

# PITTWATER HIGH SCHOOL

BE RESPECTFUL ASPIRE BE RESPONSIBLE



#### What a Buzz at Pittwater

18 October 2016

PRINCIPAL'S REPORT - Jane Ferris

How wonderful it was to see so many HSC students take advantage of the Learning Centre in the holidays. For many the first day might have been a bit more social than work orientated - but that is also important as the mood is lightened, there is a sense of belonging and students are reminded of the support and



friendships they provide each other. Besides, over the week much work was achieved in such a positive collegial atmosphere. Many teachers were on hand offering study sessions in specific subject areas – I certainly value such incredible dedication by our staff giving up their holidays to assist. Thank you so much. All the best year 12 as the HSC exams continue.

#### Talent on show at PHS Drama Night

Congratulations to the many talented students in years 8 to 11 that performed at the Drama Night last week. Quite frankly I was blown away by the talent of these young performers, from the horrifying humour of Sarah Kjaer's Ms Trunchbull to the moving sadness in the monologue of Holly Hawken. Entertaining



insight into the lives of some parents was revealed in the monologues year 10 students wrote and performed after interviewing their parents. In all, I have no doubt that some of these students have the potential to have a career in drama.

Principal: Jane Ferris
Deputy Principal: Rachel Fleming
Relieving Deputy Principal: Carolyn Samojlowicz

Website: www.pittwater-h.schools.nsw.edu.au Email: Pittwater-h.school@det.nsw.edu.au

#### DEPUTY PRINCIPALS' REPORT

#### Rachel Fleming and Carolyn Samojlowicz (Relieving)

#### Year 9 Camp

Year 9 will be travelling to Kincumber on Wednesday to Friday for their year 9 camp. Students and staff will participate in challenges and team building activities that help to develop confidence, resilience and social skills. We challenge every year 9 student to extend out of their comfort zone and try something new. Look forward to seeing the photos.

#### Civics and Citizenship Test (National Assessment Program)

A sample of **year 10** students will take part in a national online assessment in Civics and Citizenship education. This supports the goal of the 'Australian schooling' that students become active and informed citizens. In doing this the assessment will collect information about student's civics and citizenship, related knowledge and understanding, attitudes, beliefs and behaviours. A random sample of students has been selected at our school by ACARA (Australian Curriculum, Assessment and Reporting Authority) to participate. Students will be notified this week.

#### **HSC 2017**

Thank you all year 12 and their parents/carers for attending our information evening. We are impressed with how organised the students are. Subject changes are progressing well and students are embracing the start of their courses. The assessment booklet can be accessed on the school website. A reminder to please return the signed expectations form and the change of subject form to the box outside Ms Fleming's office.

**Year 12 HSC written examinations** are well underway and if students require any BOSTES misadventure forms they can access these through Ms Samojlowicz. Students are reminded to drop their text books into the trolley outside the hall.

**Phone (device) free Friday is coming to Pittwater** – Students will be asked to put their device or phone away on Fridays at lunch times and enjoy an organised game, the bands playing in the quad or a conversation with their friends.

Reminder no parent or student is to drive into the school grounds unless needing access due to medical grounds. This is for the safety of all students and staff.

#### **Newest Kangaroo**

One of Pittwater High's favourite sons, ex-student Jake Trbojevic, was recently called into the Australian Rugby League squad for the upcoming Four Nations tournament in the UK.

After a glittering junior career where he made every representative team available to him, ironically Jake will play for Australia before playing State of Origin. He and his younger brother Tom, have quickly become key players in the Sea Eagles NRL team, each winning the club best and fairest respectively, over the past two seasons. Jake fully deserves his selection and will relish the experience.



#### CALENDAR Term 4. Week 2

Vaccinations	Thursday 20 October
Year 9 Camp	Wednesday 19-21 October
Year 8 Arabanoo Excursion	Friday 28 October



## YEAR 7 TIMBER PROJECT

by Emma Crawford

Last term in Technology Mandatory, my class started constructing a Timber Box in woodwork. My box is made out of Radiata Pine with a lid made out of two pieces of Jarrah and on piece of Tasmanian Oak laminated together. My box also features a Mandala laser cut on one of the sides. I finished my box by applying two coats of varnish.



