

Term 2 Week 4

17 May 2016



## Our Amazing Students on Tour

### Principal's Report - Jane Ferris

On the recent band tour to China, I had the privilege of being one of the accompanying teachers. Never have I been more proud of our amazing students. They reflected so much of what we value as a school and would wish of all our students as they develop into young adults:

**Talent** – it is wonderful to see such high standards in the orchestra, stage band and symphonic band. But talent is nurtured and developed, as reflected in the years these students have invested in learning their instruments and the months of additional rehearsals before going on tour.

**Persistence** – the students had the benefit of a master class on tour where being good wasn't good enough. The students accepted the challenge as they persisted in playing the same bars again and again until excellence was achieved.

**Cooperation and teamwork** – a great mark of a successful band is how members are tuned into each other and follow the conductor to produce cohesive tuneful music. This cooperation went beyond playing, and was evident on the whole tour as students looked out for each other and cooperated with lugging some of the bigger gear. The students on my bus and in my group were absolutely awesome.



**Caring** – when there were a few moments of homesickness, tummy upsets, mislaid phones or a broken wrist, the students were so caring, thoughtful and kind. With my own unscheduled surgery in Beijing students concern and good wishes was certainly the silver lining. Thank you especially to my 'slaves' who pushed me around Tiananmen Square and the Forbidden City in a wheel chair so I did not have to miss out!

**Inquisitive** – it is great when students respond to a different culture with wonderment, awe and respect. Our students made the most of all the opportunities in China.

**Friendly and outgoing** – despite language barriers, on school visits the interaction between our students and their Chinese hosts was fantastic. This happened when waiting for concerts to start, in the dining hall, multiple selfies with our students (who almost had movie star status!) or the impromptu competitive basketball games.

Thank you to parents that supported their child going to China and entrusted them to our care. Thank you to all the parents that got behind the fund raising with a special thank you to Katrina Mellon. A huge thank you to Kiri Fleming, who not only was a chaperone on tour, but also a huge driver in the organisation of the tour. Thank you to Joanna Cartwright who joined the tour as a chaperone, being a qualified nurse tending to all our health needs. Thank you to fellow teachers on tour, Fiona Gudmunson and Mark Chaffer. Thank you to our new symphonic band director Joshua Hughes for your enthusiasm and support. A HUGE thank you to our Head Teacher CAPA and Director of the Instrumental Program at Pittwater High School – your ongoing commitment and dedication as demonstrated in making this tour happen (including countless paper work!) is so greatly appreciated by all. And finally, thank you to all the amazing students on band tour who ultimately made it so successful. It has been a joy getting to know you all.

### Farewell Deputy Principal Ben Rekić

Towards the end of last term, Mr Rekić successfully applied for the Deputy Principal role at Randwick Girls. Although he has greatly valued being at Pittwater High School, the near hour and a half commute each way was difficult with a young family. We greatly appreciate Mr Rekić's contribution at Pittwater in the complex daily duties of a Deputy as well as pursuing his passion for embedding literacy in all teaching and learning. I know many parents have commented to me how helpful he has been in dealing with any matters concerning their children. Ben, we will miss you and wish you all the best at Randwick Girls. In the meantime Ms Rachel Fleming has stepped up to be Acting Deputy Principal and has ensured a very smooth transition in this role. Ms Brooke Mitchell is currently relieving as Head Teacher Student Wellbeing.

# DEPUTY PRINCIPALS' REPORT - Renee Andrews; Rachel Fleming

## A reminder of our school expectations

The following items are not permitted at school: any **illicit materials (this includes on BYOD devices), laser lights, high energy drinks, permanent markers, skateboards, aerosol sprays, chewing gum, and liquid whiteout.**

If riding a bike to school a helmet must be worn and bikes should be pushed across pedestrian crossings. NSW laws apply to all bike riders. Bikes are not to be ridden on school grounds and they should be wheeled to the bike racks and secured there for the day.

Students are expected to be in **full school uniform**. The majority of students look impeccable in their school uniform, including wearing the correct shoes. Although we have not had too much cold weather yet it is on its way. Be prepared with the correct maroon jumper, senior jersey or new Pittwater jacket.

There is important information in this newsletter about BYOD here at Pittwater and some set up changes that will be implemented here at school on 26 May so that BYOD devices can access the internet effectively. There will be posters in each classroom with instructions for the various devices.



### Year 7 Reminder

The next clinic visit for vaccinations is on **Thursday 26 May** for HPV Dose 2 as well as Diphtheria-Tetanus-Pertussis. A healthy breakfast is recommended on the day of the vaccinations. Please see Ms Purvis (Girls Adviser) for any queries.



A reminder that the bus turning circle outside the school in Mona Street has restrictions—as indicated.

There are often council rangers patrolling the area so please be aware of these restrictions.



