

A WEEK TO REMEMBER: PITTWATER HIGH ROCKS

PRINCIPAL'S REPORT—Jane Ferris

Events of the last week and a half have made me so proud to be the Principal of this incredible school. From the second of our High School Experience days, the Sports Commendation Celebration Assembly, our 50th anniversary event with Back to the 60s and an Environmental Assembly this week, all have reflected tremendous qualities in our school. Our staff have been committed, hard working and real team players while our students have displayed enthusiasm, leadership, talent and high levels of cooperation. These occasions have certainly fostered a sense of inspiration, school spirit and fun and I thank all staff and students involved.

While still recovering from two highly successful High School Experience Days discussed in the last newsletter, the [Sports Commendation Celebration Assembly](#) on Wednesday recognised the tremendous achievements of our students in sport - whether in the pool, the sporting field or on the track. It is not just the wins and record breaking achievements that I am proud of, but the good positive sporting spirit that is evident in our students. Congratulations to you all. Ms Fleming and the PDHPE staff are to be thanked for this event. I also would like to praise the Year 7 dancers who performed a satirical, humorous and lively dance item 'Onya Sport', choreographed by Mr Kim Peade. The feedback received from staff, parents and fellow students was very positive and the talent on show evident. Well done.

Our 50th birthday celebrations were fantastic, as the school went [Back to the 60s](#). The buzz was amazing, the costumes fantastic, the activities fun and the talent quest awesome – we have always known our students are multi-talented, but who could have guessed that Mr David Gleeson was such an Elvis impersonator with a golden voice! A special thank you to Ms Sharon Behringer and Ms Kerry Kerrigan for planning and managing the day, Dr Martin Hardy for the talent show, prefects for their leadership in this event and all the many other staff and students who helped.

Finally yesterday we had a special [Environmental Assembly](#) with presentations from [Take 3](#) educators, prompting us to really think about the negative impact of litter on the environment, in particular the non-decomposing plastics that end up in the ocean and devastating effects on wildlife. Many thanks to Mr Tucker, Ms Jones, Mr Dailhou, Green Leaf Students and environmental prefects. Our students were very receptive listening to this important message and we trust they will take extra responsibility to ensure all litter ends up in our new wheelie bins.



CALENDAR

Wednesday 27 November	P&C Meeting
Thursday 28—November—Tuesday 3 December	Yr 10 Exams
Friday 29 November	National Young Leaders Day—Prefects
Wednesday 4 December	Yr 6 Orientation Yr 10 Formal
Friday 6 December	PHS Biathlon
Monday 9 December	Yr 10 Commendation Assembly
Tuesday 10 December	Presentation Night

DEPUTY PRINCIPAL'S REPORT—Renee Andrews

It was a real pleasure to be part of the 50th birthday celebrations of Pittwater High School held last Friday. Wonderful school spirit was shown by staff and students throughout all of the events on the day. A highlight was the musical performances at the end of the day where students in years 7 – 12 showed the amazing talent in the school, as impressive was the support shown by all students for their peers and the staff who also performed.

Uniform

Many students are continuing to wear the correct school uniform each day. Thank you. A reminder for some students of the uniform expectations including black leather lace up school shoes for all and for the boys', cotton drill shorts are required, not shorts made from a knit fabric or jeans.

Cybersafety Alert

Many of your children will have social media accounts such as Facebook. The police and customs authorities are advising parents to be vigilant about their children's online activities. Some children have been targeted on their social media accounts and asked to provide their address so a parcel can be mailed to them. There is an offer of payment associated with the request. The parcels contain the precursors for the production of various synthetic drugs. Involvement in activities such as this can lead to a criminal record and have far reaching effects later in life.

CAREERS

YEAR 12

EAS, (Educational Access Scheme) forms for any disadvantage suffered during the HSC year can give you extra ATAR points; see me for more details. It's not too late to lodge an application but time is running out, FORMS ARE DUE IN NOW

YEAR 11 (new Year 12)

There are a few spare copies of this year's UAC, (University Admission Centre) Guides in my office if you would like a copy to browse over the Christmas holidays. All the information in the book about university courses is also available online at www.uac.edu.au

YEAR 10:

Careers lessons are in HSIE classes this term; portfolios should be coming home over the next couple of weeks, students should start adding their school reports and awards/certificates.

WORK EXPERIENCE has concluded for the year but I am still waiting for some employer evaluations to come in.