#### YEAR 9 INDUSTRIAL TECHNOLOGY MULTIMEDIA

This year students have completed a short film task where they could create any film that they liked as long as it included special effects. A wide range of projects where created with fantastic and exciting story lines. Two standout out projects were "Vision" and "Tic Tac Movie". Some screenshots of the movies can be seen below. These short films can be seen on the Pittwater High School YouTube channel.

#### Vision

Vision is a story about a young homeless man who gets trapped in a dystopian reality.





#### Tic Tac Movie

Tic Tac Movie is a short film about a young man who takes a journey through time and space.





## YEAR 8 CAFE FOR A DAY



















## YEAR 9 CHILD STUDIES

As the unit on Babies Kitchen developed students were able to prepare baby food and formulae. The year 9 girls were able to taste the homemade food compared to purchased food. From the evaluation they discovered that all baby food is "bland". It all tasted like "water". Funnily enough the pureed sweet potato and carrot was the class favourite.

Mrs Roulston

















### YEAR 9 FOOD TECHNOLOGY CAKE COMPETITION

The Food Technology kitchens were abuzz with excitement last term as the year 9 Food Technology students presented the most amazing decorated cakes for their "Special Occasions" assignment.

Students were given only one hour to turn an undecorated cooked cake into a jaw dropping masterpiece. The students worked with butter frosting, fondant, food colouring and a wide assortment of decorations to build their cakes.

Students and staff were able to vote for their favourite cake in the three following categories:

- The most difficult cake:
- The most creative cake
- The most precisely decorated cake

Look out Masterchef! The next batch of contestants are on their way!











































## YEAR 9 TEXTILES & DESIGN

#### QUILTS WILL BE ON DISPLAY IN A BLOCK FOYER THIS WEEK

Year 9 have spent the last 14 weeks working planning, designing and producing patchwork quilts. Each quilt is unique and the students have done an excellent job on using the elements of design to create some spectacular results. We are very proud of the results and the persistence shown in completing this design project.

Mrs Hayes and Mrs Roulston

































# ACCELERATED HOSPITALITY YEAR 10 MASTERCLASS CHALLENGE

Both classes were given a brief to follow and had to make a dish that was to be prepared and cooked within a time frame. Students came up with their own recipe and workflow to present a dish suitable to serve at a café. Some students undertook the challenge in pairs and others individually.

Mrs Roulston























# ACCELERATED HOSPITALITY YEAR 10 MASTERCLASS CHALLENGE





















## YEAR 10 TEXTILES TECHNOLOGY

Recently the Year 10 Textiles class commenced a unit on recycled clothing. The students started the unit by visiting recycled clothing stores in Mona Vale, where they sourced a range of second hand clothes which they are going to reinvent into wearable fashion items. The students are turning shorts into skirts and shorts into skirts, a business shirt into overalls, a wrap into a poncho and a variety of other ideas! Pictured below are the girls in Mona Vale.



## YEAR 11 CONSTRUCTION SHED PROJECT

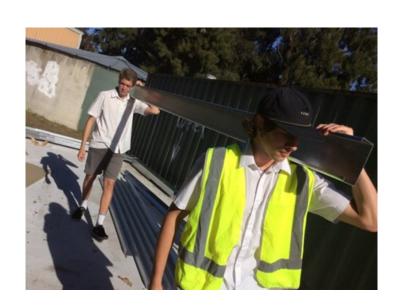
Year 11 construction class have worked hard during term 3 to build their shed project. This term we will be looking forward to using this new facility for our construction classes.

Mr Robinson—Classroom Teacher











## YEAR 11 TEXTILES & DESIGN

Year 11 Textiles and design completed a textile item for their final course assessment task. Each student chosen a focus area and completed an supporting portfolio of written work including the inspiration for their project, design drawings, manufacturing techniques and experiments that they conducted to complete their textile item. Congratulations to all students for their hard work in year 11.

