

## FAREWELL YEAR 12

### Principal's Report—Jane Ferris

Congratulations to Year 12 having a very focused and respectful last week of school. Students have continued to attend all lessons and concentrate on their studies. But there has also been time for positive events as follows:

#### Cambodian Fundraiser:



Firstly year 12 are to be thanked for getting behind Sabrina fundraising efforts to support the poorest of the poor in Cambodia. Later in the year Sabrina is travelling to Cambodia as a volunteer to help build huts and wells. The non for profit organisation "Tabitha" requires volunteers to also fundraise to purchase the materials needed to build the huts at a cost of \$1,500 each. Last Thursday cakes baked by year 12 prefects and students went on sale while another year 12 student donated a guitar that was raffled off. To add to the sense of occasion the year 12 students challenged the staff to a game of bin ball. Rumour has it the staff were put in their place! In the meantime Mr Kovacs volunteered to partake in the ice-bucket challenge on Monday if more than \$500 was raised. A further last minute collection ensured a grand total of \$1,332.85 was raised so Mr Kovacs complete with rubber duckie chilled out!



**Trip to the Zoo:** Year 12 have had a 'back to childhood' trip to the zoo today to celebrate their last week of school. Hot off the iPhone text message are pictures of their day out. Again congratulations in continuing to do the right thing while having fun.



**Farewell assembly and graduation:** As a staff we are greatly looking forward to the early morning breakfast on Wednesday with Year 12 followed by their farewell assembly and clap out from the school. Then later in the day is the Graduation Ceremony with their parents followed by Formal Dinner – would you believe again at the zoo. Hopefully we will have pictures for the first newsletter next term

**Congratulations to Tanisha** who has been successful in being nominated for Enstage for her HSC drama performance. This is a very prestigious recognition for a very talented student.

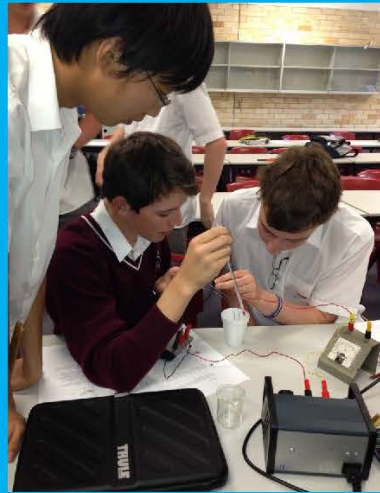
**All the best in your final preparation for the HSC:** The final weeks before the HSC examinations provide an invaluable and essential time for ongoing revision. Do make the most of this time with a study plan including breaks to exercise and stay relaxed. Continuing practice essays and techniques such as mindmapping will equip you well and ensure you maximise your marks.

### CALENDAR

Wednesday 17 September	Year 12 Graduation
Wednesday 8 October	Year 11 into 12 Information Evening
Monday 13 October	HSC Exams Commence
Friday 7 November	HSC Exams End

# HSC 2015

## Student and Parent Information Evening



**School Hall at 6.00pm—7.00pm  
on Wednesday 8 October 2014**

This evening will include:

- Distribution of the HSC Assessment Booklet
- Requirements of Senior students - 'Core Day' and attendance, study periods.
- Board of Studies requirements for the completion of the HSC Course
- Surviving the HSC year
- HSC Major works—their importance, expectations and planning your time



*Mona St Mona Vale*

**MONA VALE**

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# SPORT

## Trampolining

During the last school holidays Samantha of year 7 competed at the 2014 Indo-Pacific Championships with the Australian team in Sun City South Africa.

Whilst there she received a gold medal for Synchro, a fourth for Double Mini Tramp and a 7th in Trampoline as she fell on the end deck in the finals.

What an achievement. She did not expect to do so well as she was at the bottom of her age group (13-14 years). Her goal was to get into the finals which she did.

However, based on her performance at this international meet, Samantha is a top contender to compete at the World Championships in Odense, Denmark at the end of next year.

We hope to show some of her routines at the annual sports presentation next term.



## Athletics

Our four representatives at the recent CHS Athletics Championships at Homebush all produced top ten placings in an outstanding display. This is an impressive performance from any school so our athletes should be very proud of their achievements. Details follow:

Bella	5th 12 years girls high jump
Alice	5th 12 years girls 800m
Ben	8th 13 years boys shotput
Jordyn	10th 15 years girls 1500m



## Open Girls Touch

The open girls touch team were zone champions for grade sport. They lost only one game in the weekly rounds and progressed to the super zone final to play Willoughby girls. Pittwater High scored in the first set of attack and led for the next 35 minutes. Willoughby came back strong in the second half and with minutes to go they took the lead and held on to win 7-6.

It was a great effort from a young Pittwater team.



# SPORT (Cont.)

## END OF SEASON GRADE TOUCH

As the Mr Askew coaching era came to an end, Pittwater High School Grade Touch Football Teams were introduced to a new senior team coach, Dr Hardy. Regularly regarded as a Music teacher, his inner sportsman successfully became evident in the grade sport season of 2014 as he organised training sessions and got the team well prepared for each game. Equally, while the coaching position changed, the make-up of the team drastically changed as well and the line-up was new-look and exciting with members from Year 11, Year 10 and 1 outstanding Year 9 making up the squad.

After the team selection process, the team was formed with only 6 students who had played any level of competitive touch football before due to a minimal selection pool being available for Dr Hardy. The season ahead appeared tough but immediately the squad members began to work at improving new skills with our new coach and the team really started to gel and become a TEAM. We went into our first game shaky, and came out with a whole new level of confidence and belief. This belief led to a work ethic that encouraged each player to become enthusiastic with training, allowing us to begin constructing a structured defence and attack that eventually led us to an undefeated season. Awesome effort, premiers again! Winning this competition meant we would play the winner of the Manly competition which was The Forest High in the Region's Super Final at Freshwater Senior Campus. Unfortunately, we had our only loss and couldn't win that game, however an appearance in that game is a great achievement in itself.

It was a pleasure to be a member of this team as Grade Touch has been a significant part of my time here so far at Pittwater and to see week in week out the team advance in skills and combinations was pleasing to say the least. A huge thank you from all the players in the squad to Dr Hardy who not only was an inspiring coach but refereed our games at a high standard every week. Also a thank you to Mr Johnson who helped form new set moves and structures into our team's weaponry.

