



PITTWATER HIGH SCHOOL

BE RESPECTFUL

ASPIRE

BE RESPONSIBLE



PRINCIPAL'S REPORT - Jane Ferris

15 November 2016

Congratulations to all students and staff for getting involved in our Spirit Week, especially to those who dressed in fluoro for **Funky Fluoro Friday**.



Principal: Jane Ferris
Deputy Principal: Rachel Fleming
Relieving Deputy Principal: Carolyn Samojlowicz

Website: www.pittwater-h.schools.nsw.edu.au
Email: Pittwater-h.school@det.nsw.edu.au

DEPUTY PRINCIPALS' REPORT

Rachel Fleming and Carolyn Samojlowicz (Relieving)

P and C Working Bee

We would like to encourage all students and parents across the school to participate in our P and C Working Bee on Sunday 20 November from 8.30 - 12.30. There will be a BBQ for all the hard workers. These days are a great way to get some jobs done around the school and meet other parents. Staff, parents and students will work together to really make a difference. Look forward to seeing you there.

Spirit Week

Congratulations to our student leaders and everyone who embraced Spirit week. The activities across the school and fluoro Friday reinforced how well we all come together to support a cause. It is also sensational to see our students embracing phone free Friday's.

Murals and work across the school

A number of our students have been involved in projects across the school to improve the school environment - one of them being an amazing mural at the end of C Block. Unfortunately over the last two weekends we have had trespassers on the school grounds who have caused damage/graffiti. As a school community it is important to work towards stopping this...if you have heard anything regarding this can you please contact the school or Mona Vale police.

Year 12

As assessments start to build up can we remind Year 12 students to follow up with their teacher mentors. All Year 12 participated in goal setting workshops with Elevate -- "A Guide to Success". We are continuing to evaluate this program and support our Year 12 students to develop a study plan suitable to them. Teacher mentors can assist in making sure individual needs are addressed.

Uniform

After consultation with our student leaders navy blue shorts will be introduced to our girls uniform. Shorts are on their way so stay tuned for more information.

Sports Assembly

Congratulations to all of those students who will be receiving sports awards at this year's Sports Assembly. Parents are welcome to come and celebrate -- Friday 18 November - 9.00am.

CALENDAR

Term 4. Week 6

Friday 18 November	Sports Presentation 9am
Sunday 20 November	Working Bee 8.30am
Friday 25 November	White Ribbon Day 9am

DANCE / DRAMA NIGHT 2016

A review by Drew Power, Holly Hawken, Sarah Kjaer, Will Vincent & Kerrin White.

This year, as always, Pittwater High School held the annual Drama Night. Though this tradition has been occurring for many years, each year is uniquely special. Drama Night boasts the best drama students that Pittwater has to offer. The performances showcased the many talents gathered from years 8 - 12 of PHS students.

As the “new breed” of Drama students in Year 8, we were asked to audition our monologues in the hope that we might be selected to perform on 12th October, in Week 1 of Term 4. We experienced a mixture of emotions, ranging from the fun and frantic nature of learning new characters and lines, to the nerve-wracking moment of presenting our audition pieces, followed by the interesting and inspiring rehearsal day, which lead directly into the roller-coaster of emotions experienced at Drama night.

The evening, hosted by Tiffany Kumar (Year 10) and Blake Williams (Year 12), introduced many different performances ranging from comic skits, tragic duologues and powerful monologues, right through to a Preliminary HSC ensemble piece. Though all performances were first-rate, there were a handful that stole the show. The outstanding performances were “*Customs*” (Nathan Roach), “*The Sea Slug*” (Emily Fogarty), “*Play*” (Alec Farrow, Noah Coopey and Ashley McEwan) and “*Linda*” (Natasha Elliott).

We were also lucky enough to witness a range of Russian tragic duologues from Year 9 Drama, some of which were tear-jerking, head-turning, soul-searching and heart-shattering.

