



Principal's report – Jane Ferris

SCHOOL PRIORITIES

The 2012 Pittwater High Annual School Report (ASR) is completed and now available to view on our website. As well as reflecting on our achievements in 2012, the ASR also outlines the priorities and directions of the school for the next few years.

Our first priority is to increase student engagement in the classroom and to raise the bar in expectations of students' learning outcomes. To this end the school is participating in a project that gives data in terms of student engagement: Instructional Practice Inventory. Two weeks ago two teams of educators did short observations of students in classes over the day, making 292 observations in total. From this data it was noted that our students in the main are courteous and settled, they listen when the teacher is instructing and get on with their work. As a staff we nevertheless want the level of student centred learning and engagement to increase. Throughout the year we will be focussing on student engagement through curriculum differentiation so that all students are challenged to achieve their personal best. We will build on our teaching strategies to assist students with learning difficulties, and enrichment work that extends capable and ambitious students.

Our second priority is to increase the availability and implementation of technology to support quality teaching and learning. Ms Andrews has formed a technology e-learning team and has led an extensive audit of current infra-structure, hardware and software in the school. The aim is to resolve anomalies in the current technology, to maintain a robust system and increase the number of classrooms with interactive white boards or the like to 80%. Also we are planning that the system is accessible for students with their own technology learning devices. Concurrent is increased professional development to support teachers to ensure that technology enhances quality pedagogy.

Our third priority is to continue to focus on student wellbeing including increased opportunities for student leadership. The Student Wellbeing Team has been strengthened by the leadership of Ms Fleming, Head Teacher PDHPE. Currently the discipline level system is being reviewed by this team and staff to make it less complex, while maintaining the strong link to the positive expectations of "be respectful, be responsible and aspire". Also planned are different welfare days throughout the year and student interviews conducted by year advisers. In terms of student leadership opportunities, the Student Representative Council has grown this year to over twenty under the coordination of teachers Ms Peruzzi and Ms Christian. The SRC is taking a new direction including giving students a voice

CALENDAR	
Friday 5 April	Jazz Supper (see page 14)
Friday 12 April	ANZAC day commemoration
Friday 12 April	Last Day Term 1
Monday 29 and Tuesday 30 April	Staff Development Days – no students attend
Wednesday 1 May	All students return
Friday 3 May	School Photos
Tuesday 21 May	Parent/Teacher night
Thursday 30 May	Parent/Teacher night

Deputy Principal's report – Renee Andrews

Welcome back from the long weekend break! We hope you had a relaxing break.

In the lead up to the April holidays there are a number of assessment tasks due in all year groups across a range of subjects. These tasks support the learning that is taking place in class and provide an opportunity for students to check their understanding of the work they have completed. Teachers provide quality feedback to students about their work, as well as feed forward – what they need to do to improve and build on their learning.

On Wednesday 1st May we will be holding a *Surviving the HSC* forum in the hall for all Year 12 students and their parents. At this evening there will be presentations by our school counsellor Pauline Kendall, our Careers Adviser Jocelyn Bates. As well there will be an opportunity to talk to other parents and to work through planning and studying strategies with your son or daughter to maximise success in the HSC. A flyer outlining the evening in more detail will be emailed before the end of term.

Parent teacher nights will be held next term on Tuesday 21st and Thursday 30th May in the school hall. Bookings will be made online, more details about the process will be available early next term and will be emailed to all students and parents. The teaching staff look forward to meeting you and discussing your child's progress this year.

PARLIAMENTARY HIGH TEA

On 21 March both school Captains, Nicholas N and Eden G attended an afternoon high tea held at State Parliament House hosted by Rob Stokes, our local State Member. The afternoon was a great success attended by all school Captains in the Pittwater Region. The focus was on leadership and to get to know one another and our role in the broader community. Mr Stokes gave us all a great speech on our directions on life and how to develop leadership qualities further.

We thank Mr Stokes for hosting such a great afternoon.