Highlights included: Champions of the local Grade Sport Competition, the improvement of skills in each and every individual in the team, several winning margins of 10 tries + against renowned touch football schools (Narrabeen Sports, Cromer High), tries being scored by every player in the team, Luke playing in the age group above and being an integral part of our side, a birth in a Regional Super Final.

### Squad:

Alex (Year 11), Ben (Year 11), Daniel (Year 10), Daniel (Year 10), Daniel (Year 10), Darian (Year 10), Harry (Year 10), Jack (Year 10), Jesse (Year 10), Josh (Year 11), Luke (Year 10), Luke (Year 9), Sam (Year 11), Shaun (Year 10), Tom (Year 10)





# SPORT (Cont.)

## A Journey of Courage & Determination

Let me tell you a story. A story about ten boys who didn't care about volleyball. A story about a group of young boys who became men, on a quest for glory.

In early term two 2014, on a cold blustery day at the Pittwater High School volleyball try-outs, forty year 9 and 10 boys stood awkwardly while Miss Meyers and Mr Gleeson explained the rules of the game and the selection process for the Grade Sport team. None of them wanted to be there. None of them wanted to be in the team. What happened next was a transformation of gargantuan proportions. From lacklustre doofuses to keen and committed volleyball Jedi's, these boys became teammates in the space of less than an hour.

On the announcement of the team, Sam, Christian, Joel, George, Junto, Jack, Ethan, Aaron, Rhys and Robert resolved to train every day in an attempt to win over the hearts and minds of the sporting fraternity at PHS.

Against all odds—no net, a kidnapped team ball named Wilson (with two separate ransom notes), direct sunlight and Mr Dailhou—this group of wannabe's became a team of volleyballers.

The training paid off. They went through the season undefeated, in fact, they lost only one set out of more than twenty. They were crowned Grade Sport champions on the back of an incredible work ethic which allowed them to develop skills and manoeuvres such as super spikes, decoys and bammy-whams. They became local legends. They would walk down the beach in slow motion, they developed high fives that never really worked out, girls would stop them at the local diner and ask them to accompany them to the latest flick at the drive-in. Then it was time to head to the State National Championships.

Equipped only with team mascot Wilson, a substitute teacher (replacing Coach Gleeson who had mysteriously disappeared earlier in the month) and a set of team shirts with confusing quotes printed on them, the boys walked into the FSC auditorium as overwhelming under-dogs. The highly touted Davidson High team were out in full force, accompanied by a rowdy cheer squad, however the PHS boys quietened them down with a quick first set featuring some outstanding work from Jack Mercer. Davo rallied in the second set and levelled the score at 1-1, but with an element of divine inspiration and a touch of class, PHS prevailed in the third and took down the SuperZone title for 2014.

Congratulations gentlemen - you represented your school with dignity and style.

For further information - search P.H.S Volleyball on Facebook.



# SPORT (Cont.)

## Under 15 Water Polo Team

This year saw the return of Water Polo to Pittwater High, after a 20 year absence. Eleven enthusiastic year 9 girls, who had never played Water Polo before, spent Monday nights at the Warringah Aquatic Centre. Students played in the Northern Suburbs Water Polo competition competing against private and state schools from all over Sydney. The competition ran over two terms and our team improved every week, as they started to understand the concept of the game. Our students encouraged each other to give everything a go and enjoyed spending time in the water. Many were surprised how exhausted they became swimming up and down the pool every time there was a change of possession. But they never gave up and constantly gave their best. It is lovely to see the great sportsmanship everyone displayed towards each other and the other teams.

After all the rounds our team made it to the semi finals and played the winners of pool A, Wenona, and won 5-4 in a close game. Our defence had improved; Jordyn and Zara worked well together to stop any counter-attacks while everybody covered their players from the previous attack. It was a real group effort with all the goals scored evenly between the team (Isabella, Lily, Zara, Natasha and Claudia).

With a victory under our belt we were to play Pittwater House in the finals, who we had played previously in the rounds and been defeated 9-1. Due to several injuries and illnesses we only had one reserve for the final. The team didn't let this discourage them and went into the game full of optimism. At the end of the first quarter we were ahead 3-1 after some lovely goal shooting. After a few good attacks by Pittwater House, they were even. From then on it was a constant battle between the two teams until the final whistle, resulting in a draw, 5 all (Isabella (2), Zara (2), Claudia). Unfortunately for our team, Pittwater House was the higher placed team during the rounds so they proceeded to the Grand Finals. The team collectively gave their best effort and the improvement they displayed was noticed by several other schools. Thank you to the other students who came and supported their friends during the season. It is fantastic to see the great camaraderie shown by everyone. This group of girls were a pleasure to coach and represented the school with great pride. The U15 Water Polo team will compete in the Knock Out competition during term 4 and I wish them all the best. The next Northern Suburbs Water Polo competition starts next year. Hopefully there will be more enthusiastic male and female students keen to play Water Polo.

Cate Jack—Classroom Teacher/Coach





# SPORT (Cont.)

## Pittwater Volleyball

Since the beginning of the year, 17 students from years 7, 8 and 11 have been training intently to make a splash on the state volleyball scene. The senior girls, including 2 year 10 students, kicked off the season with an impressive game in the knockout. Unfortunately, we were up against the top team and lost the first round in a very close game. This was the first game as a team for year 11 students; Hayley, Kate, Chloe, Josy and Meagan and Year 10 students; Candice, Ashlea.

The Year 11 students continued to train hard with 7am sessions, 5 times a fortnight and 2 afternoon trainings. They were joined by two exchange students, Gaby and Leticia, and a very enthusiastic year 7 team, consisting of; Jess, Steph, Kira, Aleesa, Perri, Jess, Alice and Bella. Both teams made their debut at the NSW Schools Cup at Homebush. The venue was a far cry from our concrete court and the girls put in amazing showing. For the junior team, this was their first real match, they managed to win a game and take a few sets against more experienced teams. The senior team were aided by the talents of Year 8 student Madison. They played an exceptional game, taking even the top teams to within a few points.