It was surprising to see that there were actually quite a lot of students that had been selected for the show. Most of us expected only a handful of actors and actresses, the reality was about 30! It just goes to show the depth of amazing fellow drama students from other years. We enjoyed the experience of watching the older years perform and learnt something from each of them, whether it was to be crazy, sophisticated or tragic, each actor/actress had their own style which we all thought was pretty awesome.

Mr Gleeson and his crafty crew are to thank for the organisation and management of a seamless Drama Night. For without our drama teacher’s help, support and advice, we would never have been able to perform the way we did. The evening was a huge success this year (as it is every year), and if you didn’t get a chance to see it, try to make it to next year’s show. This year’s audience thoroughly enjoyed the performances, however we would really like you to be there next year to give your support for these budding young drama students, because without the audience, there is no show.



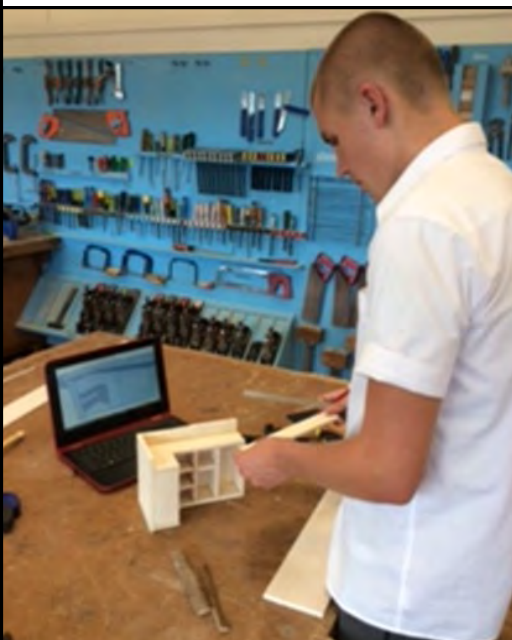
PHS Student at the STATE DRAMA FESTIVAL

Congratulations to **Alec Farrow** of Year 12, whose performance at the State Drama Camp was selected to go onto the State Drama Festival in an unprecedented move by the Arts Unit. Alec is to be commended on his exceptional performance skills and received very positive reviews from the top aficionados at the Festival, including comments about the polished and professional look of the piece.



Bring Your Own Device in Industrial Technology Timber.

Students are going to live and work in a world where people use their devices 24/7. Because of this they need to learn to use technology effectively and productively.



Using a device in Industrial Technology enables a more flexible learning environment, mobility and conceptualisation. It allows students to have a similar experience to their future working life.

Students in Industrial Technology Timber must demonstrate competence in designing, managing and communicating within an industry context. This includes developing skills in producing working drawings via Computer Aided Design (CAD), carrying out research and using various communication and information processing skills.

Just within a portfolio students must show competence in skills such as CAD (drawings), spreadsheets with calculations, Gantt charts, image manipulation, tables, word processing and effective presentation to meet the outcomes of the course.

Pittwater High School Summer Biathlon 2016

Date: Friday 6.45 am 2nd December

Entry fee: \$10 per competitor includes breakfast)

\$5 per competitor (no breakfast)

Contact person : Mark Dailhou 0418974883 or 99994035



Race rules and further information:

1. Entries accepted on the morning but if you wish to have breakfast please inform the Monday before race day. This enables us to cater. If you enter on race day you will not be able to attend breakfast. Breakfast starts at 8.00 am at the Trade Training Centre (behind the school hall).
2. You may compete as an individual and complete both swim and run. You may also compete as a team "tagging" your runner as you leave the water. A swimmer may tag more than one runner.
3. Race starts 6.45 am.
4. At no stage is running on the road permitted. Crossing roads is to be done under supervision of Race Officials. Undue delays at crossings may be subject to time adjustment. Failure to comply with direction at crossing will lead to instant disqualification and disciplinary action at school.
5. Traffic has priority over competitors.
6. There is to be no "unofficial entries". Participants from other schools and parents are most welcome to compete. (An official entry consists of this sheet with appropriate declaration completed.)
7. Race officials will determine your race category. Certificates and medals will be awarded as soon as practicable.
8. Adequate race preparation must be undertaken in the weeks proceeding the race. Trial swims and runs of similar distances must be undertaken. Firstly for confidence, then building carefully over several sessions, gradually increasing to "race pace".
9. Any competitor with a medical condition which may influence their performance must make officials alert to details, so additional monitoring and care can be provided.

