

## DO THE RIGHT THING—some important habits

### Principal's Report - Jane Ferris

#### Bike helmets – it's the law

It concerns me that a number of students still bring a bike to school and do not seem to have a helmet with them. The law is very clear on this – helmets must be worn at all times. Failure to do so will result in a fine of approximately \$400. The police have indicated they will be doing spot checks around schools so avoid this unnecessary expense. More important, there is a good reason, it's the law – your safety. My own daughter as a cyclist was hit by a car that threw her up onto the windscreen. Her helmet saved serious head injury given the huge dent in the windscreen.

#### Skateboards are not permitted at school

This is not a new rule. Under no circumstances are skateboards to be ridden or brought to school. Do not simply expect to have it confiscated and effectively stored for you during the day to then collect and misuse again. Confiscated boards will be kept until a parent can arrange to come and collect it.

#### Core Day for Seniors

Again this is not a new rule – seniors are to stay at school during the day and to complete school work during their study periods. Year 11 have to be at school at 8.50am even if they do not have a period 1. Year 12 can choose to arrive for roll call if they have period 1 off class. All seniors can go at Lunch 2 if they have no period 5 class. This is important to ensure they maximise their learning time. For students doing TAFE courses or subjects off line, they may have large blocks of study periods that they feel would be better utilised in home study. Such requests will be considered on a case by case level – if agreed there will need to be a letter from the parent, entered into our system and students with such approved leave swipe out at student services when they depart.

#### Punctuality

Last week we had up to 20 students late each morning for no valid reason other than they couldn't get out of bed. With a school population of over 1000 students this may seem a small percentage, but it represents 20 classes interrupted when the lesson has already been introduced and learning under way. Punctuality is a positive habit that is important to develop. Rather than be 10 minutes late you are encouraged to be at least 10 minutes early. Catch an earlier bus if need be as the Learning Centre is open from 8.15am every day with most mornings extra support from a teacher with homework. If you cannot commit to being at school **before** the first bell at 8.50am and you live out of area, you may like to consider going to your local high school.

#### Reading

Unfortunately many young people these days are losing the art of reading. Indeed there are so many conflicting activities on leisure time, many of them worthwhile such as sport and music. Others though can suck our time dry such as social media, gaming, and TV. Reading is not only a good habit to build on for great past time, but underpins all learning. Reading provides deep knowledge and understanding, builds vocabulary, prompts the querying mind and creativity, assists with developing writing skills and with increased fluency enables the student to get through content needed for learning. So as parents, you are really encouraged to get your child to set aside time for reading every day.



# DEPUTY PRINCIPALS' REPORT - Renee Andrews; Ben Rekić

With another successful Open Night and Parent/Teacher night behind us, it is timely to recognise the continued support of students, parents and teachers, as well as the community at large for the sustained support and contribution to the vibrant community of Pittwater High School. With the consistently positive feedback from members of the community regarding the school, we would like to thank all the staff, students and P&C members who made this event a success. In particular, we would also like to thank the parents and students who attended the Working Bee the week prior, to ensure that the school was in tip top shape for the event.

CALENDAR	
Thursday 17 March	Regional swimming carnival
Thursday 24 March	Vaccinations
Friday 25 March	Good Friday
Monday 28 March	Easter Monday
Wednesday 30 March	Parent Teacher Interviews for whole school
Friday 8 April	Last day Term 1

## CANTEEN

Wed 16 March .....	Giovanna Graziano,, Nicole Graham
Thu 17 March .....	Sheridan Femia, Kylie Bennetts, Robyn Armsworth-Brack, Monique Stidwell
Fri 18 March .....	Joanne Huxtable, Behnaz Aliakbari, Alison Turner
Mon 21 March .....	Alison ChristensenAlison Christensen
Tue 22 March .....	Ann Clayton, Rustanti Oetojo, Jade Warner, Natasha Zani
Wed 23 March .....	Lara Floyd, Sue Lowe, Louise Hardy, Janice
Thu 24 March .....	Joanna Cartwright, Margaret Woods, Peter Woods; Sheridan Femia
Tue 29 March.....	Helena Nobs, Joanna Cowper

**Please advise canteen managers Katrina or Felicity (ph 9999 4035, x122) if you are unable to make your canteen day. Please don't assume you will be covered.**

If any parents, friends, family or grandparents would like to assist on any day helpers are needed please contact myself or the Felicity or Katrina in the canteen.

