

White Ribbon @PHS: Breaking the Silence

Principal's Report: Jane Ferris

I am very proud that at Pittwater High we have put our hand up to become part of this international movement. Core to our values is respect for all whether it is between men and women or different cultural groups. As a White Ribbon school the focus is ending violence and abuse towards women and breaking the silence. By having all our students as part of the conversation we hopefully can have a positive impact on our students' lives now and in the future. I thank Mr Johns, Mr Burton and our student White Ribbon team for all their work in coordinating events for this coming week.



Instrumental Program Concert



Tuesday evening saw the annual Instrumental Program Concert and Awards Evening. As always the music was sensational and I was awestruck with the quality of the playing and calibre of the students. What a sound! I am greatly looking forward to being one of the accompanying teachers on band tour to China next year. I would like to acknowledge the excellent leadership of Dr Martin Hardy and all the inspiration provided by the instrumental band directors. After 7 years directing the symphonic band and concert band, James Hill is moving on. We thank him for his commitment over the years and wish him well in the future.

The Sports Commendation Celebration Assembly

The Sports Commendation Celebration Assembly on Thursday recognised the tremendous achievements of our students in sport. It is not just the wins and record-breaking achievements that I am proud of, but the good positive sporting spirit that is evident in our students. Congratulations to you all and thank you to Ms Payne and the PDHPE staff for the organisation of this event. I also would like to praise the year 8 and year 9 dancers for their excellent performances.

Pittwater High School 2015 Presentation Night

on Tuesday 8 December at 7pm in the school hall.

Supper: A light supper will be available after the function.

DEPUTY PRINCIPALS' REPORT - Renee Andrews; Ben Rekic

Being Sunsmart at school

With the summer sun bearing down upon us, it is a timely reminder to ensure that your child engages in a daily sunscreen routine 20 minutes prior to leaving home, reapplying every 2 hours. To quote from the Sunsmart website:

"SunSmart recommends SPF 30 or higher broad spectrum, water resistant sunscreen. In laboratory conditions, when used as directed, SPF30 sunscreen filters 96.7% of UV radiation and SPF 50 filters 98%".

For more information on sunsmart behaviour, visit their website at www.sunsmart.com.au.

Taking care at pedestrian crossings

It has come to our attention that in recent times there have been a number of incidents involving students using the pedestrian crossing at Pittwater Road after being dropped off in the morning. Although no students have been injured, these incidents have prompted the school to approach the local council to investigate solutions, and we would ask that all students needing to use this crossing, to exercise a high degree of caution when doing so.

Early Leavers Processes

If you plan on allowing your child to sign out early on a school day, early leaver requests will only be considered if submitted prior to 8:45am, and must be accompanied by a note. Students must take their signed and dated note to the relevant Deputy Principal's office prior to the commencement of the school day. Except in exceptional circumstances early leave requests by phone will not be considered.

Year 10 Senior Transition Program

Pittwater High School is committed to excellence in supporting students at all transition points during their school years. For the year 11 class of 2016, this will commence with the year 10 Senior Transition program, being run across weeks 8-10 of this term. It is essential that students attend classes regularly to engage with this program, and thereby refine the foundation skills for senior years, which are delivered through these sessions.

Each subject will deliver programs designed to develop skills within the context of their curriculum, and this program has been emailed to all students and parents of year 10. If you have not received this information, please notify us at the school's email address—pittwater-h.school@det.nsw.edu.au.

CALENDAR	
Thursday 26 November	White Ribbon Day commemorations and muffi day
Wednesday 2 December	Year 10 Formal—Monash Country Club
Thursday 3 December	Orientation Day—year 7 2016
Friday 4 December	Biathlon—6:45am
Tuesday 8 December	Presentation Night—7pm School Hall

LANGUAGES

This has been a busy and exciting semester for the Languages faculty. As we strive to incorporate more technology into our programs, much of the focus of assignment work has been about using online tools such as Edmodo for online completion and submission of work. The traditional Year 7 "Ma Famille" poster has now moved to an online format, as have many of the other assignments in the junior years. This of course enables students to use their knowledge of technology and their BYODs to learn about the French and Japanese languages and cultures, while also learning about the use of technology as an added tool for learning a new language.