Mrs James



















## DESIGN & TECHNOLOGY HSC MAJOR WORKS



Jessica Monty: Car Key Breathalyser



Dorian Marshall: Surround Sounds, fully wireless Bluetooth speaker



Isaac Petereit: EverDry revolving park bench



Luka Giorgi: m=Maximus Olympic weightlifting app



Harry Stieven-Dalton: Space Rail, space saving modular wall



Jesse Cooper: Dual boot & Tool Cleaning Device



Joshua Cunningham: Magnetic Pick Holder

## TEXTILES-YEAR 12























## HOSPITALITY-YEAR 12

Our Year 12 Hospitality students were busy right to the end of Term 3, preparing, creating and presenting an assortment of dishes to complete their competencies for their HSC course.

Making pasta for the first time was a highlight as the students made and rolled the dough to form fettuccine. The dough needed to be silky and just the right texture and thickness. They then prepared a fabulous boscaiola sauce and sat down together to enjoy the fruits of their labour.

One of their final lessons was to make and decorate a Victorian Sponge Cake. For anyone that has made one of these, you will know how important it is to incorporate air into the mix to enable the cake to be light and delicate. These students excelled in producing sponges worthy of Zumbo's tick of approval. Well done Year 12 and may your future be "sweet".

Mrs Lagois (classroom teacher)

















## AG CAMP REFLECTIONS

Year 10 agriculture spent three days in and around Bathurst visiting a range of farms and agricultural businesses.

The goal was to provide opportunities that would complement their junior studies and provide them with real world experiences which would assist them in their senior course.

I could not have been more proud of all the students on the camp. They were engaged, interested and enthusiastic. They gave everything a go and created an amazing sense of camaraderie with their amazing attitude. I'd like to take this opportunity to thank each and every one of the students who came for their exemplary behaviour and for the fun memories I will treasure. I would also like to thank Mr Taylor who ferried us all around the region and was endlessly patient and really seemed to enjoy all the activities along with us.

I now hand over to the students and their (often very candid) reflections.

Lara Griffin – Classroom Teacher





Ag camp was the best camp I've ever been to. We stayed on a beautiful farm with lovely views. There were cows and horses in the meadows around us and we were lucky enough to see some wild kangaroos.

It was good to stay in Bathurst because it was out of Sydney and there was a chance for us to learn and experience on an actual farm. I learned many new things and it was amazing to know what living and working on a farm was really like. I learned how to throw wool and we got a chance to visit saleyard and a dairy.

Ag camp helped me to learn more about farming and agriculture. The things I liked most were milking the cows and petting the calves. I would have like to do more activities with the animals but I think the trip was worth every dollar. The food was really tasty, better than other camps food. I had an awesome time at ag camp!

Bec

Ag camp was thoroughly beneficial for my agriculture education because it was great to experience everything you've learnt in class to be put into a real, working world perspective.

I learnt a lot about the ethics and how the animals are treated in the industry. It was also extremely helpful due to having professionals in certain areas of the industry answer questions and share their knowledge as well as their own experiences.

Our class group is definitely much more closer now and I've become heaps more closer and open to new really good friends in my class. Our day was packed full so we were able to get the most out of it which I really enjoyed, making it worthwhile to go on. I personally enjoyed the shearing shed the most since you were able to see them constantly sheering as well as learning about what makes good wool and the

sheep's lives. Also, learning more about animal nutrition was great!



Danielle

## AG CAMP REFLECTIONS



Ag camp was a camp that I actually felt I learned an amazing amount of knowledge towards agriculture. It was an extremely beneficial experience for both the class and myself to be able to travel into the country and talk to real farmers and see what they do and gives us a great idea on how we can be involved in agriculture after school.

My favourite parts were going to a real sheep shearing shed and being able to milk cows at a dairy. Overall the experience, atmosphere, teachers, people and food was awesome and I would love to continue agriculture into the following years with many more ag camps to come.

Sek

Ag camp was extremely beneficial for us as a class for multiple reasons. Due to the small numbers, transport, talks and group meetings we were drawn quickly together. Our guide, Chris, was extremely knowledgeable. We went with him to a series of venues and farm that he arranged such as dairy, cattle, fleece, ram farm and saleyards.