Unfortunately after this competition we had to bid farewell to Gaby and Leticia as they went home to Brazil. However the squad has been boosted by the arrival of two new year 8 players, Tia and Sandra, who will be an asset to the junior team. The senior team is excited to have another exchange student on board and are in awe of the talents of Francesca.

The senior team played their second Schools Cup and managed to win two out of their four games, again taking the top teams to very close scores. There has been a considerable improvement in their skills and ability to work as a team. It was a privilege to watch them play. The junior girls will play their next schools cup in October and both teams are hoping to play the final schools cup in November.

Ms Mitchell—Coach



# MARINE STUDIES FIELD TRIP

## INVESTIGATING THE BIOLOGY OF NATIVE CRAYFISH

The beginning of September saw a glorious start to spring.

On 1 September with temperatures of 25° C and blue skies, forty four year 10 marine studies students travelled to a local creek system to investigate a freshwater ecosystem and record population data on two rare native species of crayfish.

Accompanied by Mr Cannings and Mr Tucker, and a local guide from Auseco Environmental Educators, the students undertook creek faunal studies and water testing. The marine studies students learnt skills in aquatic animal sampling and handling, testing water quality, collected data on the population of native crayfish and investigated local human impacts on aquatic freshwater environments. The clear weather and recent rain saw ideal conditions for sampling and a large number of crayfish were collected and released safely.

Data that the students recorded will be used to keep long term records of the crayfish population and the overall health of the creek system. I would like to thank Mr Tucker for giving up much of his own time in providing an exceptional experience for the students.

Mr Paul Cannings—Classroom Teacher





# FISH FEEDING YOU

## PENINSULA COMMUNITY OF SCHOOLS SCIENCE FAIR 2014

On 3 September, budding young scientists from over 12 schools attended the annual Peninsula Community of Schools (PCS) Science Fair.

The Narrabeen Sports High School hall was temporarily transformed into an exhibition hall showcasing the Science and new technologies of this year's theme, Food for the future: Science feeding the world. Students were designated with the task of creating a stall and presentation about the Science behind a sustainable form of food production.

The level of presentations across the schools was outstanding. Pittwater High School was one of three high schools that attended. Six students enrolled in the year 8 Agriculture program worked on designing a new portable system of indoor Aquaponics that could be transported to the Science Fair and be used in the presentation. Aquaponics combines both the aquaculture of fish and yabbies, with the hydroponic production of vegetables and herbs.

Pittwater High has a number of large aquaponic systems in operation on the school grounds. The challenge for the students was to come up with a small portable system that could convert an existing fish aquarium into a cheap aquaponics system. The water and fish waste needed to be recycled through growing beds atop the tank, feeding the growth of lettuce and herbs. The keeping of ornamental fish is a popular hobby and converting an existing aquarium into a small aquaponic system utilises the already existing energy demands of the aquarium water pump and lighting system. As the human population is increasingly becoming more urbanised, living in small apartments or with limited outdoor space, this system allows people to still produce food within their house without any extra associated energy costs.

The students representing Pittwater High did an exceptional job, presenting the Science of aquaponics to both students and adults. They should be commended on giving up much of their lunchtime planning a stall that showcased the Agricultural Science that Pittwater High School has to offer. Also a special thanks is needed for Sam in year 10 who volunteered to be the official photographer for the event.

Mr Paul Cannings—Classroom Teacher



# COFFEE SHOP

During terms 2 and 3, Mr Robinson and Mrs Lagois have been training selected Year 11 Hospitality students to make coffee using the commercial coffee machine in the Trade Training Centre.

The students have learnt the technique of stretching and texturing the milk, grinding the coffee beans, identifying and making various coffees for example cappuccino, macchiato and latte.

Each week, the students take orders from the staff and busily work as a team to push out often 12 to 15 coffees and hot chocolates during the first lunch break. This opportunity provides the students with skills they can take into the workplace as well as providing a beverage service to our staff.

The students will rotate in term 4 to offer a new group of students the same opportunities and skill development.



**Wet'n Wild  
Sydney**



**Permission notes have been distributed for Year 8's end of year welfare activity.**

This year we are going to Wet N Wild in Sydney for the day. The cost is \$60 which covers entry and bus fares for the day. The payment must be made to the red box before November 7 or you will miss out on a spot. It is advisable to bring lunch on the day as the queues to the food stalls may be long and it is quite expensive. NO GLASS IS ALLOWED at Wet N Wild so please all water bottles must be plastic. We will be meeting in the quad at 7am for a 7.15 leave to make it out to Wet N Wild in time for a great day. We will be leaving Wet N Wild by 2pm so we make the school buses by 3.20pm. any further queries please contact Mrs Roulston on 99994035 ext 244.



# SYDNEY COASTAL COUNCILS CONFERENCE 2014

On Friday 29 August Zara and Alanna attended the Sydney Coastal Councils 10<sup>th</sup> anniversary conference.

The girls presented at the conference, discussing the importance of the coast to youths and how they would like to see it managed over the next 25 years. Alanna and Zara were the only students to present at this event and represented Pittwater High School brilliantly.

The girls were awarded with a beautiful book about Australia's coastlines which they have donated to the school and will be available for borrowing from the library. .

Thank you again to Alanna and Zara

James Tucker—Classroom Teacher

## YEAR 10 ENGINEERING - SOLAR POWERED BOATS

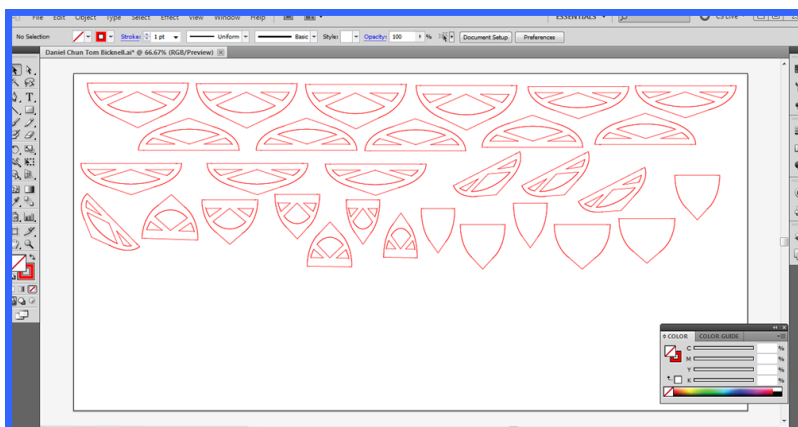
For the unit *Alternative Energies* students studied the different sources of energy. To put their knowledge to practice they were required to design a solar powered boat.