YEARS 10,11 and 12: STUDENTS

Please log onto "[My High School Careers](http://www.mhscareers.com.au)" website. PHS subscribes to this website which advertises current careers events.

To log in: use "[parent](#)" or "[student](#)" then password "[mhs2013](#)". You can also register for email alerts! The "Calendar" is great info!

For more general careers information, look at our Careers website by checking out www.careersworks.com, (the password was emailed earlier to students and parents but please email me if you don't have it). I would love some feedback on the above websites; please email me on jocelyn.bates@det.nsw.edu.au



PHS Celebrates our 50th Anniversary Back to the 60's

Friday 22 November 2013 not only marked the anniversary of the assassination of John F Kennedy but the anniversary of Pittwater High School. In 1963 Pittwater operated with 200 students and 20 staff out of one building built on flood land.

Friday was a sensational day at Pittwater High School. The day started with students and staff arriving in their sixties outfits. Look-alike costumes included Jackie and John F Kennedy, the Fonz, Che Guevara, Shaggy, Austin Powers, Bill Lawry, Elvis, Stephen Rawlinson, the original Bond girl, Bob Marley, Dr Who, Dr Spock, Hendrix and Twiggy.

The first lesson of the day was a sixties lesson with Head Teachers patrolling the corridors with their canes. No technology was allowed and teachers introduced the original 1960's school rules. Rules included that boys must avoid a "careless, untidy appearance or a vain effeminate use of extreme fashions". Girls could wear bouffant or beehive hairstyles, but "could not wear hair scarves, curlers, clips or other hair paraphernalia". Discipline was firm and punishment included removing chewing gum from under desks, standing in the corridor and staring at the wall or the pain of the cane.

The school met on the assembly area to judge the best dressed and the best "Look-Alike" costumes. At one stage there seemed to be more students and teachers at the front of the assembly than in the audience. A highlight of the assembly was opening the time capsule from the twenty-fifth anniversary. The original time capsule from 1963 had disintegrated when it was opened in 1988, so there was a certain amount of tension involved. The students and staff were captivated by what was in the capsule, which included magazine and newspaper articles and material from school magazines.

The most memorable items were two letters from student leaders to the 2013 school captains and leaders. There was not a sound as the whole school was hanging on every word when the letters were read to the assembly by prefects Nick E and Rosalind H.

Michael Jones and Shane Woon wrote—

"As we write this the Berlin Wall is coming down, segregation is being broken down in South Africa, Communism is being reformed and by the time we finish this letter over 60 acres of rainforest will have been destroyed. These are problems that have been created and which hopefully will be solved by 2013

..."We are trying to clean up the beaches and guess who we are doing it for, the people of 2013"

Carl Solomon and Kate Tinyou wrote—

"1988 was a year of political movement, involving student protest and marches. One of the most noticeable areas was in the area of environmental awareness which was illustrated by the Rock and Roll Eisteddfod"

"We hope that the cultural, sporting, academic and social precedents of 1988 are continued in 2013. Best of British in juggling all your responsibilities and the fine line between student leader and an authoritarian."

An extended lunch provided the opportunity for students to enjoy retro cakes and candies, milkshakes, hot dogs, fairy floss and a sausage sizzle. The staff, prefects and SRC provided an array of activities including planting fifty trees which were donated by Pittwater Council, protest badge-making, surf movies, inspecting a vintage car from the sixties, tie dye, bandana making, dance lessons, indoor games including 1960's board games such as snakes and ladders, a variety of outdoor games including hopscotch, elastics, tunnel ball, twister and a photo booth.

In the afternoon students and teachers gathered for a performance of Sixties music. There were many outstanding musical items including a number of songs from The Beatles songbook. A group of girls performed a Hair Spray dance routine and there were two drama skits. A highlight was the performance by David Muirhead and Evan Jeffrey and the staff group comprising Evan Jeffrey, David Muirhead and Martin Hardy, Fiona Gudmonson and David, "Elvis the Pelvis" Gleeson who performed the Beatles classic, Can't Buy Me Love, which brought the house down.

Friday was a wonderful, happy and enjoyable day to remember the fifty special years of a great school, Pittwater High. The day would not have been possible without the enthusiasm, passion and organisation of Kerry Kerrigan, the staff and the prefects. Thank you to everyone for making another memorable page in Pittwater High School's history.