In October, years 8, 9 and 11 elective French classes enjoyed a delicious meal at "La Grillade", a French restaurant in Crows Nest. Students were treated to traditional French cuisine, such as "l'escargot" and "Crème Brûlée". The students were complimented by the restaurant owner on their exemplary manners and behaviour on this excursion. The restaurant visit tied in perfectly with the theme of food, which has been studied by years 8, 9 and 11 at various times this year.

The year 10 elective Japanese class will soon enjoy a visit to a Japanese restaurant to celebrate the completion of their junior course. They will enjoy a traditional Japanese lunch while using their knowledge of Japanese food etiquette.

Here are some photos of year 7 Language students using their BYODs for assignment work, year 8 French students with their homemade French cuisine and year 9 French students enjoying a French meal at La Grillade.



MIDSUMMER NIGHT'S DREAMING

In late term 2, our drama teacher Mr Gleeson announced that we would be undertaking a group performance of Shakespeare's classic comedy, *A Midsummer Night's Dream*. Immediately the class was buzzing with excitement – where would we perform it? Who would be our audience? Which part will I be allocated? What is Shakespeare?

The casting was completed quickly and we were all happy with our roles. Scripts were distributed and rehearsals began immediately. Mr Gleeson allowed us a great deal of creative control over the staging of this production, and with the guidance of our assistant director Jenny Power, we began to devise and create a modern interpretation of the traditional Bard's tale.

Crew responsibilities were delegated amongst the class as well, allowing us to have ownership over the costume, prop, sound and staging decisions. As the dress rehearsals and first performances grew nearer, the tension in the class built nicely, allowing us to channel this positive energy into our characterisation.

Finally, the big day arrived – we performed four times for various appreciative audiences, and had a whale of a time. It was a truly magical experience (as Shakespeare intended it), and the learning curve was steep but enjoyable. It was a bumpy rollercoaster ride at times, but as the great man aptly stated:

"The course of true love never did run smooth."



WHITE RIBBON DAY 2015

White Ribbon is a worldwide campaign to end violence, abuse and discrimination against women. The vision of White Ribbon is for "all women to live in safety, free from all forms of men's violence".

White Ribbon Day this year falls tomorrow—Wednesday 25 November. Respect between genders is a core value of the Pittwater High School community. We are proud to say we are a White Ribbon School!

Last term we formed a White Ribbon Student Leadership team, with over 35 students in years 8, 9 and 10 volunteering to give up their lunchtimes to discuss ideas to promote the values of White Ribbon.

We passionately believe that education and awareness can play an important role in addressing this issue and promoting the development of positive relationships.

Tomorrow, Wednesday, our school assembly will be devoted to learning about the issues around 'Violence Against Women', while on Thursday 26 November we are having a special formal assembly in the hall and a muffin day with the theme - wear white, with coloured hair ribbons, to spice things up a little!

In addition, we have bought white ribbons for every student in the school. At various times over the two days, year groups will be taken out to the front noticeboard/fence of the school to tie their ribbon on the fence. So look out for our White Ribbon fence!

Twenty two people from Pittwater High School will be visiting the Northern Territory next year as part of a PDHPE/HSIE trip. We will be visiting a small community called, Ngukurr, 7 hours from Darwin. They are also focusing on the issue of violence against women. Check out their video!

<http://www.whiteribbon.org.au/ngukurr-project>

Stay tuned for a report on our White Ribbon activities. For more information visit :

<http://www.whiteribbon.org.au>

<http://lukebattyfoundation.com.au>

Mr Nick Johns and the White Ribbon Student Leadership Team

SPORTS PRESENTATION

On Thursday 19 November we celebrated the sporting achievement of Pittwater High School students at our annual Sports Presentation. This year we had the Junior Girls Soccer team and Open Girls Touch Football teams win the Warringah Zone title with the Open Boys Touch Football team winning the Super Zone title.

This year saw the introduction of the Perpetual Colin Green Cricketer of the year award. The first recipient of this award was Luke Trbojevic for his sporting success both in and out of school.

Congratulations to all teams and individuals who received awards and competed throughout 2015.

Sportspeople of the year 2015

Junior Sportswoman-	Brienna Mathieson
Junior Sportsman-	Jason Winny
Senior Sportswoman-	Grace Hanks
Senior Sportsman-	Sam Groom

School Sport Selections

Sports selections for term 1 2016 will take place in week 10 for students in years 8 and 9.