## CALENDAR

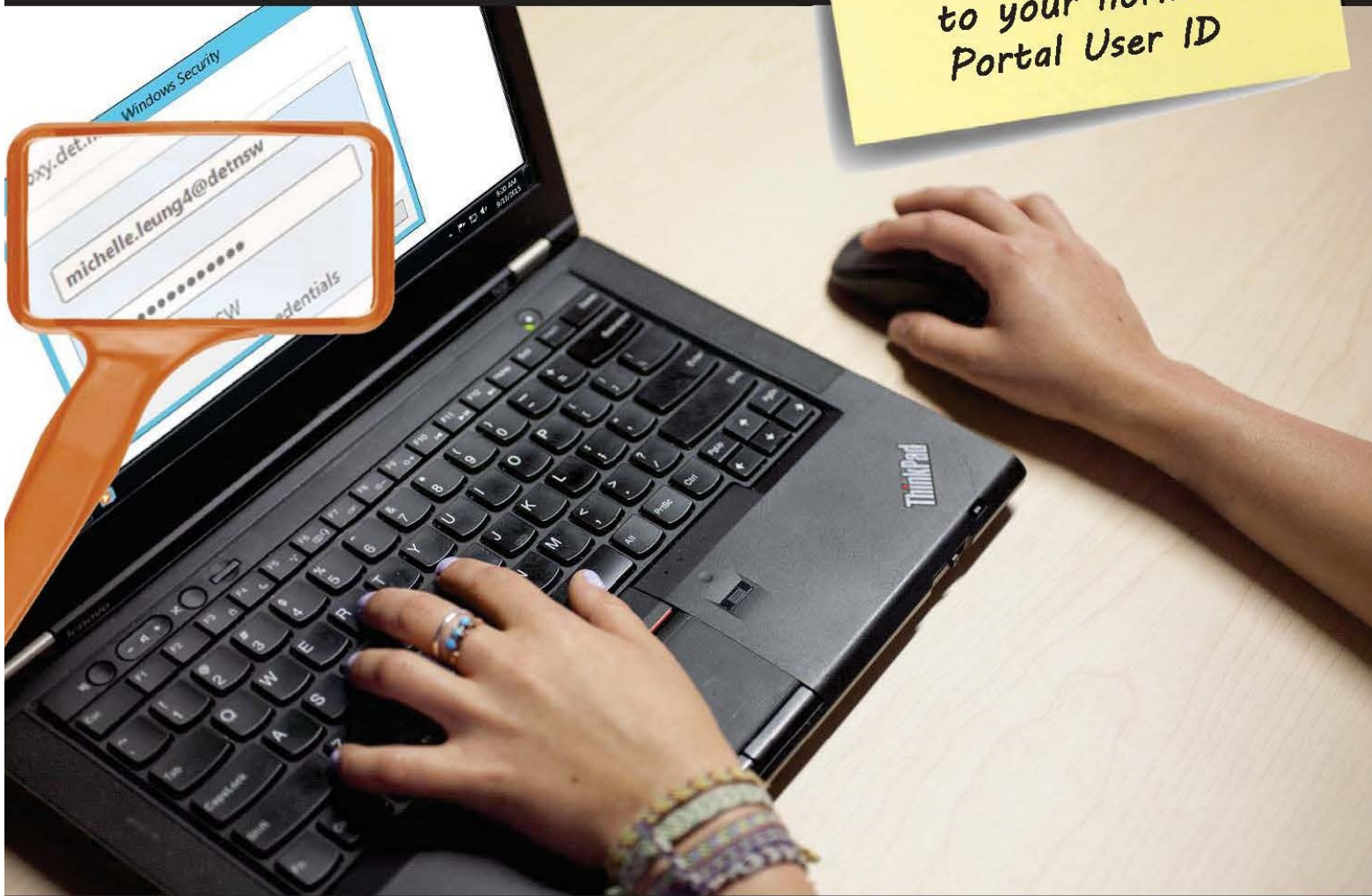
Wednesday 25 May	P&C Meeting 7pm
Thursday 26 May	Vaccinations



# BYOD

From **Thursday 26th May** you have to change the Wi-Fi settings on your BYO device to be able to connect to the internet

**IMPORTANT CHANGE:**  
When signing on to access an Internet website, you'll need to add @detnsw to your normal Portal User ID



From 26th of May, use the **new settings** posters that are in every classroom and outside the BYOD Office to configure your device.

When accessing the internet and prompted for your credentials, remember to add **@detnsw** to your User ID

e.g. **first.lastname@detnsw**



Education

# BYOD

BYOD or Bring Your Own Device is a policy implemented by the NSW Department of Education and Communities where the students are encouraged to use their own digital devices in the classroom. Pittwater High School will facilitate the students who bring their own device by giving them access to the school network.