Sharon Behringer



PITTWATER COUNCIL AND TAKE 3 HELP US TO 'ENLIVEN PITTWATER HIGH SCHOOL'

ON MONDAY 25 NOVEMBER PHS HELD AN ENVIRONMENT DAY ASSEMBLY

TAKE 3 sprang into action to kick off our next 50 years responsibly and respectfully caring for our school's environment on Monday's whole school assembly. Ex-students Amanda Marechal and Roberta Dixon Valk presented a fantastic case for saving our environment.

Students were riveted in the engaging presentation that enlightened us all to the dangers that excessive plastics are causing our global environment, our local environment, our animals and our future.

We were encouraged to take part in a global movement to begin cleaning up the mess we have made of our planet by taking three items of rubbish off the ground each day and putting them into a proper waste receptacle. Young people were featured in the visual presentations collecting plastics from the sea and the beaches of their own volition. This is an excellent example for us all; to be part of the solution!

We can help by cleaning up our school grounds immediately and we can join forces to clean up Manly Beach on Sunday 8 December and be in the running to win Jack Johnson concert tickets.

TAKE 3 held an educational workshop afterward for a selected group of students who will now join forces with **Green Leaf** and take the next step forward for cleaning up our act! So look for the **BLUE BINS** and do the right thing!

The PHS Responsible, Respectful Rubbish Removal Plan includes the addition of new upright bins that are visible, accessible and aimed to make it easier for our students to do the right thing.

Thank you to the **Pittwater Green Leaf Student Environmental Group**, James Tucker, Mark Dailhou and Ms Jones for organising the emotive Assembly.



Thank you to **TAKE 3** for presenting to us and reminding us how we can really make a difference. Thank you to Pittwater Council for funding the day's presentation and thank you to Ms Ferris for supplying the new bins to keep our grounds clean, our animals safe, and our students responsible as this is the message that they will carry forward.

Thank you to all the new **Green Leaf** members for making a commitment to making a difference.



SUMMER BIATHLON—6 DECEMBER—6:45AM



Entry Fee: \$10 per competitor (includes breakfast)
\$5 per competitor (no breakfast)
Contact Person: Mark Dailhou 0418 974 883 or 99994035



Race rules and further information :

1. Entries accepted on the morning but if you wish to have breakfast please inform the Monday before race day. This enables us to cater. If you enter on race day you will not be able to attend breakfast. Breakfast starts at 8 am at the Trade Training Centre (behind the school hall).
2. You may compete as an individual and complete both swim and run. You may also compete as a team "tagging" your runner as you leave the water. A swimmer may tag more than one runner.
3. Race starts 6.45am.
4. At no stage is running on the road permitted. Crossing roads is to be done under supervision of Race Officials. Undue delays at crossings may be subject to time adjustment. Failure to comply with direction at crossing will lead to instant disqualification and disciplinary action at school.
5. Traffic has priority over competitors.
6. There are to be no "unofficial entries". Participants from other schools and parents are most welcome to compete. (An official entry consists of this sheet with appropriate declaration completed.)
7. Race officials will determine your race category. Certificates and medals will be awarded as soon as practicable.
8. Adequate race preparation must be undertaken in the weeks preceding the race. Trial swims and runs of similar distances must be undertaken. Firstly for confidence, then building carefully over several sessions, gradually increasing to "race pace".
9. Any competitor with a medical condition which may influence their performance must alert officials to details, so additional monitoring and care can be provided.

I _____ age _____ (this year) Male / Female (circle correct)

from _____ (school) wish to enter the 2013 Summer Biathlon.

Accompanying entry fee is \$10/\$5.

I wish to enter as (circle appropriate A, B or C)

- A. Individual (swim and run)
- B. Individual (swim and run) plus team tag
 Person 1 _____ (running leg)
 Person 2 _____ (running leg)
- C. Runner only and my swim partner is _____