A full day is 9am to 2.30 or 3pm

A half day is 3 hours

Fiona Griffith; Canteen Roster Co-ordinator  
[packfund@optusnet.com.au](mailto:packfund@optusnet.com.au)

# The "Tell Them From Me" student feedback survey

I am delighted that this term, our school, like many others in the state, will participate in a Department of Education initiative: the *Tell Them From Me* student feedback survey. The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au/information-for-parents>

The survey is a great opportunity for our students to provide our school with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the *Tell Them From Me* survey to help improve how they do things at school.

I want to assure you that the survey is confidential and school staff will not be able to identify individual students from their responses. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 14 March and 8 April. Participating in the survey is entirely voluntary.

A consent form and a list of frequently asked questions (FAQs) for parents/carers about the survey has been emailed to all parents. If you **do not** want your child or children to participate, please return the consent form to school by **Friday 25 March**. The FAQs and copies of the consent form, including translated consent forms, are available from the website above.



## Tell Them From Me student survey Frequently Asked Questions (parents and carers)

Centre for Education Statistics and Evaluation

### 1. What is the *Tell Them From Me* student survey?

The *Tell Them From Me* student survey asks questions about factors that are known to affect academic achievement and other outcomes. It aims to help improve the learning outcomes of students. The survey is designed to measure, assess and report insights from the student point of view at the school and system levels. The focus of this NSW survey is on student wellbeing, engagement and effective teaching practices.

### 2. What kind of questions will the survey ask?

The survey questions relate to the following 18 measures for primary schools:

Participation in sports	Behaviour at school	Effective learning time
Participation in extra-curricular activities	Homework behaviour	Teaching relevance
Sense of belonging	Interest and motivation	Teaching rigour
Positive relationships	Effort	Experience of being bullied
Valuing school outcomes	Skills and learning challenge	Advocacy at school
Positive teacher student relations	Expectations for success	Positive learning climate

The survey questions relate to the following 22 measures for secondary schools:

Participation in sports	Homework behaviour	Expectations for success
Positive learning climate	Participation in clubs	Behaviour at school
Experience of being bullied	Truancy	Sense of belonging
Interest and motivation	Effective learning time	Aspirations: finishing Year 12, University, TAFE
Positive relationships	Effort	Teaching relevance
Wellness	Valuing school outcomes	Positive learning climate
Teaching rigour	Advocacy at school	Advocacy outside school
Positive teacher student relations	—	—

### 3. How have schools been selected to take part?

The survey is open to all NSW government schools at no cost to them. Your child's school has decided to participate.

### 4. How will taking part in this survey benefit my child's school?

The *Tell Them From Me* student survey will provide school principals and school leaders with insight into student engagement, wellbeing and effective teaching practices at their school, from the perspective of students.

Data collected from the survey responses are quickly compiled into reports for school leaders. Principals can then use this information to help them identify emerging issues and plan for school improvement.

### 5. What does my child need to do to participate in the survey?

The survey typically takes less than 30 minutes and is conducted entirely online through a secure website operated by the survey developers, *The Learning Bar*. Schools will make computers or laptops available so that students can complete the survey during school hours.

### 6. Does my child have to participate?

No, participation in the survey is optional. Your child will not take part if either you or your child do not wish. If, during the survey, your child is uncomfortable, he/she can choose to stop the survey at any time. The majority of questions in the survey can be skipped. Parents/students have a right to apply for access to, and correction of, a student's information.

### 7. Will the school be able to identify my child from their responses?

Staff in schools will not be able to identify individual students from their responses. To ensure confidentiality, participating students will receive a unique username and password. Where

fewer than five students respond to a question, the results will not be made available.

### 8. What sort of analysis will be done of the survey data?

Once the surveys are completed by students, reports are prepared and in most cases are available to schools within three business days. School leaders can use the data to better understand the experiences and views of students at their school. The results will help all schools better understand the relationship between wellbeing, engagement, effective teaching and student learning. Results from CESE's analysis of this data will also help teachers and principals discuss what works to improve student outcomes. This supports the Department's continuing focus on quality teaching and leadership. The data will be retained for future analysis to help us better understand the nature of student engagement and wellbeing over time.