Sailing will be offered at \$400 for the term which is a fantastic price to learn something new or improve your sailing skills. Students should register their interest with Ms Payne.

PHS SUMMER BIATHLON'S 30TH ANNIVERSARY

Friday 4 December at 6:45am

ENTRY FEE \$10 per competitor (includes breakfast) \$5 per competitor (no breakfast)

CONTACT PERSON: Mark Dailhou 0418974883 or 99994035

Race Rules and Further Information

1. Entries accepted on the morning but if you wish to have breakfast please inform the Monday before race day. This enables us to cater. If you enter on race day you will not be able to attend breakfast. Breakfast starts at 8am at the Trade Training Centre (behind the school hall).
2. You may compete as an individual and complete both swim and run. You may also compete as a team "tagging" your runner as you leave the water. A swimmer may tag more than one runner.
3. Race starts 6:45am.
4. At no stage is running on the road permitted. Crossing roads is to be done under supervision of Race Officials. Undue delays at crossings may be subject to time adjustment. Failure to comply with direction at crossing will lead to instant disqualification and disciplinary action at school.
5. Traffic has priority over competitors.
6. There are to be no "unofficial entries". Participants from other schools and parents are most welcome to compete. (An official entry consists of this sheet with appropriate declaration completed.)
7. Race officials will determine your race category. Certificates and medals will be awarded as soon as practicable.
8. Adequate race preparation must be undertaken in the weeks proceeding the race. Trial swims and runs of similar distances must be undertaken. Firstly for confidence, then building carefully over several sessions, gradually increasing to "race pace".
9. Any competitor with a medical condition which may influence their performance must make officials alert to details, so additional monitoring and care can be provided.

I, _____ age _____ (this year) Male / Female (circle correct)
from _____ (school) wish to enter the 2015 Summer Biathlon.

Accompanying entry fee is \$10/ \$5.

I wish to enter as (circle appropriate A, B, C or D)

- A. Individual (400m swim and 5km run) _____
- B. Individual (400m swim and 5 km run) plus team tag _____
- C. Swimmer only and my running partner is: _____
- D. Runner only and my swim partner is: _____

Parent Guardian consent.

I _____ (parent/guardian of _____
(do hereby give permission for my son/daughter to participate in the 2015 PHS Summer Biathlon. In granting permission I attest my child is capable of completing the swim and/or run leg of this event. I also understand that I have a duty to inform the race officials of any condition which may be significant to the health and safety of my child during the running of this event.

