



Community Spirit @ Pittwater

Principal's Report - Jane Ferris

What a wonderful display of community spirit at the **working bee** on Sunday – it was fabulous to have over 40 people in attendance including parents, students, prefects and staff. Never was touching up painting on stairways, weeding, pruning and mulching such fun in the good company of others. Thank you all for coming along and helping in the continual beautification of our grounds and facilities. A special thanks to our deputy Ben Rekić for organising tasks, Cheree our gardener for organising willing helpers, Justin Wolfe for bringing along his truck and high pressure gurney to wonderful effect, and Hubert Van Mierlo for feeding us all with bacon and eggs.



Open Night

With such a spruce up from Sunday we are well placed for our annual Open Night this Tuesday 1 March starting at 5.45 starting in the hall. Such an occasion always reminds me why I am so privileged to be principal at this amazing school as I see our students perform their talents, act as hosts on the guided tours and display their learning in the classrooms. The friendliness and expertise of staff is also evident. If you have friends with younger students or neighbours thinking of changing from a costly private education, do encourage them to attend.

Extra curricular activities

One thing you may not all be aware of are all the extra opportunities we provide students in the school. It greatly impresses me, because every extra additional activity is only possible with the good will of dedicated staff. So here are some of the many things we have on offer: chess club, summer reading program, sailing, homework club, art club, journalism, agriculture show team, dance ensemble, environmental team, Duke of Edinburgh Award Scheme, choir, writing club, student leadership, Science club, debating, reading circle, MUNA and Mock Trial. Added to this is the awe inspiring instrumental program and array of knock out sport teams. So thank you to all staff for running these programs and well done to participating students stepping up and embracing these opportunities.

For parents: who to contact when you need help

At the recent P&C meeting, parents thought it would be helpful if there was clarification of who to contact about what concern. If you have a concern or query about:

1. a particular subject, contact the classroom teacher or the Head Teacher of that subject
2. a matter that covers several subjects, your child's year adviser
3. a general welfare or health matter concerning your child, the year adviser
4. a more pressing welfare or health matter, the Head Teacher Student Wellbeing Ms Fleming
5. a matter that needs further resolution in regards to any of the above, the deputy principal connected to that year group (Mr Rekić 7,9,11: Ms Andrews 8,10,12)
6. requests for financial assistance, a letter/email to the principal
7. a pressing matter or a complaint (compliments welcome too!), the principal

In all these matters when appropriate, encourage your child become an independent adult by seeing in the first instance if they can resolve the matter themselves by talking to staff. Lists of Head Teachers and Year Advisers are on the website – go to Our School-Student Handbook-School Directory



DEPUTY PRINCIPALS' REPORT - Renee Andrews; Ben Rekić

Parent Portal

All parents can now see and access school applications used by their children via the PHS Portal.

These resources are accessed via the Dashboard dropdown menu. Parents and students can also access pertinent documents for their year group via the School documents button. The Year 12 assessment book with the days tasks are due has now been uploaded.

Year 11 and 12 parents will be able to start booking Parent Teacher interviews today via the Parent Portal.

The screenshot shows the 'Resources' page of the PHS Parent Portal. At the top, there is a navigation bar with 'Resources' and a 'Student name' dropdown menu. Below the navigation bar, there are three main categories: 'Applications', 'School Documents', and 'School Newsletters'. The 'School Applications' section is currently selected and displays a list of resources. The resources are organized into sections: 'Uncategorized', 'PHS School Library Enquiry', and 'Learning'. Each section contains a table with two columns: 'Application' and 'Description'.

Application	Description
PHS Website	Pittwater High School Website
Moodle	Access classwork and resources.
DEC Student Portal	Access your @education.nsw.edu.au email account
PHS School Library Enquiry - Access to the school library catalogue.	
Application	Description
PHS Library Enquiry	Access school library catalogue.
Learning -	
Application	Description
Cybersafety	An interactive guide to staying safe on the Internet
Onguard	Onguard online safety test
Edmodo	Access to login to Edmodo. Some classes are using this Web2.0 tool for communication and resource sharing.
Clickview Online	Access learning videos using the login access that has been emailed to you

Students Resources

CALENDAR

Tuesday 1 March	Open night
Tuesday 8 March	Zone swimming carnival
Monday 14 March	Yr 11 and 12 Parent Teacher Interviews
Thursday 17 March	Regional swimming carnival
Thursday 24 March	Vaccinations



YEAR 7 WELCOME BBQ

Not only was the weather pleasant and warm for our Year 7 welcome BBQ, but so was the feeling that surrounded the evening. It was fantastic to see so many parents and students chatting with teachers and with other parents. The atmosphere was relaxed, happy and calm.