### 9. Can all school students participate in the survey?

The primary school survey is designed for students in Years 4 to 6. Schools are encouraged to allow as many students as possible in these Year groups to participate. Secondary schools are encouraged to allow as many students as possible in Years 7 to 12 to participate.

### 10. When will the *Tell Them From Me* survey happen?

The surveys will be conducted in all participating schools at the end of Term 1 and (optionally) Term 3.

### What is CESE?

The Centre for Education Statistics and Evaluation (CESE) is part of the Department of Education. CESE has been established to improve the effectiveness, efficiency and accountability of education in New South Wales. CESE will identify and share what works, creating new opportunities to improve teaching and learning across all of education. More information about CESE is available at: [www.cese.nsw.gov.au](http://www.cese.nsw.gov.au)

### What is *The Learning Bar*?

*The Learning Bar* is a Canadian education company that specialises in school surveys for both primary and secondary students. Its survey, *Tell Them From Me*, is the largest national school survey in Canada, used in nine of Canada's ten provinces. More than 2,600 schools and 1.7 million Canadian students have participated in the survey over the last nine years. Australian schools have been participating in the *Tell Them From Me* surveys since 2012.

*The Learning Bar* is led by Dr J Douglas Willms. Dr Willms is a Professor and Director of the Canadian Research Institute for Social Policy at the University of New Brunswick, and holds the Canada Research Chair in Literacy and Human Development. Dr Willms led the development of questions on student engagement for the OECD's Programme for International Student Assessment (PISA).

More information about *The Learning Bar* is available at: [www.thelearningbar.com](http://www.thelearningbar.com)

If you have any questions about the parent survey, please contact CESE via email: [TTFM@det.nsw.edu.au](mailto:TTFM@det.nsw.edu.au) or by telephone: 9561 8056 / 9561 8688 / 9561 8370.





# Mahboba's Promise

## MULTICULTURAL INTERACTION EXCHANGE



Nine of Pittwater High's year 11 students attended the inter-school collaboration for Mahboba's Promise, which was a networking day for Sydney schools called MIX –Multicultural Interaction exchange at Parramatta Town Hall. The day involved schools coming together from across Sydney to learn about Afghan traditions through a commemoration of the Persian New Year - Nawroz, in an interactive and engaging environment. There was traditional dance, music, henna and (best of all) traditional Afghan food! There were also some powerful youth speakers on the day to engage, motivate and challenge the students to think bigger, and to commit to action that will have a positive impact on their local and international community.

It was a great day of learning for our students, where they were able to think of issues larger than that which immediately affect themselves, whilst enjoying the many gems of the Afghan Culture that are so often missed.

Thank you to Claudia, Raheli, Penny, Jason, Zara, Jazmine and Alex who all enjoyed spending time with Mahboba, the invaluable lessons they learnt on the day and a day out with their peers.

**Kerry Kerrigan and Rachel Fleming.**





## My Mahboba experience

Pittwater High has a long history with an organisation called 'Mahboba's Promise', which provides education to children in need and helps to build houses in Afghanistan.

Through the consistent involvement of schools, including Pittwater High, the organisation has been able to do this. I was fortunate enough to go to Mahboba's Promise Multicultural Interactive Exchange day through Pittwater High, where we were introduced to Afghan culture and informed how Mahboba Promise contributes to relevant issues in Afghanistan today. We were introduced to Afghan culture through personal experiences, music, dance, imagery, activities such as henna and getting our photos taken in traditional clothing. It was very interesting and challenged our perspectives on Afghan culture, because what we learned contradicted the stereotypical views surrounding Afghanistan.

The speeches from Mahboba herself and the future leaders of the organisation, inspired us to look beyond what we think is relevant to us and to broaden our perspectives on the world and issues that are indirectly relevant to sympathise for communities impacted by these issues (even if we do not have a personal connection to the communities involved), and to not be blinded by feelings of sympathy for only one issue or nation, but for all. It is this feeling that drives us to take action and, as Mahboba's Promise organisation shows, every action undertaken can provide help and hope to the people in need.

Pittwater High was presented with an appreciation award due to our dedication in supporting Mahboba's Promise over the years and through the large donations from fundraising on multicultural day and support for the organisation. Through this experience I gained an understanding that allows me to look beyond what is directly relevant to me and to expand my perspectives to what issues occur to be indirectly relevant and broaden my sympathy and comprehension of the world in which I live. It was a fantastic day shared by all who attended.

