eventbrite as indicated on the flyer on the next page. We really encourage all parents from Pittwater to attend. For more information on Nic Newling go to <https://www.thechampions.org/>

# NIC NEWLING SPEAKERS NIGHT

6.30 - 8.30PM  
28 NOVEMBER

**Nic is an advocate for mental health and suicide prevention.  
He will share his personal experience of family, life and school.**

Barrenjoey High School  
Coonanga Road,  
Avalon

↓  
**Free Event** for Parents, Carers  
and High School Students.  
Register at **Eventbrite**

Any questions? 9942 2401  
**youth@northernbeaches.nsw.gov.au**

# DEPUTY PRINCIPALS' REPORT

Rachel Fleming, Sharon Behringer and Martin Hardy (relieving)

## **Year 9 Camp**

The Year 9 Camp was a huge success. Thank you to all of our students and staff who attended camp. The students actively involved themselves in the program and the camp staff were impressed with our school overall.

## **Drama Night**

Congratulations to all of the students who performed in the Drama Night. Thank you to Mr Gleeson for preparing the students and all the organisation behind the scenes.

## **School Uniform**

Students should be wearing the correct summer uniform including black, leather school shoes. Students who are out of uniform should bring a note to Ms Roulston in the Language Staffroom at the bottom of B-Block before school. Students without a note will be automatically placed on detention during Lunch 1. Failure to attend may result in an after school detention or a level.

## **Lateness**

Students must be at school at least 15 minutes before the start of the day. If a student is late they must have a note and lateness is recorded on the student's attendance record. Students who arrive late are missing the important instructional component of the lesson and disrupt the learning of others.

## **Buses**

Students are reminded that they need to be seated behind the fence in order catch a bus. This is a safety issue. Students must also tap their Opal card otherwise services will be cut to and from school.

## **Pittwater Place**

A reminder that Pittwater Place is out of bounds for all students before and after school unless they are accompanied by a parent.

## **Appointment with Deputy Principals**

Could we please ask that parents needing to see a Deputy Principal make an appointment.



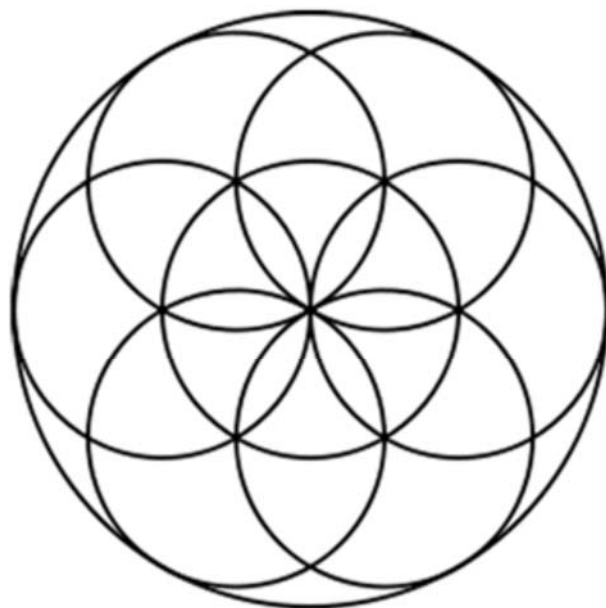
# WHAT IS THE "MUSIC OF THE SPHERES"?

Not only was the Greek mathematician and philosopher Pythagoras of Samos (582-507) credited as the first to prove Pythagoras' Theorem, he also discovered the "music of the spheres". He found that the pitch of a musical note depends on the length of the string producing the sound, enabling him to develop intervals of the musical scales with simple **numerical ratios**. When a stringed instrument is played, if the musician puts pressure **halfway** along the string's **length**, he or she produces a note that is one octave above the string's note. Octaves increase by one step each time a string vibrates at twice the **frequency** of the previous note. This is expressed mathematically as a frequency ratio of 1:2 (string : octave). Pythagoras recognised other ratios too, such as the perfect fifth (ratio 2:3) and the perfect fourth (ratio 3:4), thus developing the mathematical basics of musical harmony.

Pythagoras took Music and Mathematics a bit further believing that the musical octave was the simplest and most profound expression of the relationship between spirit and matter. He also taught that each of the known planets produced a particular note (generated by its motion) according to the planet's distance from the earth, calling this "**musica mundane**", or the "music of the spheres", it was music no one could really hear.

