

Congratulations to our New Prefect Team for 2015/2015

Principal's Report: Jane Ferris

Last week saw the induction of our new prefect team. In the official ceremony, the outgoing student leaders handed over the mantle with great warmth as they congratulated the new team with badges, speeches and spontaneous hugs. Thank you to the hard work of the outgoing team whom it has been a real pleasure to work with. But I know this next year is going to be as equally rewarding in the realm of student leadership. Congratulations to: **Captains:** Natalie Mavridis and Kae Vern Lee; **Vice Captains:** Jessica Ratcliff and Harry Hall; **Senior Prefect-Creative and Performing Arts:** Ella Mitchell; **Prefects:** Ella Van Dam, Thomas Bicknell, Ian Edmondson; **Senior Prefect-Sport:** Hamish Wickman; **Prefects:** Lucinda McLean, Angus Malcolm, Daniel Chun; **Senior Prefect-Social Justice:** Meg Lanham; **Prefects:** Evan Miles, Ashlea Green, Zara Elliott; **Senior Prefect-Student Wellbeing:** Emma Lomas; **Prefects:** Jessica Logan, Lucy Barber, Dorian Marshall; **Senior Prefect-Environment:** Taylor Springthorpe; **Prefects:** William Bailey, Yasmin Avery, Harry Stieven Dalton



Education Week and Student Achievement

Pittwater High School continues to provide wonderful opportunities for our students in quality teaching and learning, and through many extracurricular activities in sport, performing arts and student leadership. To help us mark Education Week, we held two special Commendation Assemblies to recognise student achievement. It was very pleasing to see how many parents and grandparents came along to celebrate these achievements. To all students, continue to take on the challenges in your learning, don't be afraid of having a real go and enjoy rising to your full potential.

Year 12 and HSC preparation

Hopefully Year 12 have had the opportunity to recharge over the holidays with the trial HSC exams completed at the end of term two. Now is the time to carefully reflect on exam performance and set goals for a study plan over term 3. Available on the school website are the scope and sequences by subject for all the remainder work being covered in class this term. One of the greatest predictors of success is full attendance at school. It is important that students recommit to their studies and make the most of the time they have left at school to enable them to be proud of their achievements at the HSC.

For many of our year 12 students, elements of the external assessment for the HSC is being completed over the next few weeks with major works in Industrial Technology Wood, Textiles, Extension 2 English, Drama and Visual Arts, and performances in Music, Dance and Drama. All the best to these students – I am sure that your hard work and commitment will be rewarded.

DEPUTY PRINCIPALS' REPORT - Renee Andrews; Ben Rekic

A new standard of excellence was reached this past fortnight, with the school's performance of "The Wedding Singer" showcasing the talents of all students and staff involved. The calibre of performance, both dramatic and musical, illustrates the commitment and dedication that those involved put into the shows and the outcome was nothing short of polished and professional. Special thanks must go to the CAPA staff, in particular Ms Meyers and Mr Gleeson whose leadership and guidance allowed for such a successful series of performances.

Pittwater High School enjoys very strong links with the community, in large part due to the exemplary behaviour of students when engaging with the broader public. We commend students on the flow of very positive feedback from members of the community, and would like to reinforce that every time you are outside of school in our uniform, you are an ambassador of what we stand for: responsibility; respect; aspiration. We encourage all students to strive to do your best in school and beyond, in order to develop those lifelong values to help achieve your very best.

With the midpoint of the term rapidly approaching it is important for students of all years to employ strategies to help maintain their focus and application throughout the term. A healthy work-life balance is very important in this regard, with much evidence to support that planned and compartmentalised recreation time (in conjunction with structured and active study time) having positive outcomes on both performance and quality of life outcomes. It is never too early (or late) to start up on a realistic study planner, to map out and ensure that work and free time are balanced. Adopting this structure and routine is an important tool in ensuring that students are able to achieve their personal best across all subjects and school years. This advice is very relevant to year 11 as they prepare for their preliminary exams starting in week 8.

Finally, parents of year 7 and 9 will soon receive results for this year's NAPLAN exams. Parents may wish to access the information at <http://www.boardofstudies.nsw.edu.au/naplan/info-for-parents.html> prior to the release of reports (commencing 18 August) for further information regarding interpretation of results within the report.

Until next time..