Royal Easter Show 2013

Literally months in the planning, our show day finally arrived. Mr Thatcher had the buses organized, chased up late comers, work sheets printed, staff booked, talks and demonstrations arranged and on top of that perfect weather. The morning started early to avoid traffic so we arrived just as exhibitions were opening. The show staff were fresh and eager to answer thousands of questions from our energetic students. It wasn't long before even Mr Thatcher had a smile on his face as we had two comments from exhibitors on the good manners and responsibility shown by our students. The work sheets kept students busy well up to lunch time. So many exhibits to see and questions to ask! The demonstrators at each stall gave students an in depth understanding of their activity, that we could never hope to achieve at school. Many of the farmers standing near their animals were engaged in interesting conversations with our students. The quality of these discussions was evident in the work sheets that were completed. Every student presented work to the best of their ability. An excursion like this allows the curriculum to be differentiated and students can then learn not only at their own pace but at a level commensurate with their ability. Finally work sheets were finished and conversations ended and it was and they were allowed free time before boarding the buses for home.

A show would not be a show without prizes. One of the modern game birds PHS entered came a commendable third in its highly competitive class. Our meat birds came eighth in a field of 30 schools in the new competition organised by Steggles. And yes the towels donated by Pittwater families again came in handy for chook washing. Not only out of all the schools entering, but out of ALL the competitors at the show, our school eggs were CHAMPIONS. When later on discussing this with Lisa from the canteen she commented that the quality of the food scraps they feed to the chooks as they are second to none, in her opinion. This aspect is all part of the sustainability emphasis we have at Pittwater High. The chooks eat the scraps, lay the eggs which then go to the canteen and more scraps are made to complete the cycle. Many students past and present can attest to this process occurring in the homes as they bought chickens through the school when in year 8. Thank you Katrina, Lisa, Felicity and the canteen helpers for the role you play in sustainability of our planet.

Loading the buses in the morning, throughout the day and coming home the behaviour of Pittwater High School students was exemplary. Time and again we as staff were proud of the way they helped each other, made the best of the available opportunities at the show and best of all had excellent manners. A big thank you goes to Mrs Smalley, Ms Gregory, Mr Taylor and Mr Rawlinson for giving up more than a whole day for this excursion. Our congratulations and thanks go the Mr Thatcher on the exceptional excursion he organised.



TAS EXCURSION TO POWERHOUSE MUSEUM

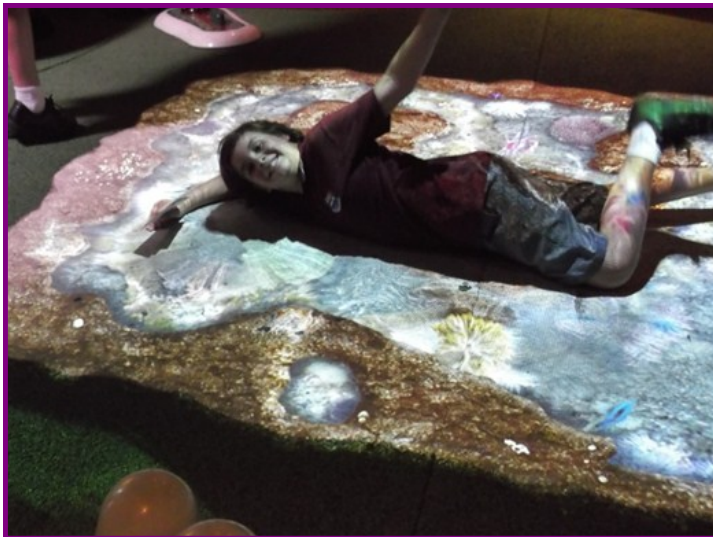
On March 26th the TAS Faculty took all of Year 7 to the Powerhouse Museum as part of the Technology Mandatory curriculum learning for their first unit of work on the Design Process and the work of Designers.

The TAS Faculty was very lucky to have the Principal Ms Ferris accompany the students and take one class around the Powerhouse Museum. The TAS teachers accompanied their own classes so they will be able to talk about the displays in future classes when students are completing set class work or assessment tasks.

Many areas were accessed by the students who were able to interact with the displays and learn about the challenges designers face when making everyday items for consumers. Students were able to work on their own designs for clothing and one class was even able to talk with the designer of the displays for the Powerhouse Museum and discovered the challenges the design process poses when exhibiting. All students had a wonderful day away from the traditional learning environment of the classroom and will be able to use the visual displays from the Powerhouse Museum over the next two years whilst completing their design projects in Technology Mandatory stage 4.

The TAS Faculty also took the Year 11 DT students who were able to look at the 2012 HSC Design and Technology major works that were on display. Both Year 10 and 11 Textiles students were invited to look at the Love Lace display for their inspiration for major works later in the year.