The main advantage of BYOD is once the students' devices are connected to the network; a student can begin creating and self-teaching. Students will gain the ability to access any information that they require for their learning task.



Teachers will incorporate BYOD in the classroom by setting tasks that are digitally based. For example, these tasks may require students to create e-portfolios, which can incorporate research, idea development, imagery, audio and video. Such tasks are comprised of stimulating and exciting methods of learning that appeal to the next generation's learning style.



Pittwater High School will support students without a device by offering them a school laptop which they can loan for a nominal fee, which upon completion of their studies Pittwater high school will refund their fee in full.

Please see photo on the left of the school device offered on loan for a nominal fee by Pittwater High School

Please contact the school for further information about the school device loan out scheme or any other BYOD information.

## BYOD Applications and the benefits

There are a plethora of applications that would promote the use of BYOD within the classroom. Developers are constantly creating and updating their applications to work in unison with other devices, creating a hive mind environment. A hive mind classroom would be in sense a classroom where all the students are working together, collaborating, and sharing information, ideas that encourage students to motivate one another. Such apps that Pittwater High School are using to create the collaborative classroom environment which are but not limited to;

## Google Apps

Google over the years, have really pushed for a free office suite. With Google docs, Google spreadsheet, Google form, Google presentation and Google draw. With these free applications, students can create documents and save it all on their Google drive. Students can also submit their work to the teacher via Google drive. The Google system is a web-based application, so can work across all platforms with options for downloadable variants.

**Devices that are compatible** See information sheet in Technology and e-learning on the Pittwater High School website

<http://www.pittwater-h.schools.nsw.edu.au/technology/byod-bring-your-own-device>

Apple iPad



Android Tablets



Microsoft Surface



Apple Macintosh



PC



NOTE: Windows based PC laptops (dual band Wi-Fi receiver built-in)

Older laptops may have to buy a dual band Wi-Fi dongle for it to work on Pittwater High Schools Network Please see photo below for what one may look like.



Mr Ahmed Hamed - TAS/Computer Co-ordinator



# THE ENGLISH FACULTY

In the past few years the Board of Studies has introduced the English 7-10 National Curriculum and changed the prescriptions list of texts for study in 11-12. This has required great change in the delivery and programming of English.

We took this opportunity to rewrite all our junior programs focussing on the conceptual aspects of our curriculum. Students are now engaged in "Big Question" studies that drive their learning. This approach allows teachers to incorporate a broader range of texts and students to deeply engage in and personally reflect on their learning.

In Term 1 students focused on:

**Year 7: Identity:** How do the ways we perceive ourselves, others and the world influence the meaning of texts?

**Year 8: Appreciation:** How do texts reflect the values and perspectives of the composer and responder?

**Year 9: Persuasion and Positioning:** How do composers use words and language to influence and persuade others to make change?

**Year 10: Crafting:** How do authors craft their work to inspire, challenge and entertain an audience?

In Term 2 teachers and students are looking forward to investigating:

**Year 7: Appreciation:** How do authors create realistic characters and explore important ideas by harnessing the power of words?

**Year 8: Stagecraft:** How are ideas conveyed and audiences impacted through elements of Stagecraft?

**Year 9: Appreciation:** How can we appreciate the influence that novels have on the way we view ourselves and the world around us?

**Year 10: Contexts and Paradigms:** How does Shakespeare transcend context and continue to connect with audiences regardless of time, culture or creed?

Assessment is ongoing through these units with all across year summative assessment tasks and supporting resources on Year group EDMODO sites. We encourage you to talk to your children about their investigations into their questions and share opinions and ideas. We look forward to a great year of exploration and learning.



Mr Ben Bryant

Ms Rhonda Davis

Ms Lara Giddings

Ms Mel Gregan

Ms Samantha Keen

Mr Jonathan Leonard

Ms Brooke Mitchell

Ms Katrina Purvis

Ms Christa Zaraza

Head Teacher: Ms Penny Waters

# YEAR 9 FOOD TECHNOLOGY

**Year 9 Food Technology** looked at Food in Australia and researched a country and its influence on Australia current cuisine. For part of the assessment task the students then made a dish from that country at school. The results were fantastic. Keep up the good work Year 9.



Mrs James—Classroom Teacher

## YEAR 10 ACCELERATED HOSPITALITY

Year 10 students have been developing their knife skills and creating some great simple dishes. The class learnt their precision cuts such as julienne, batons, macedoine, chiffonade, Paysanne, brunoise and mirepoix, we used these vegetables for a few dishes including minestrone soup.

Our cooking techniques have included using the salamander to grill the combo oven to bake and steam, and some boiling and shallow frying on the stovetop. In the next couple of weeks the class will all be completing a workplacement in a local cafe or restaurant. This is a great opportunity to use the skills learnt at school in the real world of work!

Best wishes to everyone, as they begin their workplacement.