The BBQ, run by our very dedicated and capable P&C was running non-stop, filling hungry tummies with a delicious sausage sandwich. Thank you also to the Peer Support Leaders that assisted on the night, both with the BBQ and with entertaining some of the year 7 students with a games of soccer and basketball while their parents met some of their teachers.

Mrs T Lagois—Peer Support Co-ordinator



CONGRATULATIONS!!

“ The Sydney Morning Herald

Congratulations to Pittwater High Teacher: Sydney umpire Claire Polosak makes history with call-up to World Twenty20 in India

Chris Barrett

Published: February 25, 2016 - 10:34pm

The first time Claire Polosak sat for her umpire's course she failed. She was 15 years old and on the advice of a friend's father she had had identified officiating as a way to satiate her passion for the game.

"I grew up in Goulburn and I didn't want to play with the boys but I've always followed cricket and at that stage there wasn't any girls cricket," she says.

"Because I'd never played before and the questions were quite wordy, and it took me a few times to pass the exam."

It's a good thing she didn't give up. In a few weeks' time the 27-year-old will, along with New Zealand's Kathy Cross, become the first women to umpire at an elite ICC event when they stand at the World Twenty20 women's tournament in India.



Now based in Manly, the Pittwater High School science and agriculture teacher cut her teeth umpiring during the school holidays in the men's competition in Goulburn after eventually passing that course, before graduating to Sydney grade cricket when she moved to attend university.

There was another first last year when she was named as third umpire for a Matador Cup game in Sydney, becoming the first female to officiate in the 50-over men's competition in Australia.

It is the world's leading women she will preside over in India but after years of umpiring men – she is the only active female umpire in the Sydney grade competition – she has a refreshing story to tell. Umpires are sometimes on the receiving end of players' frustrations – look no further than the Australians' outbursts in the second Test against New Zealand – but Polosak says her gender has never been used against her.

"A friend once drove past [the ground in Goulburn] at one stage and saw me and she stopped and watched the cricket for a while. And she said to me later that they were appealing a lot louder at my end than what they were at my partner's end," she said.

"I might have been naive to it but I don't remember being treated any differently, and it was the same when I moved to Sydney. I've never been dealt anything that I can't handle and from what I can gather I've never been treated any differently to a male umpire."

Top umpires are no different to most players in their ambitions – Test cricket is the pinnacle. That has always been the domain of men but there will be a day when a woman joins the ICC Elite Panel. If that is a long way off, as it stands Polosak is probably as good a chance as any to be the first.

"It's ultimately about working your way through the pathway but at the moment I'm just concentrating on being the best I am for the game that's in front of me. If I continue to work hard the opportunities will come," she said.

"There is a really good statistic that there has been more astronauts than there has been Test umpires. So it's a very tight tunnel to get through. But like the players you always want to go to the next level if possible."

”

Welcome to new HSIE staff!

A warm welcome to new members of the HSIE faculty. Alison Mumford joins us from Narrabeen High. Alison is a Business Studies and Economics teacher and she also teaches History, Commerce and Geography and was a successful basketball coach at Narrabeen. Ann-Maree Greene joined us in term 4 last year and her commercial experience in banking ensures a high quality delivery of Economics, Business Studies, Geography and Commerce. She is leading the Student Representative Council this year. Tristan Goodwin is replacing Kate McLean who is on maternity leave for the



remainder of the year. Tristan teaches Modern History, Society and Culture, Aboriginal Studies and junior History and he is keen to become involved with sport in the school. Electra Silk is replacing Elinor Gorman for the year and she teaches Modern and Ancient History, Society and Culture, Aboriginal Studies and junior History. Electra is going to assist with the SRC this year.



The HSIE faculty has just become much cuter!!

Kate McLean, Modern History, Society and Culture and Aboriginal Studies teacher extraordinaire, gave birth to Maggie Jean on Saturday 20 February, weighing six pounds and 51cms in length. We are very excited about our new addition to the faculty and wish Kate a wonderful and well deserved year on maternity leave.

EXCURSION NOTIFICATIONS

Students are receiving a copy of excursion notifications on Google Classroom and parents are being emailed a copy.

Notifications will NOT be printed.