Students studied various designs of boat hulls to decide on the best option for their boat. They then designed the hull on Adobe Illustrator and cut it out on the laser cutter. Once the boats were assembled and working we tested them at Flying Fox Park. All the sun panels and propellers powered the boats through the water, they did not sink and none were lost to sea.

After two weeks of no sun, it was a great success and a lot of fun, awesome commitment to learning year 10!



Students racing their boats in the shallow water.



Example of one of the boat hull designs using Adobe Illustrate ready to be cut out of corrugated polypropylene on the laser cutter. .

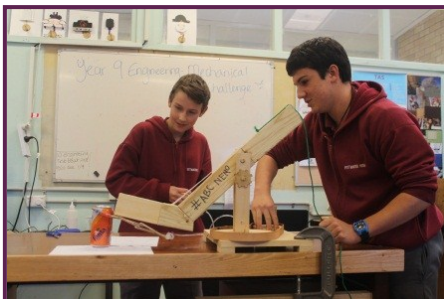
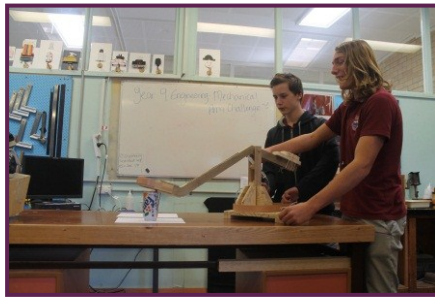
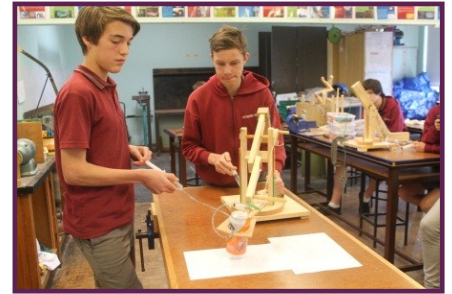
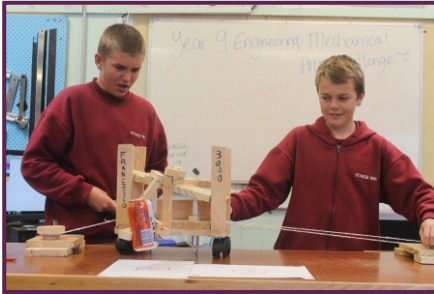


Two proud skippers.

Miss Mamone—Classroom Teacher

# YEAR 9 ENGINEERING - MECHANICAL ARM ...THE CLAW!

For the Mechanisms unit students were given the task to design and construct a mechanical arm with the function of picking up a soft drink can and moving it to another location. The majority of the project was constructed using recycled materials. The arms and mechanisms were made from scrap and syringes attached to tubing were used to represent hydraulics. The laser cutter cut out gears and cams specifically designed by students for their project. It was great to see a variety of designs and original methods developed.





# GALLIPOLI SCHOOL TOUR

**Pittwater High School has won a place on the NSW Gallipoli 2015 School Tour!**

**Mr Stephen Kovacs – HSIE Department**

NSW REMEMBERS  
CENTENARY OF ANZAC  
2014–2018



In September 2014, Pittwater High School was successfully drawn in the ballot for the Gallipoli 2015 School Tour! This once in a lifetime opportunity will allow students to follow in the footsteps of the first Anzacs and all the brave servicemen and women who sacrificed their lives during the First World War.

The Gallipoli 2015 School Tour will give four students enrolled in years 10, 11 and 12 in 2015 the opportunity to attend the centenary anniversary Anzac Day Dawn Service at Gallipoli, Turkey. The NSW Government will fund students and a supervising teacher to attend the services in April 2015.

Interested students who believe that they would be suitable candidates to represent Pittwater High School and New South Wales on this official tour will be asked to meet with the organising teacher, Mr Stephen Kovacs, in Week 10, Term 3 2014. Students will be issued with a full information and application package at this meeting.

Please see the following pages for the Gallipoli 2015 School Tour official media release and the full list of twenty-five schools drawn in the ballot.

For more information on this amazing opportunity, please read the information and application package, visit this website: <http://veterans.nsw.gov.au/centenary/gallipoli-2015-school-tour/> or email the organising teacher: [Stephen.kovacs5@det.nsw.edu.au](mailto:Stephen.kovacs5@det.nsw.edu.au).

NSW REMEMBERS  
CENTENARY OF ANZAC  
2014–2018



## GALLIPOLI 2015 SCHOOL TOUR

Clement College

Cronulla High School

Cumberland High School

Delany College

De La Salle Catholic College Caringbah

Emmanuel Anglican College, Ballina

Griffith High School

Holy Cross College

Hunter River High School

John Edmondson High School

Lisarow High School

Lucas Heights Community School

Macintyre High School

Muirfield High School

Port Hacking High School

Pittwater High School

St Andrew's Cathedral School

Stella Maris College Manly

St Luke's Grammar School

St Mary MacKillop College Albury

St Philip's Christian College

Swansea High School

Sydney Secondary College, Balmain Campus

The Canobolas Rural Technology High School

Tullamore Central School



Gallipoli 2015 School Tour Project Team  
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# GALLIPOLI SCHOOL TOUR



## Victor Dominello MP

Minister for Citizenship and Communities  
Minister for Aboriginal Affairs  
Minister for Veterans' Affairs  
Assistant Minister for Education

### MEDIA RELEASE

Monday 1 September 2014

#### **25 NSW schools drawn in Gallipoli 2015 School Tour Ballot**

The Minister for Veterans Affairs, Victor Dominello today announced the 25 secondary schools that will have the opportunity to send four students and one teacher to the Anzac Day Dawn Service Commemorations at Gallipoli in April 2015.

