



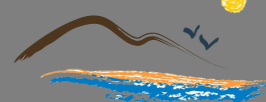
Pittwater Press

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Mona St, Mona Vale 2103

PENINSULA
COMMUNITY
OF SCHOOLS



Term 2 Week 6A

3 June 2013



Principal's report – Jane Ferris

Preparing for the HSC Trials

As the HSC trials approach, while Year 12 students continue learning new material in class they also need to regularly revise work learnt earlier in the course. Planning study time effectively at school and home is important to steadily complete and review work. During study periods at school the Learning Centre in the library is the ideal place to work - they should not be wasted as 'free' periods. Those with part time work may need to consider cutting back at this stage and certainly should be doing no more

than 10 hours a week. For the many students already working very hard, do take a balanced approach and set aside some time to relax and exercise. A good night's sleep and nutritious diet is also very important.

There are many ways staff continue to support students. Year 12 students can sign up to study skill sessions in the library on topics such as exam preparation, note taking, study techniques and time management. Also mentors are on hand for any individual matters you would like to raise. Although Mrs Allan is currently away, Mrs Hawling as assistant year adviser is available, as is deputy principal Mr Muirhead. I am also very happy to assist students at any time, and have a large supply of lotus mindmap diagrams on hand which have proven to be very popular for revision.

Parents can be of tremendous support to their children at this time. You may be interested in the department's website 'School A to Z: practical tips for parents' where there is a video about how parents can help their teen manage the study load and stress when they're preparing for the HSC.

<http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/preparing-for-the-hsc>

Year 10 into 11 Subject Information Evening

For our Year 10 students and parents, the Year 10 into 11 subject selection evening on Tuesday June 4 at 6.30 is an important event not to be missed. As well as receiving important information about the subject selection process and Board of Studies requirements in terms of patterns of study for the HSC, head teachers, teachers and senior students will be on hand to answer any questions about specific subjects. I look forward to seeing you all there. In the following days, there will be interviews with students and parents to assist in making decisions around subject selections.

Gonski Update

Teachers at Pittwater High School continue to lobby for Gonski reforms - here they are gathered outside the school with the mobile Gonski billboard sponsored by Teachers Federation. Also Ms Behringer and myself attended the Stewart House



community rally on Saturday 25 May along with other Pittwater staff. As the Minister for Education Mr Piccoli said to Fairfax media "I hope other states embrace it and I would hope the federal opposition embraces it too, because it's a good deal for schools." Last week also saw Tasmania and ACT support these reforms.

To learn more go to Chris Bonnor (former colleague and principal) and Jane Caro's You Tube clip Gonski: what it is and why it's important

<http://www.youtube.com/watch?v=ze9AxTQoRQw>



CALENDAR

Tuesday 4 June	Yr 10 into 11 Subject Selection Evening
Thursday 6 June	Vaccinations
Monday 10 June	Queen's Birthday Holiday
Saturday 15 June	Wilmette Garage Sale
Monday 17 June	Trial HSC Commences
Friday 28 June	Trial HSC Ends
Friday 28 June	Last Day Term 2

THE UNIFORM SHOP

WILL BE CLOSED ON

THURSDAY 13 June 2013



Deputy Principal's Report - David Muirhead

Year 10 will be participating in the **Subject Selection** process starting **Tuesday evening the 4th of June** in the Hall at 6.30. The program will include brief presentations addressing the senior experience at Pittwater High along with the opportunity to speak to the staff about the subjects they are considering.

Parents and students are also invited to interviews at the school to discuss subjects, programs and options for the future. The opportunity to speak with parents is invaluable to teachers and parents as the education of a young person is a community responsibility. I look forward to the useful and interesting discussions with the parents at these times.

I have been pondering what the ideal school might look like. I believe it should be a school that the local community values and one that attracts students from beyond the local area due to its individual characteristics, those things that are unique to the school. Additionally, the community should be confident that their children are genuinely cared for by adults who are experts in their subject areas but are also engaged in the education process at a deeper level. That is, that they know the children in their care and the way they learn. Caring for children will sometimes involve applying consequences for the actions of our young people.