By doing this we were given the opportunity to see and experience agriculture in commercial environments. It made ag more real and presented how many careers there are within the industry. There were lots of bus trips bit in that environment it's inevitable. I was that out there, there was a noticeable gender gap.



All in all, Ag camp and how it was conducted this year was not only an enjoyable but also a highly beneficial experience as it was educational, interactive and involved with the industry which will be relevant in the senior syllabus

Mia









## **SPORT UPDATE**

Congratulations to the following students who have recently been successful in their chosen sport.

Kai Van Kool has recently qualified for the National Age Championships to be held early next year.

Two students competed at the NSW CHS Athletics Carnival. Brienna Mathieson competed in long jump and triple jump and Nicholas Aitken competed in the long jump.

Samantha Pace competed at the NSW CHS trampolining in week 9 of term 3 where she was very successful winning the gold medal for Trampoline and Tumbling, Silver for Double Mini and Bronze for Single Mini. This also placed Sam 1st overall in her age category, meaning she qualified for the champion of champions event where she placed fourth overall.



## DRAMA NEWS

Congratulations to all performers involved in Dance Drama Night, held on 12 October in the Performance Space.

Everyone was impressed by the quality and finesse of all performances, and thoroughly enjoyed the entertainment. Bravo to all performers and a huge thank you to all the students who contributed willingly to make the night such a tremendous success.



David Gleeson—Classroom Teacher

## Canteen News

Wednesday 19 October	Thursday 20 October
Lara Floyd, Sue Lowe, Janice	Joanna Cartwright, Sheridan Femia
Friday 21 October	
C Marshall, Sandra Avedissian, Simone Davis,	
Sarah Attfield, Melissa Hanks	
Monday 24 October	Tuesday 25 October
Jan Lysaght	Leigh Griffiths, Joanna Cowper, Helena Nobs
Wednesday 26 October	Thursday 27 October
Deb Van de Saag, Kay Little	Suzanne Humphreys, Bindi Hooghuis, Irina
	Lindley, Sheridan Femia
Friday 28 October	
Debbie Havenstein, Sue Nicol, Jen Masters,	
Rowena Kempton	
Monday 31 October	Tuesday 1 November
Michelle Le Creurer, Nikki Cronan	Leoni Olivari, Taryn Atkins

Please advise canteen managers Katrina or Felicity (ph 9999 4035, x122) if you are unable to make your canteen day. Please don't assume you will be covered.

If any parents, friends, family or grandparents would like to assist on any day helpers are needed please contact myself or the Felicity or Katrina in the canteen.

A full day is 9am to 2.30 or 3pm; A half day is 3 hours

Fiona Griffith, Canteen Roster Co-ordinator

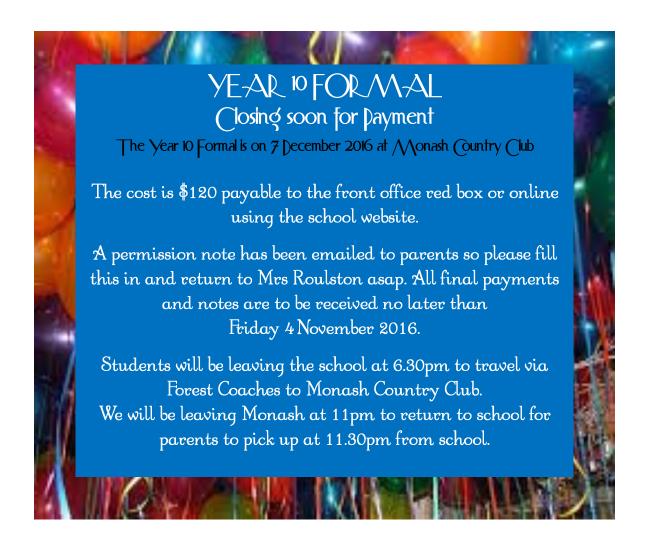
packfund@optusnet.com.au

#### Vaccination Reminder

Year 7 are due for the last round of vaccinations this week on Thursday 20 October.

HPV dose 3 and Chicken Pox vaccines will be given. Students who missed a clinic visit this year will need to catch up next year, a letter will be sent to those involved.