Mr Dominello said the schools were drawn by NSW Centenary of Anzac Ambassador Olwyn Green OAM in a ballot held this morning at Governor Macquarie Tower in Sydney.

The NSW Government is investing \$1 million to enable 100 students and 28 supervising teachers to take up the 128 places allocated to NSW by the Australian Government.

"Representatives from the 25 schools will have the unique opportunity to be part of the commemorative ceremonies to mark the 100th anniversary of the Anzac landings at Gallipoli," Mr Dominello said.

"They will be joining students from across Australia, descendants of those who served at Gallipoli, Australian First World War widows and thousands of other Australians who were successful in the national ballot.

"This trip will be a once-in-a-lifetime opportunity for school students from across NSW to learn more about the importance of the sacrifices made by our Anzacs at Gallipoli and to be part of the commemorative ceremonies to mark the 100th anniversary of the Anzacs landing at Gallipoli".

Mr Dominello said there had been strong interest from secondary schools across NSW in the ballot, with 420 Expressions of Interest received.

Based on the proportions of 2013 school enrolments 11 metropolitan government schools, four non-metropolitan government schools, eight metropolitan non-government schools and two non-metropolitan non-government schools were selected via an independent ballot.

The 25 schools drawn in the ballot will now undertake a local selection process. Students who will be enrolled in years 10 to 12 in 2015 will be invited to submit a written or visual piece of work on a theme or topic related to the Centenary of Anzac.

"Shortlisted students will then present their work to a panel of school and community representatives and will be assessed on their suitability to represent NSW on the tour."

"The panel of five will be chaired by the school principal who will invite a local RSL Sub-Branch representative, the local State MP and an appropriate member of the community to participate in the selection process".

Mr Dominello said the schools will now have until 27 October 2014 to select their representatives. Successful students and supervising teachers will be announced in December this year.

A list of the 25 schools drawn in the ballot and further information is available here:  
<http://veterans.nsw.gov.au/centenary/gallipoli-2015-school-tour/>

**MEDIA: Tom Green 0427 675 465 (Minister)**



# YEAR 10 ENGLISH

Why do we still study Shakespeare?

How does he transcend context and continue to connect with audiences regardless of time, culture or creed? Through their study of a Shakespearean text Year 10 students have been considering this question.

Students undertook the challenge of working with assigned peers to explore how one of their play's issues appears not only in their play, but also in our world today, and then to consider the relevancy of what Shakespeare says to us.

Each student has annotated sections of their set text (this was Macbeth, King Lear or Taming of the Shrew and contemporary texts that emphasise the relevance of their issue in a modern world. These have included; newspaper articles, film excerpts, novel excerpts, blog post and photographic images. Using their knowledge of both texts they have now created visual representations on their classroom wall. The depth of demonstrated knowledge is to be commended. Well done Year 10 on your outstanding effort and achievements !!



# DEBATING

Last week our year 10 debaters travelled to Manly Selective Campus to participate in the Regional semi final. What a great achievement!!!

Our students argued the affirmative position of the very challenging topic, 'That we should abolish the States', with great confidence and style and were fantastic ambassadors for Pittwater High. Undaunted by facing last year's State winners, they presented a cohesive argument and were only narrowly defeated.

The degree of thought and skill demonstrated was commended by the adjudicator, Manly Debating Coach and audience. I have felt very privileged to witness the progress of this lovely group of young people, most of whom had never debated until last year. Although quite different personalities, they have grown as individuals and bonded as a mature team, supportive of each other and raising the profile of debating in our school.

Congratulations to both our teams! Many thanks also to Ms Mitchell for her ongoing assistance.

I look forward to assisting the progress of all our teams next year.

Penny Waters—HT English



Year 9 and 10 Debaters



# MATHEMATICS

## MATHS CHALLENGE—by Pippa Pryor, Year 8

On 18 August, eight Pittwater High students, four from year 8 and four from year 9, travelled to Brigidine College at St. Ives, to participate in a 'Maths Challenge' competition. We were put into teams with students from different schools and challenged to complete four activities. The first was to solve ten problems in forty five minutes, as a team. For the second challenge, we were split into two pairs and answered more questions. One pair had to discover the answer to the first question, which was then required by the second pair to solve the second question and so on. The third activity was a maths crossword, where one pair had the 'down' clues and the other had the 'across' clues. It was very difficult to complete because we needed certain answers to help complete the clues, so it became another team effort. The final challenge was a running relay race. Again we split into pairs. Each pair had fifteen questions to answer. When the first pair had a solution, one of us would run to the teacher, who was sitting at the side of the room, to check the answer. If it was correct, the teacher gave us the next question, which we had to run over to our partners on the other side of the room. If we were wrong we had to go back and try again. At the end of the day, the points from all of the activities were tallied and the winners announced.

Overall, the day was a great success. Altogether, there were around 120 students from schools, both private and public, from Sydney's Northern region. I met some interesting people, learnt to think on my feet and had a lot of fun learning about maths.

## YOUTH LEADING THE WORLD

From 2—4 September Dylan, Matija and I were inspired and motivated at the Coastal Environmental Centre in Narrabeen at the Youth Leading the World Conference. We were in the company of other schools such as Manly Selective and the German International School. The information we were presented with was shocking and it has inspired us to educate others regarding what we have learnt.

During the three day course we investigated the major things effecting the world's environment at present. We discovered the deadly impacts that humans are causing on the environment. We looked specifically at the increased amount of rubbish and litter that is finding its way into our oceans and the living things that are being affected by this. Overfishing, unsustainable energy uses and animal culls were also discussed.

While hearing about the bad things that have been happening to the environment we also analysed the positive things we, and other members of society, can do to help. This included green energies such as solar, wind and water power and that we should buy biodegradable materials. We learnt that not wasting food, having a compost bin, a worm farm, vegie garden and only consuming meat that has been sustainably farmed can make a massive difference. The conference showed us the practical uses of these concepts.

During this course my peers and I have come up with ideas that allow us to individually make a difference and that can help motivate and educate others. In my opinion this course was very successful and was not only a learning experience but also very fun. I am enthusiastic to attend next year's conference.

