

# PITTWATER HIGH SCHOOL

BE RESPECTFUL

ASPIRE

BE RESPONSIBLE

## SENIOR EXECUTIVE REPORT

Jane Ferris, Rachel Fleming, Sharon Behringer and Martin Hardy

4 December 2018

### Nic Newling Presents to Year 10 & 11

On Tuesday 27 November Nic Newling presented to our Year 10 & 11 students on Mental Health and Suicide Awareness.

Nic Newling is an outspoken advocate for mental health, suicide prevention and sharing personal stories. Nic has reached millions of people through television, live talks, documentaries, radio, print and online. He regularly speaks internationally at industry conferences, educational institutions and workplaces.

Nic strives to make a continuing positive impact utilising sharing and listening to encourage helpful, unscripted conversations around mental health, suicide prevention and getting the most out of life. He is an ambassador for Movember, Australia Day, R U OK? Day and the Australian Mental Health Prize. He has been featured on Australian Story, The TODAY Show in New York, Huffington Post, the feature documentary 'Suicide: The Ripple Effect' and his mother's Human Rights Award winning memoir 'Missing Christopher'.

Nic now travels through communities all over the world encouraging people to share and listen.

### Student evaluations stated:

89% of students said that they felt more confident to start a conversation around this area.

"Nic is an inspiration and has helped me and I bet he has helped others a lot. "

"Nic was very funny and I enjoyed this session and the talk as I have been through something very similar."

"I connected really well with Nic and his way of presenting was really great. I'm glad I experienced this today."

**Nic Newling Presents to parents at Barrenjoey High School. Thursday 6 December – 6.30pm. School Hall.**

K > L OF



ccnb



### Appointment with Deputy Principals

Could we please ask that parents needing to see a Deputy Principal make an appointment.

**The Principal and Deputy Principals wish you all a very safe and happy holiday.**

# CHESS COMPETITION TERM 4

The Pittwater High School Chess Cup Competition was held during weeks 4-7 in term 4. It was wonderful to see so many students participating in this round robin event. Games were played in lightning chess style for ten minutes and the winner was selected based on a point system.

This is an annual event played during Term 4.



The Chess Champion for 2018 is **Jaden Garvey** and the runner up is **Jasper Patterson**.

## Other results are:

Best and Fairest - **Lillian Antonio**

Encouragement Award- **Jonathan King, Jorja Powhiro, Aaron Hughes**

Participation - **Linus Wang, Chloe Wang, Daniel Wheeler, Dylan Facibeni, Chelsea**

**Cozens, Hamish Graham, Oscar Hooghuis, Alex Boyd, Johnathan Bates,**

**Liam Bennett, Zander Liston, Jakob Tonnaer-Lewis, Val Deleroe, Nicholas Aitken, Max Lovett**

Teacher's Participation Award - **Mr Loreaux**

Students were presented with certificates by Principal Ms Jane Ferris at the assembly on Monday 3 December.

**Mrs Alison Mumford**  
**Chess Co-ordinator**





# YEAR 10 ELECTIVE HISTORY



Year 10 Elective History were fortunate to have guest speaker Mrs Jill Whitworth to come and speak to the class on Monday 3<sup>rd</sup> December, 2018. Mrs Whitworth recounted her experiences of growing up in Manchester, England during the time when the IRA (Irish Republican Army) was active in carrying out terrorist attacks on innocent civilians. This provided the students with a first-hand account of living with terrorism. The students studied the topic of terrorism in Term 3.



Mrs Whitworth explained to the students how fortunate she was in narrowly escaping two attacks. One of the events occurred when Mrs Whitworth went to London with her mother. They were to have morning tea at Harrod's. Whilst ordering, an alarm went off in the store. Mrs Whitworth's mother (who had lived in Manchester during the Blitz in WWII) acknowledged the way two of the staff looked at each other and said to her daughter, we are leaving. A car bomb exploded outside Harrods department store in central London on Saturday 17 December 1983. Members of the

Provisional IRA planted the time bomb and sent a warning 37 minutes before it exploded, but the area was not evacuated.

Fortunately, Mrs Whitworth's mother's response ensured the safety of both mother and daughter in this situation.



The second narrow escape came in 1996. On Saturday 15 June, 1996, when the Provisional Irish Republican Army, carried out a bombing attack in Manchester. The IRA detonated a 1,500-kilogram lorry bomb on Corporation Street in the centre of Manchester, England. Mrs Whitworth explained to the students how she frequently went shopping on a Saturday in this area, however, fortunately for her, she did not go there on that weekend, simply because it was a friend's birthday.

The students gained an appreciation of what it was like to live as a young person in England during these terrorist attacks (the time known as the 'Troubles'), and learnt how caution and a healthy dose of resilience allowed everyone to get on with their lives in difficult times.

Thank you Mrs Whitworth.

**Alison Mumford**  
HSIE Teacher

# YEAR 9 COMMERCE MARKET DAY

On Tuesday 27 November, Year 9 Commerce held a market day in the quadrangle during L1. Students were involved in running their own business as part of an assessment task based on this topic in the Commerce syllabus.

There were 14 food stalls where students sold a variety of goods such as waffles and ice cream, delicious home-made cakes and toffees, spider drinks, hamburgers, pizza, fried rice and US candy.