It is important that parents check their emails carefully and return permission notes and payments on time. The year 10 HSIE excursion was very successful and valuable in terms of meeting learning outcomes, but a great deal of class time and relief time was wasted chasing up students and phoning parents.



Year 10 History students visited the Sydney Jewish Museum on Monday 20 February to enhance their studies of The Holocaust and to prepare for their assessment task. Students listened to the personal testimony of a Holocaust survivor and an account of the main features of the Holocaust. Three levels of the museum were accessed by the students, including the new exhibition focusing on Anne Frank.

Sharon Behringer—HT HSIE

I have included some student reflections:

“The excursions impacted on my perspectives and views of The Holocaust and horrific the event was for the participants. I believe it is important, but sad part of history we must not forget and continue to appreciate what happened”

Nick Kershaw

“This excursion impacted on me in the way that it made me have sympathy for the people who were murdered, for no other reason than their religion. It showed me how evil and cruel this world can become with the wrong people in command. It also makes me ask myself, “why do men do these things?” In summary, the excursion was a fantastic learning experience”

Seb Massart

“Leaving the museum I gained a new understanding of the severity of The Holocaust. It was disheartening hearing of the millions of innocent people who were brutally murdered. This new understanding has made me consider studying modern history in the senior school. Overall, the excursion was valuable and I would like to return in my own time to explore further.”

Penny Blunsden

“Holocaust survivor, Peter presented his testimony and explained his perspective of The Holocaust from the eyes of a child. He explained that he went into hiding with his mother and some friends, however, his mother and maternal grandparents were murdered by the Nazis. To escape discovery he was sent away and was looked after by a Christian couple for the remainder of the war. His grandmother searched for him and had to fight to look after him as the couple were very attached to him. He was also reunited with his father and eventually he moved to Australia where he became a very successful businessman as the owner of Seafolly swimwear. I found Peter's story to be very sad and an eye opener to a terrible event.”

Alex Ford

“The Jewish Museum was large with many informative displays around the walls. There were visual sources such as photographs, short film clips and physical artefacts such as shoes and uniforms. The museum was different to other museums I have visited as the structures and sources dominated and the information was often tucked away behind the displays.

Nia de Belle

Exciting opportunities for Preliminary Legal Studies Students

There are three exciting opportunities for Preliminary Legal Studies students. Pittwater HSIE has close connections with Rotary and students can participate in RAIC- a week in Canberra discovering how the political system works. MUNA, the Mock United Nations, provides the opportunity for two teams to represent countries and debate significant global issues. The NSW Law Society Mock Trial is a wonderful opportunity to develop legal understanding and to build collaborative and thinking skills.

I encourage students to check out the website and speak to coach Peruzzi for more information.
<http://www.lawsociety.com.au/community/forschools/mocktrial/>



Technology and learning in the HSIE classroom

This year, the HSIE faculty has adopted Google Classroom as their preferred online learning platform. All students across HSIE subjects have been issued with a unique class code which provides students with access to their individual classes. Teachers and students are using this program to communicate, deliver classwork, monitor homework, administer and submit assessment tasks and provide flipped classroom activities.

Google Classroom is complimentary to Pittwater High School's BYOD policy as it is accessible from a range of devices including both tablets and laptops and can be easily accessed from home and school. It shares YouTube videos, hyperlinks and files including PDF and Word documents to students and facilitates the sharing of student knowledge and information.

HSIE students have also been enjoying the educational benefits of the flipped classroom method. This innovative learning method involves the 'flip' of traditional teaching where students engage in new content outside of class via videos, readings or guided research. Our students have shown a deeper understanding and higher levels of engagement during class, particularly in class discussion and problem solving activities since using this method.

Electra Silk—Classroom Teacher

Commerce Year 9

Year 9 Commerce students are commencing a collaborative class competition. The students are being entered into the ASX share market game where students receive a virtual \$50,000 that they can invest over a 10 week period, in 200 companies listed on the ASX. The prices students buy and sell at are the same prices as they would get in the live market so this is as close to real life share trading as you can get. As a result of playing the Game students will:

- Develop their knowledge of the sharemarket
- Learn how to research companies
- Discover the importance of wise investment decisions
- Gain a greater knowledge of economic and world events
- Begin to learn more about investing which is beneficial for their future

This is always a very exciting and competitive experience for the students which they remember for years to come.



Andy Cornish—Classroom Teacher

Preliminary Senior Geography

This year we have recommenced Senior Geography for students at Pittwater High. The course involves both the physical and human aspects of the world. With a focus on building analytical and critical thinking skills, students learn to interpret data from a variety of sources to investigate contemporary geographical issues.