Jemima Sanguinetti—Year 9

# PITTWATER HIGH SCHOOL UNIFORM SHOP ORDER FORM

Uniform Shop Hours - Tuesday and Thursday 8:15-11:15am

DATE \_\_\_\_\_ Order taken by (internal use) \_\_\_\_\_  
 STUDENT'S NAME \_\_\_\_\_ ROLL CALL \_\_\_\_\_  
 CONTACT PHONE NO's (HOME) \_\_\_\_\_ PARENT MOBILE PHONE: \_\_\_\_\_

				ORDER DETAILS		
	ITEM	SIZES	PRICE	SIZE	QTY	TOTAL
GIRLS	Junior Tartan Tunic – Summer	6-22	69			
	Junior Tartan Skirt – Summer	6-22	40			
	Junior Tartan Skirt –all year round	4-18	60			
	Junior Blue Short-Sleeved, Pintucked Blouse	10-22	27			
	Junior & Senior Long Black Pants – Winter	4-16	27			
	Senior White Short-Sleeved Blouse with Maroon Piping, PHS Embroidered	8-22	32			
	Senior Grey, Front Pleated Skirt – Summer and Winter	8-22	60			
BOYS*	Junior Maroon Polo Shirts with PHS Emblem	10-26	32			
	Junior & Senior Grey Surf Style Shorts	XXS-5XL	39			
	Junior Midford Grey Elastic Waist Shorts	12-18	25			
	Senior White Collar Short-Sleeved Button Shirt	16-26	30			
	Senior Maroon School Tie with PHS Embroidery		25			
UNISEX	Maroon Fleecy Zippered (Hoodie) with PHS Embroidery	XXS-XXL	50			
	Junior Maroon Sweatshirt (Sloppy Joe) PHS Embroidery	12-22	29			
	Junior Grey Woollen "V" Neck Jumper	10-18	70			
	Senior Maroon Woollen "V" Neck Jumper with PHS Emblem	10-24	75			
	Senior Maroon School Blazer with PHS Emblem	14-24	110			
SPORTS UNIFORM UNISEX	Maroon Microfibre Shorts PHS Logo	XS-XXL	35			
	Maroon Knit Short PHS Logo	12-16	25			
	White Polo Shirt with PHS Emblem	10-24	32			
	Navy Microfibre Tracksuit Pants	12-XI	45			
	Navy Microfibre Tracksuit Zip Up Top with PHS Emblem	12-XI	45			
	PHS Maroon Rugby Shorts	XS-XL	25			
	Maroon and White Long Rugby Socks		10			
OTHER	Scientific Calculators		33			
	Portable USB 2GB		4			
	Black Winter Stockings – Girls	S,M,L	9			
	Year 7 book pack (inc. scientific calculator)		75			
	Navy Apron		12			
	Year 8 book pack		50			
TOTAL AMOUNT TO PAY						

NAME OF CARDHOLDER: \_\_\_\_\_ (exactly as shown on card)

Card No: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Expiry: \_\_\_\_ / \_\_\_\_ CCV No: \_\_\_\_\_ Total Amount \$ \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please CIRCLE method of payment CASH CHEQUE EFTPOS Credit Card – MASTERCARD / VISA

EFTPOS facilities available - 1% surcharge on credit card purchases

Cheques are to be made payable to "Pittwater High School Uniform Shop" and have a 5 day clearance hold on items purchased.

All orders must be accompanied with payment and put in an envelope, clearly marked "Uniform Order", and placed in the Red Box in A Block or given to a supervisor in the canteen. Collect uniforms from canteen at any time.

A selection of second hand uniforms are available for purchase at reduced prices

The Uniform Shop is open every Tuesday and Thursday from 8.15am to 11.15am, and located at the far end of the Canteen – enquiries 9979 6968 or contact the Uniform Shop manager Kim Gobbe.

26 August 2014



# CAREERS

Year 12: Exit Plan Interviews: have been conducted the past couple of weeks, if you missed your timeslot for any reason, please reschedule. Things being discussed are University applications/early entry schemes, TAFE applications and job hunting!

Year 12: UAC, (University Admission Centre) books have arrived for those studying an ATAR pathway, please collect from my office and sign for your copy. UAC pins should have arrived at your home address by now, please phone UAC if you haven't received yours. Applications to UAC for university admission in 2015, (\$29), close at the end of September if you don't want to pay a late fee!

Year 12: Educational Access Scheme, (EAS) -If you have suffered any long term disadvantage in your HSC year; prolonged illness or family misfortune, you are eligible to apply for extra ATAR points through the EAS. Please see me for an application form. Forms are due back to me by the end of THIS WEEK but let me know if you are having trouble with that deadline.

Year 11: If you're unable to attend TAFE for any reason, you must inform me. (Otherwise you will be issued an "attendance alert" from TAFE). Also, if you are either planning to continue your TAFE course in 2015 or you would like to take up a new TAFE course, please complete an Expression of Interest form and give to me by the end of term.

Year 10: Careers Lessons this term are during Science lessons, (roughly once a fortnight). We are investigating workplace safety, discussing some "world of work" scenarios, resume writing and the MyFuture website.

Year 10: year 10's who selected a TAFE course as part of their pattern of study for the HSC in 2015, need to complete an "Expression of Interest" form and give to me by the end of term.

Year 10: Work Experience information was sent home in Careers Lessons, term 1; an optional week of work experience is available to every student throughout the rest of this term and the first half of term 4, (other than the assessment period in late term 4). I recommend every student to undertake a work experience, please see me if you can't find the required documentation.

## **JOBS:**

Junior Trainee Dental Assistant/Receptionist- initially on a casual basis, with a view to permanent part or full time (available to work Saturdays). Training will be starting in November - December 2014. Position is available from January 2015. Please see me for further details or contact Monika at United Dental Clinic: 9913 7453

Address: Centro Warriewood, 12 Jacksons Road, Warriewood, NSW 2102.

1st year apprentice Locksmith, (for the end of the year). For more information, please contact:

Lee Coltman, Operations Manager on 0410 463 401 or at [lee.coltman@barrenjoey.com.au](mailto:lee.coltman@barrenjoey.com.au) OR

Brett Elvy, Service Manager on 0419 936 584 or at [brett.elvy@barrenjoey.com.au](mailto:brett.elvy@barrenjoey.com.au)

Also, checkout [www.seek.com.au](http://www.seek.com.au) for more jobs or The Manly Daily for local jobs!