I age (this year) Male / Female (circle correct)

from (school) wish to enter the 2016 Summer Biathlon. Accompany entry fee is \$10/ \$5.

I wish to enter as (circle appropriate A,B,C or D)

A. Individual (400m swim & 5km run)

B. Individual (400m swim and 5km run) plus team tag :

C. Swimmer only and my running partner is:

D. Runner only and my swim partner is:

Parent Guardian consent.

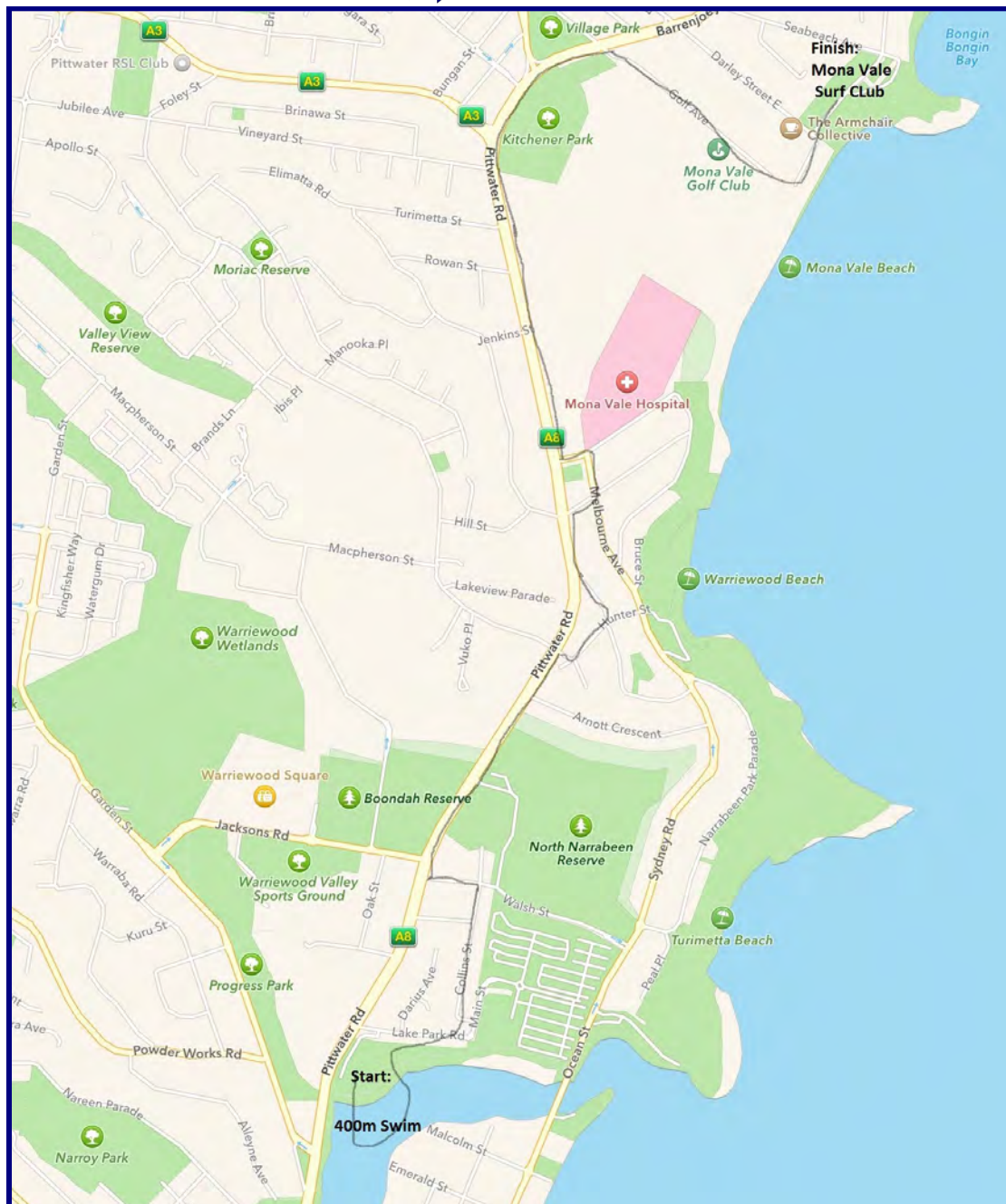
I parent/ guardian of do hereby give permission for my son/daughter to participate in the 2016 PHS Summer Biathlon. In granting permission I attest my child is capable of completing the swim and / or run leg of this event. I also understand that I have a duty to inform the race officials of any condition which may be significant to the health and safety of my child during the running of this event.