Mrs Roulston on behalf of the TAS Faculty



SPORTS UPDATE – MS FLEMING

GOOD LUCK TO OUR CHS SWIMMERS AND TEAM SAILORS WHO WILL BE COMPETING OVER THE WEEKEND. MORE TO COME IN TERM TWO WITH A FINAL WRAP UP OF RESULTS.

SPORTS STARS

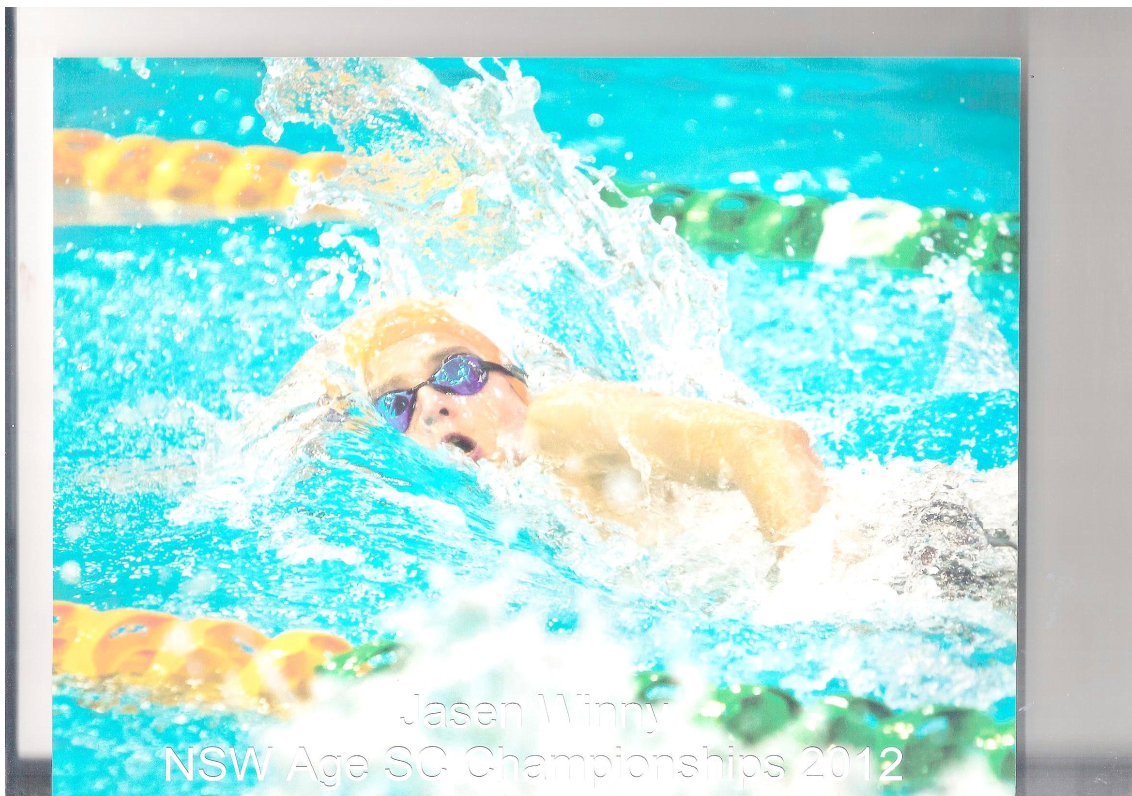
Congratulations to **Junto Q** who has come third in the consolation of the CHS individual championships for tennis representing Pittwater High and Sydney North.

SPORTS PROFILE --- JASEN W (YEAR 7) --- SWIMMING

Jasen has achieved outstanding results this year in swimming. In January Jasen competed at the NSW State Age Swimming Championships at Sydney Olympic Park. He was part of the 4 person team that won Gold Medals in the 4x50m Medley Relay and the 4x50m Freestyle Relay, breaking the NSW State Age, Club and Allcomers Long Course Records by over 2 seconds. He was also a member of the Club team that won the 10x50m Freestyle relay, breaking the NSW record by over 7 seconds.

Jasen also swam in the same team 4x50m Medley Relay, 4x50m Medley Relay and 4x50m Freestyle at the earlier NSW State Age Short Course Championships to win 2 Gold Medals. Their team broke the State Age record in the Medley by over 2 seconds and in the Freestyle Relay by over 4 seconds to now hold the NSW State Age, Allcomers and Club Short Course Records.