Mr B Rekic and Ms R Andrews

CALENDAR	
Thursday 6 August	Senior Drama Recital—7pm
Monday 10 August	Year 8 Gala Day
Wednesday 12 August	P&C Meeting –7pm

STUDENT WELLBEING

Empowering Young Minds Forum (Year 10) - Ms Fleming and Ms James

Towards the end of last term Lifeline Northern Beaches and a number of other agencies operating within the lower North Shore and Northern Beaches invited 12 of our Year 10 students and two teachers to participate in the Empowering Young Minds Mental Health Forum.

Our students were fortunate enough to hear from individuals who live with mental health issues. Presenters included John Brogden (former politician who spoke of his battle with depression), Chris Palmer (four time paralympian who was in a rugby accident at the age of 15 and wheelchair bound since) and Sophie Hardcastle (a 21 year old author and painter who is living with bipolar disorder).

All the workshops and presentations focused on raising student awareness of mental health and providing student leaders with the information to spread the word and come up with strategies to support students at Pittwater.



Thank you to the following students who proudly represented Pittwater High:

Poppy Berridge, Lily Curtis, Isabelle Curtis, Jordyn Hess, Grace Hanks, Claudia Haworth, Noah Coopey, Toby Rutherford, Liam Doherty, Tavish Howard, Mitchell Binding and Sam Squire.

Anti-Bullying Surveys

Bullying is repeated verbal, physical, social or psychological behaviour that is harmful towards one or more individuals.

Bullying is not acceptable in any form at Pittwater High School.

Pittwater High is currently reviewing its anti-bullying policy and procedures. In order to do this we are seeking an understanding of the extent of the problem or perceptions about bullying.

Students, staff and parents have all been emailed a link to follow to complete an anonymous survey.

We value your input.

Closing Date is Friday 14 August 2015

Ms Fleming and the Anti-Bullying Team

Prefect Leadership Day

On Monday 20 July the Prefects, Ms Smalley and Ms Fleming spent the day reflecting, brainstorming and programming leadership at Pittwater High. It was the first opportunity for our new leaders to work together as a team in their portfolio groups.

The day began at 8.15am with our traditional breakfast (the Prefects Elect provide breakfast for the outgoing prefects). If this was any sign of what is to come over the next year, then we should all be excited. The commitment and effort made by all of our new prefects was outstanding.

Throughout the day the students participated in sessions that provoked ideas and encouraged them to think of whole school areas and opportunities that need to be a focus. They also were encouraged to think about the links that they can make with our school community.

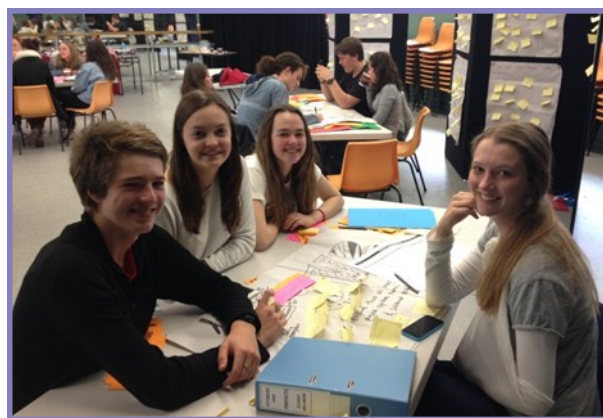
Phil Nunn (Psychologist) facilitated our final session of the day which focused on having conversations with students. Phil gave our prefect body some ideas and skills they could utilise when talking to their peers and the younger year groups at Pittwater.

The 2015/2016 Prefect body is not only enthusiastic, dedicated and committed to Pittwater, they are also courageous and excited to increase awareness of important issues within the school community.

We would like to thank our Prefects 2014/2015 and look forward to working with our new leaders.

Ms Smalley – Prefect Coordinator

Ms Fleming – HT Student Wellbeing and Engagement



Prefect Induction - Tuesday 28 July 2015



NATIONAL SCHOOLS' TREE PLANTING DAY

Friday 24 July was National Schools Tree Planting Day.

Over 60 native shrubs, hedges and trees were planted along the school's tidal creek line. Students and many staff gave up much of their lunchtime to help plant, construct tree guards, mulch and water the new seedlings. These plants are the first of a much larger project of revegetating the school's tidal creek line.