Pythagoras further used music to heal the body and to elevate the soul; yet he believed earthly music was just a faint echo of the universal notes.

Although today it may seem more 'magic' than hard science and mathematics, maybe Pythagoras was right: After all many researchers believe music does have the capacity to heal a person under certain circumstances.



## Music of the Spheres

# COULD YOU PASS THE HSC MATHS GENERAL EXAM?

You may have seen an article in last week's Sydney Morning Herald where 10 questions were selected from this year's Mathematics General 2 exam paper.

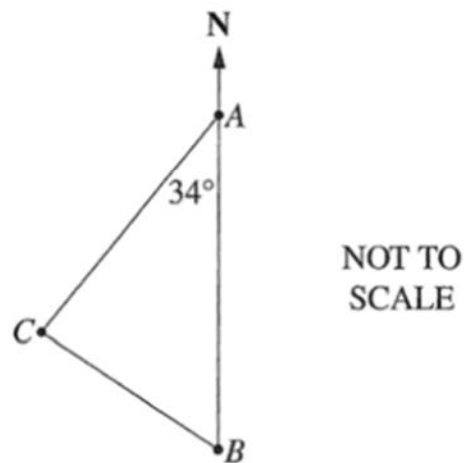
Mathematics General 2 is a non calculus mathematics course and continues to be the most popular elective chosen by students for study in their HSC.

I have selected just a few of those questions to give you an idea of the requirements of the course.

(answers to the questions are on the next page)

- 7 The diagram shows the positions of towns  $A$ ,  $B$  and  $C$ .

Town  $A$  is due north of town  $B$  and  $\angle CAB = 34^\circ$ .



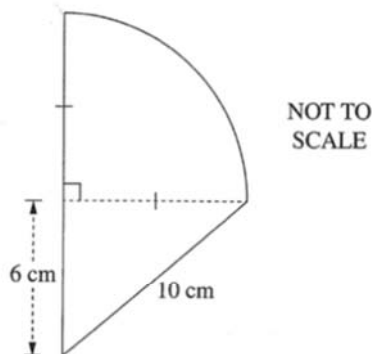
What is the bearing of town  $C$  from town  $A$ ?

- A.  $034^\circ$
  - B.  $146^\circ$
  - C.  $214^\circ$
  - D.  $326^\circ$
- 14 To determine the retail price of an item, a shop owner increases its cost price by 30%. In a sale, the retail price is reduced by 30% to give the sale price.

How does the sale price compare to the cost price?

- A. The sale price is less than the cost price.
- B. The sale price is the same as the cost price.
- C. The sale price is more than the cost price.
- D. It is impossible to compare without knowing the cost price.

- 22 A shape consisting of a quadrant and a right-angled triangle is shown.



What is the perimeter of this shape, correct to one decimal place?

- A. 28.6 cm
- B. 36.6 cm
- C. 66.3 cm
- D. 74.3 cm

### Question 29

- (a) The time in Brisbane is  $4\frac{1}{2}$  hours ahead of the time in New Delhi. John flew from New Delhi to Brisbane via Singapore. His plane left New Delhi at 11.30 am (New Delhi time), stopped for 3 hours in Singapore, and arrived in Brisbane at 9.00 am the following day (Brisbane time).

What was the plane's total flying time?

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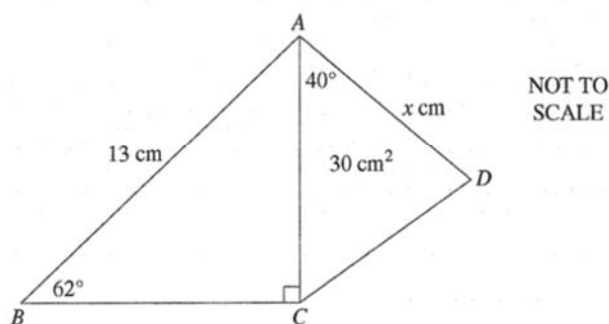
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### Question 30

- (c) The diagram shows two triangles.

Triangle  $ABC$  is right-angled, with  $AB = 13$  cm and  $\angle ABC = 62^\circ$ .

In triangle  $ACD$ ,  $AD = x$  cm and  $\angle DAC = 40^\circ$ . The area of triangle  $ACD$  is  $30 \text{ cm}^2$ .