Mrs James—Classroom Teacher

# INDUSTRIAL TECHNOLOGY MULTIMEDIA



In the Industrial Technology Multimedia classroom the student will encounter many projects where they are encouraged to think laterally and conceptually. Students of Multimedia are encouraged to brainstorm ideas and engage in collaborative thinking and discussion with their peers and encouraging one another to come up with a solution for any given tasks or assessments. Students are free to create enchanting and whimsical tasks that broaden their creativity to projects with no limitations.

**Senior Multimedia** This year heralded a change in multimedia at Pittwater High School with the introduction of its first senior multimedia class. The newly formed senior multimedia classes will embark on new and exciting levels of learning, with an approach to creative and innovative design solutions through investigating and implementing emerging technologies within the industry.

Senior major projects can be focused on many types of multimedia ranging from 3D and 2D game development, 3D and 2D animations, short films with VFX.

Students are encouraged to investigate and develop their senior major projects for themselves. The teacher guides them and gives them the necessary skills to ensure their success in multimedia, but will not encroach on their freedom to create what they really want.

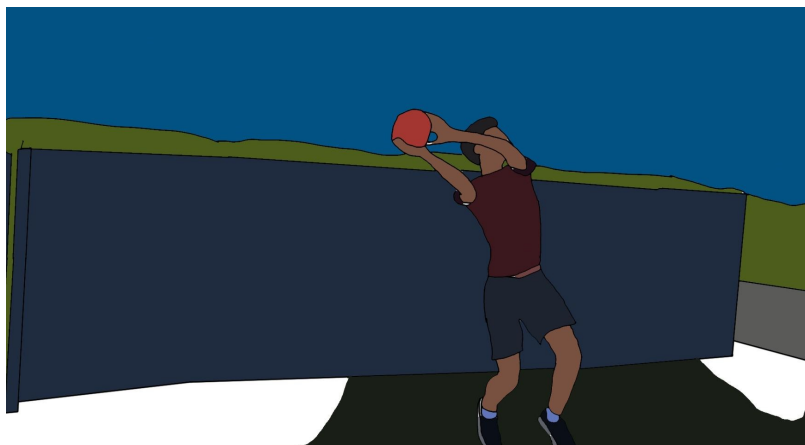
Listed below are examples of students in Industrial Technology Multimedia year 10 creating a rotoscope animation.



*William creating an animation called "Medpool"*



*Liam creating an animation*



*Liam's completed animation.*



# TECHNOLOGY (Mandatory)



8 Tec2, 8-4, 8-5 and 8-7 recently completed the Café For A Day unit. Students worked in small groups to complete the design project that requires them to create a two course meal suitable for a café. This required them to consider what makes a successful café, understand the limitations involved in the project, research ideas and themes and negotiate with the group members to create their café. Many weeks of planning goes into the café that runs for two periods, where they style their café with menus and table settings and present their meals to another group. The collaboration in planning and running the cafe help to develop negotiation skills amongst group members and dealing with customers. Each student creates an individual digital portfolio that documents the design process. The unit finishes with an evaluation and written review of the café in a newspaper format.





# YEAR 12 HOSPITALITY

Year 12 and the accelerated year 11 Hospitality classes have been very creative of late. One of their assessment tasks was to develop a new restaurant (in theory) and then to create a signature dish to showcase the restaurant's ethos and style of food. The classes worked in small teams to produce four identical servings of the one dish to exemplify what it would be like in Industry to keep consistency and accuracy in their servings.

To further develop their skills, many of the students have been working hard to cater for some of the school functions during the year. From open night to school athletics carnivals, the students have been preparing large quantities of food to gain an understanding of food preparation and service for events and large scale functions. This will assist those students who are looking to complete their Certificate II in Hospitality Kitchen Operations.

Therese Lagois—Classroom Teacher



## WHAT IS IMPORTANCE OF TECHNOLOGY SUBJECTS IN SECONDARY SCHOOL



After students have studied a mandatory course "Technology" in years 7 and 8 they can elect to study a range of subjects that are categorised in the Technology learning area.

In short; the technology subjects are about providing opportunities for students to develop their capabilities by combining designing and making skills with knowledge and understanding in order to make quality and functional products.

As there is a current skills shortage in the creative, manufacturing and engineering industries we aim to plan and program technology subjects that are inspiring, rigorous and practical in order to prepare our students to live and work in the designed and manmade world. Technology subjects bring learning to life. Students get to make decisions for themselves, be creative, innovative and explore design through practical authentic learning activities.

Skills learned in technology help with learning across the curriculum. For example knowledge learnt about the properties of materials helps in science, and the practice of measuring helps in mathematics. In addition; the 21<sup>st</sup> century capabilities of communication, collaboration, creative and critical thinking, and resilience are a vital component of the technology subjects which provide a firm basis for lifelong learning. Most importantly students are being prepared and well-equipped for their future endeavours.