The students learnt about the operational, marketing, financial and human resource aspects of business and completed an evaluation of their business. It was wonderful to see students from both Commerce classes working collaboratively in teams and engaging in their learning.

Half of all profits made have been donated to the SRC charity to purchase gifts for the Giving Tree.

**Alison Mumford and Kathryn Neil**  
Commerce Teachers  
HSIE Department





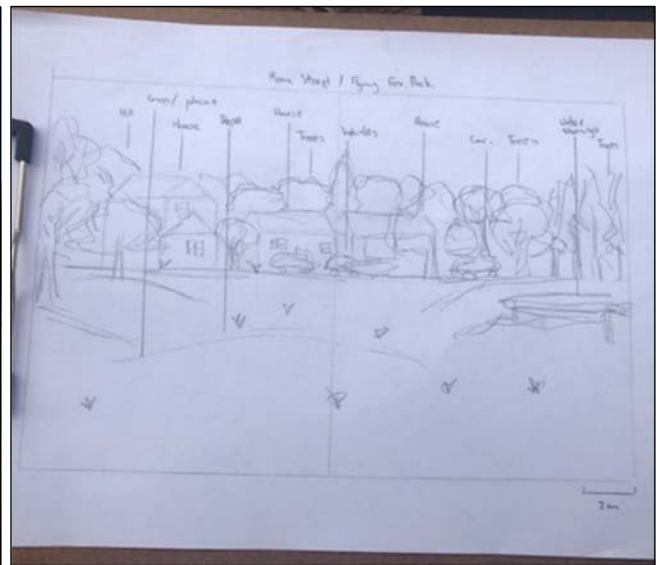
# GEOGRAPHY FIELD SKETCHES

## Winnererremy Bay Park

On Monday 26 November, our Year 7 Geography class put the skills we have been learning in the classroom into practice at Winnererremy Bay Park. The students completed two field sketches of various locations over a 30 minute period. The purpose of geographic field sketches is to record information when studying places outside the classroom. They allow students to highlight and annotate the key features of the place being observed. In this instance, students utilised the field sketches to support our learning regarding the liveability of places around the Northern Beaches. Field sketches are an effective way of recording observations made during fieldwork. The students will also be developing a tactical navigation activity during the coming weeks to apply a broader range of skills.

Mr Goodwin

Geography Teacher – HSIE



## CALLING ALL STUDENTS!

Are you a good swimmer/netball/basketball/volleyball player or have a keen interest in learning a new sport?

**IF YES, THEN WATERPOLO IS FOR YOU!**

Pittwater High School will be entering an Open Girls, Under 15 Girls and Open Boys knockout teams in 2019.

To express your interest please put your name down on the signup sheet outside the HSIE staffroom or see Miss Silk in the HSIE staffroom for more details.

# CLEARANCE SHEETS FOR YEARS 7-11

In the next couple of weeks, students will be issued with a **Clearance Sheet**. This is a reminder to return any textbooks or library books, clear out all lockers and finalise any outstanding contributions, as the end of the school year approaches.

Thank you.

## CHRISTMAS IS COMING!



In celebration of Christmas this year, the SRC are organising a Pittwater High School Giving Tree (to go to either Stewart House, Manly Women's Shelter, Salvation Army, or Lifeline) and they would greatly appreciate your support with this initiative. Christmas is a time for family, friends, celebration and traditions, and importantly, is not only about receiving but also giving.

Details:

- Collection due date: Tuesday 11 December, Week 9
- Collection location: Student Services (Lain)
- We will be accepting new items such as children's books, stationary, clothes, games that can be played by a family, non-perishable food items, bedroom items, bathroom items, kitchen items (not knives).
- The gifts DO NOT need to be wrapped as the SRC students will do this on Tuesday of Week 10.

If you have any questions please contact Kathryn Neil, Denni Coyte or Electra Silk in the HSIE staffroom.

## SPIRIT WEEK. PREFECT INITIATIVE







In 2018, the Performing Ensembles Fundraising Committee held two more Car Boot Sales to raise funds for the 2020 Band Tour and their current ensemble program.

The success this event has been gathering will lead Pittwater High School (PHS) to continue to host more car boot sales - so keep your eye out for these dates in 2019: **4th August** and **10th November**.

The committee have been thrilled with the outcome of the car boot sales, not only by delighting in the increase in popularity and the fortunate sunny weather, but providing a community event where people who book a stall can declutter, make some money, whilst experiencing a generous spot in the glorious leafy setting the PHS school grounds encompasses.



PHS Junior Stage band performance at both August and November events was outstanding under the skilful direction of their conductor, John Pennings. The highlight from the last car boot was the moving tribute at 11.00am for Remembrance Day. The entire event was silent for two minutes as The Last Post, played superbly by **Jasper Patterson**, sounded across the entire grounds for all to honour the 100th anniversary of Armistice.





Adding to the ambience at these events are the brave buskers who turn up during the day to showcase their musical talent. The atmosphere is greatly improved by their presence for both shoppers and sellers.



A special thanks to our local businesses for their support; to ensure a successful barbecue fundraiser.

**Mona Vale Quality Butchers** for providing kgs of free sausages and **Bakers Delight** at Pittwater Place for donating all the bread, free of charge.