What is the value of  $x$ , correct to one decimal place?

.....

.....

### ANSWERS

7. C

14. A

22. B

29a. 14 hours

30c. 8.13

# ICAS MATHEMATICS COMPETITION

## We've done it again !!

Another ICAS competition completed and another set of results that our school community can be proud of.

Close to a quarter of the student body took part. Our school hall was filled to capacity with mathletes sitting quietly, but working feverishly to solve the myriad problems on the papers before them.

As a whole school, we bettered the Australian mean scores across all but one year group (and we were sooooo close with that one anyway).

Collectively, we achieved 20 Distinctions (i.e. results in the top 10 %) and once again we are particularly pleased with a student from Year 7, **Linus Wang**, who achieved at the highest level – earning a **High Distinction** – an accolade reserved for the **top 1%** amongst all participants (across Australia and beyond !!!) in his year group.

Congratulations to *all* who took on the challenge and what a fantastic result for Linus - Outstanding work!!



# GARY'S CAFE SUMMER MENU



For those who visited our school café last week, you may have tried our fantastic Iced Chocolates or ordered a delicious Smoothie Bowl, topped with granola, coconut and chia seeds. These are just two new items offered on our Summer Menu this term.

Over the coming weeks, we hope to launch fresh smoothies and juices and these will run into Term 1 next year.

We'd love to see both students and teachers on Thursdays Week B from 7.45am at Gary's Place.

**Mrs T Lagois**  
(classroom teacher)





# STUDENT ACHIEVEMENTS

## CONGRATULATIONS!

**Alisa van der Kwartel** represented Australia last month at the 2018 Sprint Olympic Hopes Regatta held in Poznan, Poland. The Olympic Hopes is recognised as one of the pinnacle International Canoe Sprint events for under 15, 16, & 17 athletes. The best U16 paddlers in the world representing over 35 countries were in attendance.

In the 2 weeks prior to racing they were coached by three time Olympian Kenny Wallace as well as 2016 Rio Olympian Alyce Burnett. Not only were the coaches inspirational, they gave the athletes invaluable racing strategies to perform at their best.

Alisa raced in the U16 K1 1000 finished overall 28th, K1 500 finished overall 23rd, K1 200 finished overall 17th. Through this experience Alisa is only more determined to do her best to make the world stage again in the U18's next year.

Fantastic achievement from Alisa.



# CONGRATULATIONS

Congratulations to **Maxwell Straetemans** of Year 10 who has been awarded the Preliminary Prize by the Aboriginal Studies Association. He will be presented with his award at the Annual Aboriginal Studies Conference in early December at Sydney University.

Congratulations to the Under 15's Knock Out Girls Waterpolo team who competed in a round Robin at Ryde Aquatic Centre against other local high schools. The girls finished equal 3<sup>rd</sup>. A great achievement and the team is already looking forward to competing again next year!

Anna Le Blang	Year 7	Lily Miller	Year 8
Abby Laing	Year 7	Lani Crichton	Year 8
Katie Gillings	Year 8	Anna Shuttleworth	Year 8
Olivia Hines	Year 8	Mia Paltridge	Year 8
Bianca Raffin	Year 8	Poppy Elliott	Year 9
Otylia Campos	Year 8	Talia Dunning	Year 9



# NEWEST MEMBER OF THE AG TEAM!

## Samson is here!!

Following the artificial insemination of Split earlier this year (see previous newsletter article) Samson is finally here! Both mum and bub are doing well and Year 9 agriculture are undertaking the marking management procedures next Tuesday as part of their studies.

Samson has fitted in beautifully with the flock and has been accepted by all the other sheep. Unsurprisingly he is adored by staff and students alike.



# CRICKETS AVAILABLE FOR PET FOOD

Year 10 Agriculture has been studying up and coming agricultural enterprises in their exploration of sustainable farming solutions. Part of this has included the production of crickets. These chirpy little guys are now in full production and available to purchase. If you have reptiles that need feeding, please come and see us in the science staffroom and let us know what size you're after (small, medium or large). It will be \$5 a box but we can organise some discounts to those bringing their own boxes (in the interests of reducing waste).



# WASTE WARRIORS

## Waste Warriors (Towards Sustainability)



Given the dire situation with global plastic pollution, the "Don't Tolerate Tossers" campaign at Pittwater High will be expanded. Waste Warriors is a student and teacher group who will work together on a number of projects aimed at reducing waste both at the school and in the community. It will primarily be student-driven.