The aim of the project is to provide important understory and groundcover, providing habitat in which to encourage small birds, lizards, insects and bandicoots to live on the school grounds.

I would like to thank the following people for their support with the project — Helena Davis from Pittwater Council for the kind donation of plants and valuable expertise. Pittwater High School's wonderful support staff, Gerard Smith, James Lloyd and our amazing gardener Cheree Hall for preparing the site. Also the many amazing teachers at Pittwater High who gave up their break time to help students with the planting.



SNOW SPORTS

Congratulations Jasmine Malone, Chloe Wilson and Jarrah Shepperd who represented Pittwater High School at the NSW Interschools Snowsports competition last holidays. All students achieved outstanding results and have made it through to State. Thank you also to Mike Hogan for supporting our team.

Snowboarding

First Place Team in Boarder X and Boarder GS

Chloe Wilson (Year 9)

Jasmine Malone (Year 10)

Jarrah Sheppard – Boarder GS (4th), BX (5th)

Skiing

Chloe Wilson -Skier X (3rd place), Alpine (6th place)



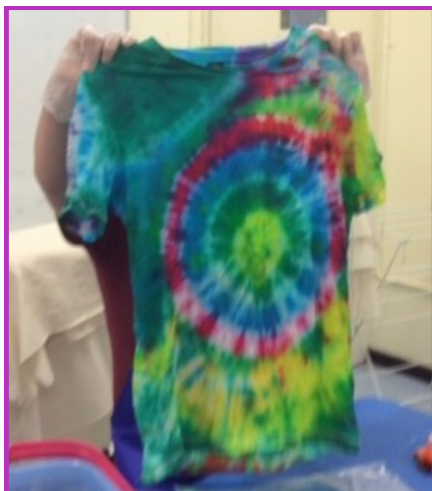
MULTI CAT CLASS

BEAUTIFUL TIE DYE T-SHIRTS

The multi cat class were very busy last term learning how to tie dye. Firstly, they practiced on a small piece of fabric to learn the different effects and colour combinations. They then tied their t-shirts and dyed them. The big reveal was very exciting and the end results were fantastic.

Congratulations to all the students in this class for their enthusiastic efforts with this project.

Mrs T Lagois



AGVISION - AGRICULTURE CAREERS EXPO

Wednesday was an interesting day for the Year 10 and 11 Agriculture students.

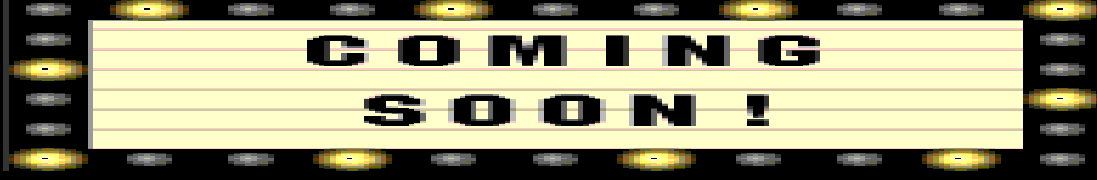
Miss Polosak, Mr Thatcher and 30 students headed out to Sydney Showgrounds at Homebush for AgVison Careers Expo showcasing the many jobs in Agriculture. Throughout the day everyone attended five classes which we chose prior to the day. These ranged from a Stock Agent, Shearers and Cattle Consultants to Meat Scientists, Drone Managers and Robotics.

One of the popular classes was Artificial Insemination where we had the chance to feel inside a fake pregnant cow, learn about all the equipment and how to use an A.I gun. In the Meat Scientist class we learnt about the difference between grain feed and grass feed meat by sampling steaks. At recess we went into the arena and watched a competition between a horse, a motorbike and a quad bike run by Tocal College.

In the shearing class we learnt an interesting trick; if you put a boot under a sheep which is laying down it will think it is your foot and will not move. Overall, we had a great day, learnt heaps and found out about the many many jobs in Agriculture.

A big thank you to Miss Polosak for organizing this excursion and to the RAS for running it.

Danelle Kelliher—Year 10 student



PHS SENIOR DRAMA RECITAL NIGHT


THURSDAY 6 AUGUST @ 7pm

The PHS Year 12 The PHS Year 12 Drama class would like to invite all interested audience members – Junior drama students, friends and families – for a fun night of theatre.

Students will present their Individual Performances and Group Performances for an intimate audience who will hopefully provide valuable feedback in preparation for their Trial HSC Exams.