Historically we have not had the concept of adolescence. This is a uniquely Western phenomenon that has grown since the industrial revolution. By tradition humans went directly from childhood to adulthood often marked by a ritual. We have the ritual we call the HSC but we seem to be extending the period of adolescence. So a good school should be moving young people towards being personally responsible for their actions and giving them opportunities to share in leadership, personal growth and resilience. These things can be achieved through sport, drama, music, the chess club and many other opportunities at Pittwater, not forgetting that the classroom is the place where these values and skills are continually developed.

Back to my beginning around pondering the ideal school. I won't get into the possible need not to have classrooms or even a physical space that the advent of technology has heralded. Education has always been a community activity, a partnership between schools, parents and students. Schools offer unique experiences for our children. We cannot create these experiences ourselves. Pittwater High School is a true community school. I would encourage parents and students to engage fully with the opportunities available in the school whether they be sport, the P&C or just the chance to talk to your children's teachers.

Year 7 Cyber Bullying Workshop

Year 7 completed the cyber bullying workshops on Thursday the 23rd May to inform students of the dangers of digital technologies. Presenters took five groups of students through the two hour workshops. During this time they watched a DVD on cyber bullying and its impact on society; acted out different scenarios in their groups and discussed the issues surrounding cyber bullying. Many of the students told me that they had been cyber bullied and this had given them the confidence to now face cyber bullies with the knowledge they wouldn't be intimidated. Students enjoyed the workshops and found them extremely useful and certainly would use the information in real life.

Mrs Roulston and Mrs Fleming



Year 11 Community and Family Studies

Year 11 are currently studying a unit of work on families and communities. As part of this course they study child development. To complement their learning we visited a local kindergarten which caters for children aged from 2-5.

This was a fantastic opportunity to see in action all the things that had been learnt about in class. The students were able to spend time and interact with the children in the “wombat” and the “possum” room . They observed the children being involved in various learning activities – building blocks, painting, home corner and many more! They also observed their outdoor play time.

Ms Hawling

DEBATING

Our Year 9 Debating squad travelled to Narrabeen Sports High to compete in their first debate of the Premier's Debating Challenge. The selected topic was Drug testing should be compulsory in schools and Pittwater were the Affirmative team.

We presented and maintained a strong case model and despite rebuttals from Narrabeen, we stood firm and were succesful in our arguments.



Apart from one student in the squad , all our students are new to debating and their success was a great achievement for their first official debate.

Congratulations to Tash, Ella, Meg, Natalie, Harry, Harry and Will.

Next round is against St Ives High School - stay tuned!

Year 7 Food Technology

Within the Stage 4 Technology Mandatory syllabus students undertake Food Technologies and develop their skills in food preparation and presentation. The students undertake assessment for learning each week and expand upon their skills and knowledge to encourage healthy eating. Over the term students will develop their own snack food suitable for teenagers and present their idea in the last week of term. When these students were making nachos they created quite a stir within B block with the lovely smells on a rainy day.



Year 7 Graphics Technology

Year 7 Graphics Technologies

The TAS faculty is always differentiating the Technology Mandatory syllabus and this year there has been modifications made to the Graphics Technologies classes to further the student engagement. The students are developing their numeracy skills by measuring lines in millimetres to extend their skills required to incorporate architectural design into their curriculum. These skills will help them attain their outcomes when they start designing their homework centre in the assessment task that accompanies the Graphics Technologies unit of work.

Below are the students hard at work on their measuring activity.



Susie and Chloe



Jazmyn and Kumar



Nick and Callum



Stella and Jasmine



James, Gerry and Klay

TAS Tales

It's been a very busy and exciting time in the TAS faculty so far this year. The students are engaged and well settled in their classes and the teachers are in *the full swing* of their courses. Anyone walking through the corridors would notice there is always activity going on in the Design rooms, Textiles lab, Kitchens, Workshops and Computer labs. Here's some tales from TAS...