Students can support projects at a level they are comfortable with while teachers will oversee and facilitate. It will operate using Google Classroom as a communication platform. The Google Classroom code will be displayed on the electronic notice-board.

**Our goal will be to reduce waste respectfully and safely.** No action will be taken without teacher approval.

Students have the opportunity to be involved at whatever level they choose (any contribution will be valued and all add up to make a difference). These opportunities include:

- \*sign a petition
- \* join a protest rally
- \* join a project team
- \* take on a role
- \* propose ideas



### Projects (Ideas/ Concerns)

- ♦ Take 3 for the Sea, for example, at final roll call for outdoor sports on Wednesdays (an original idea from a student).
- ♦ School perimeter clean up on Friday period 5 at end of term collapse classes.
- ♦ Maintain (trim frayed pieces before they break away) green plastic fence meshing that creates a partial barrier to the surrounding waterways.
- ♦ PHS canteen and PHS functions (avoid single use items or find the most sustainable alternative, e.g. poppas).
- ♦ visit (only in pairs with permission) businesses that have waiting rooms such as doctor surgeries etc.. to recommend more sustainable drinking containers.
- ♦ visit local food/ drink outlets to recommend the phasing out of straws or at least placing the dispenser out of sight and only provide on request (see **strawnomore.com** or **Sydney Doesn't Suck Campaign**)
- ♦ make enquiries re: the sustainability of catering practices at local council, state and federal functions. For example: coffee cups, straws, eating utensils,
- ♦ Plastic Free Friday or Nude Food Friday (nude lunches)- educate the school body through assemblies with strategies to reduce the packaging brought to school in lunch boxes with lots of reminders (focus on one aspect each week).
- ♦ Support/ advocate for Oz Harvest- how to shop (less packaging) **#plasticfreeproduce**

# WASTE WARRIORS CONTINUED

- ♦ Provide sustainable living advice each week on assembly. eg. cigarette butts are over 7 million dropped daily in Australia (see "Keep Australia Beautiful WA website- resources-litter info), sustainable clothes.
- ♦ Support/ advocate for the Slow Clothes Movement or the Slow Food Movement.
- ♦ Support a container return program at PHS (revenue raised could fund sustainable projects). Get parents involved and/or Year 11 Work Studies students.
- ♦ Ikea – repair/ buy back scheme
- ♦ Have a school drive or inform re: local recycling of:
  - ♦ - irons/tv's/ computers etc..
  - ♦ - batteries (Aldi)
  - ♦ - mobile phones and accessories (\$1 worth of gold/ phone)
- ♦ **(see [recyclingnearyou.com.au](http://recyclingnearyou.com.au))**
- ♦ Why doesn't Woolworths in Mona Vale offer boxes to pack your groceries and a recycling station for mobile phones, batteries and light globes as is provided in the Mullumbimby store?
- ♦ Eliminate fruit stickers- unnecessary and clog up drains and pollute/ damage wildlife
- ♦ See Circular Economy or Green Biz re: responsible manufacturing where products are designed so they can be repaired and materials used can be recycled)
- ♦ Pressure all levels of government, schools , businesses to use a quota of recycled paper
- ♦ See Biocups re: impact of single use disposable packaging and provides solutions.
- ♦ See websites of organisations such as planet ark, sea shepherd, greenpeace, war on waste, Get Up and #nofoodtolandfill, for other ideas.
- ♦ Enter War on Waste Video Competition (closes early November)
- ♦ **Other ideas for projects (student input)**

## Roles

Sienna Tomkins (Year 11 Environmental Prefect to be spokesperson/ assembly planner. Less is sometimes best- regular and relentless messages. Rotate projects and give updates on progress/ achievements. Do not overload and use gimmicks to create awareness and support.

- ♦ Social media officer
- ♦ Newsletter reporter
- ♦ Marshalling/ Mobilising troops to attend rallies/ protests (always peaceful- safety of all to be considered number one priority)
- ♦ Letter writer/ Petition Preparation (Write to three levels of government or industry/ corporations). Respectful protesting offering solutions/ improvements.