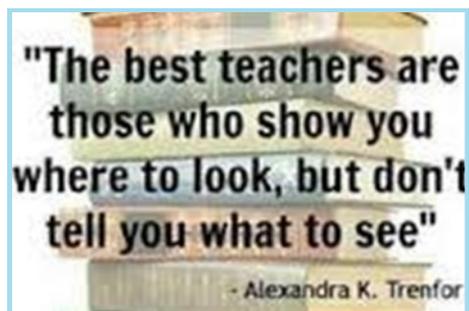
The course is conducted as a block each Wednesday afternoon where we complete a variety of theory, fieldwork and skills based activities. To date, the students have particularly enjoyed the variety of each class and the ability to physically observe the biophysical interactions. Below are some photos of our field work trip where the students observed the interactions of the four spheres and human impacts.



Ann-Maree Greene –Classroom Teacher

Year 10 Geography Field Trip

Field trips provide an exciting opportunity for students to get out of the classroom and experience something new. The location for this year's Geography field trip was the Coastal Environment Centre – Collaroy Beach, just a stone throw away. The sun was relentless but the students' demonstrated tremendous resilience and remained upbeat and enthusiastic throughout the day. The aim of our RAP – that's a Research Action Project for all you non-geographers was to investigate the coastal processes that transform coasts and describe the new Coastal Zone Management Plan at Collaroy Beach. The overall purpose of this field trip was to enhance the geography curriculum. Field trips are rich in educational possibilities as students learn from actual hands-on experiences, rather than by simply reading or hearing about something. Involvement in a real world experience makes learning more meaningful and memorable comparing to regular classroom instructional programs. We were taking Geography out of the classroom where it belongs...



On arrival students were met with an enthusiastic and passionate team of CEC educators who discussed in great depth what natural and human impacts have shaped the coastline and more importantly the strategies in place to manage such impacts. Students walked on the beach and examined the development built on the active beach zone, seeing why property is at risk and what strategies are in place to manage this difficult and expensive coastal issue.



Year 10 Geography Field Trip—cont.

We also conducted some of our field research at Long Reef Headland where the students had to use various methods to collect and synthesise geographical data, as well as doodling, I mean field sketching the local landscape – this activity they enjoyed immensely. The observation of wave refraction and exotic species was a highlight for students.



Sand dune formation was the last task of the day – students were encouraged to get their hands dirty and to gather and record samples to compare and contrast their findings on vegetation and sediment changes over the dune.

Throughout the entire day students gained an invaluable insight into the tremendous work and dedication that goes on behind the scenes of coastal management; they could really relate to this because they grew up in an area that was built to take advantage of the many benefits that the coastline brings. Sadly, human use and enjoyment of the coast over the past two centuries have greatly disrupted the processes which form its intricate ecosystems and this involvement in a real world experience made the learning more meaningful and memorable for our students.

Shauna Gallagher—Classroom Teacher



SWIMMING CARNIVAL

Swimming Carnival 2016

A fantastic day was had by all at the annual Pittwater High School swimming carnival. On Friday the 19th February students travelled by bus to Lane Cove Pool to compete in both competitive and novelty races.

The day was a huge success, with outstanding performances across all divisions. Results will be published further in this newsletter.



SWIMMING CARNIVAL



Photographs provided by PHS Journalism Club

PITTWATER HIGH SWIMMING RESULTS 2016

Age Champions

12yrs	Johanna Hagley	Hugo Griggs
13yrs	Tamara Gurney	Beau Deathridge
14yrs	Lexi Harrison	Kai Van Kool
15yrs	Jasmine Laing	Christian Gurney
16yrs	Lili Curtis	Jasen Winny
17yrs	Zara Harrison	Liam Doherty

House Points

1 st	Lion	635pts
2 nd	Barrenjoey	537pts
3 rd	Warringah	378pts
4 th	Scotland	231pts

Records

Congratulations Lexi Harrison (3 Records):

Event	Old Record	New Record
14yrs 50m Freestyle	29.67	29.56
14yrs 100m Freestyle	1:07.00	1:04.57
14yrs 100m Breaststroke	1:29.80	1:28.52

Congratulations Jasen Winny (2 Records):

Event	Old Record	New Record
16yrs 50m Freestyle	26.70	26.47
16yrs 50m Butterfly	29.64	28.12

Congratulations Kai Van Kool (1 Records):

Event	Old Record	New Record
14yrs 100m Breaststroke	1:32.26	1:27.49

The Zone Swimming Team will be announced this week. All students will receive an information pack. Congratulations to all students who competed at our school carnival and those who will be representing Pittwater High at the Zone on Tuesday 8 March – Good Luck!