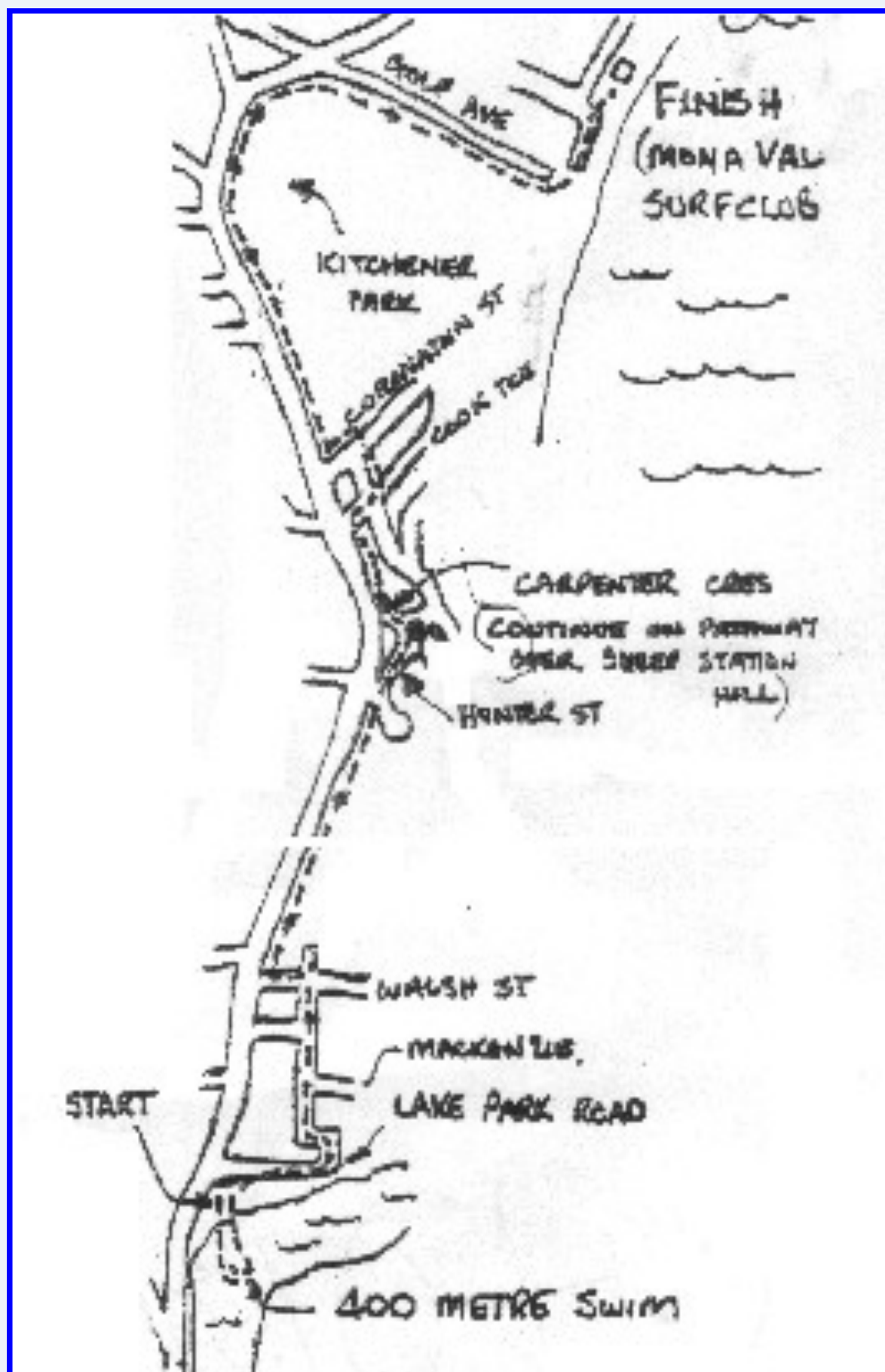
Parent Guardian consent

I _____ parent/ guardian of _____ do hereby give permission for my son/daughter to participate in the 2013 PHS Summer Biathlon. In granting permission I attest my child is capable of completing the swim and/or run leg of this event. I also understand that I have a duty to inform the race officials of any condition which may be significant to the health and safety of my child during the running of this event.

Alternate declaration (adults) I hereby apply to participate in the 2013 PHS Summer Biathlon. I attest I am capable of completing this course.

Signed _____

Note: If you wish to partake in the after race breakfast you need to inform organisers the Monday prior.