Please join us in the Performance Space for a free night of comedy and tragedy as we explore the major works of Year 12 Drama 2015!

Dave Gleeson (Drama Teacher)



CAREERS NEWS

Parents/Carers: Please don't hesitate to contact me via phone or email if you have any questions.

Year 12:

For those undertaking an ATAR pathway and wishing to go to university next year, they should receive their **UAC pin**, (Universities Admission Centre pin) in the mail over the next couple of weeks which they will need to log in and select their 9 university courses for 2016. **Selection deadline is the end of September.** This year's **UAC books** have arrived-please collect and sign for your copy from the Careers Office!

University Early Offer programs:

Schools Recommendation Scheme, (SRS) close end of September, apply online through UAC once you have submitted your UAC application.

EAS, (Educational Access Scheme) applications for those who have suffered "**long-term educational disadvantage**" (to gain extra ATAR points) will also be available soon from the Careers Office in the Library.

University Open Days:

DATE	UNI OPEN DAY
6-August	Newcastle Uni-Port Macquarie
13-August	CQ Uni
15-August	Newcastle Uni-Central Coast
15-August	Wollongong Uni-Wollongong
19-August	La Trobe Uni-Mildura
22-August	Newcastle Uni-Newcastle
28-August	La Trobe Uni-Albury-Wodonga
29-August	Uni of Notre Dame
29-August	Sydney Uni
29-August	UTS, (city campus)
29-August	Wollongong Uni-Sydney
30-August	UWS-Parramatta
5-September	ACU, (North Sydney)
5-September	UNSW
12-September	Macquarie Uni
12-September	ACU, (Strathfield)
7-December	Southern Cross Uni-Coffs Harbour
9-December	Southern Cross Uni-Lismore
11-December	Southern Cross Uni-Gold Coast
	OTHER
22-July	NIDA

Scholarships:

AVCAT are pleased to announce that **Applications for 2016 Scholarships and Bursaries** open on 18 August 2015. The Australian Veterans' Children Assistance Trust (AVCAT) is a national independent charity helping the children and grandchildren of ex-service men and women to a better future through higher education.

See me for more details. Applications close 18 August.

CAREERS NEWS (Cont.)

Defence Force Gap Year 2016 has re-opened from 13 July to 7 August for the following roles: Army: Administration Clerk, Army: Unit Quartermaster, Army: Driver, RAAF: Personnel Capability Specialist, RAAF: Supply.

The ADF Gap Year program provides an opportunity for young Australians, who have finished year 12 (or equivalent) and are aged between 17 and 24 to experience military training and lifestyle whilst gaining new skills and pay over their Gap Year. If you would like to find out more or would like to start their application please click on the link below:

<http://www.defencejobs.gov.au/education/GapYear/>

Year 10:

Careers Lessons this term, once a fortnight. We will be:

- evaluating "workplace scenarios"
- investigating and practicing "interview skills"

Also, students should be looking for a suitable **work experience** employer! Remember the required documentation should be returned 2 weeks before the placement. Remember you can go out any time from now til halfway through term 4, (2 weeks before final year exams period)

Photos of your placement would be great for the newsletter.

JOBS/Other news: Students need to check their **department emails** regularly for advertised jobs!

Also, checkout www.seek.com.au for more jobs or **The Manly Daily** for local jobs!

YEARS 10, 11 AND 12 STUDENTS: Please log onto the [MHSCareers](#) website-Pittwater High School subscribes to this website which **advertises current careers events**. To login: use "[parent](#)" or "[student](#)" then password "[14cairns](#)". You can also register for email alerts! The "Calendar" is great info!

Or for more **general careers information**, look at our Careers website by checking out [Careers-Works](#), students should have the password but email me if you need a copy?