YOU ARE INVITED TO THE

# TAS FACULTY EXHIBITION



PERFORMANCE SPACE  
OPENING AT **5:30pm - 7:30pm**  
ON **THURSDAY** 15th NOVEMBER 2018

**INDUSTRIAL TECHNOLOGY** - TIMBER, **MULTIMEDIA**, DESIGN AND TECHNOLOGY,  
TEXTILES AND DESIGN **MAJOR WORKS** ON DISPLAY



**AEC**

Australian Electoral Commission

## HELP NEEDED FOR NEXT FEDERAL ELECTION

The Australian Electoral Commission (AEC) is asking residents to sign up to help deliver the next federal election in the Mackellar electorate.

The electoral division of Mackellar covers an area of 233km<sup>2</sup> and contains 42 polling places that will be staffed by 519 paid temporary electoral workers on election day. The AEC needs to fill all those positions to ensure the election runs smoothly.

While the date for the next election is not yet known, the AEC is asking people to register their interest in working now.

Election work is a thoroughly rewarding experience and a great opportunity to contribute to the local area. To be eligible, you must be an Australian citizen and over the age of 18 years.

**All temporary election roles are paid and full training is provided.**

So, register your interest today to be considered for work when the next federal election is called. Registrations of interest must be submitted online.

For more information or to register your interest, visit [www.aec.gov.au/working-at-elections](http://www.aec.gov.au/working-at-elections)

**There's an election job to suit you**  
Register your interest today!



[www.aec.gov.au](http://www.aec.gov.au)



**AEC**

Australian Electoral Commission

Authorised by the Electoral Commissioner, Canberra

Help with  
homework

Help with  
Research

Accurate and  
reliable  
information

# LOOKING FOR SOMETHING?



## WORLD BOOK WEB

For accurate, reliable and age-appropriate content for homework or research, look no further than the World Book Web!

**Access via [www.worldbookonline.com](http://www.worldbookonline.com)**

**Username:** pittwaterhigh

**Password:** pittwater

The World Book Web includes several reference sites that feature:

- ✚ A vast collection of primary source documents
- ✚ Thousands of editor-selected Web sites
- ✚ Research tools, including a timeline and citation builder
- ✚ Current magazine and newspaper selections
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# CANTEEN NEWS

Monday 5 Nov	Sandy Cozens, Beth Porter
Tuesday 6 Nov	Fiona Griffiths, Georgia Bramham
Wednesday 7 Nov	Linda Newman, Di Brian
Thursday 8 Nov	Peter & Margaret Woods
Friday 9 Nov	Natasha Boyd, Petra Godfrey (am), Lana Mares, Sarah Athfield
Monday 12 Nov	Sheridan Femia, Nutktita Drden, Tanti Oetojo
Tuesday 13 Nov	Saffron Carter, need volunteers
Wednesday 14 Nov	Michelle Mills, John Dillings
Thursday 15 Nov	Suzanne Humphreys, Bindi Hooghuis, Irina Lindley
Friday 16 Nov	Kathleen Crawford, Sharon Grainger
Monday 19 Nov	Sandy Cozens, Need volunteers today
Tuesday 20 Nov	Shan Withnell, need volunteers today
Wednesday 21 Nov	Jane Matthews, Kay Little
Thursday 22 Nov	Nicole Smith, need volunteers
Friday 23 Nov	Petra Godfrey, Jen Masters, Caroline Thomas

Volunteers - Please contact the canteen on 9979 6968 if you are unable to make it in. Also it's never too late to volunteer. We welcome extra help so we can serve the students faster and make more food!

Everyday there is a variety of fresh, nutritional foods available starting at \$1.50 for garlic bread up to \$6.50 for the beef nachos. The muffins, quiches, slices, salads, wraps, pastas, rice dishes and pizzas are freshly made here daily at the canteen. Returning this year are simple salad rolls consisting of salad only, salad and chicken, salad and cheese or salad & ham on a soft roll.

We encourage everyone to pre order as soon as he or she can to avoid disappointment when the food has run out. We will take orders at Lunch 1 for Lunch 2.

There are new breakfast items on the menu such as bacon and egg rolls (on Wednesdays) , scrambled egg quesadillas, these are with ham or vegetables.

Come and see the menu!! The salads and wraps change each day.

Update: NEW ITEMS AVAILABLE NOW:

WEIS BARS (Mango, Passionfruit & milk) these are gluten free & 3.5 star rating. These are \$2  
SUPA ESSENTIALS fruit juices: So refreshing and have a 5 star health rating. These are \$3.  
Come and see what flavours are available.