Renovation Delight!

Last week we were very fortunate to have two school workshops partially renovated; one woodwork room and one Design and Technology/Engineering room. This involved having 17 new bench tops and numerous bench vices installed for practical classes. Our new bench tops were expertly built at the Oberon Correctional Centre in their own shop fitting workshops. It certainly has been timely for the TAS faculty as we currently have dedicated, creative and industrious students in our courses that will benefit from the improvements. All DEC schools receive cyclic maintenance at various times and for various purposes. We are very excited that it was our turn and it will be important that the students respect the new furniture so that it remains in excellent condition for future students.



C11



C13



C.Samojlowicz (HT TAS)



Yr 12 Industrial Technology Timber and Furniture Technologies

The atmosphere in the workshop at the moment is similar to a mixture of an action and suspense movie as the students are constructing their Major Design Projects. The design development was completed in Term 4 last year and since then the Yr 12's have been manufacturing their chosen piece of furniture during practical lessons. The MDP with an accompanying management folio is worth 50% of the HSC examination. As the due date is approaching the students are eager to finish their projects to a high standard. Some action shots are below:

Kane, Kurtis, Declan, Jordan, Hayden & Keal





Year 12 VET Construction Class

The year 12 VET Construction class have been off to a busy start to the year. The students have been developing their skills in a variety of different trades, including Carpentry, Concreting and Tiling. In Week six of Term One, they went off to work placement. Work Placement is a valuable opportunity which gives them Industry experience providing them with the opportunity to link school based learning to real world practice. Over the last two weeks they have put their knowledge to the test by constructing and tiling a timber stud wall. The Wall and Floor Tiling competency is new to the VET Construction syllabus at Pittwater High School, of which the boys are the first to complete. The tiles they have used were donated by Scott McAlpine from Exclusive Tiles in Brookvale. The boys would like to express their thanks to Scott for his donation which frees up funds for Pittwater High Construction to purchase more tiling equipment for the future Pittwater High Construction classes.



Left to right - back row: Mahan, Luke , Kurtis , Keal, Alexander, Sunia,

Front row: Declan, Jordan, Marko.

INFORMATION AND SOFTWARE TECHNOLOGY

This year I have been in the year 8 elective IST class. Currently this year we have done many great activities that help us learn how to use computers. We learnt how to use the Microsoft office programs. We planned a party and are playing a stock market game in Excel. We also planned a holiday using word and completed calculations. We've learnt to use Photoshop by placing our faces on famous people or characters. Now we are learning to make our own App using the Massachusetts Institute of Technology app inventor. We have learnt many great skills that will help us throughout our lives in this modern technological world.

Callum



Year 11 & 12

Accelerated Hospital Work Placement

During Term 1 Week 8 three classes of Hospitality students completed their mandatory workplacement hours. These students are completing a Statement of Attainment in Hospitality Kitchen Operations which is a VET course completed whilst studying their HSC. Many of the students gained valuable skills that will help them when deciding on a future career once they have completed their HSC at the end of 2013. The three classes comprise two year 12 classes and the accelerated year 11 class who are completing their HSC in Year 11 for Hospitality.

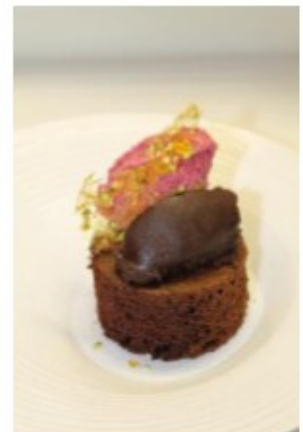
Some of the worksites that students attended were Mosman Rowers Club, Pittwater RSL, Q Station, Hugo's Manly, Manly Wharf Hotel, Garfish Manly, Avalon RSL, Cafe Ibiza, Palm Beach RSL, Stella Blue, White and Blue Water, Aqua Dining Milsons Point and Amora Hotel in Sydney CBD. The business education partnership with NBBEN means the students are able to be placed in hospitality establishments from a variety of sectors within the industry.