TAX FILE NUMBER applications: every student will need a Tax File Number at some stage whether for a part-time job or University or TAFE applications. See me for an application form, it is a much easier process through school, you don't need proof of identity. A new group of applications will be processed at the end of term.

YEARS 10, 11 AND 12 STUDENTS: Please log onto

"My High School Careers" website-Pittwater High School subscribes to this website which advertises current careers events. To login: use "parent" or "student" then password "14cairns". You can also register for email alerts! The "Calendar" is great info! Or for more general careers information, look at our Careers website by checking out [www.careersworks.com](http://www.careersworks.com), (the password was emailed earlier to students and parents but please email me if you don't have it). Also, we have created [www.pittwaterhighcareers.com](http://www.pittwaterhighcareers.com) website to trial this term.

I would love some feedback on the above websites, please email me on [jocelyn.bates@det.nsw.edu.au](mailto:jocelyn.bates@det.nsw.edu.au)

J. Bates, (Careers Adviser, ext 106).

# SEPT 2014 — PITTWATER HIGH SCHOOL INSTRUMENTAL MUSIC PROGRAM

## MUSIC NEWS Term 3 Week 10

## PERFORMANCE and MEETING DATES



TERM 3—MEETINGS AND EVENTS	DAY	TIME/PLACE	ENSEMBLES
16 September	Tuesday	6.30 St Josephs, Hunters Hill	Symphonic - full band uniform
18 September	Thursday	Opera House	Orchestra
6 October – Manly Jazz Festival Monday of the Long Weekend.	Monday	2pm arr for 3pm performance	Senior Stage Band Full formal band uniform
HAVE A GREAT HOLIDAY EVERYONE AND KEEP UP WITH SOME PRACTICE. DON'T FORGET PARENTS THAT WE ARE STILL LOOKING FOR SOME NEW COMMITTEE MEMBERS ... ESPECIALLY <b>SECRETARY</b> – I'M DEFINITELY LEAVING!!!			

TERM 4—MEETINGS AND EVENTS	DAY	TIME/PLACE	ENSEMBLES
21 October	Tuesday	5.45 Performance Space	Wellington Tour Participants
21 October	Tuesday	7.00 Performance Space	China Tour Meeting
11 November – Musicale	Thursday	PHS School Hall	Senior Strings & Senior Stage
18 Nov –Presentation Night	Thursday	PHS School Hall	All Ensembles

**Symphonic Wind Ensemble:** No rehearsal on Tuesday. Please arrive neat and tidy in full Ensemble uniform at 6.30 at St Joseph's. I have had very few attendance slips returned. Please let me know *immediately* if you are not attending.

**6 October:** - Senior Stage are playing at the Manly Jazz Festival during the long weekend.

**China Tour:** All expressions of interest should have been returned by now. If you have not done so, please do so ASAP. Please note next tour meeting 21 October.

**Orchestra at the Opera House:** 1.45pm at School. Bus to the venue; own transport home. Parents to pick up students at 9.00pm at the Opera House Stage Door, (down main stairs to the left). School uniform for rehearsal; full instrumental uniform for the Concert.

**YEAR 11 MUSIC ENSEMBLE MEMBERS:** No one has come forward to offer themselves as Ensemble Captains. Please do so ASAP – one male, one female, any ensemble.

**TROPHIES:** Please return all Ensemble trophies from 2013, to Dr Hardy, this week.

### CONTACTS:

Secretary	Joanne Gwatkin-Williams: joanne@thevastydeep.com or 0437 408 801 ;
Treasurer	Rick Elliott: icycold@outlook.com or 0400 461 941;
Uniform	Melissa Turnock: melisso.turnock@pilotesscene.com ; 041 4 452 152;
Canteen	Sheridan Femio: xeresfemio@gmail.com or 0414 594 905
Ensemble parents:	<p><b>Concert:</b> Elizabeth Gardner elizgard@tpg.com.au (Thurs) 0414 704 812 and Helena Nobs: nobschiu@ozemail.com.au (Tues) 0417 434 547;</p> <p><b>Symphonic:</b> Joanne Gwatkin-Williams: joanne@thevastydeep.com or 0437 408 801;</p> <p><b>Strings:</b> Grace Marshall: grace.marshall@ioof.com.au or 0408 811 066;</p> <p><b>Junior Stage:</b> Julie Rodgers: jl.rodgers@bigpond.com or 0438 635 048.</p> <p><b>Senior Stage:</b> Allison Meadows: meadows2@iinet.net.au or 041 2 564 674</p> <p><b>Orchestra:</b> Caroline Cady cazcade@outlook.com or 0425 221 582</p>
Band Captains:	Patricia Gwatkin-Higson and Yannick Barford





**AMNESTY  
INTERNATIONAL**

**SEE THE FILM:**

## **TWO SIDED STORY**

**Q & A Speaker:**

**Arda Arghazarian**



guest of the Palestine Israel Ecumenical

Network and World Vision Australia

**A PEACEFUL WAY TO RECONCILIATION IN  
ISRAEL AND PALESTINE**

**Award winning film:** Grieving Palestinians & Israelis work for peace: A story to touch the heart and change minds


**Screening at Avalon Baptist Peace Memorial Church**

Here is your chance to find some hope in the terrible conflict in Palestine and Israel. This film follows a group of bereaved Palestinians and Israelis as they meet, cry, talk, listen and attempt to acknowledge the narrative of the other. "These people are strength itself. And hope and faith, against all odds".

Speaker: Ada Arghazarian is an Armenian Palestinian Christian from the old city of Jerusalem she has become an advocate for justice and peace in the holy land, with particular emphasis on conflict resolution and women's rights. **Date: Sunday -28th Sept 5 pm – 8 pm**

**Place: Avalon Baptist Church:2GeorgeSt.Avalon**

**Free entry/Free supper - donations  
suggested to Avalon Amnesty Group:**



**SOUTHERN CROSS CULTURAL EXCHANGE**



BROADEN YOUR HORIZONS. EXPAND YOUR MIND. MAKE FRIENDS FOR LIFE.