Ms Fleming

CAREERS NEWS

Parents/Carers: Please don't hesitate to contact me via phone or email if you have any questions.

Years 10- 12: Please check department emails regularly for jobs/courses/etc. I am always available in the Library Careers Office if you need to discuss any future plans.

Part-time Jobs: Landscaping, (see me for more details)

Full-time Jobs: Painting and Decorating Apprenticeships, (try a short 3 day course at Warriewood in March? See me for more details)

Please see me for more information. Also, checkout www.seek.com.au for more jobs or The Manly Daily for local jobs!

Year 10: Careers Lessons this term, once a fortnight.

We will be:

Creating a 'Careers Portfolio'

Discussing the 'optional' work experience program, (information notes coming home over the next couple of weeks)

Personality and interest tests

Work Safety

Years 10, 11 and 12 Students: Please log onto The MHS Careers website-Pittwater High School subscribes to this website which advertises current careers events. To login: use "Pittwater" then password "water". You can also register for email alerts! The "Calendar" is great info!

Or for more general careers information, look at our Careers website by checking out CareersWorks, students will be receiving the password over the next few weeks during year assemblies.

Also, we have created the Pittwater High Careers website, please have a look and encourage students to register!!

I would love some feedback on the above websites, please email me on jocelyn.bates@det.nsw.edu.au

J. Bates, (Careers Adviser, ext 128).

CANTEEN NEWS

Wednesday 2nd March: Kay Little, Deb Van der Saag, Fiona Griffith

Thursday 3rd March: Sheridan Femia, Suzanne Humphreys

Friday 4th March: Debbie Havenstein, Sue Nicol, Jen Masters, Rowena Kempton

Monday 7th March: Michelle Le Creurer, Nikki Cronan

Tuesday 8th March: Leonie Olivari, Ann Clayton, Taryn Atkins

Wednesday 9th March: Linda Newman, Di Brian, Helen Mijakovac

Thursday 10th March: Keryn Gallagher, Sarah Jones, Sheridan Femia

Friday 11th March: Alison Crawford, Sunny Van Raad, Meredith Cox

Monday 14th March: Karen Maquire, Roger Springthorpe

Tuesday 15th February: Fiona Griffith, Georgia Bramham, Wendy Mclean

If you are unable to make your rostered day please try to arrange a swap or advise canteen managers Katrina or Felicity (ph 9999 4035, x122 or 9979 6968).

If any parents, friends, family or grandparents would like to assist on any day helpers are needed please contact myself or the Felicity or Katrina in the canteen.

A full day is 9am to 2.30 or 3pm: A half day is 3 hours

Fiona Griffith; Canteen Roster Co-ordinator; packfund@optusnet.com.au; Phone 0431 121 631

PITTWATER HIGH SCHOOL

Uniform Shop Hours – Tuesday and Thursday 8:15-11:15am

Date: _____ Order taken by (internal use): _____
 Student's Name: _____ Roll Call: _____
 Contact Phone No's (Home): _____ Parent Mobile Phone: _____

				ORDER DETAILS			
	ITEM	SIZES	PRICE	SIZE	QTY	TOTAL	
GIRLS	Junior Tartan Tunic – Summer	6-22	69				
	Junior Tartan Skirt – Summer	6-22	40				
	Junior Tartan Skirt –all year round	4-18	60				
	Junior Blue Short-Sleeved, Pintucked Blouse	10-22	27				
	Junior & Senior Long Black Pants – Winter	4-16	27				
	Senior White Short-Sleeved Blouse with Maroon Piping, PHS Embroidery	8-22	32				
	Senior Grey, Front Pleated Skirt – Summer and Winter	8-22	60				
	White Ankle Socks	Not sold at Uniform Shop					
BOYS	Junior Maroon Polo Shirts with PHS Emblem	10-26	32				
	Junior & Senior Grey Button Waist Shorts	XXS-5XL	39				
	Long Grey Pants	Not sold at Uniform Shop					
	Junior Midford Grey Elastic Waist Shorts	12-18	25				
	Senior White Collar Short-Sleeved Button Shirt with PHS Embroidery	16-26	32				
	Senior Maroon School Tie with PHS Embroidery		25				
UNISEX	Maroon Fleecy Zippered (Hoodie) with PHS Embroidery	XXS-XXL	50				
	Junior Maroon Sweatshirt (Sloppy Jo) PHS Embroidery	12-22	29				
	Junior Grey Woollen "V" Neck Jumper	10-18	70				
	Senior Maroon Woollen "V" Neck Jumper with PHS Emblem	10-24	75				
NEW	Peaked Cap		12				
SPORTS UNIFORM UNISEX	Maroon Microfibre Shorts PHS Logo	XS-XXL	35				
	Maroon Knit Short PHS Logo	12-16	25				
	White Polo Shirt with PHS Emblem	10-24	32				
	Navy Microfibre Tracksuit Pants	12-XI	45				
	Navy Microfibre Tracksuit Zip Up Top with PHS Emblem	12-XI	45				
OTHER	Scientific Calculators		33				
	Portable USB 2GB		4				
	Black Winter Stockings – Girls	S,M,L	9				
	Year 7 book pack (inc. scientific calculator and cap)		85				
	Navy Apron		12				
TOTAL AMOUNT TO PAY							