Raheli Cabala, year 11





# INTERNATIONAL WOMEN'S DAY

Assembly address by Jordyn Hess, UBS Young Women's Leadership Academy Recipient, 2016

International Women's Day is to celebrate the social, economic, cultural and political achievement of women around the world. Also, we are reminded about change that still needs to be made.

The campaign theme for 2016 is #PledgeForParity which means pledge for equality.

The World Economic Forum has estimated that at current rates gender parity will not be achieved until 2133. It is also said that:

- Men and women alike agree that more female leadership leads to stronger companies
- 64% of high-performing companies reported that men and women have equal influence on strategy in their organizations

We know this is a start but we need to keep building as a society to create a greater environment for women to succeed.

There are many things in the world that we don't realise or forget about.

## Did you know?

Australian women have to work an extra 66 days a year to earn the same pay as men for doing the same work?

Over 700 million women alive today were married as children. Of these, 1 in 3 were married before they turned 15, which prevents them from the chance of an education

35% of all women around the world will experience physical or sexual violence at some point in their lives

This needs to change, and we all can make a difference.

Many around the world take pledges as it may go towards helping women and girls achieve their ambitions, may call for gender-balanced leadership, respect and value difference, develop more inclusive and flexible cultures or expose workplace bias. See something so simple can create such a difference.

We encourage all girls to be more engaged in the STEM subjects like science, technology, engineering and mathematics, because if that is the career you want to follow or if you have any career that you want to follow there is nothing stopping you whether you are a man or a woman, or a boy or a girl.

It is also important to know that feminism is not an aggressive fight against men so do not feel threatened as it is the fight for the equality that older generations begun and hope that the newer generations can achieve. Both men and women can make a difference.

Both males and females have a duty to make this world a fairer one. All people are entitles to be treated with respect. Pittwater, just remember that there is no job worthier of a man than a woman so once again follow your dreams, go for what you choose, if you come across a barrier just think, all walls can be broken down. We can make the world fairer, we can make a difference.



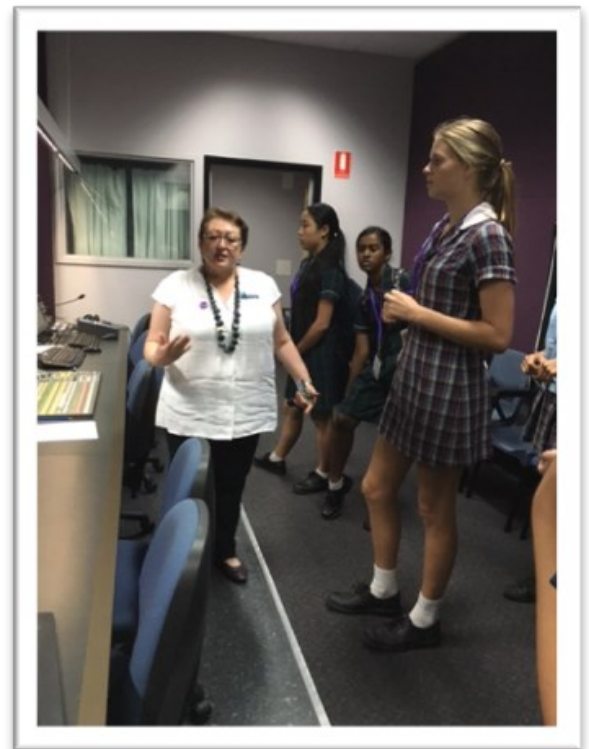
# INTERNATIONAL WOMEN'S DAY

Empower Conference 8 March 2016

To celebrate International Women's Day, three year 10 girls Lucy Birrell, Pippa Pryor and Elise van Mierlo were selected to attend the Empower Conference at Northern Sydney Institute.

The girls were entertained, inspired and challenged by a range of interesting speakers including Rachael Buzio, 2015 Student of the Year. She encouraged young people to not get mad about inequality but to get even. She told us to use our strength as women to fight for causes that were important to us, like Climate Change. Her message to be empowered by our ability to make change was inspirational.

In the afternoon, a tour of the TAFE campus was fascinating and enlightening.