Mrs Lagois and Mrs Roulston



Year 11 Food Technology

Year 11 Food Technology are undertaking a unit in Food Quality in Term 2. This unit looks at the sensory characteristics of food including appearance, odour, taste and texture. It includes studying the layout of food for visual appeal, including styling for photography and plating for service. The class was given the challenge of decorating a piece of chocolate cake which was presented for photographing. The attention to detail is meticulous and results are spectacular. Mrs C. Hayes





31/05/2013

Dear Principals,

The Northern Beaches Local Area Command has received a number of reports recently regarding alleged suspicious behaviour by persons driving vans in the area. It has come to the attention of police that newsletters, emails and other social media sites are posting and sending information regarding suspicious white vans driving around targeting children.

Of the incidents that have been reported to police, NONE of these incidents have involved any inappropriate conversations or any suggestion of touching or coercing the children in any way. There have been a number of differing descriptions of vehicles given to police and NONE of these vehicles have been linked to any offences.

Northern Beaches Police have received a number of phone calls from parents and members of the community concerned about these reports and the information that is being posted on social media sites. Of the incidents reported to police, there have been NO incidents indicating that any offences have occurred.

We ask that any information sent out to school networks or via social media be confirmed with police prior to sending out. We encourage schools and parents to educate children on stranger danger and safety issues and be vigilant at all times. Do not hesitate to report any suspicious behaviour to police,

If you have any further concerns please contact Northern Beaches Police on 9971 3399.

Thanking you,

Rochelle Bird
Senior Constable
Crime Prevention Officer
Northern Beaches Local Area Command

Northern Beaches Local Area Command
Corner of Fisher Road and St David Avenue

Dee Why 2099

Telephone 02 9971 33998 Facsimile 02 9971 3375 ENet 52399 EFax 52375 TTY 9211 3776 (Hearing/Speech impaired)

ABN 43 408 613 180

SPORTS UPDATE – MS FLEMING

It's been a huge 5 weeks in sport with all the carnivals and the grade sport term finally up and running. Congratulations to all of our students on their participation and enthusiasm in the cross country and athletics carnival. It's always great to have to order an extra bus to cater for the excess students competing.

CROSS COUNTRY 2013

PITTWATER AGE CHAMPIONS

12 YRS	Madison N	Max S
13YRS	Grace H	Toby Jones
14YRS	Jordyn H	Finn W
15YRS	Livia K	Benjamin S
16YRS	Amber Knight	Blake W
17YRS	Emma Williams	Christopher M

Congratulations to all of the students who represented our school at the Zone Cross Country --- 2nd overall ---- sensational effort.

ZONE AGE CHAMPIONS

12YRS	Fred S
13YRS	Grace H
14YRS	Jordan H

OTHER OUTSTANDING RESULTS AT THE ZONE

12YRS	Harry L (3 rd), Khynan S (4 th), Sam S (5 th), Maddie S (6 th)
13YRS	Toby J (4 th)
14YRS	Finn W (2 nd), Ella W (2 nd), Isabella C (7 th), Jessica M (8 th)
15YRS	Ben S (5 th)
16YRS	Blake W (6 th)
17YRS	Emma W (6 th)
18YRS	Tyson D (3 rd)

Good Luck to the above students who will be representing the Warringah Zone at the Regional Cross Country.



ATHLETICS 2013

PITTWATER AGE CHAMPIONS

12YRS	Sidney N	Harry L
13YRS	Grace H	Toby J
14YRS	Zara H	Callum G
15YRS	Claire S	Benjamin S
16YRS	Chloe P	Joshua W
17YRS	Claudia L	Daniel P
	Emma W	

HOUSE POINTS

1 ST	Lion	1,126 points
2 nd	Warringah	825
3 rd	Barrenjoey	723
4 th	Scotland	664

ZONE ATHLETICS

Congratulations again to Pittwater - 2nd at zone with 931 points.