## Years 9-10 Technology Elective Courses

## Agricultural Technology

## Design and Technology

## Food Technology

# Graphics Technology

Industrial Technology (Timber/Multimedia/Engineering)

Information and Software technology

## Marine and Aquacultural Technology

## Textiles Technology



## YEAR 11 CONSTRUCTION CONCRETING PROJECT

This year the year 11 construction class will be building a new shed to be used as a storage facility for the VET Construction at PHS. The students formed up and poured a slab of concrete measuring 7 x 4.2m in the last week of Term 1.

The construction students learnt how to erect formwork, screed and level roadbase, lay plastic, install reinforcing mesh and pour the concrete. During the pour students had to evenly spread the concrete and then screed it. Once the concrete began to cure the students had to bull float the surface and then apply a coving finish with the coving trowels.

We look forward to constructing the shed later this term.

Mr Tim Robinson—Classroom Teacher



# TEXTILES AND DESIGN

## Creative Fabric Books

Year 11 Textiles and Design students spent first term making fabric books. Each student chose a theme and then learnt a whole range of decorative techniques such as hand and machine embroidery, tie-dyeing, appliqué, angelina fibres, fabric painting, dyeing, fabric crayons, screenprinting, gold foiling etc etc..

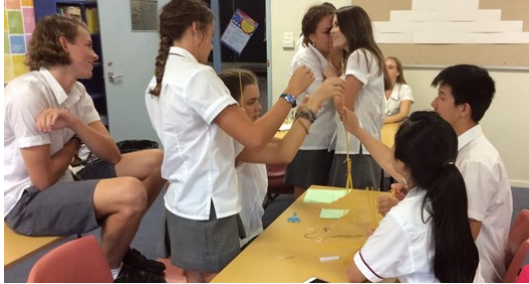
The students then incorporated these techniques into their books. The results were fantastic. Congratulations Year 11 and keep up the great work as we continue with our next project using a pattern and developing our construction techniques.

Mrs James—Classroom Teacher



# YEAR 11 CAFS

As part of the CAFS syllabus the class has been learning about teamwork so the class built spaghetti towers with 10 sticks of spaghetti, one A4 page of paper and 10 cm of sticky tape. The lesson also taught the class about leadership skills – one person in particular was the destructor and she knows who she is!



# YEAR 11 ACCELERATED HOSPITALITY ASSESSMENT TASK

The Hospitality classes had an assessment task where they designed a signature dish for their own restaurant. They organised the preparation, shopping for the ingredients, making of the dish, analysis from peers as well as the costing. Here are just a few mouth-watering delights from Mrs Roulston's class



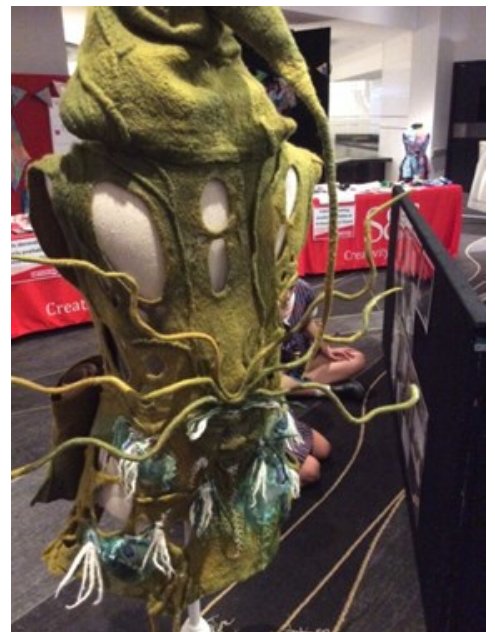


# YEAR 11 & 12 TEXTILES AND DESIGN EXCURSION

Year 11 and 12 Textiles had the opportunity to attend the Stitches and Craft Show at Rosehill Gardens. After a slow start with the bus breaking down on Mona Vale Road we made the long journey to Parramatta. The show gave the opportunity to learn some new techniques, participate in some short workshops, see innovative equipment and machinery and purchase some materials. We then went to a lecture by an experienced Higher School Certificate marker all about the process of constructing a major work and portfolio for the HSC.

It was a great opportunity to prepare Year 11 for their course and confirm that the year 12 students are well on the right track with their projects.

Mrs James—Classroom Teacher



# NEWCASTLE VOLLEYBALL TOURNAMENT

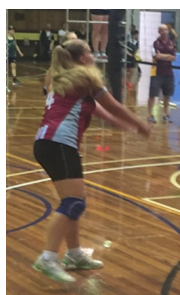
The Senior Girls Volleyball team travelled to Newcastle Thursday night to compete in the second Schools Cup tournament for the year. The games started early Friday morning at Broadmeadow basketball stadium and after a long day of competition the girls took out the silver medal in a very close grand final.