**Live and study overseas**

**Put yourself in the picture!**

Join a 2, 2.5, 3, 5, or 10-month exchange program to a country of your choice in 2015

FRANCE U.S.A. ENGLAND GERMANY ITALY JAPAN SPAIN DENMARK

SWEDEN HOLLAND FINLAND NORWAY IRELAND CHINA MEXICO ARGENTINA

**SOUTHERN CROSS CULTURAL EXCHANGE**

**information sessions**



**Tuesday 7-9pm 14 October 2014**  
**Tuesday 7-9pm 11 November 2014**

**MELBOURNE**  
 Conochie Hall  
 2 Rochester Rd  
 Canterbury

**SYDNEY**  
 Lane Cove Library  
 Library Place  
 Lane Cove  
*Parking station below in Austin St*


**BRISBANE**  
 Brisbane Girls Grammar  
 70 Gregory Terrace  
 Brisbane  
*BGG 3rd Floor Creative Learning Centre*

**ADELAIDE**  
 Marion Cultural Centre  
 287 Diagonal Rd  
 Oaklands Park

1800 500 501 [scceaustr@scce.com.au](mailto:scceaustr@scce.com.au) [www.scce.com.au](http://www.scce.com.au)  

**MANLY WARRINGAH BASKETBALL CAMP**

Tues 30<sup>th</sup> September, Wed 1<sup>st</sup> and Thurs 2<sup>nd</sup> October 2014



Session 1 (ages 5-9): 10am - Noon  
 Session 2 (ages 10 & above): 1-3pm

Venue: NBISC, Jackson Rd, Warriewood

- Special Guest Coaches
- Professional coaching

Day 3 is Competition Day with  
 Great prizes Cost: \$70

This is a 3 day camp ONLY  
 Payments must be made prior to camp starting date  
 Please complete details and forward to:  
 Fax 99 133 644  
 Email: [camp@manlybasketball.com.au](mailto:camp@manlybasketball.com.au)  
 Enquiries 99 133 622

Due to administration & coaches, camp enrolments must be received by 3pm Friday 26<sup>th</sup> September 2014  
 Photos may be taken on the day of camp to place on our website. Please advise staff if you do not want your child photographed.

♦ REFRESH YOUR SKILLS ♦ IMPROVE YOUR GAME ♦ HAVE SOME FUN ♦

Names: \_\_\_\_\_ Ages: \_\_\_\_\_ Sex: \_\_\_\_\_  
 Address: \_\_\_\_\_ Post code: \_\_\_\_\_  
 Mobile: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 School: \_\_\_\_\_  
 Health Concerns (e.g. Type 1 diabetes, epilepsy): \_\_\_\_\_  
 MasterCard/Visa (please circle) Name on Card: \_\_\_\_\_

\_\_\_\_\_

Expiry Date: \_\_/\_\_/\_\_ Amount: \$ \_\_\_\_\_

*free girls yoga*

We are a Non-Profit Organisation offering free yoga classes to teen girls for health, happiness and self-empowerment!



We encourage all girls from years 9-12yrs to come along to class whenever they can and experience the fun and fantastic benefits of yoga!

WHERE: Pittwater High  
 WHEN: Monday afternoons @ 3:30-4:30pm

FIND OUT MORE ABOUT US @ [www.freegirls yoga.org](http://www.freegirls yoga.org)  
 Please see Mr Dailhou for further details.  
 PLEASE FOLLOW *free girls yoga* on...








Wed 17 Sep	Lana Mares, Lynne Fricke
Thurs 18 Sep	Dianne Del Pozo, Kate Bryant
Fri 19 Sep	Debbie Havenstein, Sue Nicol, Susan Crosse
Mon 6 Oct	PUBLIC HOLIDAY
Tues 7 Oct	Leonie Olivari, Blandine Bizeau, Ann Clayton
Wed 8 Oct	Melissa Trbojevic, Mandy Daher, Mel Marshall, Linda Newman, Di Brian
Thurs 9 Oct	Keryn Gallaher, Sarah Jones
Fri 10 Oct	Rhonda Scotter, Sunny Van Raad, Lisa Haworth
Mon 13 Oct	Deb Bertock, Christine Bratkovic
Tue 14 Oct	Sue Stevens, Kim Jeffreys, Wendy McLean

If you are unable to make your rostered day please try to arrange a swap or advise canteen manager Katrina (ph 9999 4035, x122)

### WE DESPERATELY NEED HELPERS FOR THURSDAY

If any parents, friends, family or grandparents would like to assist on any day helpers are needed please contact myself or Katrina in the canteen.

A full day is 9am to 2.30 or 3pm      A half day is 3 hours

Fiona Griffith, canteen roster coordinator,  
[packfund@optusnet.com.au](mailto:packfund@optusnet.com.au); phone 0431 121 631





# CHILL OUT TUESDAY

## Promoting Mental Wellbeing in Families

**Tuesday 28 October 2014**

**9.00am – 2.30pm**

**Guest speakers throughout the day**



- Learn techniques to nurture emotional wellbeing within your family from clinical psychologist Dr Veronica Harris
- Black Dog Institute will present on Navigating Teen Depression – how to support a young person you care about, and to build resilience
- Learn tips on how to support your anxious child by Godelieve Hofman-Verkuyl, experienced parenting educator and family worker
- Hear from the Be Centre about the importance of play and how families can strengthen bonds and have fun at the same time
- Access information on mental wellbeing for families

**Bookings: Places are limited and bookings are essential**

**RVSP: By Friday 24<sup>th</sup> October for catering purposes**

**Venue: Warriewood Surf Club, Narrabeen Park Parade, Warriewood Beach**

**Cost: Gold Coin donation. Morning tea and lunch included**

**Contact: Sue Johansson at Community Builders Pittwater, Relationships Australia on 1300 734 120 or email: [suej@ransw.org.au](mailto:suej@ransw.org.au)**

Like us on Facebook to keep up with local news and all our events:

<https://www.facebook.com/communitybuilderspw>



Family &  
Community Services  
Community Services

*Relationships Australia.*  
NEW SOUTH WALES