Congratulations Jasen --- Pittwater is proud.



HSIE NEWS

A number of HSIE staff have attended professional learning opportunities this terms. Miss Peruzzi, Mr Kovacs and Ms Gorman have attended sessions on the Australian curriculum, which will be commence in Year 7 and Year 9 for History. Mr Saunders and Mr Muirhead attended an HSC Economics Conference, Mr Kovacs attended the HSC Society and Culture Conference, Miss Peruzzi and Mrs Hixson attended the Studies of Religion Conference and Mrs Behringer attended the Legal Studies Conference. All of these conferences were excellent and improve our professional understanding and knowledge of strategies to help our students achieve their personal best.

MOCK TRIAL

After their victory against Mater Maria the Year Eleven team is competing against St Luke's Grammar on Wednesday evening. There have been role changes to accommodate the number of enthusiastic team members and I am sure the team will do an excellent job.

Tyler H, a member of the Preliminary Legal Studies class, will be representing Pittwater High School at the NSW Schools' State Constitutional Convention at Parliament House in June. We look forward to hearing about Tyler's experiences on the floor of State Parliament.

I am very pleased that Stephen Kovacs is now a permanent member of the HSIE faculty. Mr Kovacs is an excellent Geography, History and Society and Culture and he has excellent computing skills.

Sharon Behringer
Head Teacher HSIE

World's Greatest Shave

Four students in Year 7 all participated in a wonderful cause for World's Greatest Shave. Jamie M was brave enough to completely shave off his full head of hair and raised \$274. The three lovely young ladies (Rinca C \$90, Pippa P \$100 and Lucy B \$80) all coloured their hair from purple to pink for the cause. Mrs Roulston was especially proud of all four students as they embarked on fundraising all on their own and proudly announced their efforts at our weekly year meeting. A huge congratulations from a very proud year adviser who is so lucky to have such fantastic students in her year who are thinking of others rather than themselves.



Hospitality Workplacement Update

Our Year 12 and the accelerated Year 11 Hospitality students went out into the workplace in Week 8 for their mandatory work placement this term. The students are required to work in a commercial kitchen in industry for 35 hours during the week and are offered the chance to experience the “day to day” runnings of a kitchen and the establishment.

Venues such as “Wild Clove” in Mona Vale, “Aqua Dining” in North Sydney, “Stella Blue” in Dee Why and “Garfish” in Manly were among some of the establishments they were placed.

Many students found the week quite a challenge with some students starting their day at 6.00am and some students working a night shift until 9.00pm. Quite different from their days at school! As we visited some of the students at their venues we were so pleased to hear the positive feedback from the Head Chef’s and thrilled to find that several students had been offered part time work as a result of their enthusiasm, commitment to the vocation and their highly developed skills in food preparation. The fact that we have the amazing Trade Training Centre at our school certainly helps to familiarise the students with the equipment they use in Industry, thus assisting them to assimilate in the workplace so much more easily. Congratulations to all of the students and their efforts this Term.





Hospitality Workplacement.



MUSIC NEWS

TERM 1 WEEK 11



PERFORMANCE & MEETING DATES

Help Needed for the Cakes 'n' Canteen at the Concert with Primary Schools on 09 April 2013. Please contact Kim Jeffreys on 0422 002 519 if you are able to help by providing food and/or providing help.

Term 1- Performances	Day	Time	Bands
5 April at Harvest in Newport	Friday	6.00 – 10.00pm	Senior Stage & 'Flip'
Have you bought your tickets yet? Or donated a bottle of wine? Do it now, before you forget!			
9 April 2013 in the PHS Hall An Evening with Primary Schools	Tuesday	7.00pm	Concert & Symphonic
11 April 2013 at PHS – ANZAC Ceremony	Thursday	Morning	Concert & Symphonic
Term 2- Performances	Day	Time	Bands
13 May 2013 Recording for Application into the Arts Unit Instrumental Festival. Students to be in full uniform.	Monday	Rehearsal Time	Symphonic Orchestra and Strings

Applications for the 2013 State Music Camps are now open. The dates for State Music Camps this year are as follows: State **Senior** Music Camp: Saturday 22 June – Thursday 27 June; State **Junior** Music Camp: Saturday 13 July – Thursday 18 July. Follow the link below to apply - applications close on Wednesday 1 May 2013. Student applications:

<https://www.artsunit.nsw.edu.au/music/music-camps/music-camp-student-applications>

Applications for 2013 State Wind Bands (Opera House Performances) extended to 12 April. Please see page two of this newsletter for the Application Form. Rehearsal and Performance dates are 24 – 27 August (Sr), 26 – 29 August (Jr). If you cannot do these dates, please do not apply.