# MARINE AND AQUACULTURE TECHNOLOGY

## Donations for Aquaponics program.

The school's year 10 Marine and Aquaculture Technology program has successfully built a large scale Aquaponics system on the school grounds. Aquaponics involves the growing of freshwater fish and vegetables for consumption. Water with fish waste is pumped into large biofilters or grow beds. In these beds bacteria are grown that reduce the toxic fish waste ammonia into nitrogenous compounds such as nitrates and nitrites. Plants then use these compounds during growth. The system is able to grow crops such as lettuce, kale, celery, tomatoes and basil. The large system is currently under testing phase with so far positive results.

In order to increase the Marine and Aquaculture program at the school we are currently seeking donations of materials to increase our fish rearing facilities. The program would like to recycle old materials. We are currently looking for pond pumps, 1000L IBC (Intermediate Bulk Containers) and blue plastic drums. Only IBC or plastic drums that have been used for food storage are suitable for reusing in fish rearing facilities. Those that have been used for storing chemicals such as pesticides cannot be used.

If you know of any contacts in the area that can supply these or you have any materials such as pond pumps to donate, please contact Paul Cannings on the schools number on 9999 4035 or email [paul.cannings@det.nsw.edu.au](mailto:paul.cannings@det.nsw.edu.au).





# AGRICULTURE

## Gardening Tools Round Up

The Agriculture department is looking to increase and replace some old existing hand tools for use in its permaculture gardens. Before buying any new hand tools staff and students would like to breathe new life into any existing gardening tools that may be locked away in garden sheds within the Pittwater community and no longer of any use to their owners.

Pittwater High School's permaculture gardens functions on the philosophy of recycling and reuse. With the number of students in the program expanding there is a need for increasing our garden tools. If you have any gardening hand tools that you like to donate the school is currently looking for more, hand trowels, plastic rakes, gardening forks, long handled shovels, spades, cultivators and wheelbarrows. Donations can be left at the front office or collection can be arranged by contacting the agriculture co-ordinator Paul Cannings on the schools number 9999 4035 or email [paul.cannings@det.nsw.edu.au](mailto:paul.cannings@det.nsw.edu.au)







On Friday 4 March students in the year 9 Marine and Aquaculture program and others completed a school clean up of the grounds and surrounding mangroves. The targeted blitz successfully removed over 25 kilograms of plastic, chip packets, bottles and other material from the grounds surrounding the mangroves of Winnererremy Bay Foreshore Reserve. The rubbish will be inspected and sorted closely by year 9 marine students to determine the source of the rubbish and the amount that could be recycled. Students will then use this data in improving the school's waste management plan. In 2016 the school is dedicated to decreasing its production of waste, reducing its impact on the surrounding environment and increasing recycling at the school.



# GIRLS OPEN KO FOOTBALL

Game report: 7-3-16 vs Marsden

## First half:

While I was finishing off my period three lesson, co-captains; **Zara Harrison** and **Jess Tetlow** warmed the girls up. On my arrival, I was heartened to hear the opposition only had 11 players on this very hot game day.

Within the first five minutes, **Sarah Olivari** had slot our first goal and three minutes later, she did again after a cross from Zara who only a few minutes after that, scored herself from a corner from Sarah. We lapsed a little and allowed the opposition to get one back but the score was 3-1 halfway through the first half and we were dominating, although **Lexi**, (our youngest team member), did have to pull off a couple of great saves in goals!

**Susie** was working hard up front and in midfield. On comes super sub **Chloe Wilson** who scores minutes later, followed by Jess' first goal just before the halftime whistle.

## Second half:

We were obviously pretty confident going into the second half but our half time talk was still to keep the pressure on and not rest on our laurels. Jess scores her second goal from a goal kick in the first three minutes! Chloe W scored (from a Susie attack), her second goal two minutes later. Marsden picked up their game a little and gave our midfielders; **Olivia, Poppy, Chloe VD** and **Tiffany** some work to do as did the defenders; **Cara, Emily** and **Tia**. I don't think our second half Goalie; **Penny** had that much to do but it was great that she put her hand up to be in there. **Melissa** scored the eighth goal, I was feeling sorry for Marsden about now.