NAME OF CARDHOLDER: _____ (exactly as shown on card)
 Card No: _____ / _____ / _____
 Expiry: _____ / _____ CCV No: _____ Total Amount \$ _____
 Signature: _____ Date: _____

Please CIRCLE method of payment CASH CHEQUE EFT Credit Card – MASTERCARD / VISA

EFTPOS facilities available - 1% surcharge on credit card purchases
 Cheques are to be made payable to "Pittwater High School Uniform Shop" and have a 5 day clearance hold on items purchased.
 All orders must be accompanied with payment and put in an envelope, clearly marked "Uniform Order", and placed in the Red Box in A Block or given to a supervisor in the canteen. Collect uniforms from canteen at any time.
 A selection of second hand uniforms are available for purchase at reduced prices
 The Uniform Shop is open every Tuesday and Thursday from 8.15am to 11.15am, and located at the far end of the Canteen – enquiries 9979 6968 or contact the Uniform Shop manager Kim Gobbe.

9 February 2016

MUSIC NEWS

China Concert Band

Dr Hardy has asked for parent help with this ensemble in these last weeks leading up to the tour. This is a newly formed ensemble – please contact Dr Hardy or Mr Hughes directly if you can offer assistance on Thursday mornings

Performance Information

Junior Stage Band, Senior Stage Band and the **Symphonic Band** Ensembles performing School Open Night, **March 1**.

Both Stage bands May 1. Details to follow.

As a rule of thumb, students are expected at events 30 minutes before a performance.

Rehearsal information

Rehearsal changes – for this week (week starting Feb 29)

Junior Stage Band: Final rehearsal before open night.

China Stage Band: Friday morning March 4

Senior Stage Band: No rehearsal March 4

Junior Strings, Senior Strings: Rehearse as normal Feb 29

Concert Band, Symphonic Band: Rehearse as normal March 1

China Concert Band: Thursday morning

China Tour Orchestra: Thursday afternoon

The **rehearsal roster will change from Feb 29** to accommodate the musical demands of the China Tour. Encourage your children to pay attention to the music directors this week to ensure that they attend the correct session. Junior concert band, concert band and orchestra students not going to China will not be required. This is the rehearsal roster after open night is done.

Monday - usual rehearsals.

Tuesday - China stage band in the morning, Concert Band and Symphonic Band as usual. (Junior stage sleep in)

Thursday - China concert band before school and China Orchestra straight after school.

Friday - Senior stage band as per usual.

Day	Ensemble	Time	Staff
Monday afternoon	Junior strings	3.45 to 4.45pm	Leimbach
	Senior Strings	5.00 to 6.00pm	
Tuesday morning	Junior Stage Band	7.40 to 8.40am	Pennings
Tuesday afternoon	Concert Band	2.45 to 3.45pm	Hughes Hardy
	Symphonic Band	4.00 to 6pm	
Thursday morning	Concert Band	7.40 to 8.40am	Hughes
Thursday afternoon	Orchestra	3.30 to 4.30pm	Hardy
Friday morning	Senior Stage Band	7.40 to 8.40am	Pennings

Contact Information

President Valerie Mavridis yurimavridis@gmail.com 0416 444 303

Secretary Helena Nobs nobschiu@ozemail.com.au 0417 434 547 David Fogarty david.fogarty@gmail.com 0406 007 778