YEAR 10 AG CAMP 2013

Agriculture camp was enjoyable. I made new friends and learned about the hard aspects of living on a farm. Many things brought groups of us together with laughs, ie when our tent went down (broken) a group of us helped to fix it. Many laughs went down, mostly from Kurt's jokes and Mr Thatcher's impression of 'Wrecking Ball'. My favourite farms were the Brahman Stud and the Honeycomb Factory. These were great and working together was so much fun. It was a great bonding experience.

by Charlotte

At the Ag Camp I had the time of my life and have memories I'll keep forever, learning about what it takes to be a farmer and even though times are bad they are all still the happiest people I have ever met. The dairy farm I found was the best because we all had to go into the pits and risk getting pooped on. At camp we all had to work together to cook the best camp food ever. But all this couldn't be done without Mr Thatcher, so thank you Mr Thatcher. ..

by Trenton

Overall I had a really good time at Ag Camp, everywhere we went was interesting and everyone was really nice. I especially enjoyed the Brahman Stud and Honeycomb Valley. At the Brahman Stud Ash and his family were really kind and everything they had to say was interesting and we got to be involved for the majority of it. Honeycomb Valley was also very interesting, all the different things a plant can do is fascinating and all the different kinds of honey we got to try was really nice. Anna was very passionate about sustainability and the Alpacas and Gallaway cows were awesome. Even though these were the highlights I still thoroughly enjoyed everything; learning how the dairy farm works and having a go was a new experience.. I learned that it's a skill to be able to guess a cow's weight at the saleyards. We also went to Zoli's Vineyard and an aquaculture farm. It was really nice to see how passionate all these people are and it meant we hung out and talked to different people. This showed especially on the first night when Charlotte, Anika and my tent fell down due to the wild weather and everyone pitched in to help fix it which was really really nice and those people that helped we ended up speaking to them for the majority of the time. The food was always good and on the trip back to Sydney Mr Thatcher singing Wrecking Ball was pretty funny too.

I really had an amazing time at Ag Camp and I'm sure everyone else is so grateful for all the work Mr Thatcher put in to make this a fun and educational experience for us and thank you to both he and Ms Gregory for putting up with us.

by Hayley

As an overall experience, this camp was heaps of fun for the students. I personally learned a lot of things from meeting and engaging with the farmers at their properties and at the saleyards. I experienced things I never have before, such as watching a calf being castrated with a scalpel. As well as going into the dairy shed and milking the cows. For an Ag student it was a valuable experience. It was an enjoyable camp which we had all been looking forward to.

It seems as though all students had a fairly good time and many of us who haven't hanged out with before, enjoyed each others company through out the trip. The food was yum. Each farm visit was different from each other and showed us the different sides to agriculture. All of us loved Mr Thatcher's impression of 'Wrecking Ball'.

Over the past four days we have learned about how farmers live their life and it's a struggle with the weather at the moment. Trying to sustain a balance between everything in being eco. The food that we eat every night is from these farmers and they work really hard to produce the best of the best even in the toughest of times. This trip has taught me an understanding of what it is like out there and I've really learned a lot. I think the class is now closer because we all worked as a team to get stuff done. I am now loaded with information for year 11 and 12. Thank you Mr Thatcher for letting us come onto your property and use your stuff and thank you for making it so fun and awesome. I had a great time:

by Jake

This camp was an amazing experience filled with great memories and knowledge. It taught us so much which will be useful for our studies for year 11 and 12.

We learned everything from the art of making wine to milking a cow to how animals especially cattle are sold at the saleyards. We met great, heart-warming people who opened up their homes and business to us. They took time out of their busy day to share their endless knowledge with us. Their passion was evident for what they do.

This camp brought the Ag class together creating memories and friendships that we will keep for life.

Big thanks to Mr Thatcher for letting us into his farm and looking after us. Also to Miss Gregory for coming on camp to look after us. They both made camp great.

by Chloe



SPORTS UPDATE—MS FLEMING

SPORTS ASSEMBLY

It's always inspiring to see so many students being recognised for their sporting achievements. On Wednesday 20 November our annual sports assembly saw a number of students recognised for their success in a team or individual sport. Congratulations to all of our award winners. A special thank you to our sport prefects—Tom T, Harley J, Rhys D and Lochia M for conducting the assembly, our Year 7 Dance ensemble for their amazing skill and performance, Kerry Kerrigan for producing the powerpoint and certificates and Glenda Pettit for the morning tea. Stay tuned for more information and photos of this event in the 2013 Kalori school magazine.