Alternate declaration (adults) I hereby apply to participate in the 2016 PHS summer Biathlon. I attest I am capable of completing this course.

Signed

Note: If you wish to partake in the after race breakfast you need to inform organizers the Monday prior.

BIATHLON MAP



SPORTS PRESENTATION ASSEMBLY

Friday 18th November, 9am

Pittwater High School Hall

Parents are invited to celebrate the sporting achievement of our students including: swimming, athletics and cross country age champions, Sydney North representatives and grade sport teams.

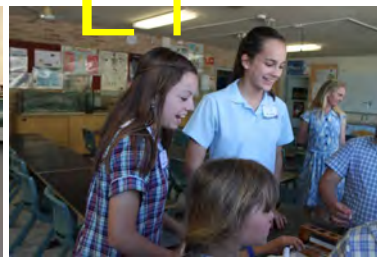


Pittwater High School invited Newport and Mona Vale Primary schools Year 5 students for a High School Experience day on Monday 7 and Tuesday 8 November. The students enjoyed a day of Science, Agriculture, Drama, Music, Art, History, Woodwork, Maths, English and Sport. 18 of Pittwater High School's Year 9 students worked as guides on both days, and showed a very mature approach towards the Primary School students and the classroom activities. Their leadership skills were exceptional, as was their enthusiasm, participation and manners. Well done and thank you to Nathan Weiss, Alice Wensing, Anton Peden, Kira Stubbs, Jarrah Sheppard, Raffy Alas, Natania Brophay, Madelaine Avagliano, Jacob Gardner, Bettina Cilia, Jed Griffiths, Jessica Deathridge, Luke Hercules, Perri Mortensen, Alec Jones and Chanel Pinner.

Kerry Kerrigan and Sarah James



High School Experience Days



YEAR 9 SCHOOL CAMP EXPERIENCE

Recently I had the pleasure of spending three days at the Great Aussie Bush Camp interacting with and observing our Year 9 students. This shared experience was a privilege for all staff members involved. While on camp the students demonstrated the strength and excellence we aim for at Pittwater High School and greatly impressed the camp instructors with their positive attitude, good manners, independence and sense of humour. It was such a pleasure for the staff and I to spend time with this cohort outside the regular school environment.

The Year 9 Camp provided many activities that challenged our students. Activities such as Powerfan, Leap of Faith and the Giant swing (see photos) are great examples. It was fantastic to see that all of our students were more than capable of stepping up to the challenge presented. This was illustrated when they returned to camp after each activity, tired or exhilarated but with grins from ear to ear. With this unique experience under their belts they are in good stead to take on further opportunities that lie ahead during their time at Pittwater High School.



Duke of Edinburgh Gold Award

Practice Hike in the Jagungal Wilderness, Kosciusko National Park

The Duke of Edinburgh program enables participants to develop existing and gain new life skills by working through the components of each award level, community service, physical recreation, skill and expeditions. There is a higher level of commitment required at each level of the award, as well as greater expedition challenges.