Treasurer Rick Elliott icycoldlager@gmail.com 0400 461 941

Uniforms Melissa Turnock melissa.turnock@pilatesscene.com 0414 452 152

Canteen Sheridan Femia xeresfemia@gmail.com 414 594 905

Concert Band Joulia McLaren Joulia.mclaren@gmail.com 0420 463 115 Helena nobs nobschiu@ozemail.com.au 0417 434 547

Symphonic Linda Mancini lindammancini@hotmail.com 0410 445 799

Strings Grace Marshall grace.marshall@ioof.com.au 0408 811 066

Junior Stage Joulia McLaren Joulia.mclaren@gmail.com 0420 463 115

Senior Stage Sally Simons sallysimons2@icloud.com 0414 771 346

Orchestra Valerie Mavridis yurimavridis@gmail.com 0416 444 303

Band Captains Zara Elliott and Ella Van Dam

Northcott Presents

Moving to the National Disability Insurance Scheme (NDIS)



Parents, Carers, people living with a disability and other interested community members are invited to attend a National Disability Insurance Scheme (NDIS) workshop.

The 90 minute workshop will assist participants in understanding the NDIS; how to prepare for it and explore how to identify support needs.

Session time & location are below:

Northern Beaches

Venue: Mona Vale Public School, 2 Waratah Street, Mona Vale
Date: Monday 14th March
Time: 6:30pm



COST: Free

Light refreshments provided

Unfortunately we will be unable to provide childcare

Please RSVP with your preferred session date, time & location by:

Tuesday 1st March 2016 to

Erin Rooke

Phone: 9997 1765

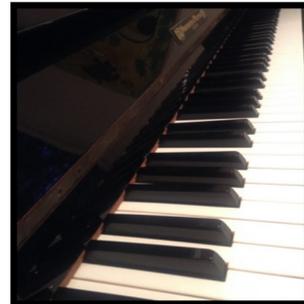
or

Email:

erin.rooke@northcott.com.au



PIANO & MUSIC THEORY TUITION



Professional music tuition from award-winning composer, pianist and music lecturer, graduate of the Sydney Conservatorium and the Royal College of Music, London, with over 15 years teaching experience.

Learn Piano, Music Theory, Musicianship, Harmony and Counterpoint, Music Composition, Arranging or Orchestration

Learn new skills in music you enjoy, including Classical, Jazz and Contemporary styles

Children and adults of all ages are welcome

All levels from complete beginners to advanced are welcome

Prepare for exams, enhance your professional skills or learn just for fun

Lessons may be held in my Church Point studio, or anywhere via Skype

Reasonable Rates: 30 min lesson \$39, 45 min lesson \$59, 60 min lesson \$79

Please contact Claire Jordan on 0404003776 - I'd love to hear from you!



Join our team – we're hiring!

August 9 is Census night and the Australian Bureau of Statistics is looking for 2,500 motivated and community minded Area Supervisors to join our team across Australia.

Area Supervisors:

- Are temporary casual jobs, with flexible working hours
- Will recruit, train and lead a small team of field staff to help deliver the 2016 Census
- Will earn \$34.76 per hour (inclusive of 25% loading).

Applications open 1 February 2016. Apply online at abs.gov.au/careers

Make a difference in your community and help shape its future.



Invitation to Pittwater High School's OPEN NIGHT



Tuesday 1
March 2016
5.45 - 8.00pm

All Year 5 and 6 students and parents welcome.

Come and see us in action!

- Initial presentation in the hall with welcome by Principal, Ms Jane Ferris, talk by students and band performance
- School tours by our student leaders
- See our farmyard animals
- Classroom displays across all faculty areas
- See students in action in our modern science laboratories, technology rooms, hospitality facilities, art and music rooms and in sport
- Visit our recently renovated library and student learning centre
- Enjoy a sausage sizzle by the P & C

Mona St Mona Vale NSW 2103 ph: 9999 4035 email: pittwater-h@det.nsw.edu.au
Website: pittwater-h.schools.nsw.edu.au

GET ACTIVE

Fun FREE event to get active
and 'TRY' something new!

Try your hand at Surfing, Roller Derby, Laughter Yoga plus more!
Bring your family and friends and support the SMILE LIKE DRAKE charity with a donation.

**Sunday
6 March**

10am-12pm

St Augustine's College
Federal Parade,
Brookvale



www.facebook.com/TRYathon



Warringah Council presents

BACKCHAT WORKSHOP

Learn how to restore respectful and positive relationships with teens or tweens in your life.