Saturday morning we were back at the stadium to compete in the third State Cup for the year. This is the first time the girls had ever played in the state cup tournament which is an adult competition at the club level. The morning was spent watching higher levels of games and getting an understanding of how much faster the game is than at the schools level.

During their games they played incredibly well. All the girls pushed to reach a new personal best. Every team they played against commented on what a strong team they were for being so young. Many teams in other divisions also came to watch them play and they were the talk of the competition.

MVP for the weekend has to go to Bec Milham. Like the other girls, Bec stepped up her game to a new level. She was thrown in to play a new position for the weekend and made it look incredibly natural and easy. She always did what was best for the team and her unbelievably powerful serve made many points for us.

Huge thank you also to Georgia and Amy who both stepped up to play with the senior girls. You both played incredibly well and fit right in.



## Volleyball State teams

The Pittwater High School senior girls volleyball team is starting to build quite a strong reputation in the volleyball community. As such all the girls were invited to this years NSW state team try outs. Most of the girls tried out for this years under 17s team despite still being a year younger than the other hopeful players. The girls played incredibly well at trials and certainly made their mark. Teams are yet to be announced but if they don't make it this year they will certainly dominate the competition for next year.



Jessica Deathridge was the only one of the senior girls still young enough to qualify for under 15s state trials. She made it through the first round to compete in the regional tournament held at Narrabeen. 50 girls were selected to compete in the tournament in various regional teams from NSW. Jessica played incredibly well with the Sydney metro team and was one of 25 girls selected to attend the final selection for the NSW state team. Teams are yet to be announced but we wish Jess the very best of luck in this process.





# STAN JONES CUP - BOYS' OPEN TENNIS

After a fairly cruisey entry into the finals (a comfortable win against Narrabeen Sports High and a bye in the second round), the PHS team found themselves down to the final eight teams in NSW vying for the Stan Jones Cup at the Gosford Tennis Centre on Friday 29 April in cloudy yet warm conditions.

The quarter finals were against Wadalba Community High, and went right down to the wire with a 4-4 set score, requiring a game-by-game count back. Fortunately for PHS, Josh Cranston and Nathan McCoy brought it home strongly with resounding 6-1 wins in their singles matches giving PHS a 35-29 advantage and passage into the semis.

Unfortunately for the boys, they were matched against the #1 ranked defending champions, North Sydney Boys. The boys were gallant in their attempts against their opponents, with Daniel Bteddini and Riley Paterson playing exceptionally well, despite going down. In both the singles and the doubles it was fairly comprehensive, but the Pittwater boys held themselves well and can be proud of their efforts, effectively placing third in the Stan Jones Cup, the best tennis result in recent memory for PHS.



L-R: Daniel Bteddini, Riley Paterson, Josh Cranston, Nathan McCoy, Coach Gleeson

Coach Gleeson

## 2016 AGE NATIONAL SWIMMING CHAMPIONSHIPS ADELAIDE



Two Pittwater High school students **Kai Van Kool** and **Jasen Winny** competed in the 2016 Age Swimming Championships in Adelaide from 26 March - 2 April. This was Kai's first year to qualify and Jasen's third with a finals placing in the 100m Butterfly in 2014 and a Silver Medal in 2015 in 14yrs Freestyle Relay Event.

Qualifying times are extremely difficult, with some events only having 25 qualifiers Australia-wide.

In the lead up to the event the boys attended early morning squads, a week long Nationals training camp in Port Macquarie during the January holidays, and were presented with their caps and uniform by Laurie Laurence.

This year had added interest as the event was just before the Olympic Trials which meant some of the younger Australian swim team were racing.


With a hectic schedule of morning heats and evening finals both were on deck to support their team each night forming part of a very loud cheer squad which added to the excitement.

There was some time to see Adelaide with Jasen taking part in an early morning 'Behind The Scenes' Zookeeper tour of Adelaide Zoo to visit the Giant Pandas Fu Ni and Wang Wang and learn about the zoo's breeding program.

Kai and Jasen have now qualified for the week long NSW State Age 13-18 year old Championships in Sydney from 12 - 18 December this year and have set their sights on the 2017 Age Swimming Nationals in Brisbane.







# Multicultural Day at Pittwater High

**Thursday 19 May 2016**

**Come dressed up in  
Multicultural clothes**

**Gold coin donation for Mahboba's Promise**

Visit by Mahboba Rawi, founder of Mahboba's Promise.

Bring money for food stalls, games and activities.

International food sold in the canteen.

International Music.