WELL DONE ZONE AGE CHAMPION 15YRS ----- Alysha R!

18 students in the top 8 of their age group at a zone level ---- FANTASTIC!

Overall results

Sidney N (3rd), Harry L (2nd), Christian G (8th), Grace H (3rd),
 Lauren T (4th), Jordyn H (2nd), Jessica T (7th), Liam D (3rd),
 Alysha R (1st), Benjamin S (7th), Chloe P (6th), Georgia T (7th),
 Clint M (2nd), Harley J (3rd), Claudia L (5th), Chloe G (6th),
 Daniel P (4th), Mahan A (6th).

Individual Achievements – top 3 in event

Jayden R	3 rd	16yrs 1500m
Jordyn H	1 st	14yrs 1500m, 1 st 800m, 3 rd 400m
Ella W	3 rd	14yrs 1500m
Clint M	3 rd	16yrs 100m, 1 st 200m, 3 rd Shot Put, 1 st High Jump
Georgia T	3 rd	16yrs 100m, 1 st 200m,
Harry L	2 nd	12yrs 800m, 3 rd 200m,
Fred S	3 rd	12yrs 800m
Maddie S	3 rd	12yrs 800m

★Mahan A	3 rd	17yrs 100m, 1 st Long Jump
★Morgan V	3 rd	15yrs 400m
★William S	3 rd	12yrs 100m
★Sidney N	2 nd	12yrs 100m, 2 nd 200m, 1 st Long Jump
★Maya W	3 rd	15yrs 400m
★Grace H	2 nd	13yrs 800m, 2 nd 200m
★Meg SI	2 nd	15yrs 800m
★Zac S	3 rd	13yrs 100m
★Lucy B	3 rd	12yrs 200m
★Harley J	1 st	17yrs 800m, 3 rd Shot Put, 3 rd Discus, 3 rd 17yrs High Jump
★Alysha R	3 rd	15yrs 100m, 1 st Triple Jump, 1 st Long Jump
★Chloe G	3 rd	17yrs 100m
★Charlie H	3 rd	13yrs 200m, 3 rd Long Jump
★Blake W	3 rd	16yrs 800m
★Jahla B	3 rd	16yrs 800m
★Harry S	1 st	15yrs Javelin
★Liam D	2 nd	14yrs High Jump, 3 rd Long Jump, 2 nd Shot Put, 2 nd Jav
★Claudia L	2 nd	17yrs Discus
★Maddie H	3 rd	16yrs Shot Put
★Lachlan R	3 rd	15yrs High Jump
★Ewan C	3 rd	17yrs Shot Put, 3 rd Discus
★Arabella P	3 rd	15yrs High Jump
★Tiffany K	3 rd	12yrs Shot Put
★Alisha C	3 rd	13yrs Long Jump
★Chloe G	2 nd	16yrs Javelin
★Ben S	3 rd	15yrs Long Jump
★Christian G	3 rd	12yrs Discus
★Rebekah T	1 st	12yrs Discus
★Chloe P	2 nd	16yrs High Jump
★Kate A	2 nd	15yrs Shot Put
★Lauren T	1 st	13yrs Discus, 1 st High Jump
★Matija S	3 rd	14yrs Javelin
★Mitchell W	2 nd	16yrs Triple Jump
★Brandon F	3 rd	16yrs Triple Jump
★Jordan B	3 rd	13yrs High Jump
★Jemima S	2 nd	13yrs High Jump

★
★
★ **CONGRATULATIONS TO THE FOLLOWING RELAY TEAMS WHO ARE
THROUGH TO REGIONALS:**

★ 12yrs Girls – Sidney N, Penelope B, Lucy B, Anna E

★17yrs Girls Emma W, Claudia L, Harley J, Chloe G

★ 6 years in a row!!!! Go Girls!!!!