A HUGE thank you to all volunteers who baked for the cake stall that was run by the P&C in August and the Agriculture Faculty lead by Dr Lara Griffin in November.



Thank you to ALL the many wonderful parents who gave up their valuable time to direct cars safely in and out of the school grounds, helped out on the barbecue and cake stall and cleaning up at the end of the day. It would be impossible for the fundraising committee to run these events without their support.

Thank you to Ms Jane Ferris, Dr Martin Hardy and the front office staff for their ongoing support for this event.

A very special mention to Larry Bates who ensures the grounds are spotless and neat on the day, guaranteeing there is access to power, marquees, barbecues, and is always exceptionally helpful.



Congratulations and well done to the following core volunteers who tirelessly work all day at the car boot sale, as well as many hours planning both these events; Robyn Keavy, Cindy Wylie, Jo Edwards, Paul Keavy, Paul Wylie, Dave Richards, Angela Connell and Katrina Mellon.



# PCS FIVE FICTION WRITING COMPETITION

Congratulations to all the winners of the inaugural Peninsula Community of Schools Short Story Writing Competition. Students from Pittwater High School were awarded first place in the Stage 4 category, third place in Stage 5 and second place in Stage 6. Finalists were awarded their prizes at a very special awards night hosted by Berkelouw Books in Mona Vale. Thank you to all who entered and well done to the winners:

**Stage 4.** 1st place - Sebastian Wellings

**Stage 5.** 3rd place - Holly Hawken

**Stage 6.** 2nd place - Cassidy Marshall

## The Winning Stories

Sebastian Wellings



Susie Stevens was a small, slightly more than plump girl with bright blonde hair, who was as tough as leather yet smelt like popcorn. She went to an Australian High School, in coastal NSW, that looked as interesting as a loaf of white bread. Susie was an average student who didn't stand out much in a crowd. The one thing she adored doing was making cakes, then showing them on social media, then eating them. This was a problem as she made cakes almost daily, this meant she ate whole cakes almost daily! This behaviour of hers caused her to be ridiculed in her class. She wasn't affected by this greatly, as she had trained her mind to ignore the laughter and snickering by pretending to hear her oven timer ring instead.

Coming up was the Fifth Centenary Celebration of the Giddingsburg Light House that was located nearby on the coast, and a fair was going to be held. The fair was to have a baking competition, sack race, cockroach race amongst other events. The thing that caught Susie's eye was, of course, the baking contest.

She would stay up past midnight on school nights thinking and debating in her mind about what to create. She spent so much time thinking about what to make it was only two days until the competition.

Her final decision was to recreate the lighthouse, although she didn't really like it. It was covered in moss from the moisture, smelt like socks that had been left in a locker room for a year, and then encased in a layer of boogers. But the worst part for Susie was the movement of the light itself. It was so loud and squeaky that one night she was walking past it when the light moved and scared her so much that she had nightmares for a month.

The final product of the cake was a masterpiece. It was so detailed that from a distance it looked like a proper wooden replica of the lighthouse, recreating the bright glow of the light. It had crusty icing that melted in your mouth and the cake tasted like a mouthful of sinful bliss. But the most impressive feature was its enormous size. It easily towered over Susie, and to her fast beating heart, won the competition.

This was EXACTLY what her classmates needed to go to the next level of mocking Susie.

"You going to eat this cake too?!" Then another voice yelled. "Tomorrow you'll be eating a whole supermarket!"

This continued, and Susie's happiness started to evaporate. She knew she must do something about those cruel classmates and prove them wrong. Susie was to show her cake to the class and she decided she was going to allow them to taste it. There was only one way she was going to make them understand and see her beauty within.

The next day, as she woke up, the sun was beaming into her room. It gave her the courage to face her fears of acceptance. Susie entered her class, all fell silent. One by one, each classmate took a mouthful of her cake, devouring each morsel slowly.

Pure happiness was written all over their faces. They had never tasted anything as delicious in their lives. Susie was never harassed again.



# PCS FIVE FICTION WRITING COMPETITION

Holly Hawken



Her birth was celestial, born from the moon and the stars themselves. A soul both young and old, strong and gentle, the divine energies of both yin and yang in one little human. She will honour the god and the goddess.

She grows gracefully into a powerful young lady who has not and will not allow the wounds tall poppies know too well scar her soft, porcelain skin.

It's 6:53pm on a summery Saturday, and best friends all across the country are getting ready to their favourite songs, Ariel and Isabella do each other's makeup and stomp to the mighty beat of angry music. Feeling far from angry, Ariel and Isabella twirl through one last spritz of perfume, and Ariel's mother twirls the car keys awaiting the Vans and Converse to bound down the stairs and out the front door before she shuts and locks it, sneezing from the overwhelming cloud of Victoria's Secret Dark Angel.

"Stay safe, girls!" Ariel's mother repeats (for, like, the hundredth time!) "yea, we will." Ariel promises as they step into the night. Ariel's mum leans over into the passenger seat and looks up at two wild and free young women and tells them to stick together because she knows too well what can happen if they don't. "AND HAVE FUN!" She calls out the window as she drives off.

It's 7:17pm, the air is warm and forgiving, with a cool breeze that refreshes the girl's exposed skin, excluding the in-contact areas on their linked arms as they stride routinely across the road, towards that familiar beach park and the sound of teen laughter and Sticky Fingers.