NOVEMBER 2013 PITTSBURGH HIGH SCHOOL INSTRUMENTAL MUSIC PROGRAM

MUSIC NEWS **TERM 4 WEEK 8** **PERFORMANCE & MEETING DATES**



TERM 4—PERFORMANCES/REHEARSALS

26 November	Tuesday	Arrive at 6:40pm 7pm PHS School Hall Music Presentation Night	All Musicians & Parents Band Uniform
10 December	Tuesday	Arrive at 6:40 7pm All School Presentation Night	Orchestra

TUESDAY 26 NOVEMBER: All Ensembles are playing—full band uniform—arrive at 6:40pm and enjoy the evening. It won't go on for too long. To the Year 12's...if you are here, please do come along and play with your ensembles.

CONTACTS:

President:	David Fogarty	david.fogarty@gmail.com	or	0410 826628
Secretary	Joanne Gwatkin-Higson	joanne@thevastydeep.com	or	0437 408801
Treasurer	Rick Elliott	icycold@outlook.com	or	0400 461941
Uniform	Geri Bergstein	geribergstein@hotmail.com	or	0407 602795
Canteen	Kim Jefferys	kimjjefferys@optusnet.com.au	or	0422 002519

Ensemble parents:

Concert	Elizabeth Gardner	elizgard@tpg.com.au	or	0414 704812
Symphonic	Anne Connors	bcmcycles@bigpond.com	or	0415 255498
Strings	Grace Marshall	grace.marshall@ioof.com.au	or	0408 811066
Junior Stage	Julie Rodgers	jl.rodgers@bigpond.com	or	0438 635048
Senior Stage	Allison Meadows	meadows2@iinet.net.au	or	0412 564674
Orchestra	Caroline Cade	cascade@outlook.com	or	0425 221582

MODERN HISTORY WORLD WAR ONE STUDY DAY EXCURSION



Some of the students outside the theatre!

On Remembrance Day, 11 November, the HSC Modern History class attended a Study Day excursion at the Lend Lease Theatre in Darling Harbour.

The class joined with other schools to hear the extensively experienced Modern History lecturer Brian Brennan discuss all aspects of the pivotal Western Front battles of World War One. Students gained valuable tips, resources and insights into the core topic for this course. Our budding historians particularly enjoyed viewing photographs and hearing recollections from the lecturer's personal tours of the battlefields of France and Belgium.

Despite the inclement weather, all students represented the school in a highly commendable manner and commented that the Study Day was greatly valuable in adding to their study materials and skills.

Stephen Kovacs – Class Teacher

CANTEEN

Wednesday 27 November; Vicki Gurman, Helena Nobs; **Helpers needed**

Thursday 28 November; Sharryn Brown; Diane Del Pozo; **Helpers needed**

Friday 29 November; Debbie Havenstein; Sue Nicol, Susan Crosse; **Helpers needed**

Monday 2 December; Karen Vukobratovich; Martha Leonard; Melissa Livingstone, Matt or Alison Trapnell

Tuesday 3 December; Leonie Olivari, Deb Vandersaag; **Helpers needed**

Wednesday 4 December; Melissa Trobjojevic, Mandy Daher, Mel Marshall, Linda Newman; **Helpers needed**

Thursday 5 December; Keryn Gallagher; Sarah Jones; **Helpers needed**

Friday 6 December; Rhonda Scotter; Sonny Van Raad; Lisa Haworth; **Helpers needed**

Monday 9 December; Deb Bertock, Roger Springthorpe, Christine Bratkovic, Katie Scharkie, Karen Lambert

Tuesday 10 December; Sue Stevens; Kim Jefferys; Wendy Mclean; Michelle Watts; Bridgitte Mills; **Helpers needed**

If you are unable to make your rostered day please try to arrange a swap or advise

canteen managers Lisa/Katrina (ph 9999 4035).

7 people needed on Tuesdays; 4 people needed on Wednesdays; 3 people needed on Thursdays; 3 people needed on Fridays.

If any parents, friends, family or grandparents to the school are able to assist on any of these days please let me know.

A full day is 9am to 2:30 or 3pm; a half day is 3 hours

Penny Winterbottom; Canteen roster co-ordinator;