★ 12yrs Boys – Harry L, William S, Levi K, Max S

★ 13yrs Boys – Zac S, Jordan B, Charlie H, Kelly N

COMING SOON!

Pittwater High School

presents...



WEDNESDAY 17th & 24th JULY

FRIDAY 19th & 26th JULY

SATURDAY 20th & 27th JULY

**ONLINE TICKET SALES
COMMENCE IN WEEK 8**

Wanted... parents to help paint sets for Pittwater High's Musical!!!

The production team for the musical is looking for parents to help paint the sets. We do this each Sunday in the school hall from 9am.

If you are either wonderfully artistic or would just like to help out, have some fun and be part of our team, we would love to hear from you!

Please call Kerry Kerrigan on 0414535966 or email kerry.batcock@det.nsw.edu.au for further information.
Look forward to hearing from you!!!

Desperately Needed for Musical

- * 80s style clothing (particularly formal wear)
- * a highback wing lounge chair

If anyone can donate or loan these items please contact Deb Meyers via email -

deborah.meyers@det.nsw.edu.au or phone the school.

MUSIC NEWS

TERM 2 WEEK 6

PERFORMANCE & MEETING DATES



Term 2- Performances	Day	Time/ Place	Bands
03 June 2013	Monday	4.45pm at PHS Hall. Band Uniform Please	A second recording of the Orchestra for our Opera House Application
04 June 2013	Tuesday	4.45pm at Performance Space. Neat School Uniform Please	Symphonic Band
11 June 2013	Tuesday	6.50 Concourse, Chatswood	Symphonic Band
12 June 2103	Wednesday	5.20 Concourse, Chatswood	Concert Band
18 June 2013	Tuesday	6.00pm Performance Space	Euro Tour participants' Euro Movie and Pizza Night.
22 June 2013 In the PHS Hall	Saturday	3.00pm. Northern Beaches Instrumental Festival	String Orchestra and Symphony Orchestra,
23 June 2013 In the PHS Hall	Sunday	TBA. Northern Beaches Instrumental Festival	Concert and Symphonic Ensembles
Term 3 - Performances	Day	Time/ Place	Bands
20 July 2013	Saturday	TBA	Symphonic Band
21 July 2013	Sunday	TBA	Concert Band

AMEB Results: Congratulations to Sidney (Yr 7), for passing Grade 3 on Flute (B+).

Senior Stage Band Performance: Thanks to the Senior Stage band musicians, parents and John Pennings for giving up their afternoon on Thursday 16th May. SSB performed a 30 minute set for "Volunteer Week" expo at a dinner for more than 60 volunteers. This event was a community event organised to thank local people who volunteer their time to help elderly and disabled people in our community. We are very proud that the SSB demonstrated a real sense of community mindedness and generosity by participating in the event. Once again they have represented PHS and helped raise the profile of our school in a very positive manner.

CONTACTS:

Band President - Karin Krueger: karin@kdkmedia.com.au or 0419 991 267;

Secretary - Joanne Gwatkin-Williams: joanne@thevastdeep.com or 0437 408 801;

Treasurer - Rick Elliott: icycold@outlook.com or 0400 461 941;

Uniform - Geri Bergstein: geribergstein@hotmail.com or 0407 602 795.

GARAGE SALE

SATURDAY 15th June

Wilmette Student Exchange
Pittwater High School Hall

WE WANT WHAT YOU DONT



Books, furniture, sporting goods, bikes,
scooters, kitchenware - EVERYTHING
is welcome!

Please bring to B3 or B14 before the
above date

Enquiries ring Mr Mitchell
0407075516

LIQUID CREATIONS

NATIONAL TOUR
ON NOW

WHAT TURNS A PERSON
INTO A BOAT PERSON?