Pittwater finished with a bang; **Jemma** got a goal, closely followed by Jess' long shot, spectacular goal to make her hat-trick! Not content with three, Jess dribbled her way through the defence to get her fourth goal.

J. Bates—Coach



## WHY SHOULD I STUDY A LANGUAGE AT PITTWATER HIGH SCHOOL?

The study of another language helps you develop the ability to move successfully across and within cultures, and to experience, value and embrace diversity.

Learning a second language is a great asset to the cognitive process... it makes you smarter!!

Knowledge of a foreign language makes overseas travel an easier, more rewarding experience

Literacy skills are enhanced through the study of another language.

You will gain valuable perspectives on art, music, customs, beliefs and the ways of thinking of other cultures.

There are significant cultural and economic ties between Australia, Asia and Europe. There are many opportunities for Australians to host overseas students, and to visit, study and work in other countries.

The study of a language provides you with opportunities for continued learning and for future employment and experience in areas such as public relations, commerce, hospitality, education, marketing, international relations, media and tourism.

Teenagers in most parts of the world are generally proficient in at least one foreign language. In Europe most people can speak 2 or 3 foreign languages!

Being able to speak a second language is an exciting, rewarding skill you will have for the rest of your life!

**You can join a French or Japanese class in year 8, year 9 or year 11  
(French Beginners or Japanese Beginners).**



# CAREERS NEWS

**Parents/Carers:** Please don't hesitate to contact me via phone or email if you have any questions.

**Years 10- 12:** Please check **department emails** regularly for jobs/courses/etc. I am always available in the Library Careers Office if you need to discuss any future plans.

## **Part-time Jobs:**

Landscaping Work Experience offered first

## **Full-time jobs**

none this week

**Please see me for more information.**

Also, checkout [www.seek.com.au](http://www.seek.com.au) for more jobs or **The Manly Daily** for local jobs!

## **Year 10:**

**Careers Lessons** this term, once a fortnight. We will be:

Creating a 'Careers Portfolio'

Discussing the 'optional' work experience program, (information notes coming home over the next couple of weeks)

Personality and interest tests

Resumes

Work Safety

## **YEARS 10, 11 AND 12 STUDENTS: Please log onto**

The [MHSCareers](#) website-Pittwater High School subscribes to this website which **advertises current careers events**. To login: use "[Pittwater](#)" then password "[water](#)". You can also register for email alerts! The "Calendar" is great info!

Or for more **general careers information**, look at our Careers website by checking out [CareersWorks](#), students will be receiving the password over the next few weeks during year assemblies.

Also, we have created the [Pittwater High Careers](#) website, please have a look and encourage students to **register!!**

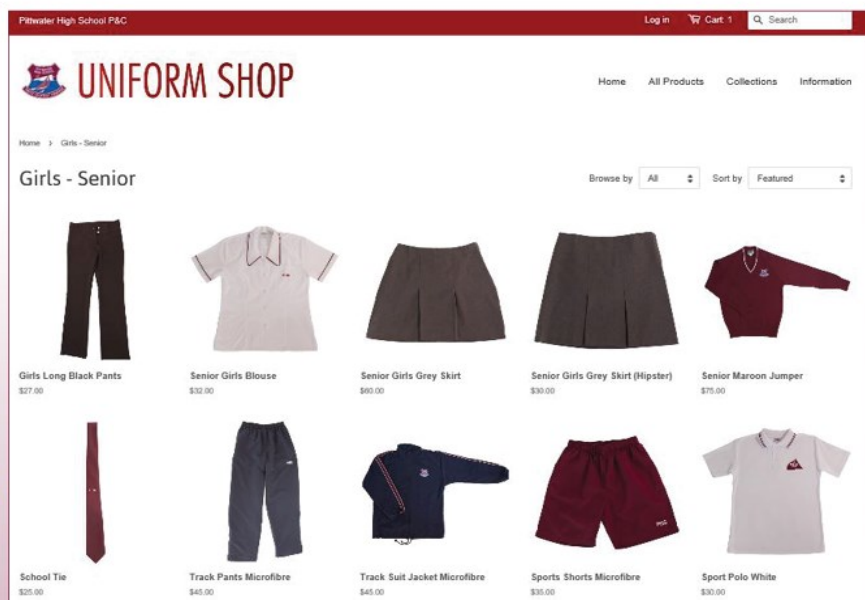
I would love some **feedback** on the above websites, please email me on [jocelyn.bates@det.nsw.edu.au](mailto:jocelyn.bates@det.nsw.edu.au)