Also, we have created the [Pittwater High Careers](#) website, please have a look and encourage students to **register!!**

I would love some **feedback** on the above websites, please email me on jocelyn.bates@det.nsw.edu.au

J. Bates, (Careers Adviser, EXT 128).

MUSIC NEWS

When	Event	Location	Ensemble
4 August 7.45pm arrival	PCS night two	Hall	Senior Stage. dress rehearsal 2.30 in hall
11 August 7pm	Parents meeting	Pittwater RSL	All Parents welcome - date moved one week
18 August 7pm	Community Night	Pittwater RSL	Concert Band
22 August 7pm	James Morrison	Hall	Senior Stage Band http://trybooking.com/ICRQ
24 August 6.30pm	Senior Music Night	Performance Space	Senior elective music students
15 September 7pm	Instrumental Night	Hall	Concert and Symphonic Bands
XX September TBA	Joint Concert	St Josephs Hunters Hill	Symphonic Band and Senior Stage Band
5 October	Manly Jazz Festival	Manly Corso	Senior Stage Band
10 November	PHS Music Night	Hall	Selected students, Year 7 Music Elective Class, Senior Strings, Senior Stage

These events have been updated into our music web site:
<http://www.myschoolmusic.com.au/pittwaterhighmusic>

Please plan on supporting the full session at the upcoming events.

Concert Band Families: The date for the community night at Pittwater RSL has been confirmed for 18 August, an adjustment from earlier newsletters

Morrison Evening: Tickets selling fast for this fantastic night. After buying your family's tickets, please consider sharing the word through your social networks or putting a flyer up at work.

<http://trybooking.com/ICRQ>

Parents meeting: Come along and hear what's going on with the program on 11 August

School Musical: Congratulations to all from the program for their involvement with the very successful musical.

2015 Payments: The online portal is open for access. Payment questions to
 Rick Elliott at icycoldlager@gmail.com <http://www.myschoolmusic.com.au/pittwaterhighmusic>

Contact Information:

President Valerie Mavridis	yurimavridis@gmail.com	0416 444 303
Secretary Helena Nobs	nobschiu@ozemail.com.au	0417 434 547
David Fogarty	david.fogarty@gmail.com	0406 007 778
Treasurer Rick Elliott	icycoldlager@gmail.com	0400 461 941
Uniforms Melissa Turnock	melissa.turnock@pilatesscene.com	0414 452 152
Canteen Sheridan Femia	xeresfemia@gmail.com	0414 594 905
Concert Band Linda Mancini	lindammancini@hotmail.com	0410 445 799
Helena Nobs	nobschiu@ozemail.com.au	0417 434 547
Symphonic		
Strings Grace Marshall	grace.marshall@ioof.com.au	0408 811 066
Junior Stage Joulia McLaren	Joulia.mclaren@gmail.com	
Senior Stage Sally Simons	sallysimons2@icloud.com	0414 771 346
Orchestra Valerie Mavridis	yurimavridis@gmail.com	0416 444 303
Band Captains	Nick Simons Robbie Fabbro	

PITTWATER HIGH SCHOOL

Uniform Shop Hours – Tuesday and Thursday 8:15-11:15am

Date: _____ Order taken by (internal use): _____
 Student's Name: _____ Roll Call: _____
 Contact Phone No's (Home): _____ Parent Mobile Phone: _____

				ORDER DETAILS		
	ITEM	SIZES	PRICE	SIZE	QTY	TOTAL
GIRLS	Junior Tartan Tunic – Summer	6-22	69			
	Junior Tartan Skirt – Summer	6-22	40			
	Junior Tartan Skirt –all year round	4-18	60			
	Junior Blue Short-Sleeved, Pintucked Blouse	10-22	27			
	Junior & Senior Long Black Pants – Winter	4-16	27			
	Senior White Short-Sleeved Blouse with Maroon Piping, PHS Embroidery	8-22	32			
	Senior Grey, Front Pleated Skirt – Summer and Winter	8-22	60			
	White Ankle Socks	Not sold at Uniform Shop				
BOYS	Junior Maroon Polo Shirts with PHS Emblem	10-26	32			
	Junior & Senior Grey Surf Style Shorts	XXS-5XL	39			
	Long Grey Pants	Not sold at Uniform Shop				
	Junior Midford Grey Elastic Waist Shorts	12-18	25			
	Senior White Collar Short-Sleeved Button Shirt with PHS Embroidery	16-26	30			
	Senior Maroon School Tie with PHS Embroidery		25			
UNISEX	Maroon Fleecy Zippered (Hoodie) with PHS Embroidery	XXS-XXL	50			
	Junior Maroon Sweatshirt (Sloppy Jo) PHS Embroidery	12-22	29			
	Junior Grey Woollen "V" Neck Jumper	10-18	70			
	Senior Maroon Woollen "V" Neck Jumper with PHS Emblem	10-24	75			
	Senior Maroon School Blazer with PHS Emblem	14-24	110			
SPORTS UNIFORM UNISEX	Maroon Microfibre Shorts PHS Logo	XS-XXL	35			
	Maroon Knit Short PHS Logo	12-16	25			
	White Polo Shirt with PHS Emblem	10-24	32			
	Navy Microfibre Tracksuit Pants	12-XI	45			
	Navy Microfibre Tracksuit Zip Up Top with PHS Emblem	12-XI	45			
	PHS Maroon Rugby Shorts	XS-XL	25			
	Maroon and White Long Rugby Socks		10			
OTHER	Scientific Calculators		33			
	Portable USB 2GB		4			
	Black Winter Stockings – Girls	S,M,L	9			
	Year 7 book pack (inc. scientific calculator)		75			
	Navy Apron		12			
	Year 8 book pack		50			
TOTAL AMOUNT TO PAY						