# MUSIC

## Rehearsal information

Day	Ensemble	Time	Staff
Monday afternoon	Junior strings	3.45 to 4.45pm	Leimbach
	Senior Strings	5.00 to 6.00pm	
Tuesday morning	Junior Stage Band	7.40 to 8.40am	Pennings
Tuesday afternoon	Concert Band	2.45 to 3.45pm	Hughes Hardy
	Symphonic Band	4.00 to 6pm	
Thursday morning	Concert Band	7.40 to 8.40am	Hughes
Thursday afternoon	Orchestra	3.30 to 4.30pm	Hardy
Friday morning	Senior Stage Band	7.40 to 8.40am	Pennings

### Contact Information

**President** Valerie Mavridis [yurimavridis@gmail.com](mailto:yurimavridis@gmail.com) 0416 444 303

**Secretary** Helena Nobs [nobschiu@ozemail.com.au](mailto:nobschiu@ozemail.com.au) 0417 434 547

David Fogarty [david.fogarty@gmail.com](mailto:david.fogarty@gmail.com) 0406 007 778

**Treasurer** Rick Elliott [icycoldlager@gmail.com](mailto:icycoldlager@gmail.com) 0400 461 941

**Uniforms** Melissa Turnock [melissa.turnock@pilatesscene.com](mailto:melissa.turnock@pilatesscene.com) 0414 452 152

**Canteen** Sheridan Femia [xeresfemia@gmail.com](mailto:xeresfemia@gmail.com) 414 594 905

**Concert Band** *Parent help always needed.*

**Symphonic** Linda Mancini [lindammancini@hotmail.com](mailto:lindammancini@hotmail.com) 0410 445 799

**Strings** Grace Marshall [grace.marshall@ioof.com.au](mailto:grace.marshall@ioof.com.au) 0408 811 066

**Junior Stage** Joulia McLaren [Joulia.mclaren@gmail.com](mailto:Joulia.mclaren@gmail.com) 0420 463 115

**Senior Stage** Sally Simons [sallysimons2@icloud.com](mailto:sallysimons2@icloud.com) 0414 771 346

**Orchestra** Valerie Mavridis [yurimavridis@gmail.com](mailto:yurimavridis@gmail.com) 0416 444 303

**Band Captains** Zara Elliott and Ella Van Dam

# CANTEEN

Wed 18 May... Helen Mijakovac, Linda Newman, Di Brian

Thu 19 May..... Sheridan Femia, Keryn Gallagher, Sarah Jones

Fri 20 May..... Sunny Van Raad, Alison Crawford, Meredith Cox

Mon 23 May.... Karen Maguire, Roger Springthorpe

Tue 24 May..... Fiona Griffith, Wendy Mclean, Georgia Bramham

Wed 25 May.... Giovanna Graziano, Nicole Graham, Ange Torres

Thu 26 May Robyn Armsworth-Brack, Sheridan Femis, Kylie Bennetts, Monique Stidwell

Fri 27 May Behnaz Aliakbari, Joanne Huxtable, Alison Turner, Anne Graham

Mon 30 May Alison Christensen

Tue 31 May Jade Warner, Rustanti Oetojo, Ann Clayton, Natasha Zani

**Please advise canteen managers Katrina or Felicity (ph 9999 4035, x122) if you are unable to make your canteen day. Please don't assume you will be covered.**

If any parents, friends, family or grandparents would like to assist on any day helpers are needed please contact myself or the Felicity or Katrina in the canteen. A full day is 9am to 2.30 or 3pm  
A half day is 3 hours

Fiona Griffith; Canteen Roster Co-ordinator  
[packfund@optusnet.com.au](mailto:packfund@optusnet.com.au)

# BOOK CLUB

After launching in the second half of 2015, Book Club has had a small and dedicated group of students who meet on Thursday A Lunch One. In term one we discussed two Australian novels, **The Book Thief** by Markus Zusak and **Johnno** by David Malouf.

Over the holidays the members were set a challenge: To read a book that they would never ordinarily pick up. This challenge was set with the intention of expanding their reading habits and broadening the novels that they would consider in the future. The students were inspired to pick up books based on the colours on the cover and on family recommendations (with some trepidation).

What we read and discussed:

## **The Orphan Master's Son** – Adam Johnson

**Emily:** *The North Korean setting takes you into the history and context of another culture. The author went to North Korea to research his book and he exposes the denial of human rights in a touching and heartbreaking story.*

## **One Hundred Days of Happiness** – Fausto Brizzi

**Lucy:** *A strange and at times confronting novel. It has an unlikeable protagonist who is attempting to tie up loose ends before his death. The motif of the doughnut represents the moments of happiness that occur in everyday life. Lucy is still on the fence about whether to recommend this to others.*

## **Indian Nocturne** – Antonio Tabucchi

**Rinca:** *The novel is really descriptive and paints a vivid image and a clear atmosphere that envelops you into the story. It has a confusing and intriguing ending.*

The next books on the schedule are:

**The Graveyard Book** - Neil Gaiman 12/5

**Great Expectations** - Charles Dickens 26/5



Students can speak to Ms Keen in the English staffroom if they are interested in borrowing a copy of the novels to discuss at Book Club.