At the beginning of this term a group of 5 Gold Duke of Edinburgh students from Year 11 ventured into the Jagungal wilderness region of the Kosciusko National Park. The aim of the practice hike was for the students to familiarise themselves with alpine terrain, endure the 4 days 4 nights rationing of supplies, navigate successfully to the derived checkpoints and survive the contrasting weather elements.

Ultimately, the trip was a great success and there were plenty of life changing experiences and memories made along the way. In particular one of the highlights was summiting Mount Jagungal at a height of 2060 metres and plunging into the freezing cold rivers to assist with hygiene control.

The weather conditions over the hike were spectacular but extreme! Near gale force winds at times, buckets of snow and plummeting temperatures made it a very fitting way for the Gold group to expose themselves to the Gold Hiking conditions.

Also I want to send a MASSIVE shout out to Jocelyn Bates for assisting me throughout every step of the journey. You were an absolute champion and pleasure to have on the hike.

Gold DOE students were: **Ashley McEwan, Harry Lush, Isabella Howard, Tavish Howard and Liam Doherty.**





"Through Our Eyes" – 2017 Calendar Competition

The Peninsula Community of Schools (PCS) held an art exhibition at Wheeler Heights Public School based on the 2016 themes of the Guringai Festival, Reconciliation Week, Harmony Day and NAIDOC Week. This exhibition was in recognition and celebration of Aboriginal and Torres Strait Islander Culture here on the Northern Beaches.

Students across the Peninsula Community of Schools were invited to create artworks reflecting the various themes of the Exhibition. The exhibition included a **"School's Choice" Award and "Highly Commended" Awards** with each school community voting on their students' artworks. The selected pieces are showcased in our **2017 PCS Calendar**.

Order a 2017 PCS Calendar

Copies of the calendar can be purchased at a cost of \$10 each.

Please complete the information below to purchase your calendar/s. **The calendars will be delivered to your school in early December.**

Orders need to be placed by **Friday November 18th**

Parent's/Staff Name: _____ Mobile: _____

School: _____ Student's Name: _____ Class: _____

Number of calendars @ \$10 per calendar: _____ Cost: \$ _____

Please enclose a **cheque in an envelope** made payable to: **Mona Vale Public School** and **post the order and cheque to:**

Michelle Flaskas, PCS Coordinator

C/- Barrenjoey High School PO Box 18, Avalon NSW 2107

**PLEASE NOTE: for any enquiries relating to the Calendar orders contact:
Michelle Flaskas PCS Coordinator: Ph 9918 8811 Ext: 122**

DO NOT contact the Mona Vale or Barrenjoey Administration staff.

On receipt of payment, your calendar order will be processed and distributed to your school. Deliveries will begin Thursday 1st December through to Tuesday 13th December.

Year 10 Formal 2016

Thank you to all who have paid on time. Just to let parents know your child will be expected to be at school at 6.15pm on Wednesday 7th December so we can depart on time to arrive at Monash for our very eventful night. The buses will leave school at 6.30pm and we won't be waiting for late comers. Once the formal has finished we will be leaving Monash at 11pm to arrive back at school at 11.30pm. All students must then be taken home with a parent. Mrs Roulston will not let students walk home that late at night. Please contact Mrs Roulston by December 1 if you want to make any changes to these arrangements.

Thanks Mrs Roulston

Year 10 Jackets

The final payment \$85 (deposit \$45) for jackets is Friday 18th November 2016. The sizes have arrived so please come and see Mrs Roulston in upper C block so we can add your size to the spread sheet.