Band Shirts: PRE- ORDERED band shirts are now available for payment and collection, with spares available on first in basis. Please contact Geri on 0407602795/99796263

Our Canteen Needs You ... to provide cakes and all manner of irresistible edibles (use up unwanted Easter chocolates in some chocolate brownies perhaps?) and to help on the night of 11 April 2013. Please contact Kim Jeffreys on 0422 002 519

CONTACTS:

Band President - Karin Krueger: karin@kdkmedia.com.au or 0419 991 267;

Secretary - Joanne Gwatkin-Williams: joanne@thevastdeep.com or 0437 408 801;

Treasurer – Rick Elliott: icycold@outlook.com or 0400 461 941;

Uniform – Geri Bergstein: geribergstein@hotmail.com or 0407 602 795.

PHS INSTRUMENTAL CALENDAR 2013

Please confirm all dates prior to performances as they may have changed since the printing of this document

TERM 1

Friday 5 April	Harvest Jazz Supper (Senior Stage and Flip), 6-10pm
Tuesday 9 April	Band evening with primary schools (Concert and Symphonic only) 7pm—PHS hall
Thursday 11 April	ANZAC ceremony at school (Concert and Symphonic only)

TERM 2

Friday 31 May—Sunday 2 June	Proposed Port Macquarie Tour (Junior/Senior Stage Bands)
Monday 13 May	Arts Unit Instrumental Festival (Symphony Orchestra and Strings audition during rehearsal). Students to be in full performance uniform, time TBA
Monday 20 May	PHS Concert (String, Symphony Orchestra, Senior Strings and Newport string ensembles), PHS hall, 1-7pm
Dates TBA	Yamaha Music Festival (Concert, Symphonic, Senior Stage band and Strings may play through this period), time TBA
Saturday 22 June	The Northern Beaches Instrumental Festival (String Orchestra and Symphony Orchestra, PHS hall, 3pm
Sunday 23 June	The Northern Beaches Instrumental Festival (Symphonic and Concert band), PHS hall, time TBA

TERM 3

Wednesday 17 July Friday 19 July Saturday 20 July x 2 Wednesday 24 July Friday 26 July Saturday 27 July	MUSICALE (some percussion, Brass and Woodwind players)
Saturday 20 July	NSW School Band Festival (Symphonic Band), time TBA
Sunday 21 July	NSW School Band Festival (Concert Band), time TBA
Tuesday 12 August	Lizottes jazz Evening with Mosman High (Stage Band), Lizottes, 1/629 Pittwater Rd, Dee Why at 7pm
Tuesday 20 August	Community Band Night with Mona Tones (Symphonic), Pittwater RSL, 7pm
Monday 9 September	The PHS String, Symphony Orchestra, Senior Strings and Cromer String Ensembles, PHS hall, 7pm
Tuesday 17 September	PHS Instrumental night with Primary schools (all ensembles?), PHS hall, 7pm
Monday 7 October	Manly Jazz Festival (Senior Stage), time TBA

TERM 4

Tuesday 12 November	PHS Musicale (Senior Strings and Senior Stage), PHS hall 7pm
Monday 4 November— Friday 8 November	NSW Regional Tour (proposed Instrumental Tour of Bathurst district)
Tuesday 26 November	Instrumental Presentation Night, PHS hall, 7pm
Tuesday 10 December	Presentation Night (Symphonic Band, all Strings and selected others) Year 7 induction (Stage Band)



Soccer Camps

Boys & Girls — Ages 5 to 15 — 9.00 to 3.00

Mon 15th to Mon 29 April 2013

Dee Why, Mona Vale, Balgowlah, Pymble, Mosman, Cammeray



Camp Features

- ✓ Group, Weekly, daily & half day rates available.
- ✓ Individual skills tuition and modified games.
- ✓ Aftercare available.
- ✓ Prizes & awards on last day of Soccer camp.
- ✓ Commonwealth Childcare Cash Rebate Scheme
- +++Strict Sun, Safety & Supervision policies.