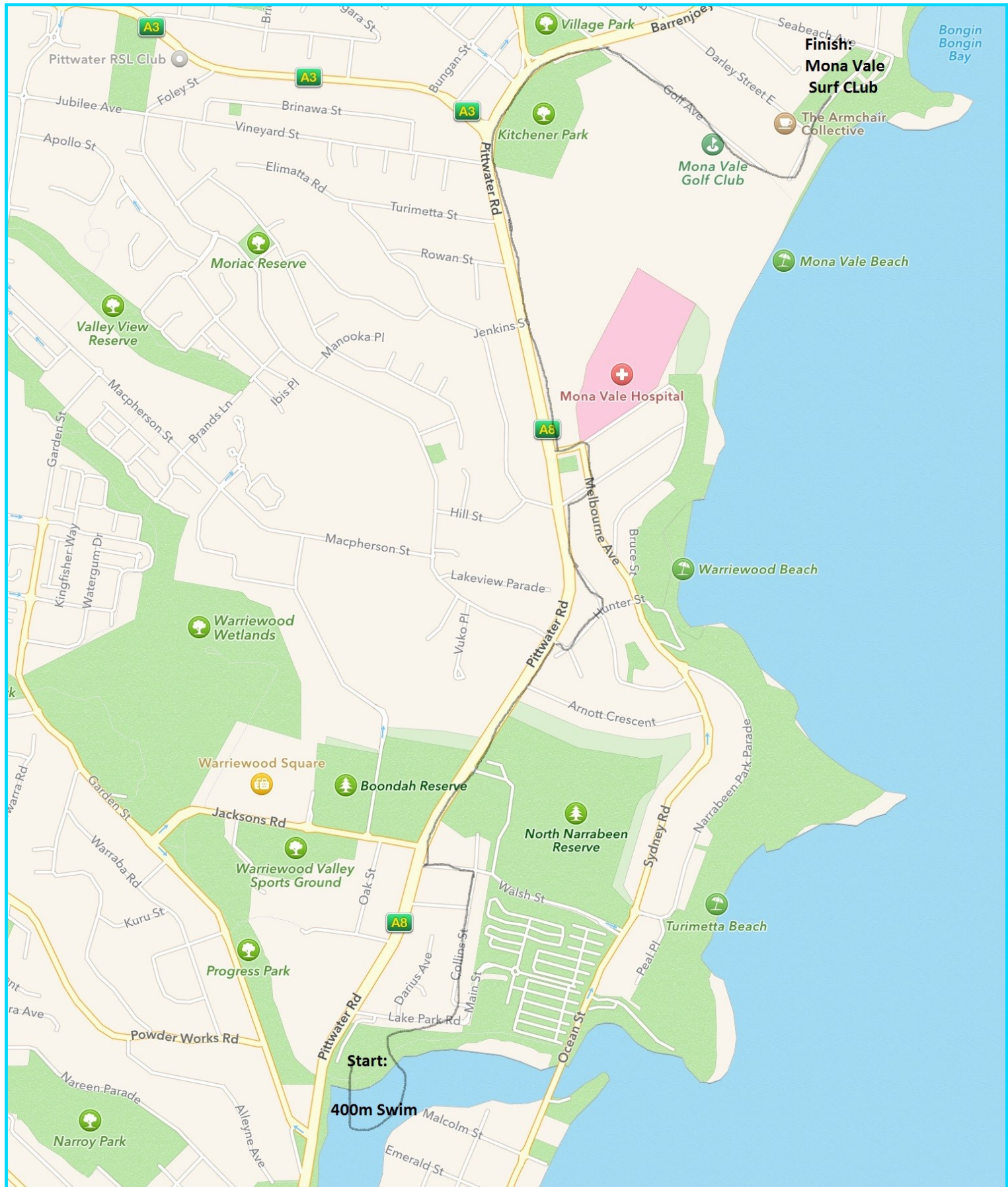
Alternate declaration (adults) I hereby apply to participate in the 2015 PHS Summer Biathlon.

I attest I am capable of completing this course. Signed: _____

Note: If you wish to partake in the after race breakfast you need to inform organizers the Monday prior.

PHS SUMMER BIATHLON'S 30TH ANNIVERSARY

All welcome, parents, relatives, friends and past students. You can compete as an individual or as a team. A swimmer can tag multiple runners and can also continue on as an individual. There is as much emphasis on participation as competition. A delicious breakfast follows at the school trade training centre afterwards, all before school starts. Come along and help us celebrate our 30th year. A biathlon history is currently being prepared.



CAREERS NEWS

Parents/Carers: Please don't hesitate to contact me via phone or email if you have any questions.

Year 12:

UAC applications for university places in 2016: For those undertaking an ATAR pathway and wishing to go to university next year, they will need to log in and select their 9 university courses for 2016. **Selection deadline was the end of September, however you can still apply, and you will just pay a late fee.** This year's **UAC books** have arrived-please collect and sign for your copy from the Careers Office!

EAS, (Educational Access Scheme) applications for those who have suffered "**long-term educational disadvantage**" (to gain extra ATAR points) are available now from the Careers Office in the Library. **Deadline early December!**

University Open Days:

- 7-Dec Southern Cross Uni-Coffs Harbour
- 9-Dec Southern Cross Uni-Lismore
- 11-Dec Southern Cross Uni-Gold Coast

Full-time Jobs:

- Electrical apprenticeships
- Landscaping apprenticeship
- Locksmith traineeship
- Hairdressing apprenticeship

Please see me for more information.

Year 10: Careers Lessons this term, once a fortnight. We will be:

- Making a short video clip about a job of interest
- Investigating post-school options
- "All My Own Work" course in preparation of senior studies and the HSC rules and regulations

NOTE: Work Experience for this year has now concluded.

JOBS/Other news: Students need to check their **department emails** regularly for advertised jobs!

Also, checkout www.seek.com.au for more jobs or **The Manly Daily** for local jobs!

YEARS 10, 11 AND 12 STUDENTS: Please log onto

The [MHSCareers](#) website-Pittwater High School subscribes to this website which **advertises current careers events**. To login: use "[parent](#)" or "[student](#)" then password "[14caims](#)". You can also register for email alerts! The "Calendar" is great info!