A sweet, red-headed boy containing a whirlwind of excitement and nervousness skips over to Isabella and welcomes his girlfriend with a hug held for just a bit too long.

Ariel, though longing for a love like this, is unable to suppress her shiny, crescent-moon smile at the sight.

It's 9:32pm and the strong arms of yet another boy with slurred speech and bold statements clasp Ariel's waist as he coos her to go somewhere else with him, his grip getting tighter and words harsher each time she politely refuses. Ariel feels the moon wrap it's light around her like a cosmic silver cloak and allows it to give her the strength to break free and walk away, for she knows one day a sober boy will be daring enough to pursue her and adore her powerful energy rather than fear it.

It's 10:46pm; two fillies, white and palomino, and a ginger colt are tripping over their untied laces as they gallop away from a park of over-active hormones, smoke and liquid poison. The sheepish calls of intoxicated boys for Ariel to "Stayyyyyy" were almost completely drowned out by the three friend's wild cachinnation.

It's 11:00pm and the world makes sense again as the three reach their "spot" at the top of their lighthouse. It wasn't actually theirs but it was theirs, as they decided one night similar to this one. Under the light of moon, Isabella kisses her sweet boy, and Ariel dances to the steady sound of the twinkling black waves crashing on the dark screen of sand.

It's 11:11pm and dreamers all across the country are looking to the sky and making a wish. Ariel, however, continues dancing with the starlight for deep in her rainbow soul she knows. Her twin flame will one day come to her with open arms and mind. She knows this because before she was born, the moon told her so.



# PCS FIVE FICTION WRITING COMPETITION

Cassidy Marshall



The sun dipped below the line of the water in the west, and silence flooded across the sky as the cotton clouds faded into the black canvas of the atmosphere.

For hundreds of years the days remained steadfast, and as always with the going down of the sun, the light within me would awake and guide the tired and weary sailors away from a cruel death by the sea.

I spied a ship out on the horizon, amongst the thunderous and crashing waves that littered the ocean.

I was born on to this hill, from brick and mortar. Under the harsh sun that would beat down day by day, only to be released by the sweet cold of the darkness

As the years went by, I saw those around me change. A man used to visit me every day and light the fire that lay within my pillar, he would travel up and down my staircase many times a day. He would tinker with the metal and seal the cracks that would grow on my facade. But eventually, he became weary and would only travel up once or twice a day to light the fire. Until one day, he didn't travel up at all.

But here I remained, upon the crest of the hill, the wind rushed between the brick and mortar that rattled my core, the leaves from the bushes fly away in rushed colours of approaching spring. People adorned in coats stroll around me as they discuss the beauty of the stars that hover above us. I stand deathly still in awe of the ocean.

For what seemed like an eternity I waited there, watched and listened as the stars moved inch by inch through the sky. Tonight they shone with a brightness I had not seen before, there were so many I began to count.

1...2...3...

The wind continued on its path through the trees and bushes, as the sun slowly began to traverse its way back to the sky.

4....5...6....

The ocean mist blew up to the sky and began to settle on the ground and plants, leaving a thin coating of salt where ever it landed.

7...8...9...

The people left on the headland had gone home, as they had grown weary. But not I, I stood still and remained. The light inside shining on.

10...11...12...

Hours had gone past, and the sun began to rise above the rough, dark blue of the water.

13...14...15...

As the beams of light began to filter through the clouds the air thinned as the mist started to burn off.

16...17...

The stars dissolved into the soft peach glow of the morning light.

18...

The last star succumbed to the bright glare of the sun and the night was over. The sea seemed to calm down, and the wind stopped rushing so violently, as the people returned with the dawn of the new day.

The light inside me went out.

## ***Special thank you to:***

*The judges, Alan Jones and Libby from Beachside Bookshop Avalon*

*Berkelouw Books for providing the awards evening venue and book prizes*

*Pittwater and Barrenjoey High School principals for their support and prize donations*

*Pittwater and Barrenjoey High English staff for their encouragement and organisation*

*Students for getting involved!*

***Katrina Purvis, Head Teacher English***

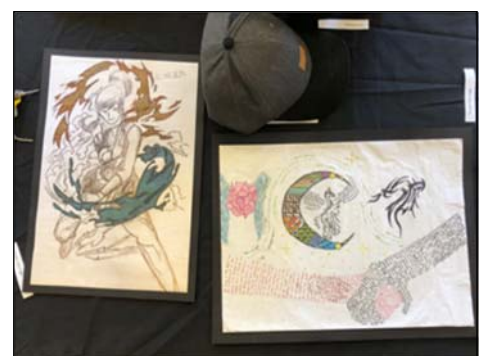


# VOLCOM EXHIBITION

Since the start of Term Two, 17 students from Years 7 and 8 have attended Art Club every Thursday and Friday lunchtime. They were busy researching four artists who design for Volcom, experimenting with various art materials and techniques and developing creative ideas.