Star Sports Camps is a Registered Child Care Provider

Phone 1300 752 977

www.starsportscamps.com




THIS COULD BE YOU...



at school



with new friends



with host family

Southern Cross Cultural Exchange

INFORMATION SESSION

Tuesday 9 April 2013 @ 7pm

SYDNEY
Lane Cove Library
Library Place
Lane Cove
(Parking station below in Austin St)

Applications close
30 April for Aug/Sep
Programs
(30 March for U.S.A.)

ADELAIDE
Marion Cultural Centre
287 Diagonal Rd
Oaklands Park

www.scce.com.au 1800 500 501 scceaustr@scce.com.au

BRAZIL CANADA CHINA COSTA RICA DENMARK FINLAND FRANCE

GERMANY IRELAND ITALY JAPAN NORWAY SPAIN SWEDEN U.S.A.

Warringah Council presents

Northern Composure Band Comp 2013

FINALS: 5 April

lost trolleys
mask
encounters
fire for effect
blue moon theatre
karmas relent

yoyos youth centre * forestway shopping centre
frenchs forest * 7-11.30pm * \$10 entry * yoyogigs.info

proudly sponsored by:




and supported by:





Lucky door prizes Courtesy of NewsLocal Manly Daily






no drugs, alcohol or intoxicated people - security provided
all ages - enquiries: 9942 2401 or youth@warringah.nsw.gov.au

warringah.nsw.gov.au


MANLY WARRINGAH BASKETBALL CAMP

Tues 16th, Wed 17th & Thurs 18th April 2013



Session 1 (ages 5-10): 10am - Noon
Session 2 (ages 11 & above): 1-3pm
Venue: NBISC, Jackson Rd Warriewood
Special Guest Coaches
Professional coaching
Competitions with great prizes
Cost: \$60

This is a 3 day camp ONLY
Payments must be made prior to camp starting date
Please complete details and forward to:
Post: Po Box 396, Narrabeen NSW 2101
Fax: 99133644
E-mail: camps@manlybasketball.com.au
Enquiries - 99133622



Photos may be taken on the day of camp to place on our website. Please advise staff if you do not want your child photographed.

◆ REFRESH YOUR SKILLS ◆ IMPROVE YOUR GAME ◆ HAVE SOME FUN ◆

Name: _____ Age: _____ Sex: _____

Address: _____

Post code: _____ Phone/Mobile: _____

E-mail: _____

School: _____

Health Concerns (e.g. Type 1 diabetes, epilepsy): _____

MasterCard/Visa (please circle) Name on Card: _____

Expiry Date: __/__/__ Amount: \$ _____

Pittwater High School

Y12 Parents and Students are invited

To

HALF WAY THERE: SURVIVING THE HSC!

6:00pm – 7:30pm

1st May 2013

School Hall



Counsellor – Pauline Kendall

“Surviving the HSC”

Careers Advisor – Jocelyn Bates

“Preparing for the next stage”

Discussion: Strategies to get there including

“Time Management and Studying Smart”

PHS WOULD LIKE TO EXTEND A SPECIAL COMMUNITY THANK YOU TO WARRIEWOOD CINEMAS

The PHS PBEL (Positive Behaviour to Engage Learning) Team would like to formally thank Warriewood Cinemas of Vuko Place, Warriewood, for the very generous donation of four free movie passes and other discount vouchers for reduced movie prices.

The PBEL Team has distributed the passes as rewards for artwork generated in a poster competition where the students created visual representations of the schools expectations; be responsible, be respectful, and aspire.

The artworks are very clever and winners were rewarded with movie passes. Caspar Howard and Josie Clucas both received free movie passes for first prizes. Posters are on display in A Block.

A further two free passes will go out to students at the end of this term for embracing the expected behaviours in classrooms. Students will be nominated by their teachers and a draw will determine the two winners. Other discount vouchers will be distributed to ensure the positive continuity of the expectations in the PHS classrooms and community.

Thank you for your donation and for the happy students you have assisted in facilitating their learning.