Or for more **general careers information**, look at our Careers website by checking out [Careers-Works](#), students should have the password but email me if you need a copy?

Also, we have created the [Pittwater High Careers](#) website, please have a look and encourage students to **register!!**

I would love some **feedback** on the above websites, please email me on jocelyn.bates@det.nsw.edu.au

J. Bates, (Careers Adviser, EXT 128)

MUSIC NEWS

PHS CHOIR VISITS BAYVIEW GARDENS NURSING HOME

Last Thursday, 19 November, the Pittwater High School Choir visited Bayview Gardens Nursing Home to sing to residents. The students sang several songs beautifully - Ed Sheeran's "I See Fire" and "Photograph" and Sarah Bareilles' "Brave". They had a great time and were enthusiastically received by residents. Several students had relatives or friends at the nursing home so it was particularly special. We are planning to return in December to get into the Christmas spirit and sing some Christmas songs.

I would like to thank all choir members and their parents for their support and commitment this year, and a special thank you to Mrs Louise Lorimer and the staff at Bayview Gardens Nursing Home."

Kara Jamieson



PITTWATER HIGH SCHOOL

Uniform Shop Hours – Tuesday and Thursday 8:15-11:15am

Date: _____ Order taken by (internal use): _____

Student's Name: _____ Roll Call: _____

Contact Phone No's (Home): _____ Parent Mobile Phone: _____

				ORDER DETAILS		
	ITEM	SIZES	PRICE	SIZE	QTY	TOTAL
GIRLS	Junior Tartan Tunic – Summer	6-22	69			
	Junior Tartan Skirt – Summer	6-22	40			
	Junior Tartan Skirt –all year round	4-18	60			
	Junior Blue Short-Sleeved, Pintucked Blouse	10-22	27			
	Junior & Senior Long Black Pants – Winter	4-16	27			
	Senior White Short-Sleeved Blouse with Maroon Piping, PHS Embroidery	8-22	32			
	Senior Grey, Front Pleated Skirt – Summer and Winter	8-22	60			
	White Ankle Socks	Not sold at Uniform Shop				
BOYS	Junior Maroon Polo Shirts with PHS Emblem	10-26	32			
	Junior & Senior Grey Surf Style Shorts	XXS-5XL	39			
	Long Grey Pants	Not sold at Uniform Shop				
	Junior Midford Grey Elastic Waist Shorts	12-18	25			
	Senior White Collar Short-Sleeved Button Shirt with PHS Embroidery	16-26	30			
	Senior Maroon School Tie with PHS Embroidery		25			
UNISEX	Maroon Fleecy Zippered (Hoodie) with PHS Embroidery	XXS-XXL	50			
	Junior Maroon Sweatshirt (Sloppy Jo) PHS Embroidery	12-22	29			
	Junior Grey Woollen "V" Neck Jumper	10-18	70			
	Senior Maroon Woollen "V" Neck Jumper with PHS Emblem	10-24	75			
NEW	Peaked Cap		12			
SPORTS UNIFORM UNISEX	Maroon Microfibre Shorts PHS Logo	XS-XXL	35			
	Maroon Knit Short PHS Logo	12-16	25			
	White Polo Shirt with PHS Emblem	10-24	32			
	Navy Microfibre Tracksuit Pants	12-XL	45			
	Navy Microfibre Tracksuit Zip Up Top with PHS Emblem	12-XL	45			
OTHER	Scientific Calculators		33			
	Portable USB 2GB		4			
	Black Winter Stockings – Girls	S,M,L	9			
	Year 7 book pack (inc. scientific calculator and cap)		85			
	Navy Apron		12			
TOTAL AMOUNT TO PAY						

NAME OF CARDHOLDER: _____ (exactly as shown on card)

Card No: _____ / _____ / _____

Expiry: ____ / ____ CCV No: _____

Total Amount \$ _____

Signature: _____

Date: _____

Please CIRCLE method of payment CASH CHEQUE EFT Credit Card – MASTERCARD / VISA

EFTPOS facilities available - 1% surcharge on credit card purchases

Cheques are to be made payable to "Pittwater High School Uniform Shop" and have a 5 day clearance hold on items purchased.

All orders must be accompanied with payment and put in an envelope, clearly marked "Uniform Order", and placed in the Red Box in A Block or given to a supervisor in the canteen. Collect uniforms from canteen at any time.