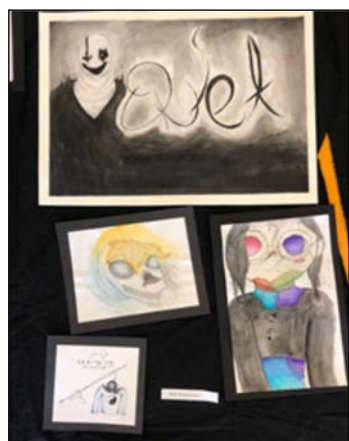
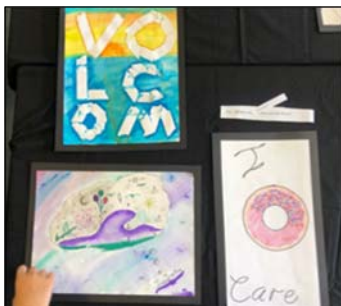
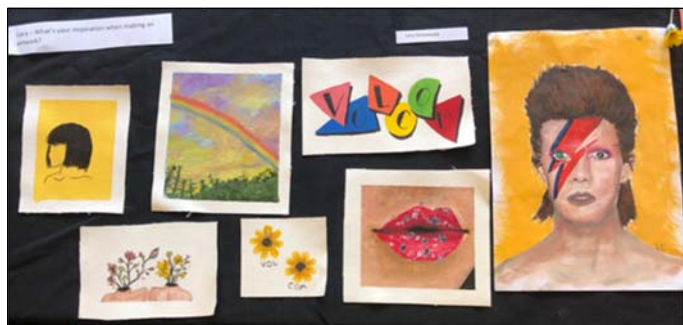
On Friday 30th November, the 2018 Art Club students presented their artworks to two artists from Volcom Australia. At the exhibition, Kimmy Reynolds and Jamie Browne spent the afternoon with students discussing their artworks and answering questions. They were so impressed with the artistic talent our Year 7 and 8 students displayed. Everyone received a Volcom hat, pencil case and lots of stickers for their outstanding effort. It was very hard for the judges to choose winners but they narrowed it down to three artists who they thought fitted the Volcom criteria perfectly. Big congratulations to the winners who were Linus Wang, Ella Pittard and Lara Schoneveld. Students' artworks were posted on Volcom Australia's Instagram and lots of Volcom artists commented with great appreciation of the work our students created.

Thank you to our Art Club participants for all your hard work and consistent effort in 2018.  
**Mrs Reynolds**





# VOLCOM EXHIBITION CONTINUED





# JAPANESE EXCURSION

On Friday 23 November, the three elective Japanese classes attended an excursion in the city to the Japanese Film Festival and a Japanese restaurant.

Students from Years 8, 10 and 12 arrived at the George St Cinemas for the special school screening of the Japanese film 'My Love Story' (called *Ore Monogatari* in Japanese). Before the screening, we participated in a quiz against the other attending schools. One of our students won a prize!

*Ore Monogatari* is based on a *Manga* of the same name. The main character, Takeo, is strong, sporty, and popular amongst the boys at school, but he never has any luck with girls. The entertaining film is about Takeo's search for love, and the lengths people will go to in order to help their friends.

Following the film, we walked to Kura Kura Japanese Restaurant in Haymarket, where we enjoyed a traditional *teishoku* (set meal). おいしかった (delicious)!



JAPANESE  
FILM  
FESTIVAL

# YEAR 8 SCIENCE

Miss Juric's Year 8A and 8P Science classes having been learning about energy and electricity. They have set up series and parallel circuits and used the Van de graph Generator. What a way to make learning fun!!



Miss Juric's Year 7 P Science class working hard to test the solubility of different substances! Who doesn't love Science?





# TAS FACULTY WRAP!

As the year draws to a close the TAS faculty sends a shout out to all the Year 12 students who committed to the task of designing, creating and producing major works. To see a major work plan come to fruition over the course of a year is such an achievement. The remarkable projects were recently displayed at the TAS exhibition, proudly shown off by the students themselves. In addition, some outstanding projects were selected and/or nominated for inclusion in the prestigious state exhibitions of their courses. Congratulations to the hard working, dedicated and passionate learners. Further details can be seen throughout newsletter.



## YR 12 Major Project Nominations

Congratulations to the following students whose major projects have been nominated for the SHAPE Exhibition which displays projects of an outstanding level from NSW HSC students. Good luck with your nominations.

## Textiles and Design

As well as being nominated for SHAPE the following students have been selected for the *TexStyle* Exhibition and their work will be on display at The Muse TAFE Ultimo College from 12 March to 16 March 2019



**Chloe Bridge - Snakes and Ladder interactive play mat/quilt.**




Skills include; Machine embroidery, quilting, Solarfast dying and hand sequinning. Focus Area; Non Apparel.

**Congratulations Taylah and Chloe!**



**Taylah Osborne - Secret Garden bag.** Skills include; Fabric origami, crocheting, felting, hand dying, laser cutting, hand embroidery and chenilling.

## Industrial Technology Multimedia

<b>Ewan Kirk</b> <b>Music video</b> With an original music composition.	
<b>Max Lush</b> <b>Stop motion short film.</b> Filmed and edited in the production room.	
<b>William Sides</b> <b>2D Animation short film.</b> With an original music composition.	