NAME OF CARDHOLDER: _____ (exactly as shown on card)

Card No: _____ / _____ / _____ / _____

Expiry: ____ / ____ CCV No: _____ Total Amount \$ _____

Signature: _____ Date: _____

Please CIRCLE method of payment CASH CHEQUE EFT Credit Card – MASTERCARD / VISA

EFTPOS facilities available - 1% surcharge on credit card purchases
 Cheques are to be made payable to "Pittwater High School Uniform Shop" and have a 5 day clearance hold on items purchased.
 All orders must be accompanied with payment and put in an envelope, clearly marked "Uniform Order", and placed in the Red Box in A Block or given to a supervisor in the canteen. Collect uniforms from canteen at any time.
 A selection of second hand uniforms are available for purchase at reduced prices
 The Uniform Shop is open every Tuesday and Thursday from 8.15am to 11.15am, and located at the far end of the Canteen – enquiries 9979 6968 or contact the Uniform Shop manager Kim Gobbe.

15 October 2014

Northern Beaches



Support Group

A problem shared is a problem halved

The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children/teenagers with ADHD, via monthly meetings. The group aims to provide a safe and supportive environment to discuss and learn more about ADHD in order to best help parents and kids.

SPEAKER EVENING: ONDREJ BURSIK **"Neurofeedback & how to regulate our brain –** **Drug-free approach in helping ADHD"**

Ondrej Bursik is the Director of Optimal Learning Centre.
On completing his BA in Psychology at Macquarie University in 1996,
Ondrej undertook a two-year diploma course in Holistic Kinesiology.
Ondrej currently works at Optimal Learning Centre
and lectures in Holistic Kinesiology at
The College of Complementary Medicine, Sydney.
Ondrej is trained in:

- Neurofeedback assessment and analysis
 - Samonas Sound Therapy
 - Primitive Reflex Therapy
 - Interactive Metronome

Monday 17th August, 2015 @ 7.00-9.00pm
The Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale

Ticket reservations essential via
<http://www.eventbrite.com.au/org/4222746751>

Register on [Eventbrite](#)



Facebook: <https://www.facebook.com/BeachesADHDsupport>
Facebook Forum: <https://www.facebook.com/groups/BeachesADHDsupportgroup/>
Email: nbsadhdsupportgroup@hotmail.com
Website: www.northernbeachesadhdsupportgroup.com.au
We sell the Entertainment Book online via our website



Your guide to ADHD information, services &
resources in the Northern Sydney region.
www.adhdguide.com.au



Venue kindly sponsored by
Pittwater RSL Club

Narrabeen Car Boot Sale



Do you have stuff in your garage that you don't use anymore?
Do you need to downsize?

Cleaned out the kids cupboards?

Come and enjoy a great family day out at **NARRABEEN CAR BOOT SALE**
and help to raise funds for Narrabeen Sports High School.

If you don't have anything to sell, come along and you will be sure to pick up an
absolute bargain! You will be amazed at what you find.
There is something for everyone.

WHERE:

At the back soccer field Narrabeen Sports High School,
end of Namona St North Narrabeen 2101

WHEN:

Sunday 30 August—5.30am till 2.00pm

Prebooked confirmed site \$40 Car Spot \$50 Car and Trailer

Casual sites on the day \$45 Car Spot \$55 Car and Trailer
(only if available) -

BOOKINGS ONLY CONFIRMED BY PAYMENT FOR SITE

MAKE SURE YOU GET A SPOT!