**BETWEEN THE
DEVIL & THE
DEEP BLUE SEA**

OFFICIAL SCREENING-MANLY

DATE: Saturday 23rd February
TIME: 4pm - 6pm
VENUE: St Matthews Anglican Church
on the Corso, Manly

Film is followed by a Q&A with guest speakers
Tickets are available at www.deepblueseamanly.eventbrite.com.au

WWW.DEEPBLUESEAFILM.COM

facebook.com/deepblueseafilm @deepblueseafilm

BUSH FIRE SAFETY COMMUNITY WORKSHOP

FOR RESIDENTS AND FAMILIES IN THE BAYVIEW, INGLESIDE AND ELANORA HEIGHTS AREAS

- Did you know that your community has been identified as an Extreme Bush Fire Risk area?
- If there was a Bush Fire in your area, would you know what to do?
- Have you and your family got a Bush Fire Survival Plan?

FREE
WORKSHOP

The Rural Fire Service has developed a **COMMUNITY PROTECTION PLAN** specific to the Bayview, Ingleside and Elanora Heights community that details the bush fire risk, leave early options and community refuge areas known as Neighbourhood Safer Places.

The workshop will include:

- What to do in the event of a fire-
LEAVE EARLY OR STAY AND DEFEND
- How to complete and implement a **BUSHFIRE SURVIVAL PLAN**
- The use of personal firefighting equipment.



Venue: Monash Golf Club
Powder Works Road,
Ingleside

Date: Thursday 18 June 2018

Time: 7.00pm

Cost: FREE to participating residents.

Venue: Mona Vale Memorial Hall
1600 Pittwater Road,
Mona Vale

Date: Thursday 20 June 2018

Time: 7.00pm

Cost: FREE to participating residents.

If you live, work, own land in this area, come along to one of our Information evenings so we can help you prepare your home, your pets and your family in the event of a bushfire.



BUSH FIRE INFORMATION LINE
1800 NSW RFS
1 8 0 0 7 7 7 7
www.rfs.nsw.gov.au



FOR FURTHER INFORMATION
Contact: Ph. 9450 3000 or
Email: Warringham.local@rfs.nsw.gov.au for more information

PREPARE

ACT

SURVIVE

GARAGE SALE

SATURDAY 15th June

Wilmette Student Exchange
Pittwater High School Hall

WE WANT WHAT YOU DONT



Books, furniture, sporting goods, bikes,
scooters, kitchenware - EVERYTHING
is welcome!

Please bring to B3 or B14 before the
above date

Enquiries ring Mr Mitchell
0407075516



Northern Sydney Region Student Services Parent Forum

An invitation is extended to all parents of students accessing Northern Sydney Region Student Services Programs to attend an information sharing meeting with other parents and regional representatives.

At this forum we welcome our guest speaker, **Barbara Lewis, Manager, Carer Support Services, Northern Sydney Health**. Barbara's topic will be **How parents / carers can decrease their anxiety by working effectively in partnership with their schools** - how to manage thoughts and feelings in times of stress, sharing information and working as part of the Learning and Support Team.

Date: 21 June 2013
Time: 10.00am to 12.00 noon
Venue: Lindfield East Public School Hall
90 Tryon Road, East Lindfield

For more information, please contact Kate McCosker - Student Welfare Consultant, 9987 3900 or email kate.mccosker@det.nsw.edu.au. **RSVP** for catering purposes to Kate McCosker, Phone 9987 3900 or email kate.mccosker@det.nsw.edu.au.

Lifeline Book Fare

Friday 21—Sunday 23 June 2013

Balgowlah Boys Campus
Sydney Road, Balgowlah

Entry by gold coin donation

Friday 21 June 4—9pm
Sat 22 June 9am-5pm
Sun 23 June 9am-2pm

THANK YOU

to all the **CANTEEN** volunteers we have this year.

Due to a few changes this year, we now have some great days and spots available:

- 7 people needed on Tuesdays
- 4 people needed on Wednesdays
- 3 people needed on Thursdays
- 3 people needed on Fridays

A full day is 9.00am to 2:30pm and a half day is approximately 3 hours, and this is **ONLY** once a month per term.