Visit our YouTube Channel to see the Multimedia projects. Click this link

[https://www.youtube.com/watch?v=M75wMhb2ttY&list=PLnG4dor0wEi57TR\\_QXfsRN8wta8CpVKIU](https://www.youtube.com/watch?v=M75wMhb2ttY&list=PLnG4dor0wEi57TR_QXfsRN8wta8CpVKIU)

## Design and Technology

Micah Lihachov - Mental Health Awareness Campaign.  
Clay Stop motion video



Congratulations to Micah Lihachov of Year 12 Design and Technology 2018, who was nominated for consideration in the Shape 2018 exhibition. Micah's work was a campaign promoting awareness around Mental Health, which is an important issue for youth around Australia. Micah created her own sets and characters before editing and filming her product.

As mentioned in an earlier newsletter this term, all Design and Technology students created amazing and innovative products and portfolios and should be congratulated for their hard work.



### Industrial Technology Timber:

**Michaela Bates – Tasmanian Blackwood office desk and chair.** Skills include; decorative inlays, laminate and steam bending, timber carving, Dovetails joints and a variety of framing joints.



# SUPPORT CLASS VISIT TO THE BASIN

On Tuesday 27 November the Cabrananga students were invited to have a fun day out on the Pittwater. We loaded onto the school bus, safely driven by Mr Burton, and headed to Church Point.

Dee and Steve from The Quays Marina took us all out for a fun boat ride around the Pittwater with a morning tea stop at the Basin. Elsa and Jayden took it in turns to drive the boat under Steve and Dee's watchful eyes.

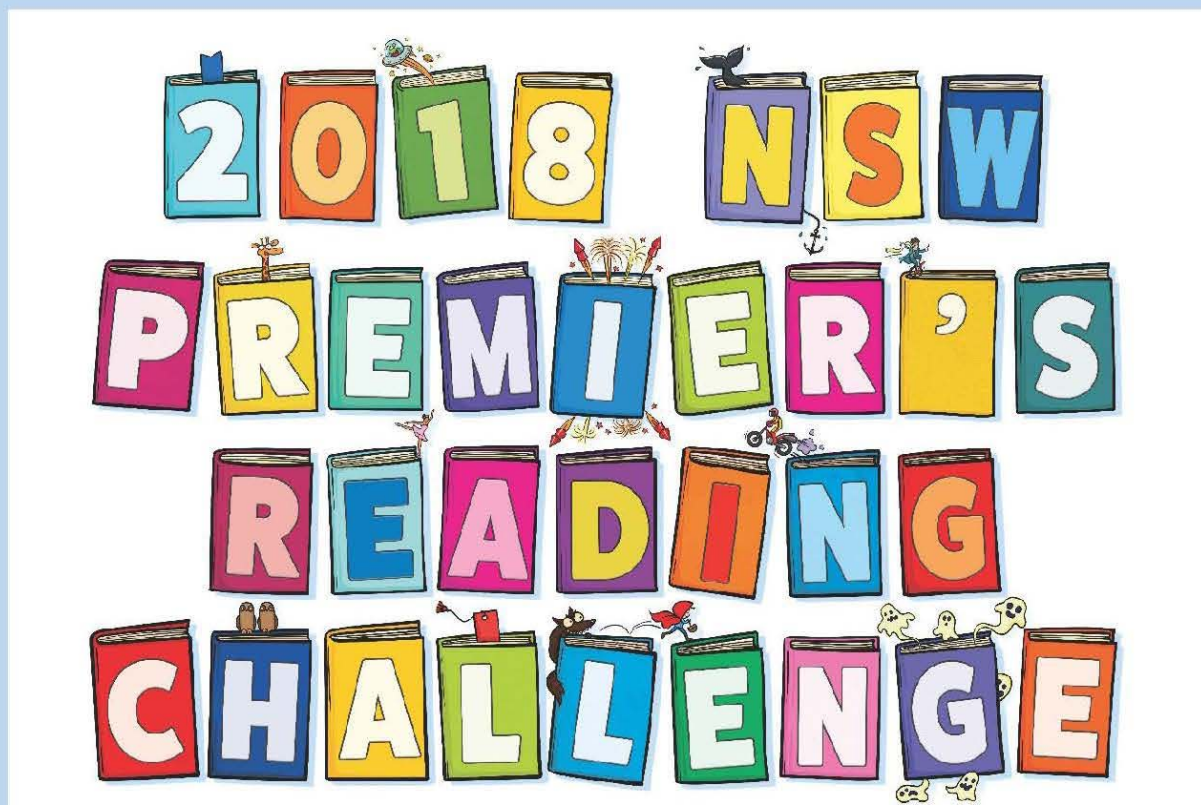
The students had a great opportunity to learn about the local fish species as well as have fun chasing Wallabies and keeping an eye out for the Goannas. During their time at the marina the students had the opportunity to watch and learn how boats are lifted from the water and got to see what the bottom of large boats looks like and watch them being cleaned.

A very big thank you to The Quays Marina for sponsoring this trip and providing our students with an education about boats, the Pittwater and the local wildlife.