Northern Beaches



Support Group

*A problem shared is a problem halved*

The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children/teenagers with ADHD via monthly meetings. The group provides a safe & supportive environment to discuss and learn more about ADHD.

**DR MATTHEW BOURKE**  
OPTIMUM HEALTH ESSENTIALS



**"Treating & Managing ADHD with  
Applied Kinesiology & Neuro Emotional Technique"**

Whilst there is a broad range of severity and different underlying causes with ADHD, Applied Kinesiology and Neuro Emotional Technique offer a process to navigate this multifactorial condition and identify the underlying causes in an efficient, cost effective and specific way.

Dr Matthew Bourke (D.C.) is a Chiropractor, Applied Kinesiologist and certified Neuro Emotional Technique practitioner. He is the Director and founder of Optimum Health Essentials in Mona Vale and has been in clinical practice for 19 years. Matthew has been a clinical Board Member and presenter with the Mindd foundation since 2008 and has studied Peak Performance and Positive Psychology at Sydney University.

**Tuesday, 19<sup>th</sup> July 2016 @ 7.00-9.00pm**  
**The Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale**

**\$5 CONTRIBUTION ON THE NIGHT**

Ticket reservations essential via the website or  
<http://www.eventbrite.com.au/org/4222746751>



Facebook: <https://www.facebook.com/BeachesADHDSupport>  
Facebook Forum: <https://www.facebook.com/groups/BeachesADHDSupportGroup/>  
Email: [nbeadhsupportgroup@hotmail.com](mailto:nbeadhsupportgroup@hotmail.com)  
Website: [www.northernbeachesadhdsupportgroup.com.au](http://www.northernbeachesadhdsupportgroup.com.au)  
Entertainment Book available online at: [www.entbook.com.au/2194619](http://www.entbook.com.au/2194619)



Your guide to ADHD information,  
services & resources in the Northern  
Sydney region.  
[www.adhdguide.com.au](http://www.adhdguide.com.au)

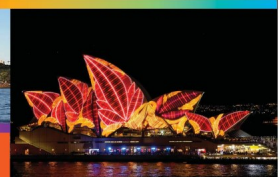


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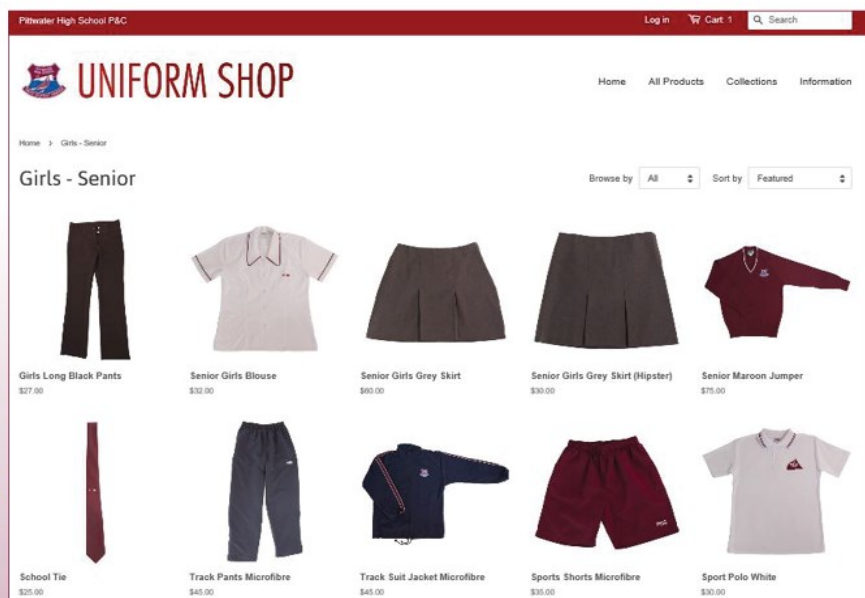
[www.tribalwarrior.org](http://www.tribalwarrior.org)





# UNIFORM SHOP

Order  
Online



Collect from the Uniform Shop / Canteen

Collection times

Shop Opening times

Monday	08:30 - 09:00	Closed
Tuesday	08:15 - 11:15	08:15 - 11:15
Wednesday	08:30 - 09:00	Closed
Thursday	08:15 - 11:15	08:15 - 11:15
Friday	08:30 - 09:00	Closed

# WWW.PHSSHOP.COM

Enquiries 9979 6968, Uniform Shop Manager Kim Gobbe, email [kim.gobbe@det.nsw.edu.au](mailto:kim.gobbe@det.nsw.edu.au).  
A selection of second hand uniforms are available via the uniform shop only.

Access the uniform shop online site at <http://www.phssshop.com>