J. Bates, (Careers Adviser, EXT 128).



# UNIFORM SHOP

Order  
Online



Collect from the Uniform Shop / Canteen

Collection times

Shop Opening times

Monday	08:30 - 09:00	Closed
Tuesday	08:15 - 11:15	08:15 - 11:15
Wednesday	08:30 - 09:00	Closed
Thursday	08:15 - 11:15	08:15 - 11:15
Friday	08:30 - 09:00	Closed

# WWW.PHSSHOP.COM

Enquiries 9979 6968, Uniform Shop Manager Kim Gobbe, email [kim.gobbe@det.nsw.edu.au](mailto:kim.gobbe@det.nsw.edu.au).  
A selection of second hand uniforms are available via the uniform shop only.

Access the uniform shop online site at <http://www.phsshop.com>



Northern Beaches



Support Group

## A problem shared is a problem halved

The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children/teenagers with ADHD via monthly meetings. The group provides a safe & supportive environment to discuss and learn more about ADHD.

### SPEAKER EVENING WITH DR CAROLINE STEVENSON PhD



#### "ADHD & ANXIETY: HOW TO GET OFF THE ROLLER COASTER"

30-40% of people with ADHD also have anxiety. ADHD leads to poor concentration skills and being disorganised, impulsive and very restless. It makes life stressful. Having ADHD can often lead to a fear of making mistakes and a fear of upsetting people. People with ADHD and anxiety don't like change so learning new skills to manage ADHD can be confronting and overwhelming. This talk will discuss how you escape from the problems of ADHD and anxiety.

Caroline is a Clinical Psychologist specialising in the assessment & management of ADHD across the lifespan. She has written programs for adults & children on ADHD management and is a well-known advocate for people with ADHD.

**Tuesday, 5<sup>th</sup> April 2016 @ 7.00-9.00pm**

**The Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale**

**\$5 CONTRIBUTION ON THE NIGHT**

Ticket reservations essential via the website or  
<http://www.eventbrite.com.au/org/4222746751>

Register on [Eventbrite](#)



Facebook: <https://www.facebook.com/BeachesADHDsupport>  
Facebook Forum: <https://www.facebook.com/groups/BeachesADHDsupportgroup/>  
Email: [nbadhdsupportgroup@hotmail.com](mailto:nbadhdsupportgroup@hotmail.com)  
Website: [www.northernbeachesadhdsupportgroup.com.au](http://www.northernbeachesadhdsupportgroup.com.au)  
We sell the Entertainment Book online via our website



Your guide to ADHD information,  
services & resources in the Northern  
Sydney region.  
[www.adhdguide.com.au](http://www.adhdguide.com.au)



Venue kindly sponsored by  
Pittwater RSL Club

## CASUAL CAFE STYLE CHURCH IGNITING // EASTER SUNDAY

## JOIN OUR NEW CHURCH FAMILY

where you can

**COME AS YOU ARE**

Mona Vale Anglican // 1624 Pittwater Road // 5.30pm Sundays

27

3

16

## AN ACTION PACKED DAY OF ACTIVITIES ON CLARK ISLAND



Welcome to Country



Smoking Ceremony



## TRIBAL WARRIOR ASSOCIATION EMPOWERING DISADVANTAGED ABORIGINAL AND NON-INDIGENOUS PEOPLE

Tribal Warrior run specialised training programs that encourage disadvantaged young people to become self-sufficient, leading them to employment opportunities in the maritime industries.

TRIBAL WARRIOR ASSOCIATION INCORPORATED  
PHONE: 02 9699 3491 | FAX: 02 9699 3441  
EMAIL: [info@tribalwarrior.org](mailto:info@tribalwarrior.org)

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## EASTER CULTURAL ISLAND TOUR



CRUISE SYDNEY HARBOUR  
TO CLARK ISLAND FOR AN  
UNFORGETTABLE EASTER EGG HUNT!  
EXPERIENCE TRADITIONAL ABORIGINAL  
ART, CULTURE, CEREMONIES,  
DANCE AND MORE.

[www.tribalwarrior.org](http://www.tribalwarrior.org)