# Congratulations to the students who completed the



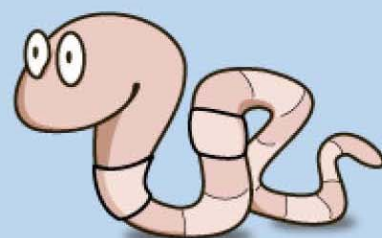
The following students read at least 20 books from March through to August this year and were all issued with their PRC completion certificates this week:

Year 7:	Year 8:	Year 9:
<ul style="list-style-type: none"><li>&gt; Amber Baber</li><li>&gt; Samuel Boucher</li><li>&gt; Luke Chaffer</li><li>&gt; Amy Selge</li></ul>	<ul style="list-style-type: none"><li>&gt; Claire Le Creurer</li></ul>	<ul style="list-style-type: none"><li>&gt; Lillian Schulte-Patterson</li></ul>

## Why read??

- > On average, Australians spend five hours reading books for pleasure each week, compared to 12 hours spent on social media. It's time to make better use of our leisure time!
- > Reading can reduce stress by 68%, more quickly than listening to music, going for a walk or having a cup of tea
- > The more leisure books people read, the more literate they become and the more prosperous and equitable the society they inhabit

For these reasons, the Pittwater High School Learning Centre strongly encourages as many students as possible in years 7, 8 & 9 enter the Premier's Reading Challenge in 2019!





# CAREERS WORK PLACEMENTS

This is this year's list of work experience industry placements:

Acting	Dental	Marine Mechanics	Preschool education
Architecture	Drama Teaching	Marine Electrical	Primary Industry
Auto Mechanic	Education	Marine Trimming	Process Work
Banking	Electrical	Marketing	Scientific Research
Boat Repair	Hairdressing	Motorbike Mechanics	Slipway
Campervan	Hardware Customer		
Conversions	Service	Musical Theatre	Smash Repairs
Construction	Kitchen Joinery	Office Work	Surveying
Counselling	Landscaping	Performing Arts	Telecommunications

Most recently we had 3 students Chloe, Vaughn and Ethan have the amazing experience of working in the 'Innovation Lab' at the CBA bank in the city. They got to create their own 'high fidelity prototype' of the CANVA program! Amazing what opportunities are out there for our students!

**J. Bates, (Careers Adviser)**



# MATHS ONLINE

## The day and night Personal Maths Tutor



MathsOnline has been a huge help for me. Before I started I used to struggle a lot with Maths, but now I'm improving and getting better grades.

Everything is so simple and easy to understand from the videos.

Thank you Pittwater High School

Jason Nielsen  
Year 8

I was having trouble understanding and studying Maths.

With MathsOnline, I can catch-up, go back and review past lessons I don't understand or I have missed. I can revise selected topics before exams. It's my 24-hour Personal Maths Tutor.

Thank you Pittwater High School

Phoebe Brian  
Year 8



Before MathsOnline, I had trouble doing my homework as I could not remember how to do it. But now, I can watch the video and do my homework easily. There are other challenging skills to help me improve like Times Tables, Swap Pieces and Speed Skills.

Thank you Pittwater High School

Jacob Melville  
Year 8

Before MathsOnline, I often struggle to learn new concepts. Once I started using MathsOnline, I found that it helps reinforce the concepts that I learn in class. I even learn how to show my working step-by-step. I now feel more confident with my Maths.

Thank you Pittwater High School

Olivia Hinves  
Year 8



Victoria Fergusson | Ruby O'Keefe | Emily Berry  
David Little | Anaya Lyndon-James | Charlie Dakin

*She's crazy, nobody likes her...*



# *Find Me*

5 DECEMBER || 7:00 PM || PHS PERFORMANCE SPACE



YEAR 10 DRAMA  
PRESENTS

# PROPERTY OF THE CLAN

BY NICK ENRIGHT



PITTWATER HIGH SCHOOL  
PERFORMANCE SPACE | 7.30PM  
DECEMBER 5, 2018

"THIS IS HISTORY, OUR HISTORY"



# LAST CHANCE TO ORDER YOUR CHRISTMAS CAKES AND TARTS FROM BAKERS DELIGHT

**Great News**  
**Orders are now available**  
**on-line**

**HURRY - Last  
Orders, Friday 7th  
December**

Before 2018 comes to a close and we are stepping into the spirit of Christmas, the Performing Ensembles Committee have been given a great opportunity to raise funds for the band program, so they can have a healthy start to 2019.

To order your Christmas Cakes and Tarts, simply click on the link <https://www.trybooking.com/ZRJX>, select the **BOOK NOW** button at the top of the screen and select from the great range of options and packs available.

If you prefer to pay by cash, the option is still available to hand in your order and payment into the RED BOX located in A Block clearly marked "Bakers Delight" with the exact money.

The delivery date remains unchanged, Thursday 13th December - where orders can be collected from the school canteen before school starts or in between lunch breaks (11.10am and 1.45pm).

Note:

- There are a variety of options to purchase selected packs to assist with decreasing the try-booking fee charges.
- The on line 3% fee has already been added to the sell price.

## Christmas Cake & Tarts Order Form

An amount from each purchase will be donated back to your School!