COCONUT CHIA CUPS OR MUESLI FRUIT CUPS - see the specials board to see what is on.  
Hummus dips with vegetable sticks and a bread or cracker. These are \$3. The hummus is home made by Simone.



Subject to change



Subject to change

## Week A Menu

### Monday

- ◆ Raspberry and white choc muffin, eggs in Bed.
- ◆ Salad: pesto tomato pasta w/ chicken or lentils.
- ◆ Wrap: BLAT or bean burrito.
- ◆ Minestrone soup w/ garlic toast.
- ◆ Large pizzas, baked potato

### Tuesday

- ◆ Pear crumble muffin, scrambled egg. Quesidilla – veg or ham.
- ◆ Salad: Lamb kofta & couscous or w/ haloumi fritters.
- ◆ Wraps: Same as the salad
- ◆ Minestrone soup w/ garlic toast
- ◆ Baked potatoes
- ◆ Tandoori chicken subs on Turkish bread

### Wednesday

- ◆ Cherry choc muffin, bacon & egg roll, chia fruit cups
- ◆ Salad: Greek salad w/ baked chicken and lemon dressing or potato rosti
- ◆ Wrap: same as the salad
- ◆ Roast pumpkin & lentil soup
- ◆ Tandoori chicken subs on Turkish bread
- ◆ Baked potatoes

### Thursday

- ◆ Banana date muffin, quiches, muesli cups
- ◆ Hokkien teriyaki noodles w/ chicken or tofu
- ◆ Wrap: tandoori chicken or tofu
- ◆ Baked potatoes
- ◆ Roast pumpkin & lentil soup
- ◆ Large pizzas

### Friday

- ◆ Surprise muffin, eggs in bed, chia cups
- ◆ Salad: broccolini and fetta w/ lemon chicken or lentils
- ◆ Wrap: tuna pattie or sundried tomato and fetta salad
- ◆ Soup of the day
- ◆ Large pizzas

## Week B Menu

### Monday

- ◆ Pear crumble muffin, eggs in bed
- ◆ Salad: taco chicken salad or avocado taco salad
- ◆ Wrap: chicken schnitzel or taco avocado vegetarian
- ◆ Minestrone soup w/ garlic toast.
- ◆ Large pizza

### Tuesday

- ◆ Raspberry & pear muffin, scrambled egg quesadilla – vegetarian or ham
- ◆ Pesto pasta salad w/ chicken or vegetarian
- ◆ Pesto salad wrap – chicken or vegetarian
- ◆ Minestrone soup w/ garlic toast
- ◆ Baked potatoes
- ◆ Tandoori chicken subs on Turkish bread

### Wednesday

- ◆ Banana choc muffin, bacon & egg roll, chia fruit cups
- ◆ Roast vegetarian and haloumi salad or w/ chicken
- ◆ Falafel wrap, tandoori chicken wrap
- ◆ Roast pumpkin & lentil soup
- ◆ Tandoori chicken subs on Turkish bread

### Thursday

- ◆ Blueberry muffins, quiches, muesli cups
- ◆ Moroccan cauliflower & chickpea salad – vegetarian or chicken
- ◆ Moroccan wrap – chicken or haloumi
- ◆ Baked potatoes
- ◆ Roast pumpkin & lentil soup
- ◆ Large pizzas

### Friday

- ◆ Mixed fruit muffin, eggs in bed, chia cups
- ◆ Bacon & potato salad or chickpea & potato salad
- ◆ Hamburger with the lot
- ◆ Vege burger with sour cream & sweet chilli
- ◆ Soup of the day
- ◆ Large pizzas

# Manly Warringah Basketball Association

## 2019 Junior Representative Trials

### Information

Enquiries phone 9913 3622 or email [janet.bilton@manlybasketball.com.au](mailto:janet.bilton@manlybasketball.com.au)



Please book through Trybooking prior to Wed 31<sup>st</sup> October 2018

Trybooking: <https://www.trybooking.com/XWFH>

**TRIAL DATES: 4<sup>th</sup>, 11<sup>th</sup>, 18th November 2018**

#### Please note

**2018 MWBA Rep players returning to trial for 14Boys, 14Girls & 16Boys, are not required at the first trial session on the 4th Nov, due to high numbers attending trials in these age groups**