Wed 2 March or Wed 23 March
7 - 9.30pm

With Meredith Haultain, Child and Adolescent Parenting Educator with Northern Sydney Area Health.

Civic Centre, Dee Why
Free, bookings essential

Please indicate which session you wish to attend when making bookings
youthbookings@warringah.nsw.gov.au

Warringah Council presents

RESILIENT TEENS WORKSHOP

Help your teens to bounce back, problem solve, recognise feelings and explore optimism and curiosity.

Wed 9 Mar, 7-9:30pm

With Vivienne Hughes, Child and Adolescent Parenting Educator with Northern Sydney Area Health.

Civic Centre, Dee Why
Free

Bookings essential
youthbookings@warringah.nsw.gov.au



LOOKING FOR AN OPPORTUNITY?

- to develop leadership skills as a project organizer, time manager and team leader?
- to learn how collaboration, teamwork and cooperation can bring exciting changes to your community and the world?
- to make friends and feel the rewards of community service?



Join a LEO Club

Membership is open to young men and women aged 12-30 years.

Leo Clubs can be school-based or community-based.

Leo Clubs are mentored by, and work in partnership with, local Lions Clubs. Prizes and awards presented to winners of the annual Leo of the Year Quest.

Go to the Lions Clubs Australia website for more information:

www.lionsclubs.org.au/activities/youth/leos

LEADERSHIP
EXPERIENCE
OPPORTUNITY



ENQUIRIES TO:

Lion Martin Peebles

E mgip1952@hotmail.com

T 02 4626 8220

M 0437 483 127

TRAVEL OVERSEAS

in your summer holidays

with the Lions Clubs International Youth Exchange Program

Applications close 30 June 2016 or when places are filled. APPLY NOW TO AVOID DISAPPOINTMENT

- Lions Clubs International is one of the largest service organisations worldwide.
- The Lions Youth Exchange Program gives Australian youth aged 16-21 years an opportunity to travel overseas independently and safely, to become a member of one or more host families and experience their lifestyle, culture, interests and values.
- No school attendance is required overseas.
- Overseas destinations include Europe, North and South America, USA, Malaysia, New Zealand, Scandinavia and Japan. Chaperoned stopovers are available in Los Angeles and London.
- Youth to Japan depart late November and return late December. Youth to other destinations depart early December and return mid-January.
- Each Australian youth will pay approximately \$3,000—\$7,500 depending on their overseas destination. Accommodation is provided at no cost by host families associated with Lions Clubs International. Travel is not sponsored by Lions Australia.
- Email [Lion Lorraine Hemsworth \(l.hemsworth@bigpond.com\)](mailto:Lion Lorraine Hemsworth (l.hemsworth@bigpond.com)) of the National Lions Youth Exchange Committee to discuss the application process.



- For more information, download the *Guidelines for Australian Youth Travelling Overseas* brochure from the Lions Australia website:

www.lionsclubs.org.au/ye

Flyer prepared by Lions Australia MD201 Youth Exchange Committee



Northern Beaches



Support Group

A problem shared is a problem halved

The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children/teenagers with ADHD via monthly meetings. The group provides a safe & supportive environment to discuss and learn more about ADHD.

SPEAKER EVENING WITH DR LEILA MASSON



"5 EASY STEPS TO START HELPING YOUR CHILD WITH ADHD"

Dr Leila Masson, integrative Paediatrician, combines Allopathic Medicine with a nutritional and biomedical approach treating the whole child, not just the symptom & supporting the family on their path to optimal health.

In this talk Dr Masson will discuss an optimal diet, nutritional supplements, sleep, ways to reduce stress & additional therapies that may improve learning, behaviour, focus & attention.

Tuesday, 8th March 2016 @ 7.00-9.00pm
The Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale

\$5 CONTRIBUTION ON THE NIGHT

Ticket reservations essential via the website or
<http://www.eventbrite.com.au/org/4222746751>

Register on [Eventbrite](http://www.eventbrite.com.au/org/4222746751)



Facebook: <https://www.facebook.com/BeachesADHDsupport>
Facebook Forum: <https://www.facebook.com/groups/BeachesADHDsupportgroup/>
Email: nbadhd.supportgroup@hotmail.com
Website: www.northernbeachesadhd.supportgroup.com.au
We sell the Entertainment Book online via our website



Your guide to ADHD information, services & resources in the Northern Sydney region.
www.adhdguide.com.au



Venue kindly sponsored by Pittwater RSL Club