A selection of second hand uniforms are available for purchase at reduced prices

The Uniform Shop is open every Tuesday and Thursday from 8.15am to 11.15am, and located at the far end of the Canteen –

enquiries 9979 6968 or contact the Uniform Shop manager Kim Gobbe.

17 Nov 15



0424 250 252

beachesdrivingacademy.com.au  beachesdriving

SPECIAL

Buy 5 - Pay 4

***Valid for purchase by 15 December 2015**

Total cost for 5 lessons - \$300

Individual lesson - \$75

**Accredited learner driving tuition
in the latest model VW Golf**



**Become a confident safe
driver ready to take your
P's with our individual
lesson plans developing
low risk driving skills.**

**10 lessons = 30 log book hours
with a licensed instructor**



Learn to sail
at
The Royal Prince Alfred Yacht Club



Summer Holiday Programs

Ages 7 - 15 years

Dates:

15-18 December

5 - 8 January

12 - 15 January

19 - 22 January

Contact:

P 9998 3700 | E: sailing@rpayc.com.au

<http://rpayc.com.au/training-courses/junior-courses/holiday-program>



Welcome the world to your home!

Why not host an overseas exchange student with AFS Intercultural Programs? We have participants due to arrive in February and they require volunteer host families for their stay in New South Wales.

Make a friendship that can last a lifetime. Participants come for 5 months to 11 months and attend high schools and become an active member of the school, community and your family. They come from countries including France, Germany, Netherlands, Switzerland, Finland, Canada, Japan, Costa Rica, Argentina and Brazil.

If you are interested in going on an exchange overseas we would also love to hear from you to discuss the opportunity of becoming an exchange student.

For more information please call **Sharon Toohey** on **9215 0077**, aus.hosting@afs.org or contact the AFS Hosting team on 1300 131 736 or visit www.afs.org.au/host to make an inquiry!

THE MISSING INGREDIENT? IT'S YOU.

We're proud of our Canteen at Pittwater High School. Quality ingredients along with care and love go into the nutritious food prepared fresh daily for students.

The formation of a Canteen Committee is essential for the ongoing sustainability of our School Canteen. We are looking for Parents to join us on the Canteen Committee to support and oversee the running of this important part of student life.

**The Canteen Committee,
it's time to get in the mix.**

The Canteen Committee is being formed now.
Visit www.pittwater-h.schools.nsw.edu.au/p-c for more information.
Register your interest at <http://bit.ly/phscanteen>

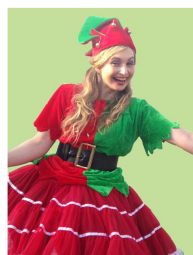


NEWPORT VILLAGE XMAS PARTY

THURSDAY 10 DECEMBER

5PM - 9PM

ROBERTSON RD NEWPORT



Bring the family - do your xmas shopping at Newport Shops and take advantage of the culinary delights around Newport.

- Xmas Carollers
- Ice Cream truck
- Music by Ace Ventura
- Face painting elf
- Pop up Travelling Caravan Bar

Call 9970 1165 for more information.



WWW.PITTWATER.NSW.GOV.AU/MARKETS

CANTEEN

Wednesday 25 November:

Thursday 26 November:

Friday 27 November:

Monday 30 November:

Tuesday 1 December:

Wednesday 2 December:

Thursday 3 December:

Friday 4 December:

Monday 7 December:

Tuesday 8 December:

Fiona Griffith. Helpers needed

Sheridan Femia. Helpers needed

Debbie Havenstein, Sue Nicol, Susan Crosse

Michelle Le Creurer

Leonie Olivari, Blandine Bizeau, Ann Clayton

Melissa Trbojevic, , Linda Newman, Di Brian, Helen Mijakovac

Keryn Gallagher, Sarah Jones

Sunny Van Raad, Lisa Haworth

Christine Bratkovic, Roger Springthorpe

Fiona Griffith, Wendy Mclean, Georgia Bramham

Please advise canteen managers Katrina or Felicity (9999 4035, x122) if you are unable to make your canteen day. Please don't assume you will be covered.

If any parents, friends, family or grandparents would like to assist on any day helpers are needed please contact myself or Felicity or Katrina in the canteen.

A full day is 9am to 2.30 or 3pm; a half day is 3 hours.

Fiona Griffith: packfund@optusnet.com.au Ph 0431 121 631