Some age groups may be required to attend additional trial sessions

*Players must be available to attend all trial dates*

*MWBA & BNSW Representative apparel must NOT be worn during the trial process*

**Please wear Reversible training singlet (or singlet-not T shirt), bring Ball & Water bottle**

*N.B: -There may be a squad reduction following each trial - squads will be advised via [www.manlybasketball.com.au](http://www.manlybasketball.com.au)*

*If trial sessions are missed without prior notification, and good reason, names will be removed from trial lists*

Junior Player Permission to Trial form – This form is a Basketball NSW form & must be produced at the **first MWBA trial**, **if** the player trialling, played the *previous season* at a *different association*. This form is available on the Representative page of the MWBA website

#### Trial Times:

U/18 Boys & Girls	8.30 am to 10.00 am	U/16 Boys & Girls	10.00 am to 11.30 am
U/12 Boys & Girls	11.30 am to 1.00 pm	U/14 Boys & Girls	1.00 pm to 2.30 pm

#### Player Agreement and Medical details

When agreeing to the term and conditions on Trybooking you are agreeing to the following:

- ♦ *I agree to abide by the MWBA code of conduct and the Basketball NSW Zero tolerance document.*
- ♦ *I consent for my child's name to be posted on the MWBA website if selected in a Representative team.*
- ♦ *I give permission for my contact details to be used by the team manager, coach & MWBA staff for team communication.*
- ♦ *Should at any time MWBA consider that my child requires medical attention, and MWBA is unable to contact me, I consent to MWBA seeking medical assistance at my expense.*

**Cost of Trials: \$25.00 paid through Trybooking**



## Helping Learner Drivers Become Safer Drivers Workshop

Wednesday 28 November 6:30 – 8:30pm

This two-hour workshop aims to increase the confidence and knowledge of supervisors who oversee learner drivers. It covers:

- Changes to the Learner Driver Licensing Scheme that started from the 20 November 2017
- Log book apps approved by the Roads and Maritime Services
- Completing the Learner driver log book
- Understanding the benefits and safety aspects of supervised on-road driving experience
- Licence conditions for learners and provisional licence holders
- Reinforces the importance of on-going support for young drivers in the early years of driving

Northern Beaches Council Civic Centre – 725 Pittwater Road, Dee Why

Bookings: <https://www.northernbeaches.nsw.gov.au/things-to-do/whats-on/event-calendar/booking-form-helping-learner-drivers-become-safer-drivers>



northern  
beaches  
council



ALL PROCEEDS ASSIST THE PHS INSTRUMENTAL TOUR 2020

# Car Boot Sale

**Plus**  
PHS JUNIOR  
STAGE BAND  
PERFORMING

PITTWATER HIGH SCHOOL

SUNDAY 11<sup>TH</sup> NOVEMBER 2018

7.30am - 1.30pm

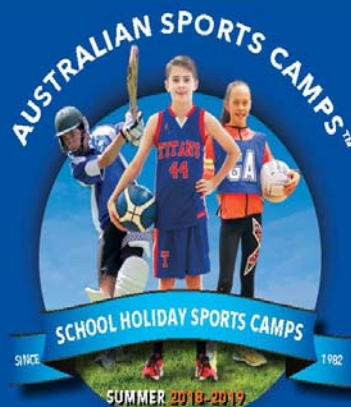
AVAILABLE ON THE DAY - BARGAINS FOR BUYERS  
SAUSAGE SIZZLE, DRINKS, COFFEE AND CAKES

**BOOKINGS  
ESSENTIAL**

[WWW.TRYBOOKING.COM/UICI](http://WWW.TRYBOOKING.COM/UICI)  
VEHICLE \$40 TRAILER \$50

★ **CAR BOOT SALE DATES FOR 2019** ★  
SUNDAY 4<sup>TH</sup> AUGUST & SUNDAY 10<sup>TH</sup> NOVEMBER

BOOK NOW  
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LEARN NEW SKILLS AND IMPROVE  
YOUR GAME! 3 DAY SPORTS CAMPS  
FOR 6 - 16 YEAR OLD'S

- Experienced coaching panel and guest stars attending.
- Have fun playing and keeping active with your friends.
- Our structured skill development programs run 9am - 3pm daily.
- Meet your sporting idols, learn and be inspired by the best.
- Individual written coaches report reinforces learning.
- Video analysis and coach feedback sessions for fast improvement.
- Coach to participant ratio of 1 : 10 ensures individual attention.
- Careful group selection to maximize enjoyment and results.
- Autographed group photo and certificate of achievement.
- SEE WEBSITE FOR ASC CAMPS PRICING AND SPECIAL OFFERS

#### ASC PARTNER PROGRAMS

- Get active with a new range of partner programs.
- New sports, new programs, new areas.