Pennywinterbottom1@hotmail.com; 0432 679977

PITTWATER HIGH SCHOOL UNIFORM SHOP ORDER FORM

DATE _____ Order Taken By (Internal Use): _____

STUDENT'S NAME _____ ROLL CALL: _____

CONTACT PHONE NO's (Home): _____ (Parent Mobile) _____

				Order Details		
	Item	Sizes	Price	Size	Qty	Total Price
GIRLS	Junior Tartan Tunic – Summer	6-22	69			
	Junior Tartan Skirt – Summer	6-22	40			
	Junior Tartan Skirt –all year round	4-18	60			
	Junior Blue Short-Sleeved, Pintucked Blouse	10-22	27			
	Junior & Senior Long Black Pants – Winter	4-16	20			
	Senior White Short-Sleeved Blouse with Maroon Piping, PHS Embroidered	8-22	30			
	Senior Grey, Front Pleated Skirt – Summer and Winter	8-22	60			
BOYS*	Junior Maroon Polo Shirts with PHS Emblem	10-26	30			
	Junior & Senior Grey Surf Style Shorts	XXS-5XL	39			
	Junior Midford Grey Elastic Waist Shorts	12-18	25			
	Senior White Collar Short-Sleeved Button Shirt	16-26	30			
	Senior Maroon School Tie with PHS Embroidery	16-26	22			
UNISEX	Maroon Fleecy Zippered (Hoodie) with PHS Embroidery	XXS-XXL	50			
	Junior Maroon Sweatshirt (Sloppy Joe)PHS Embroidery	12-22	29			
	Junior Grey Woollen "V" Neck Jumper	10-18	70			
	Senior Maroon Woollen "V" Neck Jumper with PHS Emblem	10-24	75			
	Senior Maroon School Blazer with PHS Emblem	14-24	110			
SPORTS UNIFORM UNISEX	Maroon Microfibre Shorts PHS Logo	XS-XXL	35			
	Maroon Knit Short PHS Logo	12-16	25			
	White Polo Shirt with PHS Emblem	10-24	30			
	Navy Microfibre Tracksuit Pants	12-XL	45			
	Navy Microfibre Tracksuit Zip Up Top with PHS Emblem	12-XL	45			
	PHS Maroon Rugby Shorts	XS-XL	25			
	Maroon and White Long Rugby Socks		10			
OTHER	Scientific Calculators		33			
	Portable USB 2GB		4			
	Black Winter Stockings – Girls	S,M,L	9			
	Year 7 book pack (inc. scientific calculator)		75			
	Year 8 book pack		50			
TOTAL AMOUNT TO PAY						

NAME OF CARDHOLDER: _____ (exactly as shown on card)

Card No: _____/_____/_____

Expiry: ____/____/____ CCV No: _____ Total Amount \$ _____

Signature: _____ Date: _____

Please CIRCLE method of payment **CASH** **CHEQUE** **EFTPOS** Credit Card – **MASTERCARD / VISA**

- EFTPOS facilities available - 1% surcharge on credit card purchases
- Cheques are to be made payable to "Pittwater High School Uniform Shop" and have a 5 day clearance hold on items purchased.
- All orders must be accompanied with payment and put in an envelope, clearly marked "Uniform Order", and placed in the Red Box in A Block or given to a supervisor in the canteen. Collect uniforms during opening times.
- A selection of second hand uniforms are available for purchase at reduced prices
- The Uniform Shop is open every Tuesday and Thursday from 8.15am to 11.15am, and located at the far end of the Canteen – enquiries 9979 6968 or contact the Uniform Shop manager Kim Gobbe.

FUTURE VET Kids Camp



for the aspiring veterinarian in your child



Plans for the January School Holiday?

**Are you fascinated by animals?
Do you adore your own pet or long to have one?
Think you might be interested in becoming a veterinarian one day?**

Fun AND educational, FUTURE VET KIDS CAMP is just the place for you to explore all things furry, fuzzy, four legged, creepy, crawly, feathery or scaly!

Learning about and working with animals helps develop compassion, confidence, patience, trust and a sense of adventure for trying new things and developing new skills. All of us at **FUTURE VET KIDS CAMP** are dedicated to providing a unique camp experience that educates, inspires and entertains our participants. We offer a safe, comfortable environment that explores and nurtures the human animal bond all under the supervision of highly qualified, enthusiastic instructors and specialized animal handlers.

January 6-10 or 13-17, 2014

Wombat program for 9-11 year olds

*Get up close & personal with not just dogs & cats but snakes, wildlife & farm animals too!
Plus, learn how to perform Pet First Aid & CPR!*

Kookaburras program for 12-14 year olds

Blood draw & suturing workshops plus, go behind the scenes at SASH!