Student's name: \_\_\_\_\_ Roll call class: \_\_\_\_\_

Parent's mobile no: \_\_\_\_\_

  **Large Traditional Christmas Cake** **\$18** QTY \_\_\_\_\_

  **Christmas Tree Cake** **\$10** QTY \_\_\_\_\_

  **Lemon Tart 6-pack** **\$10** QTY \_\_\_\_\_

  **Fruit Mince Tart 6-pack** **\$10** QTY \_\_\_\_\_

**Total: \$ \_\_\_\_\_**

**Thank you for your support, and should you have any questions,  
please contact Cindy Wylie on 0405 706 103.**





# CANTEEN NEWS

## ***ROSTER***

Tuesday 4 Dec	Fiona Griffiths, Georgia Bramham
Wednesday 5 Dec	Linda Newman, Di Brian
Thursday 6 Dec	Peter & Margaret Woods
Friday 7 Dec	Natasha Boyd, Petra Godfrey (am), Lana Mares, Sarah Athfield
Monday 10 Dec	Sheridan Femia, Nutkrita Dryden, Tanti Oetojo
Tuesday 11 Dec	Saffron Carter, <b>need volunteers</b>
Wednesday 12 Dec	Michelle Mills, John Dillings?
Thursday 13 Dec	Suzanne Humphreys, Bindi Hooghuis, Irina Lindley
Friday 14 Dec	Sharon Grainger
Monday 17 Dec	<b>Need volunteers today</b>
Tuesday 18 Nov	Shan Withnell, <b>need volunteers today</b>
Wednesday 19 Dec	Jane Matthews, Kay Little

**WE WOULD LIKE TO WISH A MERRY CHRISTMAS AND A HAPPY NEW YEAR TO ALL THE AMAZING MUMS & DADS AND OUR SPECIAL GRANDMOTHER WHO HAVE VOLUNTEERED THEIR TIME TO HELP MAKE AMAZING FOOD FOR THE STUDENTS & STAFF.**

We thank you all for your time and appreciate you all everyday.

If you are able to volunteer again next year please let us know by emailing at [phscanteen@gmail.com](mailto:phscanteen@gmail.com) and we will respond with the roster.

Thank you from the PHS Canteen Ladies  
Samantha, Simone, Diana, Giovanna, Felicity & Kim.

Subject to change



Subject to change

## Week A Menu

### Monday

- ◆ Raspberry and white choc muffin, eggs in Bed.
- ◆ Salad: pesto tomato pasta w/ chicken or lentils.
- ◆ Wrap: BLAT or bean burrito.
- ◆ Minestrone soup w/ garlic toast.
- ◆ Large pizzas, baked potato

### Tuesday

- ◆ Pear crumble muffin, scrambled egg. Quesidilla – veg or ham.
- ◆ Salad: Lamb kofta & couscous or w/ haloumi fritters.
- ◆ Wraps: Same as the salad
- ◆ Minestrone soup w/ garlic toast
- ◆ Baked potatoes
- ◆ Tandoori chicken subs on Turkish bread

### Wednesday

- ◆ Cherry choc muffin, bacon & egg roll, chia fruit cups
- ◆ Salad: Greek salad w/ baked chicken and lemon dressing or potato rosti
- ◆ Wrap: same as the salad
- ◆ Roast pumpkin & lentil soup
- ◆ Tandoori chicken subs on Turkish bread
- ◆ Baked potatoes

### Thursday

- ◆ Banana date muffin, quiches, muesli cups
- ◆ Hokkien teriyaki noodles w/ chicken or tofu
- ◆ Wrap: tandoori chicken or tofu
- ◆ Baked potatoes
- ◆ Roast pumpkin & lentil soup
- ◆ Large pizzas

### Friday

- ◆ Surprise muffin, eggs in bed, chia cups
- ◆ Salad: broccolini and fetta w/ lemon chicken or lentils
- ◆ Wrap: tuna pattie or sundried tomato and fetta salad
- ◆ Soup of the day
- ◆ Large pizzas

## Week B Menu

### Monday

- ◆ Pear crumble muffin, eggs in bed
- ◆ Salad: taco chicken salad or avocado taco salad
- ◆ Wrap: chicken schnitzel or taco avocado vegetarian
- ◆ Minestrone soup w/ garlic toast.
- ◆ Large pizza

### Tuesday

- ◆ Raspberry & pear muffin, scrambled egg quesadilla – vegetarian or ham
- ◆ Pesto pasta salad w/ chicken or vegetarian
- ◆ Pesto salad wrap – chicken or vegetarian
- ◆ Minestrone soup w/ garlic toast
- ◆ Baked potatoes
- ◆ Tandoori chicken subs on Turkish bread

### Wednesday

- ◆ Banana choc muffin, bacon & egg roll, chia fruit cups
- ◆ Roast vegetarian and haloumi salad or w/ chicken
- ◆ Falafel wrap, tandoori chicken wrap
- ◆ Roast pumpkin & lentil soup
- ◆ Tandoori chicken subs on Turkish bread

### Thursday

- ◆ Blueberry muffins, quiches, muesli cups
- ◆ Moroccan cauliflower & chickpea salad – vegetarian or chicken
- ◆ Moroccan wrap – chicken or haloumi
- ◆ Baked potatoes
- ◆ Roast pumpkin & lentil soup
- ◆ Large pizzas

### Friday

- ◆ Mixed fruit muffin, eggs in bed, chia cups
- ◆ Bacon & potato salad or chickpea & potato salad
- ◆ Hamburger with the lot
- ◆ Vege burger with sour cream & sweet chilli
- ◆ Soup of the day
- ◆ Large pizzas