Yours in appreciation, The PHS PBEL Team

CANTEEN NEWS

WEDNESDAY 3 APRIL

Vicky Gurman, Helena Nobs

THURSDAY 4 APRIL

Kim Grosser, Sharryn Brown, Diane Del Pozo—HELPERS NEEDED—please call canteen to confirm

FRIDAY 5 APRIL

Debbie Havenstein, Sue Nicol—HELPERS NEEDED—please call canteen to confirm

MONDAY 8 APRIL

Karen Vukobratovich, Martha Leonard, Melissa Livingstone, Matt or Alison Trapnell

TUESDAY 9 APRIL

Leonie Olivari, Deb Van Der Saag—HELPERS NEEDED—please call canteen to confirm

WEDNESDAY 10 APRIL

Melissa Trbojevic, Mandy Daher, Mel Marshall, Linda Newman

THURSDAY 11 APRIL

Keryn Gallagher, Sarah Jones—HELPERS NEEDED—please call canteen to confirm

FRIDAY 12 APRIL

Rhonda Scotter, Sunny Van Raad, Lisa Haworth—HELPERS NEEDED—please call canteen to confirm

TERM 2

WEDNESDAY 1 MAY

Anne Carolan, Giovanna Graziano, Haley Malone—HELPERS NEEDED—please call canteen to confirm

THURSDAY 2 MAY

Fiona Little, Carolyn Currie, Alison Hulton—HELPERS NEEDED—please call canteen to confirm

FRIDAY 3 MAY

Kathie Rich, Rowena Kempton—HELPERS NEEDED—please call canteen to confirm

If you are unable to make your rostered day please try to arrange a swap or advise canteen managers Lisa/Katrina (ph 9999 4035)

Thank you to all the volunteers we have for this year. This year we have a few changes to the roster. So we now have some great days and spots available:

7 people needed on Tuesdays; 3 people needed on Wednesdays; 5 people needed on Thursdays; 5 people needed on Fridays

A full day is 9am to 2:30 or 3pm; a half day is 3 hours

If any parents, friends, family or grandparents to the school are able to assist on any of these days please let me know.

Penny Winterbottom, Canteen roster co-ordinator

Pennywinterbottom1@hotmail.com Ph 0432 679 977

Jazz Supper



Come for a terrific night out at

Harvest
Store & Kitchen.

352 Barrejoey Rd, Newport.

Friday 5th April, 6 - 10pm

Tickets: \$40.00

Includes fabulous live music, canapes & a welcome drink on arrival. (Beer, wine or bubbles)

Bar open all evening for purchasing drinks and cocktails.

Limited tickets only available from PHS Office and Harvest Store and Kitchen.



All funds raised go to Pittwater High School Instrumental Music Programme

PITWATER HIGH
SCHOOL PHOTO DAY



SCHOOL PHOTO DAY

Friday 3rd May (first week of term 2)

**FULL WINTER SCHOOL UNIFORM
IS TO BE WORN**

Photo ordering envelopes will be handed out this week to each student. They are to be brought in on the day (Friday 3rd May) with payment enclosed for the photographers. Thank you.

Any queries, please ring Kerry Kerrigan x113.

THE GYM
FACTORY
BUILD CREATE PRODUCE

PRESENT THIS VOUCHER FOR A FREE 3 DAY TRIAL*

*Must be over 16 years old

VISIT: 10/3 Vuko Place, Warriewood (next to McDonalds)

PHONE: 1300 789 748

Australia's First Coloured Commemorative Coin!

LIMITED EDITION

For a \$10 donation
the \$2 Poppy Coin will come with a Certificate of Donation

Australia's first commemorative \$2 coin in colour has been unveiled by the RSL and the Royal Australian Mint. A unique Australian legal tender, this ground breaking \$2 coin is simply an outstanding keepsake for every Australian.

The coin depicts the red Flanders Poppy, which is synonymous with Remembrance Day and the sacrifices made by Australians in conflict.

All funds raised go to support our vital RSL programs helping thousands of Veterans' and serving Defence personnel and their families in homes and communities across Australia.



Available from the RSL National Office at Level 3, 65 Constitution Avenue CAMPBELL ACT

Phone orders can also be made through the National Office at 02 6248 7199.

Please note there will be a minimum postal charge of \$5 per coin.

www.rsl.org.au

NATIONAL YOUTH WEEK

Warringah Council presents...

Warringah Council is encouraging young people between 12 and 24 to be active, be happy and take part in some of the activities we are offering during Youth Week.