Junior Vet program for 14-16 year olds

*Includes tours of the University of Sydney's Veterinary Teaching Hospitals in Camden
& a behind the scenes tour of the wildlife hospital at Taronga Zoo!*

The camp operates out of Waverley College Junior School, 44 Henrietta St, Waverley, NSW

For more information, or to register online, please visit us at;

www.futurevetkidscamp.com.au

www.futurevetkidscamp.com.au

(02) 9804 6100

Northern Beaches

ADHD SUPPORT GROUP

A problem shared is a problem halved

So come share your ADHD-related problems ...



The Northern Beaches ADHD Support Group is a voluntary group offering support for parents of children or teenagers with ADHD via regular meetings. The group is run by parents and aims to provide a supportive environment to discuss and learn more about ADHD in order to best help parents and kids alike.

NEXT MEETING: XMAS SOCIAL
BRING A PLATE OF NIBBLES TO SHARE

Monday 9th December 2013
7.00-8.30pm

The Nelson Heather Centre
4 Jacksons Road, (Parking via Boondah Road), Warriewood

A small donation would be appreciated to help cover costs

Ticket reservations essential via

Register on **Eventbrite**

<http://www.eventbrite.com.au/org/4222746751>



"like" us on
facebook

<https://www.facebook.com/BeachesADHDSupport>

Email: nbadhdsupportgroup@hotmail.com

www.northernbeachesadhdsupportgroup.com.au

NEWPORT VILLAGE SCULPTURE TRAIL

30 NOVEMBER—21 DECEMBER



A collaborative sculpture exhibition featuring the works of celebrated Pittwater artists set in the Christmas window displays of the Newport shopping precinct.

A perfect Christmas shopping opportunity to view, and perhaps purchase, top quality unique art pieces, all whilst exploring and enjoying the nooks and crannies of Newport Village with its array of boutique shops and cafes.

The event launches in Robertson Road, Saturday morning, 30 November, with a FREE sculptor-led walking tour of the trail, departing from Newport Travel at 11:30am.

To pre-register for the walk, call Chris on 9997 1277 or email chris@newporttravel.com.au

FAST LEARNING Driving School

www.fastlearningdrivingschool.com.au

- ★ Most AFFORDABLE driving school in Northern Beaches and North Shore - **\$50** first lesson new customer only*
- ★ Refer your friends and families and get **10% off***

Terms and conditions: No offers or specials can be combined. *Only apply to new customer's 1st lesson. *Your friend or family member needs to purchase no less than 5 lessons. Discount only applies to yourself.



OF THE MONTH.

- ☒ \$65 per lesson
- ☒ 5 lessons \$280
- ☒ 10 lessons \$500

Full upfront payment on packages must be made on the 1st appointment. Not valid with other offers or specials.

CALL 0423 082 021 NOW

 **Lifeline**
Northern Beaches

BOOK FAIR

Balgowlah Boys Campus

Sydney Road

BALGOWLAH

Friday 29th Nov	4 pm – 9 pm
Saturday 30th Nov	9 am – 5 pm
Sunday 1st Dec	9 am – 4 pm

Thousands of quality books
Bargain prices
Over 50 different categories

Entry by gold coin donation very much appreciated
Visa, Mastercard and EFTPOS available.

 **Lifeline**

50 YEARS
1963-2013



HOW CAN YOU COMMUNICATE EFFECTIVELY WITH YOUR TEENAGER?

MDECC is running FREE workshops for parents
Just in time for school break!!

Dates: 27th November, 4th & 11th December
Time: 6—9 pm
Light meal & refreshments

What do you do if your underage daughter / son is caught drinking?
Can you be fined for supplying alcohol to a young person under 18?
How does alcohol affect a young person's brain development?
What can you do as a parent to help them develop a responsible attitude towards alcohol?
Learn to set healthy boundaries
What about peer pressure—how do they deal with that?

FREE 2GB USB

Containing: Adolescent brain development & alcohol use, short term harms, Parent
TIPS, Secondary Supply Legislation, Alcohol & Health information,
TIPS for young people to stay safe when celebrating.

YES I WOULD LIKE TO ATTEND THE PARENT WORKSHOP

☐ 27th Nov **WARRINGAH** ☐ 4th Dec **MANLY** ☐ 11th Dec **WARRIEWOOD**

Name: _____ Phone: _____

Email: _____

RSVP BY - 25th November 2013



Manly Drug Education &
Counselling Centre

91 Pittwater Rd
MANLY

RSVP

Phone: 9977 - 0711

Fax: 9976 - 2319

E-mail: admin@mdecc.org.au