**FOR ANY INFORMATION OR TO MAKE A BOOKING PLEASE CALL Sue on 0421 810 019 or
visit the website—www.narrabeencarboot.org**

Paid parking available for a limited number of cars on school grounds for \$2
Vehicles under 2.2m high only

LIFELINE BOOKFAIR

Lifeline Northern Beaches Giant Book Fair: 7—9 August 2015

Ted Blackwood Hall
Cnr Jackson & Boondah Rds Warriewood

Friday 7 August 1pm—8pm
Saturday 8 August 9am—5pm
Sunday 9 August 9am—2pm

(Entry by gold coin donation very much appreciated)

All funds raised support the activities of Lifeline Northern Beaches which, in addition to the crisis line (13 11 14), provides a lot of services to our community, including 24 hour counselling, bereavement support, anger management and problem gambling

Your support for our Book Fairs goes a long way to generating the funds required to continue providing these services to our community

CANTEEN NEWS

Wednesday 5 August: Giovanna Graziano,
Nicole Graham, Claire Monty, Ange Torres
Thursday 6 August: Sheridan Femia, Kylie Bennetts,
Robyn Armsworth-Brack, Karen Maguire
Friday 7 August Alison Turner, Tory van Brugge

Monday 10 August: Selena Webber, Alison Christensen
Tuesday 11 August: Ann Clayton, Rustanti Oetojo
Wednesday 12 August: Lara Floyd, Kay Little
Thursday 13 August: Kate Power, Georgia Bramham
Friday 14 August: C Marshall, Sandra Avedissian, Sarah Attfield

Monday 17 August: Janet Howard, Jan Lysaght, Simone Allan
Tuesday 18 August: Helena Nobs **Helpers needed**
Please advise canteen managers Katrina or Felicity (9999 4035, x122) if you are unable to make your canteen day.

Please don't assume you will be covered.

If any parents, friends, family or grandparents would like to assist on any day helpers are needed please contact myself or Felicity or Katrina in the canteen.

A full day is 9am to 2.30 or 3pm A half day is 3 hours

Fiona Griffith, Canteen Roster Co-ordinator

packfund@optusnet.com.au Phone 0431 121 631

newport doctor



Welcomes Dr Olivia Andrews (B Med Sc, MBBS, FRACGP)
women's and paediatric health,
preventative and general medicine

Born and raised in Sydney, Dr Olivia Andrews graduated from Sydney University with a Bachelor of Medical Science followed by a Bachelor of Medicine.

Olivia has more than ten years experience as a doctor.

She completed her internship at St George Hospital and her residency at Hornsby Hospital. Since then she has gained invaluable experience working at the Royal Hospital for Women and the Children's Hospital Westmead.

Olivia has worked as a GP in Sydney's Inner West, Northern NSW and for the last six years at the Cooper Street Clinic in Double Bay.

Olivia enjoys helping individuals achieve their health goals through physical and mental wellness. She loves being a family doctor and being able to contribute to the health and well being of each family member.

NEW PATIENTS WELCOME

1/354 Barrenjoey Road, Newport (cnr Bramley rd)
general practice **Phone: 9997 4441**

www.newportdoctor.com.au

FOR ONE NIGHT ONLY

JAMES MORRISON

7PM
SATURDAY
22nd AUGUST 2015



JAMES MORRISON AND HIS BAND PLAY PITTWATER

SATURDAY 22ND AUGUST 2015, PITTWATER HIGH SCHOOL, MONA ST, MONA VALE.

TICKET PRICES | \$80 PREMIUM* | \$45 ADULTS | \$35 CONCESSIONS | \$140 FAMILY*

A SNACK BAR WILL BE OPEN FOR THE EVENING AND WILL INCLUDE DELICIOUS SNACKS AND REFRESHMENTS.

*PREMIUM INCLUDES LUSH SEATING, LIGHT REFRESHMENTS AND A SIGNED GIFT FROM JAMES.

*A FAMILY TICKET CONSISTS OF 2 ADULTS AND 2 CHILDREN OR 1 ADULT AND 3 CHILDREN.

[CLICK HERE FOR TICKETS](#)

OR VISIT TRYBOOKING.COM/ICRQ

PROUDLY PRESENTED BY PITTWATER HIGH SCHOOL MUSIC PROGRAM