\* Applies only to ASC Camps



**NOW  
OPEN**

GO TO [ASC.CAMP/BOOKINGS](http://ASC.CAMP/BOOKINGS)  
TO BOOK SUMMER CAMPS  
OR FIND INFORMATION

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OPEN**

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TO BOOK SUMMER CAMPS  
OR FIND INFORMATION

SYDNEY  
NEW SOUTH WALES

Meet sports idols at our camps.  
Past stars included Kevin Sheedy,  
Justin Langer, Ange Postecoglou,  
Kim Ravaillon and Caitlin Bassett.  
See the website for more details.

#### ASC 3-DAY CAMPS

<b>Basketball</b> 9, 10 & 11 January NSW Basketball Camp, Kerangton	<b>Hockey</b> 19, 20 & 21 December NSW Hockey Camp, Daceyville
<b>16, 17 &amp; 18 January</b> NSW Basketball Camp, North Ryde	<b>Netball</b> 9, 10 & 11 January NSW Netball Camp, Kerangton
<b>Cricket</b> 19, 20 & 21 December NSW Cricket Camp, Daceyville	<b>15, 16 &amp; 17 January</b> NSW Netball Camp, Ryde
<b>15, 16 &amp; 17 January</b> NSW Cricket Camp, Hunters Hill	<b>Soccer</b> 19, 20 & 21 December NSW Soccer Camp, Daceyville
	<b>16, 17 &amp; 18 January</b> NSW Soccer Camp, North Ryde

#### ASC PARTNER PROGRAMS

ASC have teamed up with some amazing and reputable  
partner companies to offer a wider variety of sports in  
your area. Duration and pricing for these programs differ  
depending on the program, please visit our website for all  
the details and choices!

<b>Golf</b> See Website NSW Golf Program, Northbridge	<b>Tennis</b> 10, 11, 12, 13 & 14 December NSW Tennis Program, Cherrywood
<b>Multi-Sport</b> See Website NSW Multi-Sport Program, Brunswick Heads	<b>17, 18, 19, 20 &amp; 21 December</b> NSW Tennis Program, Cherrywood
<b>Speed &amp; Agility</b> 18 January NSW Speed & Agility Super Clinic, North Ryde	<b>7, 8, 9, 10 &amp; 11 January</b> NSW Tennis Program, Cherrywood
	<b>14, 15, 16, 17 &amp; 18 January</b> NSW Tennis Program, Cherrywood
	<b>21, 22, 23, 24 &amp; 25 January</b> NSW Tennis Program, Cherrywood



# STAND UP, SPEAK ABOUT IT

## NORTHERN BEACHES White Ribbon Walk

### MEET

Queenscliff Surf Club –  
walk to The Corso, Manly

### DATE

Wednesday 28 November 2018

### TIME

7am for 7.30am departure

BBQ breakfast – gold coin donation  
Don't forget to wear a white t-shirt!

JOIN IN  
Everyone  
welcome

To register your interest or  
for more information email:  
[nbdvnetwork@gmail.com](mailto:nbdvnetwork@gmail.com)

In support of  
White Ribbon

  
Northern Beaches  
Domestic Violence Network  
**ENDING VIOLENCE  
CREATING HARMONY**

 **Lifeline** Saving Lives  
Crisis Support. Suicide Prevention.

# GIANT BOOK FAIR

## Brookvale

St Augustine's College – Sydney  
Federal Parade

# November 23-25

Friday 4-9

Saturday 9-5

Sunday 9-2

Mona Vale Chamber of Commerce

# Market Day 18

We're back to bring you fun stalls from local businesses,  
great food, pumping music and fun activities everyone  
is sure to enjoy!

**There's everything for everyone!**

**Date:** 4 November 2018  
**Time:** 10:00 am - 4:00 pm  
**Venue:** Mona Vale Village Park

 **MONA VALE**  
CHAMBER OF COMMERCE  
*Unifying Business and Community*

**02 9197 6788**  
[info@monavalechamber.org](mailto:info@monavalechamber.org)