If any parents, friends, family or grandparents to the school are able to assist on any of these days please let us know.

Penny Winterbottom, Canteen roster co-ordinator

Email: Pennywinterbottom1@hotmail.com OR Mobile: 0432 679 977

OR Our Canteen Supervisors Katrina & Lisa - PHONE: 9979 6968

Please spread the word to your friends,
we would love to see some new faces join us.



PITTWATER HIGH SCHOOL UNIFORM SHOP ORDER FORM at 27 November 2012

DATE _____ Order Taken By (Internal Use): _____

STUDENT'S NAME _____ ROLL CALL: _____

CONTACT PHONE NO's (Home): _____ (Parent Mobile) _____

	Item	Sizes	Price	Order Details		
				Size	Qty	Total Price
GIRLS	Junior Tartan Tunic – Summer	6-22	65			
	Junior Tartan Skirt – Summer	6-22	35			
	Junior Tartan Skirt –all year round	4-18	59			
	Junior Blue Short-Sleeved, Pintucked Blouse	10-22	25			
	Junior & Senior Long Black Pants – Winter	4-16	20			
	Senior White Short-Sleeved Blouse with Maroon Piping, PHS Embroidered	8-22	30			
	Senior Grey, Front Pleated Skirt – Summer and Winter	8-22	59			
BOYS*	Junior Maroon Polo Shirts with PHS Emblem	10-26	30			
	Junior & Senior Grey Surf Style Shorts	XXS-5XL	39			
	Junior Midford Grey Elastic Waist Shorts	12-18	25			
	Senior White Collar Short-Sleeved Button Shirt	16-26	30			
	Senior Maroon School Tie with PHS Embroidery	16-26	22			
UNISEX	Maroon Fleecy Zippered (Hoodie) with PHS Embroidery	XXS-XXL	50			
	Junior Maroon Sweatshirt (Sloppy Joe)PHS Embroidery	12-22	29			
	Junior Grey Woollen "V" Neck Jumper	10-18	70			
	Senior Maroon Woollen "V" Neck Jumper with PHS Emblem	10-24	75			
	Senior Maroon School Blazer with PHS Emblem	14-24	110			
SPORTS UNIFORM UNISEX	Maroon Microfibre Shorts PHS Logo	XS-XXL	35			
	Maroon Knit Short PHS Logo	12-16	25			
	White Polo Shirt with PHS Emblem	10-24	30			
	Navy Microfibre Tracksuit Pants	12-XL	45			
	Navy Microfibre Tracksuit Zip Up Top with PHS Emblem	12-XL	45			
	PHS Maroon Rugby Shorts	XS-XL	22			
	Maroon and White Long Rugby Socks		10			
OTHER	Scientific Calculators – required for Yr 7 Mathematics		33			
	Portable USB 2GB		5			
	Black Winter Stockings – Girls	S,M,L	9			
	Year 7 book pack		70			
	Year 8 book pack		41			
TOTAL AMOUNT TO PAY						

Please CIRCLE method of payment **CASH** **CHEQUE** Credit Card – **MASTERCARD** **VISA**

NAME OF CARDHOLDER: _____ (exactly as shown on card)

Card No: _____/_____/_____

Expiry: ____/____/____ CCV No: _____ Total Amount \$ _____

Signature: _____ Date: _____

- EFTPOS facilities available - 1% surcharge on credit card purchases
- Cheques are to be made payable to "Pittwater High School Uniform Shop" and have a 5 day clearance hold on items purchased.
- All orders must be accompanied with payment and put in an envelope, clearly marked "Uniform Order", and placed in the Red Box in A Block or given to a supervisor in the canteen. Collect uniforms during opening times.
- A selection of second hand uniforms are available for purchase at reduced prices
- The Uniform Shop is open every Tuesday and Thursday from 8.15am to 11.15am, and located at the far end of the Canteen – enquiries 9979 6968 or contact the Uniform Shop manager Kim Gobbe.