Thanks

Mrs Roulston

Canteen News

Wednesday 16th November

Lara Floyd, Sue Lowe

Thursday 17th November

Joanna Cartwright, Sheridan Femia, Peter Woods

Friday 18th November

C Marshall, Simone Davis, Sarah Attfield, Melissa Hanks

Monday 21st November

Jan Lysaght

Tuesday 22nd November

Leigh Griffiths, Joanna Cowper

Wednesday 23rd November

Deb Van de Saag

Thursday 24th November

Suzanne Humphreys, Bindi Hooghuis, Irina Lindley, Sheridan Femia

Friday 25th November

Debbie Havenstein, Sue Nicol, Jen Masters, Rowena Kempton

Monday 28th November

Michelle Le Creurer, Nikki Cronan

Tuesday 29th November

Leoni Olivari, Taryn Atkins

Please advise canteen managers Katrina or Felicity (ph 9999 4035, x122) if you are unable to make your canteen day. Please don't assume you will be covered.

If any parents, friends, family or grandparents would like to assist on any day helpers are needed please contact myself or the Felicity or Katrina in the canteen. A full day is 9am to 2.30 or 3pm. A half day is 3 hours.

Fiona Griffith

Canteen Roster Co-ordinator

packfund@optusnet.com.au

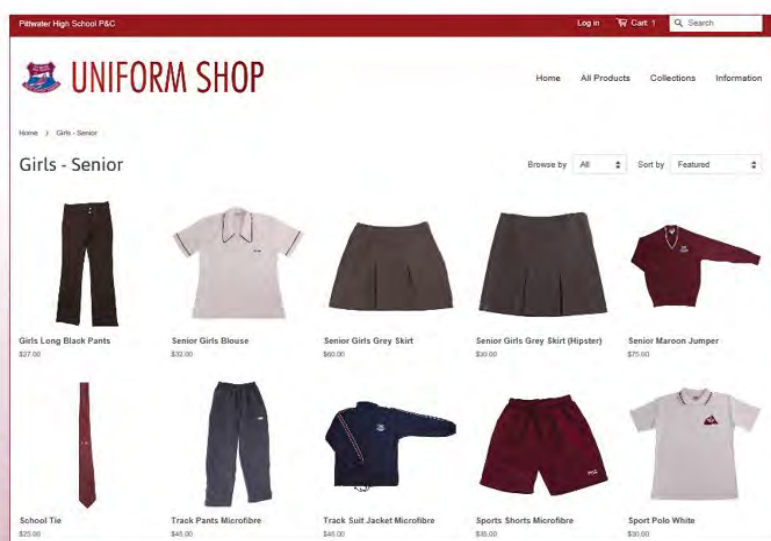
Year 8 bookbags are available to purchase online and then can be collected from uniform shop. (Tuesday and Thursday 8.15 – 11.15am). Please bring the printed receipt with you.



UNIFORM SHOP

Order
Online

POLi Internet Banking



Collect from the Uniform Shop / Canteen

Collection times

Shop Opening times

Monday	08:30 - 09:00	Closed
Tuesday	08:15 - 11:15	08:15 - 11:15
Wednesday	08:30 - 09:00	Closed
Thursday	08:15 - 11:15	08:15 - 11:15
Friday	08:30 - 09:00	Closed

WWW.PHSSHOP.COM

Enquiries 9979 6968, Uniform Shop Manager Kim Gobbe, email kim.gobbe@det.nsw.edu.au.
A selection of second hand uniforms are available via the uniform shop only.



Northern Beaches Council presents

NAVIGATING TEENAGE DEPRESSION

Monday 21 November, 7 - 8.30pm

A night for parents, teachers and carers developed by the Black Dog Institute, which will cover early warning signs, how to build resilience and when to seek help to support young people with depression and bipolar disorder.

Civic Centre, Civic Drive, Dee Why

Free

Bookings essential: youthbookings@northernbeaches.nsw.gov.au

More information: 9942 2681



Northern Beaches Council presents

RESILIENT TEENS WORKSHOP

Tuesday 15 November, 7 - 9pm

Help your teens to bounce back, problem solve, recognise feelings and explore optimism and curiosity. With Gitta Laub, Child and Adolescent Parenting Educator from Northern Sydney Area Health.

Civic Centre, Civic Drive, Dee Why

Free

Bookings essential: youthbookings@northernbeaches.nsw.gov.au

More information: 9942 2681



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