Students should
ensure they eat breakfast on the day
of the vaccinations.
Any queries to Ms Purvis
(Girls Adviser)





#### SATURDAY AFTERNOON BASKETBALL

- Learn to Play Play (only \$9 per session)
- Excellent coaches Ages 7 & Under (2.30-3.30pm)
  - Ages 8 & above (3.30 4.30pm)

ON THIS SATURDAY AND ALL TERM

COME ON DOWN AND HAVE SOME FUN!!

NORTHERN BEACHES INDOOR SPORTS CENTRE

ENQUIRIES MWBA 9913 3622





## eding with Teen's Back PARENTS OF TEENS OR ALMOST TEENS

"Learn how to restore a respectful and positive relationship between you and your teen"

#### Topics include:

- Similarities & differences between being a teenager today & their parent's day
- What it is like being a teenager in this fast paced & competitive world
- Assertiveness skills to deal with teen's behaviour, set boundaries & consequences
- Listening skills to find out what is going on in our teenager's world & support them

VENUE: Chatswood Community Health Centre

57 Hercules St, Chatswood

DATES: Tuesday 25th October 2016

TTMF: 7.00pm - 9.30pm COST:

\$50pp

PLEASE PHONE 8877 5152 TO BOOK YOUR PLACE IN THIS WORKSHOP

This workshop will be facilitated by a qualified Parent Educator from Child and Adolescent Parenting, Northern Sydney Local Health District



## TUNING IN TO TEENS

EMOTIONALLY INTELLIGENT PARENTING



#### 5 SESSION PARENTING COURSE FOR PARENTS OF TEENS

Would you like to learn how to:

- · Communicate effectively with your teenager?
- · Understand your teenager?
- Help your teenager with emotional intelligence and managing emotions?
- Prevent some teenager behaviour problems?
- Teach your teenager to deal with conflict?

VENUE: headspace Brookvale

Level 2 Brookvale House, 1A Cross Street, Brookvale

DATES: Wednesdays 2<sup>nd</sup> November - 30<sup>th</sup> November 2016 (5 sessions)

TIME: 6.30pm - 9.00pm

COST: \$175pp (concessions available) REFRESHMENTS PROVIDED

PLEASE PHONE 8877 5152 TO BOOK YOUR PLACE IN THIS COURSE

The 5 session course will be facilitated by a qualified Parent Educator from Child and Adolescent Parenting, Northern Sydney Local Health District

www.nslhd.health.nsw.gov.au/Services/CAF





northernbeaches.nsw.gov.au

### TUNING IN TO TEENS

#### EMOTIONALLY INTELLIGENT PARENTING



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Would you like to learn how to:

- Communicate effectively with your teenager?
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- · Prevent some teenager behaviour problems?
- Teach your teenager to deal with conflict?

VENUE: Chatswood Community Health Centre

57 Hercules St, Chatswood DATES: Tuesdays 1<sup>st</sup> November - 29<sup>th</sup> November (5 sessions)

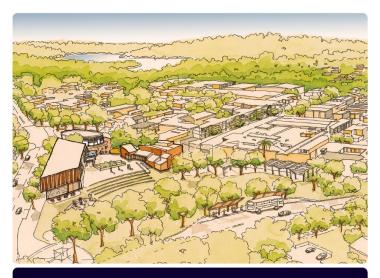
7.00pm - 9.30pm TIME:

COST: \$175pp (Concession \$150)

PLEASE PHONE 8877 5152 TO BOOK YOUR PLACE IN THIS COURSE

The 5 session course will be facilitated by a qualified Parent Educator from Child and Adolescent Parenting, Northern Sydney Local Health District





### **DRAFT MONA VALE PLACE PLAN**

On exhibition from 28 September to 13 November 2016

The document is available for viewing at Mona Vale Customer Service or online at pittwater.nsw.gov.au/yoursay

Comments are invited and should be marked "Draft Mona Vale Place Plan" Mail - Northern Beaches Council, PO Box 882, Mona Vale, NSW 1660 Email - Pittwater@northernbeaches.nsw.gov.au Fax - (02) 9970 1200

NORTHERN BEACHES COUNCIL