KEEP THE COUPON

6 April: Double trouble skate inline scooter camp
Marilyn Vale Skate Park
9:50am - registration, 11am - camp starts
Free entry

5 April
Northern Composure Band Comp FINAL
YOYO's Youth Centre, Frenchs Forest
\$10 @door 7-11:30pm

11 April 5-9pm
FREE Skateboard Deck - ILLUSTRATION WORKSHOP
Design and keep your skate deck.
For 12-24 year olds
Warringah Mail Library
Limited places - bookings essential

9 April
Meet Warringah Council's Youth Advisory Committee
Warringah Council Chambers
4:30 - 6:30pm
Free + food + drinks
WYAG Youth Advisory Committee

10 April
Youth Week Chess comp
Dee Why Library
4:30 - 6:30pm
Free (limited entries) + prizes + food
Bookings essential

FRIDAY 12 APRIL
YOYO's Youth Centre
Foreway Shopping Centre, Frenchs Forest
\$10 entry includes skate hire
For 12-16 year olds. Limited places
7 - 10 PM

Bookings 9942 2401 + youth@warringah.nsw.gov.au
More info yoyosigs.info

BE ACTIVE. BE HAPPY. BE YOU.

warringah.nsw.gov.au

Warringah Council

Parenting Programs

Child & Adolescent Parenting

WHAT'S ON IN TERM 2 - COURSES/WORKSHOPS FOR PARENTS/CARERS

Communicating with Teens Course

Skills to communicate with your teenagers so that you understand each other better & are able to build positive relationships.

- ★ Understanding teenagers today
- ★ Problem ownership
- ★ Listening skills
- ★ Assertiveness skills
- ★ Problem solving
- ★ Peer group pressure & self-esteem issues

Chatswood 5 wks/2.5hrs (20/5 - 24/6, 7.00-9.30pm)

Dealing with Teen's Backchat Workshop

- ★ Learn how to restore a respectful & positive relationship with your teenager
- ★ Understand what it is like being a teenager today
- ★ Learn how to talk so that they listen & how to listen so that they talk to you

Chatswood (13/5, 7.00-9.30pm)

Tuning in to Kids Course - Chatswood (28/5-25/6)

Triple P (Positive Parenting Program) Course - Chatswood (8/5-26/6)

Communicating with Kids Course - Chatswood (23/5-27/6)

WORKSHOPS ON REQUEST FOR PARENTS/CARERS OF TEENS - 9887 5830

- ★ Dealing with Teen's Back Chat
- ★ Transition to High School
- ★ Triple P Seminar Series (Teens)
- ★ Resilient Kids
- ★ Bully Busting Workshop

OTHER WORKSHOPS ON REQUEST (2-2.5 hours)

- ★ Understanding Your Toddler/Discipline & Tantrums
- ★ Tucker without Tantrums/Toilet Training
- ★ Speech & Language Development/Sleep
- ★ Triple P (PPP) Seminar Series (1-12 years)
- ★ Older Sibling - New Baby
- ★ Transition to School
- ★ Grand Parenting

Enquiries: Child & Adolescent Parenting 9887 5830
www.nscchhs.health.nsw.gov.au/caparenting.htm



Health
Northern Sydney
Local Health District



beyond rage & DESPAIR

**POSITIVE, HELPFUL WAYS
TO HELP OUR GIRLS**
A SEMINAR FOR MUMS, DADS
AND DAUGHTERS (12-18YRS)

The Mirabel Foundation invites you to this dynamic seminar with teen girl expert, author and mother Danielle Miller.

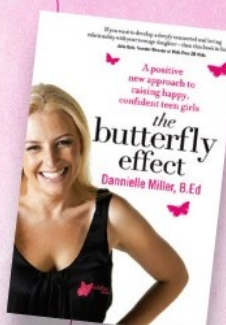
Enabling your daughter to learn skills that help develop resilience.

7.00PM-8.00PM
TUESDAY 30 APRIL 2013
HARBORD DIGGERS
COST: \$25 PER HEAD

TO PURCHASE TICKETS GO TO:

www.trybooking.com (search word: daughter)
or call Alexandra Cordukes on (m) 0422291734

"Danielle Miller is the first person to call attention to these issues, to the phenomenon of girls' lives sometimes falling apart at the very threshold of womanhood... But she offers not only insight into adolescent girls as interesting works in progress, but also provides encouragement, solace and solution."
-Clinical Professor David Bennett AO FRACP SAM



All proceeds will go to The Mirabel Foundation which supports children who have been orphaned or abandoned due to parental illicit drug use.

'every child deserves a childhood'
www.mirabelfoundation.org.au



trybooking.com
Event Ticketing Made Easy